

Fathers and mothers cannot bring up their children in the way they should go, and instruct them proper-ly, without that indispensable house-hold guide-book, Dr. Foote's new hold guide-book, Dr. Foote's new Home Cyclopedia—the best yet; buy it at 129 E. 28th St., New York.

Things Worth Knowing

That a piece of charcoal thrown into the pot in which orions, cabbage, etc., are boiled will absorb the unpleasant odor.

That salt is not to be added to oat-meal until it has boiled about fifteen

That a lump of butter dropped into boiling molasses or maple candy will prevent it from running over.

That fresh lard will remove tar from either hand or clothing. Wash with soap and water afterwards.

That a silver spoon, knife or fork put into a glass jar or dish will tem-per it so that it can be filled with anything hot, even to the boiling point.

That fish may be scaled much easier by first dipping them into boiling water for a minute.

That a piece of lace or thin muslin, starched and put over the holes or worn places in lace cartains will show very little and improves the looks of the curtains.

The ink spots on linen can be removed by dipping the article in pure melted tallow. Wash out the tallow and the ink will come with it.

That a teaspoonful of ammonia in the water in which silver will keep it brilliantly bright.

That wet cooking soda, spread up-on a thin cloth and bound over a corn will remove it.

Lace that promises not to bear a necessary washing can be basted on some thin material and then cleaned with better chances of success.

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A carpet sweeper cannot do efficient work unless its brush be kept clean. Being out of sight, this is sometimes neglected. It should, however, frequently be itself brushed with a whisk broom and also cleaned with water.

When very heavy materials are to be When very heavy materials are to be washed, such as hangings, table covers, heavy wash dresses and canvas, it is frequently a great saving of time, energy, and of the materials themselves to scrub them with a brush rather than rubbing them on the board. It avoids the constant lifting and dipping.

HE KITCHEN

Some Simple Recipes

A simple recipe competition was recently run in "Canadian Good Housekeeping," and the following is a selection from the list that won first

CORN STARCH PUDDING—One quart milk, four tablespoons each cornstarch and sugar, two eggs, a pinch of salt, and vanilla flavoring. Beat the volks of the eggs in a bowl, add to them half a cup of water, then the point and carefully stir, in the egg point and carefully stir, in the egg point and carefully stir, in the egg and starch mixture and sugar and let boil for two or these minutes. let boil for two or three minutes. Take from the fire and stir in the whites of eggs beaten to a stiff froth, and add the flavoring. Serve cold cream and sugar, and spoonful of jelly.

MOTHER'S RICE PUDDING-Boil three-MOTHERS RICE PUBLISH—BOIL three-quarters of a cup of rice in water until soft, salt, add two cups milk, half a cup of sugar, two eggs, a hand-ful of currants, and a dust of nutmeg. Bake in the oven until the eggs and milk are set. Serve warm with cream and sugar.

FRENCH TOAST—One egg, well beat-en, one cup sweet milk, a little salt and pepper. Dip half slices of stale and pepper. Dip half slices of stale bread in this mixture, and brown on a hot buttered frying pan. Serve with honey or syrup. There is no sweet so wholesome as honey.

SALAD DRESSING-Four tablespoons SALAD DESSING—Four tablespoons butter, one each of flour and sugar, one teaspoon salt and one of dry mustard, a half cup of vinegar, one cup of milk, three eggs, a speck of cayenne pepper. Mix flour, butter, sugar, salt, mustard and pepper to a smooth paste, then add eggs, then milk, then vinegar. Cook until thick. After cooking beat a little. When the company of the cream. Good with any kind of vegetable salad, and especially good on table salad, and especially good on lettuce.

OATMEAL COOKIES-One scant cup shortening, one cup of brown sugar, three cups granulated oatmeal or rolled oats, two cups flour, one tea-spoon soda, half cup hot water. Use butter, or butter mixed with lard or dripping. Roll thin and cut in

For Fruit Season

STRAWBERRY DUMPLINGS-Roll out a layer of cream of tartar biscuit, dough layer of cream of tartar biscuit, dough very thin; butter and spread very thickly with ripe strawberries which have been rolled in sugar; then roll the dough up, pinch the edges tight-ly together and steam for three-quar-ters of an hour. When done, serve immediately, cutting slices from the end, yelly-roll fashfon. An egg sauce this desert. this dessert.

PINEAPPLE CUSTARD-Make smooth PINAMPHE CUSTARD—Make smooth three tablespoonfuls of flour with one of butter and stir into a quart of boiling milk. Have ready the beaten yolks of eight eggs, add to them two-thirds of a cup of sugar and turn into the milk, stirring constantly for three minutes; add, when cold, a cupful of chopped pineapple and four tablespoonfuls of lemon juice. Cover with a meringue of the whites of the eggs detection of the control of the cup of the control of the cup of the control of the cup of the cu dered sugar. Brown lightly in the

FRUIT JELLY-Soak one box of gela-FRUIT JELLY—Soak one box of gela-tine one hour in one pint of cold wa-ter; when soaked, pour on it one pint of boiling water, then put in a quart of fruit. Pineapples, canned strawberries or raspherries or other first may be used. Add one-half femon, then pour in mould onful of lemon, then pour in mould to harden. Serve with whipped cream.

.18 To Bone a Fish

To Bone a Fish
Cut off the head and insert the
point of a boning knife close to the
backbone under the small bones that
lie near the inside strace of the
fish. Slip the knife under these bones
and carefully lift them from the fish,
leaving the meat as little disturbed
or broken as possible. With a round,
pointed, dull bladed knife scrape the
fish away from the backbone and pointed, dull bladed knife scrape the liesh away from the backbone and the bones that project into the fish therefrom, until they can be lifted away clear of flesh; then with the blade of the knife smooth and pack together the flesh that has been dis-turbed by removing them. It is not together the nesh that has been dis-turbed by removing them. It is not advisable to bone small fish, and all fish, as well as meet of every kind, are of finer flavor when cooked with the bones left in them.

Two Shortcakes

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CHERCY SHORTCAKE—Make a soft
dough of four cupfuls of sifted flour,
two teaspoonfuls of baking powder,
one teaspoonful of salt and four teaspoonfuls of butter. Mix with milk,
Cook in two layers, buttered. When
brown, remove from the oven, butter
again, spread the bottom layer with
cherries that have been stoned and
cover with fruit. Serve with whipped
cream. cream.

STRAWBERFY SHORTCAKE—Two cupfuls of flour, two teaspoonfuls of baking powder, two tablespoonfuls of the butter and a pinch of salt. Mix with milk, roll out in two layers, butter, and bake. Spread with the berries, sprinkle with sugar, place the top layer of, butter, and cover with berries. Over this spread a layer of meringue made of the beaten whites meringue made of the beaten whites of sugar. Brown quickly, without cooking the fruit. Serve with whipped cream.—Woman's Home Companion. STRAWBERRY SHORTCAKE-TWO panion.

Hints to Housekeepers

It is not generally known that eggs covered with boiling water and allowed to stand for five minutes are more nourishing and more easily digested than eggs placed in boiling water and allowed to boil furiously for three and a half minutes.

When the handles of steel knives

and forks come off they can be easily mended with resin. Pour a little powdered resin into the cavity in the handle, heat the part of the knife that fits into the handle until it is red hot, and thrust into the handle. It will become firmly fixed by the resin when it becomes cool. Protect the blade from the heat.

To remove old putty and paint, make a paste with soft soap and a solution of caustic soda, or with slaked lime and pearlash. Lay it on with a piece of rag or a brush, and leave it for several hours. powdered resin into the cavity in the