

selecting St. Anne as titular wished, in accord with Captain Daniel, that the fort should for ever be the monument of their filial piety and of their profound gratitude toward her. Therefore, from that day, the name of Grand Cibou, under which that place had until then been known, gave place to that of *Fort Ste Anne of Cape Breton*.

Situated at the entrance of the gulf on the first land that is met in coming to this country, (1) Fort Ste Anne will in future still more through its titular than through its site, be the bulwark of the colony, the asylum of the traveller, the residence of the missionary and the beacon of the faith. Within its walls, within its chapel, the marin who has escaped from the dangers without number of the immense ocean will recover his strength and offer his vows to Her who is the « Safe port of mariners » (2), from its hearth, from its altar those life-giving rays shall dart, bearing the light of faith and of civilization into the surrounding regions. Finally in that « Fortress of the Church » (3) religion, persecuted and banished from the rest of New France, will seek refuge until better days

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### The Sign of the Cross

« If a person, » says a writer, were to stand fifteen minutes at the door of almost any of our churches on a Sunday morning, and look at the motions gone through by not a few of those who enter, he would be safe in concluding that if they were reproduced on paper they might as readily be taken for a *Chinese manuscript* as for anything else; but it would require a stretch of the imagination to see in many of them what they were intended to represent. It may be seriously doubted whether such careless persons receive the graces or gain the indulgences attached to a proper use of this sacred sign. It is indeed true that there is a tendency to do mechanically what a person has to do often, but for that very reason, if for no other, particular attention should be bestowed on such things. A careful examination of the manner in which they make the sign of the Cross would be productive of good to many persons. »

(*Catholic News*.)

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(1) *Jesuit Relations*, 1635, p. 3.

(2 and 3) Litanies of St. Anne