OUTDOOR RECREATION CONFERENCE

Importance of Recreation From National Health Standpoint -Canada Participates in Washington Meeting.

servation, and one that affects Canada profoundly, was inaugurated by President Coolidge in the convoking at Washington, May 22 to 24, of the first National Outdoor Recreation Conference. At this conference, which em braced national and state organiza tions, Canada was represented upon the special invitation of the President of the United States. It was intended the Department of the Interior, and conference.

a conference of this kind even should preserves, game sanctuaries, forest she desire to do so, because outdoor recreation, in the broad terms in which it was dealt with on this occasion, involves the international guardianship of fish, migratory birds, boundary waters, pollution of streams, interna tional games, and international recreational travel. The Dominion is already in touch with these subjects at a dozen points and the chief work of the conference was to emphasize and the very stamina of the nation is deorganize the activities they involve.

The personnel of the conference indicates the important place the sub- intend to be behind any part of the tect occupies in the minds of the leading men of the United States. It was called and opened by President Coolidge, and the executive chairman was Hon. Theodore Roosevelt, Assistant in the creation of game preserves and Secretary of the Navy. Other mem- sanctuaries, both in the settled parts Secretary of War: Hon, Hubert Work, Secretary of the Interior; Hon. H. C. other large and small game animals Wallace, Secretary of Agriculture; and migratory birds, in the establish-Hon. Herbert Hoover, Secretary of ment of national forests, and in the Commerce; and Hon. J. J. Davis, Sec. holding of Empire and National Conretary of Labor.

Arrangements were completed by which the people interested in the tivity in these different spheres has various forms of outdoor recreation never been as great in Canada as it is will be fully represented on the per- at the present time, it is intended that manent organization by their acknowledged leaders. These details need increase of effort, and that the work not be gone into here, the point being already begun shall be extended and this: that people everywhere now recognize the importance to the whole by further organization and co-operacountry of properly directed sport and tion.

Hymn for a Household.

Lord Christ, beneath thy starry dome We light the twinkling lamp of home, bewildering shadows Uplift our prayer and evensong,

Dost thou, with heaven in Thy ken, Seek still a dwelling place with men. Wandering the world in ceaseless

where

throng

O Man of Nazareth, be our guest!

Lord Christ, the bird his nest has found.

The fox is sheltered in his ground. But dost Thou still this dark earth tread

And have no place to lie Thy head? Shepherd of mortals, here behold A little flock, a wayside fold. That wait Thy presence to be blest-

O Man of Nazareth, be our guest! -Daniel Henderso

Unofficial Bird-Bands.

Canadian National Parks Branch, of the Department of the Interior, which is keeping the file of fering from the official bird-bands used in Canada and the United States, trace its origin. It is made of alumiband will be lent to responsible persons who consider that they may be for a space. able to furnish information concern-

Gee, I hate t' git my face and

"I'm glad you do child, and why?" "'Cause you always make me git in the tub."

City in the Abyss.

There is a quickstiver mine in Peru 170 fathems in circumference and 480 complete in the country. They have feet deep. In this profound abyss are an eye specicalist, a throat specialist, streets, squares and a chapet whole a nose specialist, and they even have religious worship is held.

internes for internal diseases."

A great forward movement in con- | recreation. The crowding of people into great urban centres on the one hand and the development of the automobile on the other have changed the outlook of the people of North America in regard to outdoor recreation in one generation.

The great majority of the people no

longer have, as they had thirty years ago, open spaces near at hand for recreation, and the automobile has pro that Canada should be represented by wided the means by which they man Mr. W. W. Cory, Deputy Minister of escape into the forests, the mountains vided the means by which they may and along the watercourses. The hold-Mr. J. B. Harkin, Commissioner of ing of this conference indicates that Canadian National Parks. Owing to people have suddenly awakened to the unforeseen circumstances Mr. Har- fact of which leaders in both Canada kin was prevented from attending and and the United States have been to Mr. Cory fell the duty of acting for aware for some years that the health Canada at the various meetings of the and efficiency of the nation are going to depend in no small degree upon the Canada could not remain aloof from maintenance of national parks, game upon the wise administration of pro per laws respecting the protection of game animals, game and insectivorous birds, and fish. The view taken a few years ago was that national parks with their beautiful scenery and their wild animals living in a state of nature ministered only to the sentiment al side of life, but it is now seen that pendent upon these playgrounds, and Canada has shown that she does not continent in developing these safeguards for her people. This has been evidenced by what has been done in the establishment of national parks ferences on the conservation of forests, wild life, and public health. Acthere shall be no slackening but an

reserves, and other open areas, and bers of the United States cabinet who of Canada and for the protection of paratively common minerals. The pin-head as the contacts are approachtook part were: Hon. J. W. Weeks, natives in the far north, in the pre-diamond—one of the hardest sub-ed.

servation of the buffalo as well

Old Home Town Week.

Various villages, towns and small cities have been, are or will be holding old home town weeks this summer. Old boys and old girls, who have been away from the place which saw their birth, which attended to their schooling or gave them memorable years in their early days, return after absences varying from one to sixty years and from distances running in some cases to thousands of miles. Those who have been a long time away open their eyes with surprise at what they see In the years that have intervened the net. rocking cradle has never been idle and in spite of the constant drain by large cities of the continent most of them have either maintained or increased their population. More than that the macadam roads and board sidewalks have given way to concrete pavements and cement walks, the back-yard pump and shabby stables to waterworks sys tems and garages. The trees, which were always beautiful, have grown higher, and as the old fences have gone with many other old things, life in the old town appeals to the jaded Canadian Bird Banding Records, has ter thing than anything he has come eyes of the old-timer as a much betacross outside it. But he recognizes the houses and physiographical features of the old town better then h and an endeavor is being made to does some of the old boys and girls. num and has the number "57" stamped and rubicund features of one man the Plummer, Ontario, found the band on While trees have grown in the town, slim stripling one knew at school. a young teal duck which he shot on hair has fallen off or grown white on Cariboo Lake, District of Algoma, On-many a head. Yet it makes no differ-The years fall away as though by magic and old times walk again

ing it. Application should be made to the Commissioner, Canadian National man who first thought of it. It is a good idea—a beau geste, as gether aside from the sentimental side of it, I do not thing most towns and small cities could employ their money better in advertising their manifold attractions than in calling back those with most reason to love them, because these, seeing how much the old own has accomplished in their obsence, will bruit it abroad without pay or thought of it.

These occasions have brought home to many people from the large cities that the small towns and cities have overtaken them in the matter of advantages. Except for theatres and concerts and the University these small towns offer to the dwellers therein every advantage that the city can and for less money. Land costs are lower and therefore rents and building costs are not so high. Taxes as a consequence on industries are lighter workingmen with better houses hands and feet 'neverything and larger gardens are more content-

Fully Equipped.

A disabled soldier had been so long in one hospital that it seemed like home and he was anxious to impress its merits on all callers.

"Why," he exclaimed, "it's the most



Above are shown the Duchess of York, the Prince of Wales, and the Duke of York (behind Prince), photographed in a moment of fun on one of the roller-coasters at Wembley.

BEAUTIFUL GEMS ARE **BUT COMMON MINERALS**

Garnet Finds its Chief Use as An Abrasive—Found in Many Parts of Canada.

as stances known, and the most highlyprized of the precious stones—is a form of the common soft black graphwhich occurs abundantly in Nature. Emerald is a rare variety of owes its beautiful green color to traces of chromium.

Two of the common abrasive mincorunium and garnet, when clear and flawless, give us beautiful gems; the ruby is a red variety of corunium, and the sapphire a deep made more far-reaching and effective blue variety of the same mineral, while many of the variously colored garnets are extensively used in jewelry and are classed as nomi-precious stones. Both corundum and garnet occur in Canada, but no material of gem quality has yet been found.

In recent years the use of all kinds of abrasive materials, both natural and artificial, has greatly increased and there are now very few articles, in factory or home, other than textiles that have not been subjected to the action of abrasives. On account of this increase in demand, the Mines Branch of the Department of Mines is making special investigations of Canadian abrasive minerals, including gar-

Garnet is really a very common mineral, and occurs in several varieties, having slightly different composition and color, and varying consider ably in hardness, toughness, and method of breaking. For abrasive purposes the mineral should be very hard-harder than quart or sand; and it should break into sharp angular fragments without curves, or rounded edges, so that it will easily cut or abrade the articles under treatment. Approximately 95 per cent. of the garnet mined throughout the world is used on paper or cloth, and the term "sand paper" is often applied, generally, to papers coated with sand, emery, corundum, or garnet.

Little is vet known ence of commercial deposits of abrasive garnet in Canada. In Ontario the Bancroft Mining Syndicate has been producing a good type of garnet from a rich vein near Bancroft. A promising deposit of larger extent but lower garnet content at Parry Sound has been well prospected and will probably become an economic producer. Near Sudbury, Ont., there is another promising exposure, about 50 feet wide, and traceable for a considerable distance. The centre of the

Many of our most beautiful and valu- two inches or more in diameter, which able gem stones are varieties of com- gradually decrease to the size of a

At Chogoggin Point, near Yarmouth, Nova Scotia, a 35-foot dike, with a garnet content of approximately 40 per cent., cutorops on the sea shore and has been traced inland for several the not uncommon mineral beryl, and miles. Several other deposits are known that are both rich and suttable for abrasive purposes.

The market for garnet is limited. however, and concentration and preparation are important factors. The Mines Branch has paid considerable attention to the preparation of Canadian garnets for market, and has made tests to determine the best processes for different classes of ore.

If a steady demand for garnet should develop many new deposits of suitable material will probably be found, as there are large areas in which the geological formations give promise of their probable occurrence.

Uncle Tybalt and Aunt Fretty led a egular and normal life. They quarreled steadily and, you might say, me chanically, for many years, and doubt less loved each other devotedly all the time they were doing so. Of the family some members habitually sided with him and others with her, and thus aided in keeping the row going whenever uncle or aunt seemed likely to slow down or give out.

There was also an eccentric brotherin-law who lived with them the most of the time for several years and for some reason took sides with neither but he died rather young.

They went on thus till their races were run and they were laid away, whereafter in due course their sorrowiny relatives erected a handsome stone over them, on which it was proclaimed that they had enjoyed fifty-eight years of happy married life with never a cloud of discord darkening their

Destroying Predatory Fish.

The destruction of nearly 28,000 B.C., is announced by the Department of Marine and Fisheries. This work was undertaken as a result of the investigations that were made when the sockeye yearlings were migrating from Cultus lake to the sea. It was noticed that the goldfish were feeding on the young salmon and an examination of the stomachs of a number of those caught gave an average of three yearling salmon to each squaw

nizance. As a result of the discovery Government intend to place an embargo on that area of southern Quebec Boundary to prohibit the shipment of quarantined area.

a foothold in Canada and there is the from this part of Quebec. No shipfrom such area will be allowed entry into the United States of the following: spruce, fir, hemlock, pine,

juniper, and cedar; and holly and

state legislation.

bec. Without going into details it may be explained that insects like the gipsy moth have their parasites which ating of these parasites and the releaspests.

THE MENACE OF THE GIPSY MOTH The appearance of the gipsy moth

In dealing with the present situation (Porthetria dispar) near Alburg, Ver- the Department of Agriculture will ont, about half a mile south of the also place a domestic quarantine on Canada-United States boundary has the same area. In addition to the area given rise to conditions affecting na- upon which the embargo will tural resources and their utilization placed, there will, it is expected, be a of which the Government of Canada, restricted area, also about 10 miles as well as that of the province of Que in width, immediately adjoining. Unbec, ever on the alert to protect the der the proposed regulation Chaistmas interests of citizens, have taken cog- trees and Christmas greens may be moved from the restricted area proof this infestation, the United States vided the shipments are accompanied by a Dominion certificate of origin which states that the trees or greens in general about 10 miles in width im- were grown at some point within the mediately adjoining the International restricted area or outside of the

Christmas trees and Christmas greens The Entomological Branch of the to the United States. The shipping of Department of Agriculture will this such trees or greens from the Ver- summer and autumn, in close co-operamont area to other parts of the United tion with the Department of Lands States has already been prohibited by and Forests of the Quebec Government, conduct intensive scouting The consequences which arise from throughout southern Quebec. Federal this situation are important. In the and provincial officers will combine to first place there is the danger to our form small crews to examine trees, arces should the pest really gain fences, posts, etc., along roads, railways, in orchards, as well as scout immediate stoppage of the sale of other places where it is thought the Christmas trees and Christmas greens gipsy moth may have become estab-

Few insectes have been so costly as has the gipsy moth. Millions of dollars have been spent in its control during the last fifteen years in the New England States, and it would indeed The importance of protecting our be serious if infestations are found in forest and other trees from such a Canada. Important areas of woodland pest as the dreaded gipsy moth has trees have been killed outright in been appreciated by the Department areas where it has gained a foothold. of Agriculture for many years, and in Apple, oak, birch, alder, and willow addition to introducing into Eastern are the favored trees upon which the Canada large numbers of parasites of caterpillars feed. Other trees such as the insect, collected in infested areas beech, poplar, hickory, etc., have been in the New England States, Dominion seriously injured. In the New Engofficers have carried on scouting to a land States too, pine and other conilimited extent in the province of Que ferous trees mixed with deciduous growth have suffered severely.

Citizens who desire to receive furtheir information regarding this pest tack and destroy them, and the breed-should communicate either with the Dominion Entomologist, Department ing of them in infected areas is one of Agriculture, Ottawa, or the Provinof the means used in fighting these clal Entomologist, Department of Agriculture, Quebec.

The Garment of Habit.

Our lives are a mass of hibits. If it

vere not so, we could not live at all.

We wake and get up and dress, we eat

and walk and work, we speak and think and love and hate and fall

sleep again largely by habit. If we

were forced to perform all this inde-pendently, originally, the effort of liv-

ing would be intolerable. A merciful-

ly small part of our action depends up-

on voilition and deliberate reasoning.

In the main we do what our fathers

did, as they imitated their fathers, and

They begin in the cradle, or before we

get to it. The one great business of

parents and teachers is to see that our

habits are what they should be, and

with all the mighty effort and cogita-

tion that are put into the task how of-

ten they turn out to be what they

should not! How immense, how rigid

and constraining, even in its subtle

pexibility, this encompassing mould

of habit is we realize only when we

endeavor to change it or break it or

throw it off. Get a bad habit fastened

apon you, appreciate its badness, set

all the energy you have to geting rid

of it, and you learn the might of habit.

We have all tried, and we have all

The intensity of such an effort and

its too frequent futility impress upon

us the terrible danger of habit. It is

a fine thing to be on your guard

against it, to keep your life and char-

so back to the beginning of time. Education is the forming of habits.

Of Course They Have Wheels. Johnny - "Dad, oaches got wheels?" Dad-"Most of 'em have, John."

Oldest Handwriting of Man. One small temple has been found

"Ur of the Chaldees" (whence Abraham sprang) containing the oldest works of art in metal yet known," says a recent British Museum "com-munique." There is also a marble tablet, in the old Samerian language, giving a chronicle of kings and dynasties suggesting the date 4500 B.C. The report adds: "Even if that chronology has to be modified, we have now the oldest-dated example of man's handwriting and the oldest known triumphs of the art of Tubal-Cain." ble tablet records the building of the temple of the goddess Nin, in the time of the third dynasty of the kings of Ur. after Noah's deluge. Tubal-Cain was "the man of might in the days coarse fish, principally squawfish, by hioned the first plowshare," as Charles the staff of the Cultus Lake Hatchery, Mackay points out in his commentary on Gen. iv., 22.

Kind Boy. Acable Visitor-"Well, and do you do a good deed every day, Tommy?" Tommy—"Yes, sir. Yesterday I visited my aunt in the country, and she was glad. To-day I came back nome again, and she was glad again!

If London's soot for one year could be collected in a pile it would cover Westminster Abbey. us in the eyes of those we love.

acter as fluid as possible, responsive to outward calls and stimuli, ready to answer in an instant to the controlling demands of the intelligent will. Many people preach against habits, and

failed, and we all know.

some seem to have a far better mastery of them than others. All the same, habit is a beautiful thing, and above all, a restful. Mr. Pepys's mother had an old dressing gown, which she called her kingdom, because she took so much comfort in it. The garment of habit is one of immense comfort and delicious ease. Only it behoeves us to see that it be made of substantial stuff and that its cut and fashion be such as will conduce to dignity and will not discredit

World's Fastest Trains.

The highest train speed, 120 miles an hour, is said to have been made by a train running from Fleming to Jacksonville, on the plant system, in the United States, a distance of five miles, in 2 minutes 30 seconds, representing a speed of over 115 miles an hour.

The record speed for a British railway was a run on the Great Western, in May, 1904, when, after passing through the Whitehall Tunnel, the Plymouth to Paddington mail train for a time ran at a speed of 192.3 miles an hour.

This run was properly clockedthat is, it was recorded by an expert taking the time with a split-second chronometer, which gives the exact speed within a decimal.

British railways hold the greatest number of habitually high speed runs over short distances, regularly clocked by experts.

Corn Grows High. Corn giows near La Paz, Bolivia, at elevations of 12,600 feet above sea

Whales Kill Seals. Thousands of fur seals are killed annually by killer whales



Competitors are shown in the hand-drilling contest at Cobalt, which was one of the many features of the Old Boys Reunion held in the northern mining town recently.