BHCHAVS

2115

There is no roval road to learning, but there is a plain road to health -easy to find. simple to follow. The signs to heed on the health road are: moderate eating, moderate drinking, proper exercise, sufficient sleep, bodily cleanliness and regular movements of the kidneys and bowels. These organs point the way to

When you Point find that the stomach. the liver, bowels or kidneys are not acting naturally, a dose or two of Beecham's Pills will give the needed assistance to renew the healthy activity of these important organs. These dependable family pills are prompt, safe and effective, and to all who need guidance, they point the way to renewed

HEALTH

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