The following Nursing-Sisters have been struck off the strength for various reasons :---

A. Forbes, H. M. Bellisle, W. Lamarche, M. E. Casey, M. A. Thompson, B. L. Symon, J. A. M. Pelletier, G. H. Ferguson, C. O'Brien, A. B. Hamilton, M. E. Shaw, E. C. Anderson, D. E. Batkin, F. M. Colvin.

Promotions (Overseas) :---

To be Lieut.-Colonels, Majors G. S. Mothersill, W. A. G. Bauld, A. L. Johnson, F. H. Mackay, F. A. Young, N. V. Leslie, W. G. Turner. To be Major, C. E. Anderson, E. L. Pope, H. G. Wood, H. K. Bates, W. L. Mann, W. J. E. Mingle, J. Seager, F. E. Pettiman.

To be Acting Matron, Nursing-Sister A. G. Hogarth.

Promotions (Canada) :---

To be Major while acting as D.A.D.M.S. (Regina), Capt. G. O. Wood. Appointments:---

Major Charles McMane becomes A.D.M.S. at Quebec in place of Major G. A. Winters who has joined the Siberian Force.

Capt. A. F. Menzies has been appointed Cholera Expert for the Siberian Force.

Capt. P. H. Desnoes becomes Chief Surgeon at the Fredericton Military Hospital.

ADVICE TO THE IMPAIRED.

According to the U.S. Public Health Service experience, everywhere shows that the proportion of persons with physical impairments is considerably greater in persons between 30 and 40 than in those between 20 and 30 years of age. This waning vitality at ages over 30, so commonly accepted as inevitable, can be postponed to a large extent. In this connection, it is pointed out that 60 per cent. of the physical defects found in the last draft were of a preventable or curable nature.

In addition to furnishing all the local draft boards throughout the country with a sufficient number of the circulars to supply one to each registrant because of physical disability, arrangements have been made to furnish specimens of the circular of life insurance companies, fraternal organizations, labor unions, employers of labor and others who desire to reprint the circular in its present official form for wider distribution.

"The U.S. Public Health Service will be glad to furnish specimens of this circular on application and urges all organizations that can reach large groups of people to reprint and distribute the circular and thus contribute materially to the public welfare and the national defence."

The circular issued by the U.S. Public Health Service is entitled : "Information for Guidance and Assistance of Registrants Disqualified