

Home and Health Hints.

Salt placed in damp rooms will absorb the moisture.

The hair grows considerably faster in winter than in summer.

To revive chiffon have some very hot irons. Spread a wet cloth over the iron, and hold the chiffon over the steam until it is free from wrinkles. Renew the wet cloth and hot iron as soon as the steam flows freely. Spread the chiffon where it will dry quickly.

It has been found that smallpox patients are least marked when kept in rooms darkened with red curtains. The sunlight passing through a red medium loses its chemical power. It thus prevents smallpox from taking a confluent form.

Peach ice cream.—Sweeten a quart of rich cream; flavor it with a dash of vanilla; put the cream in a freezer, and when it is so chilled that it begins to stiffen stir in a quart of peaches that have been peeled and chopped fine and sweetened. Then freeze this as you freeze any ice cream.

Bakers' ginger cookies.—Cream one and one half cupful of molasses and one cupful of lard, add one teaspoonful of ginger and one teaspoonful of salt, then pour in one and one-half cupfuls of rich sour milk, into which has been dissolved one teaspoonful of soda; stir altogether and thicken with flour. Roll out rather thick, cut with a cookie cutter, and bake in a moderately hot oven.

Chocolate Custard and Snow Eggs.—Dissolve two ounces of chocolate and three tablespoonfuls of sugar; add three cupfuls of hot milk and cook in this the yolk of six eggs beaten with half a cupful of sugar. Cool. Flavor with vanilla; turned into a dish lined with lady fingers. Make a meringue of the whites of the eggs, shape with spoons, poach in hot water and place on top.—Ladies's Home Journal.

Advice for mothers.—It is a common experience for a child to swallow a coin or a stone, or other foreign substance likely to cause trouble. In olden days it was considered the correct thing to administer a dose of purgative medicine at once. Modern science declares that this is exactly the wrong course to pursue, since it creates artificial movement of the intestines, which might force the substance into a loop of the bowels, an almost fatal result. Instead of a purge, therefore, give a diet which is known to be somewhat solid and constipating, the effort being to have the coin or stone become embedded in the food. Bread and butter, rice pudding, milk custards, and all soft and easily digested foods is in order, and once the foreign body has been expelled, a dose of castor oil may be given and the usual diet resumed.

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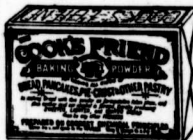
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