

## Lifestyle awards

A 101-year old ski enthusiast is one of the first 12 recipients of the Lifestyle Award given for the promotion of positive health lifestyle in Canadian communities.

Herman Smith-Johannsen, Piedmont, Quebec, a retired engineer, has been actively involved for many years in developing cross-country skiing as a mass sport in Canada and the United States. He has laid out cross-country ski trails in Quebec and consulted in setting up trails in other regions of Canada.

The Lifestyle Award program is part of Operation Lifestyle, a public education campaign developed by the Department of National Health and Welfare to encourage Canadians to assume greater responsibility for their own health.

Since the program was first announced last January, Canadians have been encouraged to nominate individuals who have worked to raise the level of health awareness in their community.

Jean-Marie Mouchet, a priest and teacher from Whitehorse, Yukon Territory, is the initiator of a ski program for native children in Old Crow. Father Mouchet's Territorial Experimental Ski Training Program (TEST) has gained national and international recognition.

Lila Rose Dickey, of West Vancouver, British Columbia, has been recognized for her leadership in programs of community residences for retarded children and adults, and in programs of volunteer training and development.

Bert Knibbs, or "Mr. Sport", of Bow Island, Alberta, has been coaching and promoting sports and recreation in his community from the "peewee" stage to seniors for 30 years. He was actively involved in the 1975 Canada Winter Games and has been elected to the Alberta Sport's Hall of Fame for outstanding service and achievement in amateur sport.

Ruben Burns, a treaty Indian from Prince Albert, Saskatchewan, has worked for good health lifestyles among his people for the past 15 years, and has gained the respect and confidence of Indian leaders and health professionals for his honesty and forthright concern.

Marie Salway, of Neepawa, Manitoba, involved in the development of family life education in schools and women's institutes, led in the establishment of a community association for the mentally



"Jackrabbit" Smith-Johannsen, 101 years old, is congratulated on receiving his Lifestyle Award by former Health and Welfare Minister Marc Lalonde and the present Health and Welfare Minister Monique Bégin.

handicapped as well as the development of a sheltered workshop.

Charles Rhéaume, a polio victim from Ottawa, Ontario has been active in the rehabilitation of alcoholics and the establishment of a halfway house. He has also been involved in promoting the visual arts for handicapped artists and has founded an association for French-speaking handicapped people in Ontario.

Rosanne Laflamme of Quebec City, Quebec, lost both legs and an arm as the result of a childhood accident. In 1975 she won gold, silver and bronze medals at the Olympics for the Handicapped in St. Etienne, France. She has also written an autobiography to encourage other handicapped people and is actively involved in promoting the cause of the disabled.

Kathryn Barnes of Moncton, New Brunswick, is a founding member of the Moncton Non-Smokers Association and active on the New Brunswick Council of Smoking and Health. Working closely with city police and volunteer agencies, she has recently helped organize a "Block Parent" program for the Moncton area.

Adrian Pearson, a resident of Stellarton, Nova Scotia, was nominated by St. John Ambulance for outstanding service in instructing first aid. Mr. Pearson has also rendered long service to the community as a scoutmaster and as an air cadet leader and instructor.

Brigadier-General William Reid of

Charlottetown, Prince Edward Island, has given outstanding leadership to scouts and other youth organizations in P.E.I. for 40 years. He has given valuable support to the Canadian and World Jamborees of Scouting, devoting two years to planning the 1977 Jamboree in P.E.I.

Charles Andrew of Northwest River (Labrador), Newfoundland, after overcoming a personal battle with alcoholism, has spent the last four years working with young people, initiating an innovative program to combat alcoholism in his community.

## The secret of Entebbe

The following item is reprinted from Foreign Report, August 24, 1977, a publication of the Economist Newspaper Ltd., London.

A corner of the veil of secrecy that has obscured one of Israel's most valued military assets was lifted this week when an electronics engineer living quietly in Toronto was honoured by the State of Israel. His name is Sidney Hurwich. All that could be learned officially was that his invention had been used in the Israeli raid at Entebbe last year.

Foreign Report can now reveal that Hurwich's brainchild may have led the Israelis to carry out the rescue mission in the first place. It enabled them to outfox