# THE AFTER EFFECTS **OF LAGRIPPE**

Often Worse Than the Visease Itself-Victims Left Weak, Nervous and Worn Out.

fluenza is most generally known-is a pened that many travellers-Bates, disease prevalent throughout Canada Baines and Winwood Reade among disease prevalent throughout Canada during the winter and spring months. Anyone who has felt its pangs is not likely to forget the trouble. La grippe starts with a slight cold—and ends with a complication of troubles. It lays a strong man on his back; it tortures him with fevers and chills, headaches and backaches. It leaves had declared that they had seen such tortures him with fevels and backaches. It leaves names of eight authors, four of whom headaches and backaches. It leaves names of eight authors, four of whom him a prey to pneumonia, brouchitis, had declared that they had seen such consumption and other deadly dis-eases. In fact its after effects are more insisted that they simply could not be eases. In fact its after effects are more there is a set of the seed of an Abyssinian carat flower, which, being exceedingly or two. eases. In fact its after effects are more insisted that they simply could not be too, often having to lay off for a day produced under any known meteoro-iogical conditions. If you blood rich and red in many of our talks I came upon sharp pains across my back. I had sharp pains across my back in a

Bootes, Portsmouth, Ont., who writes: ---'I take much pleasure in recom-mending Dr. Williams' Pink Pills, bemencing Dr. Williams File I had a cause I have proved their worth in my own case. Last winter I had a severe attack of la grippe and it left me weak and all run down. I had severe pains in the chest and under ly dog. Such a dog is invaluable, But severe pains in the chest and under ly dog. Such a dog is invaluable, But the arms, palpitation of the heart and one dog eats as much as a man and attacks of neuralgia which left me more than a sheep. Two dogs will eat worth hiving. I was taking to be a business of dogs in the country, medicine, but it did not help me and I was much discouraged. I was advised to try Dr. Williams' Pink Pills and be-gan their use only on the principle that I would try anything that might better my condition. I had only been using the pills a couple of weeks when the pains began to leave me. Gradual-improved, and in a little more than a month I felt all my old time vigor had returned. I am sincerely glad I was persuaded to try Dr. Williams' Pink Pills, and I shall always have a good read to cay for them." are thousands of dogs in the country, sheep and been to try Dr. Williams' Pink Pills, and I shall always have a good Pills, and I shall always have a good

cure the disastrous after effects of a lower to full at large. Besides killing and his head seemed of average size grippe, but are also a specific for all and worrying sheep, they kill poultry, and shape. His checks have color and these troubles due to poor blood, such attack cattle and carry hog cholera. his eyes are kindly and brownish. grippe, but are also a specific for all allow worrying sincep, they sill poultry, and shape. His checks have color and these troubles due to poor blood, such attack cattle and carry hog cholera. This eyes are kindly and brownish. Fences will not solve the problem, He means well to you, but no liber-worn out feeling that affects so many people. You can get these pills through any dealer in medicine, or by Keeping the dogs often attack sheen in worrawne and shape. This eyes are kindly and brownish. He means well to you, but no liber-a glance tells you farmers who already have hog-tight that. He wore brown chamois gloves on his hands, which were frequently for dogs often attack sheen in worrawne and affects in the wore extramail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine daylight. Co., Brockville, Ont.

BRITISH USE HORSE FLESH

## Pound For Steaks.

Horse steaks are in demand in Great Britain. The effect of the meat short-age is to break down the insular pre-judice of the Britisher against foods Britain. The effect of the methan pre-age is to break down the insular pre-judice of the Britisher against foods to which he has not been accustomed. In a number of districts horse ment shops have been established. Quite a number have sprung up in the Soho district, but until lately their patrons have been Belgians or the proprietors of the cheaper little French restaur-ants.

Horseflesh does not come under the Write a sunny, funny letter

In the provinces the prices are far

TENNYSON'S KNOWLEDGE.

The Gifted Poet Possessed a Store of Scientific Learning. Of the poet Tennyson's wide knowl

edge in scientific matters Sir Norman Lockyer speaks entertainingly in Tennyson and His Friends.

About the year 1866, he says, we used to devote Monday evenings to Nervous and Worn Out. La Grippe-the name by which in-talk and to smoke. One night it hapto

Pink Pills. If you have not done this edge in various fields; nothing in the gia and rheumatism. and the disease lays you low, you natural world was trivial to him, or to be neglected. This great grasp was this same great blood-building, nerve associated with a minute accuracy, then to anyone suffering from kidney restoring medicine. This has been proved in thousands of cases through that made Tennyson such a splendid observer, and therefore such a splendid observer, and therefore such a splendid the proved in thousands of cases through the tennyson such a splendid the provide by the

attacks of neuralgia which left was scarcely as much as a hog on alfalfa and more Gen. Petain, the French generalissimo-worth living. I was taking doctor's than a dozen chickens. And there bestowing was crosses upon some of medicine, but it did not help me and 1 are thousands of dogs in the country, his soldiers.

ills, and I shall always have a good two single thing has done industry in this petair's chin gave no indication of his country than the curs which are al-or Williams' Pink Pills not only country than the curs which are al-bar williams' Pink Pills not only lowed to run at large. Besides killing and his head seemed of average size

not do, for dogs often attack sheep in vagance nor affectation in his daylight. Paying for the animals tures. killed helps some, but it does not en-courage those whose flocks have been leries. You are sure that he is destroyed to start argin

People Pay As High As Sixty Cents a GUARD THE BABY

destroyed to start again.

ants. During the past few weeks, however, there has been quite a rush of Eng lishwomen for horse steak and chops, and in consequence the prices have risen enormously, and people have been paying up to 60 cents a pound for horse steak.

Horseflesh does not come under the meat price order of the Food Ministry at present, but if the English people continue to add it to their menu will shortly. Write a sunny, tunny tetter To the boy somewhere in France, Make it cheer him at first glance. Tell him of the latest winning Of the team from Homeville High,



Dodd's Kidney Pills.

Results, She States, Were So Good That She Recommends Them to All Sufferers From Kidney Disease.

run down and worn out.

## GENERAL PETAIN.

Some Characteristics of the Noted French Commander.

ar correspondent recently saw

Gen. Petain does not play to the galleries. You are sure that he is not thinking of himself, even glimmering-AGAINST COLDS and the halve available cold for the sector of the sector

Can anyone who has not seen them imagine what it is like to be a prisoner in this present war? Someone, who saw the first French, English, first French, English, who saw the first French, English, Russian and Canadian prisoners either returned or escaped, writes of them: "They have an expression of their own, a concentrated, unuttered suffering in their eyes, an unending patience in their voices. There is all the difference in the world between

February Gardens, The days of catalogues have come, the best of all the year, When every mail its quota brings of books from far and near, With gorgeous blossoms on their fronts and cabbage on their backs, Their insides filled with fruits and

flowers all tabled neat as wax. We reckless grow, extravagant-no cost too high we find For this February garden we are planting in our mind. . . But, mercy me! while we have dream

That miserable coal stove has gone

The weight used by goldsmiths in gauging the quality of gold apart from from

uniform in size, was employed weighing gold and precious stones.

Mansonville, June 27, '13 Minard's Liniment Co., Limited. Yarmouth, N. S. Gentlemen .- It affords me great

Gentlemen,—It affords me great pleasure and must be gratifying to you to know that after using 36 ill the bottles of your Liniment on a case of Paralysis which my father was afflict-ed with, I was able to restore him to

your Liniment, I am. Sincerely yours, GEO. H. HOLMES.

Sugar Situation in Europe. Before the war England received approximately 1,400,000 long tons of sugar per annum from Germany and

neighboring sources. France pro-duced about 750,000 long tons of beet sugar and exported 50,000 tons. The production in 1917 fell to long tons. Before the war

Italy produced about 210,000 long Minard's Liniment Cures Golds. Etc.

PAIN ? NOT A BIT! LIFT YOUR CORNS OR CALLUSES OFF -0---0---0---0-

No humbug! Apply few drops then just lift them away

with fingers.

This new drug is an ether com

pound discovered by a Cincinnat's chemist. It is called freezone, and can now be obtained in tiny bottles as here shown at very little cost from any drug store. Just ask for freezone. Apply a drop or two directly upon a tender corn of allus and instantly the soreness disappears. Shortly you will find the corn or callus so loose that you can lift if

off, root and all, with the fingers. off. Not a twinge of pain, soreness or irritation; not even the slightest

smarting, elther when applying freezone or afterwards. This drug doesn't eat up the corn or callus, but shrivels them so they loosen and come right out. It is no humbug! It works like a charm. For a few cents you can get rid of every hard corn, soft corn or corn be-tween the toes, as well as painful calluses on bottom of your feet. It

never disappoints and never burns, bites or inflames. If your druggist hasn't any freezone yet, tell him to get a little bottle for you from his wholesale house.

**Dangerous Gas and Acids That** 



When rubber rolls on your wringer become dirty so that they streak the clothes try cleaning them with a cloth moistened with kerosene. Rub briskly and rinse with clean water several times. Dry with a clean cloth. several times. cloth.

MONEY ORDERS. Send a Dominion Express Money Order. Five dollars costs three cents.

Nasty Thing Called Famine." "The food wanted by mankind does not exist. The word 'shortage' is not strong enough for the situation. To strong enough for the situation. To put the matter bluntly, the whole world is up against a nasty thing, familiar to the people of India, call-ed 'famine.'"-Lord Rhondda.

MURINE Granulated Eyelids, Sore Eyes, Eyes Inflamed by Sun, Dues and Wine quickly releved by Nurine. Try it in your Eyes and in Baby's Eyes. YOUR EVES No Smarting, Just Eye Comfort Murine Eye Remedy At You Prograts or by Rys Salvs, in Tubes 26. We all for provide Eye - Free. Ask Murine Eye Remedy Co., Chicage &

'S.O.S." Has New Meaning To-day. There is a new meaning for the familiar "S.O.S." signal. The let-ters now stand for another impera-tion commund "Seven or Starter". to tive command, "Save or Starve.

Grated cheese and chili sauce make good sandwich filling.



MOTOR EAGLE R

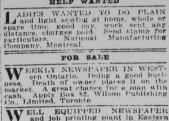
> Write to-day for our l REE CATALOGUE showing our fu

MOTOR CYCLES MOTOR ATTACHMENTS Tres, Coaster Brakes, Wheels, Junet Tubes, amps, Bells, Cyclometers, Saddles, Equi-ient and Parts of Bicycles. You can buy our supplies from us at wholesale prices.

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Reduces Bursal Enlargements, Reduces Bursal Enlargements, Thickened, Swollen Tissues, Curbs, Filled Tendons, Sore-ness from Bruises or Strains; tops Spavin Lameues, allays pain. Does not blister, remove the hair or Does not blister, remove the hair or Does not blister, remove the hau of at drug of the horse. \$2.00 a bottle at drug of the horse. \$2.00 a bottle ABSORBINE, JR., for mankind-an antiseptic liniment for bruises, cuts, vrounds, strains, painful, swollen veias or glands. It heats and scothes. \$1.00 a bottle at drug-gists or postpaid. Will tell you more if you write. strains, paintol, sworen versa or gantas. A heals and scothes. \$1.00 a bottle at drug-gists or postpaid. Will tell you snore if you write. W. F. YOUNG, P. D. F., 516 Lynans Bing, Montreel. Car W. F. YOUNG, P. D. F., 516 Lynans Bing, Montreel. Car

For Sale

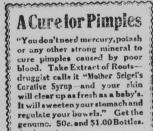


If teas leaves are ground they will make twice the amount of tea.

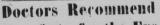
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CANCER. TUMORS, LUMPS, ETC., internal and external, cured with-out pain by our home treatment. Write us before too late. Dr. Beilman Medical Co., Limited. Collingwood, Ont.



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Bon-Opto for the Eyes Physicians and eye specialists hie-cribe Bon-Opto is a safe home remedy in the treatment of eye troubles and to strengthen oyesight. Sold under money eftend guaranty by all druggists.



**On Hands From Salt Rheum** At Very Small Cost for Soap and Ointment.

''I was a great sufferer from salt theum on my hands. It cance in small bisters between my thumb and finger and it inched terribly and kept spreading. I could not use my hands at all and the skin world erack and bleed so that I could not bend my fingers. I cannot describe what I have suffered and the sleepless nights I had.
''Then I got the Coticura Soap and Ointment. I only used one cake of Cuticura Soap and one box of Ointment when my hands were healed.'' (Signed) Mrs. M. L. Alken, Highwater, Que.'. Kep your skin clear by daily use of Cuticura Soap, with touches of Ointment now and then.
''There Sample Each by Mnil address post-card: ''Cuticura, Dept. A, Boston, U. S. A.'' Sold everywhere.

Should Read Mrs. Monyhan's Letter Published by

MOTHERS

In the provinces the prices are far lower than they are in the London dis-tricts. A story is told of a woman who failing to receive from the family the supply of meat for her

the stronger. Still she rem "One might do worse in these times."

times." Retain All Breeding Sows. The demand from overseas for bases and bases and better containing three ounces of two lemons into and market for any months and farmers are urged to retain all breeding sows. The farmers are urged to retain all breeding sows. The farmers are urged to retain all breeding sows. The farmers are urged to retain all breeding sows. The farmers are preparing to keep more pigs but that many people living in therefore, that young pigs will be in trong demand in the spring. The three sources of orchard white face, neek, arms, and hands each day and see how dreckles and blemishes disappear and hands each day and see how freekles and blemishes disappear and hands each day and see how freekles and blemishes disappear and have not yet contributed markets of the to comes. Yes! It is harmless. A good cooking fat may be made the donations to the trease of the soclety, Hugh Fletcher, Esq., 532 Huron St., Toronto.

who taking to receive from the family butcher the supply of meat for her favorite dog visited a Liverpool horsemeat butcher and obtained for a small sum more than one appetizing meal for her collie. One day, so attractive was her pur-chase—it could hardly be distinguish-from a fillet steak—that she was beted to cook it, but after it was the stronger. Still she remarked, "One might do worse in these hard who failing to receive from the family butcher the supply of meat for her favorite dog visited a Liverpool horsemeat butcher and obtained for a small sum more than one appetizing meal for her collie. We must keep the home fires burning. Bright within each khaki breast, If we drown our fears and yearnings His courage will do the rest. Uits to fight the nation's battle Ours to work and wait and pray

Girls! Make this cheap beauty lotion to clear and whiten your skin. Squeeze the juice of two lemons into

Minard's Liniment Oures Distemper.

Hurt The Stomach---Sour The Food **Cause Dyspepsia**, Indigestion

## Recommends a Safe Way to Treat Stomach Trouble At Home

Recommends a Safe Way to Treat Stomach Trouble At Home
Many stomach sufferers who are indicated and store indicated by the stomach and so relieve the stomach and so relieve the stomach is stomach to generate more gas and produce more trouble at the next is just as foolish to give atthe testimes and store is as an and hold store ped on a tack to rub liniment on the stomach and get a few 5-krain tablets of the out it mout removing the tack.
Some stomach full of gas and acid as the meal, could be for a man who had store ped on a tack to rub liniment on the stomach is and the for a while and the stomach is could be for a man who had store ped on a tack to rub liniment on the stomach is all stomach in the acid still be and the stomach is stomach is stomach to stomach in the acid in the stomach is stomach is stomach is stomach is stomach in any way.

Machinery

1 WHEELOCK ENGINE, 18x42. New Automatic Valve Type. Complete with supply and exhaust piping, New Automatic Valve Type. Complete with supply and ex flywheel, etc. Will accept \$1,200 each for immediate sale.

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C. Will accept \$425 cash for immediate sale.

PULLEYS, Large size. 28x66-\$30; 12x60-\$20; 121/2×48-\$12; 12x36-\$6.

1 BLOWER OR FAN, Buffalo Make. 14 Inch discharge-\$30.

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never had any medicitie to his so much good."-Mrs. PEARL MONYHAN, Mitchell, Ind. Good health during maternity is a most important factor to both mother and child, and many letters have been received by the Lydia E. Pinkham Medicine Co., Lynn, Mass., teiling of health restored during this trying period by the use of Lydia E. Pinkham's Vege-table Compound.

ISSUE 8--'18.