

the Joints

Inflammatory lling

pleasure to recommend ty son was afflicted with ats, accompanied with could not get up stairs on hands and knees. I t him, and having read Cures

Sarsaparilla, I deter-ot a half-dozen bottles, cured him." MRs. G. A. easily, yet promptly and and bowels. 25c.

)ut the offer to be

AN

POWDER al Railway.

ONDAY, the 1st October, f this Railway will run sd) as follows: LEAVE ST. JOHN: on, Pugwash, Plo-13.64 ad Montreal.... 16.30

John for Quebec and a sleeping cars for Mon-RIVE AT ST. JOHN: l and Quebec (Mon-10.30 10.30 15.50

e Intercolonial Railway rom the locomotive, and and Montreal, via Levis ty. General Mana, et., eton, N. B.,

ENTS

and Granite Works J. WALKER & COL





7 (20) (44/ 2 (0) (7/20) (2

I summer are always advisable, but a pretty, tasteful table is never more agrateful than on a very warre morning. Fruit and fluyess are the best adort of specialisation, however, when the window, perings, and put in a gisse, will give a touch of true grace and red mement that has its efact, even if not immediately appreciated. Fresh straw berries, currants, cherries, or whatever is in season, give rellah as well as beauty. Fruit is "gold in the morning," and/so many person never quite so good six threakfast. The actual cookery should be very light. A flittle skill will preduce variety for many person never quite so good six threakfast. The actual cookery should be very light. A flittle skill will preduce variety for many person never quite and powers are the six of houses used at which may be extended by easy variation to a far greater number.

Make pie crust with a little baking powder sined in the flour, and use less shortening. You will find it much more digensible, and better for all fruit preduce variety for the content of the content

MESSENDER AND VISITOR

THE HOLE
STREET FOR THE

Manchester, Robertson & Allison, -

THOMAS P. REGAN, Referee in Equity for the City and County of Saint John.