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VALUE FLAVOR QUALITY

19.3 PER CENT. OF TONNAGE LAID UP

Data on Vessels of Principal Countries Received By Shipping Federation.

Montreal—An interesting statement showing the ship tonnage laid up in Great Britain, Canada and the principal foreign countries was received by the Shipping Federation of Canada from the British Chamber of Shipping. The date selected for the compilation was July 1st, when United Kingdom ports reported 332 vessels laid up, with a total gross tonnage of 1,702,000; Canada 19 ships of 52,000 gross tons, all of British registry and including six lake steamers of 12,400 gross tons; Belgium 148 ships of 544,000 tons, including 23 ex-German ships of 105,000 gross tons and 33 British ships of 182,700 tons; Denmark five ships of 12,535 tons; Finland nineteen ships of 5,000 tons, all of Finnish registry; France 529 ships of 1,192,569 tons, all of French registry; Greece a total estimated at 57 ships of 100,425 tons; Holland 194 ships of 353,000 tons and including seven foreign ships of 25,900 tons; Italy 158 ships of 585,000 tons; Japan 52 ships of 71,737 tons; Norway 173 ships of 272,000 tons; Spain 310 ships of 384,434 tons; Sweden 8 ships of 7,132 tons, and the United States 827 ships of 3,977,755 tons. The latter, the report states, was taken from the United States Shipping Board figures and presumably excludes wooden ships.

The total fleet of which the laid-up shipping forms a portion consists, the report adds, of 23,568 ships of 48,004,529 gross tons, and the vessels laid up form 19.3 per cent. of this tonnage. The British ships laid up in the United Kingdom and Belgium form 9.5 per cent. of the U. K. tonnage on Lloyds' Register.

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Many a man has saved ten times the price of his subscription to The Family Herald and Weekly Star of Montreal by using advice or recipes given through its columns. If one buys the paper for its stories only, he saves from eight to twenty dollars a year, which the serials and other tales would cost him if bought in book form. As an investment, nothing which yields a better revenue is on the market. The huge subscription list, by far the largest in Canada, with names on it which have been there for fifteen, twenty, thirty, forty, even fifty years, is one proof of that. Family Herald readers comprise the brightest, most successful and best of the Dominion. The Family Herald is offering a choice of five useful and valuable books, cost free, with every new subscription received before Jan. 1st, 1923. A sample copy and details of the Book Offer can be obtained upon application to the publishers, Family Herald and Weekly Star, Montreal.

THE SPIRIT OF CHRISTMAS

The Christmas spirit abides alike to lands of the Sun and in lands of the Snow. Conventionally associated with visits of the frost king, the deeds of Christmas flourish just as grandly in the shade of the palm as they do beneath northern auroras and in snow-filled mountain passes. In this lies the true appreciation of what Christmas is. The Christ of Bethlehem's Manger was born for all men, as He was to die for all men; and it is therefore fitting that all lands should rejoice at His coming.

So, on Christmas Day, if ever, the whole world is kin. The largesse of the rich man, showered upon children, brings no more happiness to them than does the poor gift of the poor man to his wistful flock. If anything, the latter is more in keeping with the truly Christian spirit of the day, because He who gave Himself to us came not in the robes of royalty, nor in the might of conquering arms, but in the aspect of the poorest; in the weakness of the little child.

There is, in this thought, that which should make all contentions cease on Christmas Day. The rich man cannot despise the poor without despising Him who was so poor; the poor man cannot envy the rich without exalting himself above the Redeemer of the world. Christmas then, is pre-eminently the day of peace. It comes in the quiet time of the year when suns hang low and nights are chill; when nature is at rest and preparing herself, as it were, for the work of a new day. Christmas comes in the hour of the Old Year's death; and, as the Christ was born on that happy day, so, too, should our souls be reborn to the spirit of love, peace and contentment which the thought of Christmas brings.

We lament the hardness of every day life; we deplore the bitterness of the struggle in which we must engage, some of us for our bread, all of us against the temptation to yield to the impulses of our fallen nature. In the spirit of Christmas let us forget all these things. The day is pre-eminently a day of hope for the future life. Let us lift our eyes beyond the victim of things earthly; and we shall see a home where sorrow enters not; where temptations will be no more; where the turmoil of this world will be stilled forever, and where, in the smile of the Child who was born over nineteen hundred years ago, on the lonely hillside of Judea, we shall enjoy that peace of which the quiet of our arduous Christmas night is but a faint, far-off suggestion.—Exchange.

P. O. DEPARTMENT DEFICIT WIPED OUT

Ottawa.—In the course of his address at the Postal Conference, Hon. Chas. Murphy said:

I may mention that while the operations of the Canadian Post Office Department showed a deficit at the end of the last fiscal year of \$1,522,000, the operations of the present fiscal year will show not only that deficit has been wiped out but that there will be a surplus of approximately \$1,000,000.

Mr. Murphy touched on two subjects not included in the agenda of the conference, but suggested that the expression of opinion on them would be of value.

(1) Summer aeroplane mail service between selected points.

(2) Suggestions that domestic postage rate on letters in Canada be reduced from three to two cents.

Mr. Murphy said that the rate of two cents was possible only when the special war tax of one cent was repealed.

THE BEST CHRISTMAS GIFT

Christmas for the Boy!
 Christmas for the Girl!
 Christmas for the Father!
 Christmas for the Mother!
 Christmas for one and all bound up in the 52 weekly issues of The Youth's Companion for 1923. No other periodical can take the place of The Companion at the family fireside—no other reflects so truly the home spirit.

The 52 issues of 1923 will contain more than a dozen serial stories, nearly two hundred short stories, besides sketches, special matter for the boys, the girls, the domestic circle. The Children's Page and the Doctor's Corner will, as they have for years, prove indispensable features of the paper. Subscribe now and receive:

1.—The Youth's Companion—52 issues in 1923.

2.—All the remaining issues of 1922.

3.—The Companion Home Calendar for 1923.

All for \$2.50.

4.—Or include McCall's Magazine, the monthly authority on fashions. Both publications only \$3.00.

THE YOUTH'S COMPANION, Commonwealth Ave. & St. Paul St., Boston, Mass.

Subscriptions Received at this Office.

Varbell, who sent a black hand letter to James W. Muir, of Halifax, has been sentenced to five years in Dorchester penitentiary.

Save Transportation Charges
 And Buy Your
FANCY GROCERIES CONFECTIONERY
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Xmas FLOWERS

Do you wish to remember someone at the Xmas season, yet do not wish to send a gift?

A box of Flowers would be appreciated. Roses are especially nice, or "Mums", Narcissus, etc.

Send us your card with the order and we will do the rest.

E. C. SHAND
 Windsor, N. S.

To Make
Xmas Merry

We have opened some of our gift—

Many Toilet sets, Jewel cases, Mirrors, Combs, Hair Receivers, Puff Boxes, Odd Ivory pieces, Ebony sets, Manicure sets, Shopping Bags, Purses, etc.

Chocolates in very pretty boxes, Stationery, a large range of Toilet Soaps, Perfume, Talcums, etc., etc.; Vanity Cases in gold and silver, Victor Walking Machines, Records, etc.; Cigars, etc., etc. We think we are showing the fullest range in our business career. Call and inspect.

Royal Pharmacy
 W. A. WARREN, Phm.B.
 The Retail Store

Look!

Cigars, Cigarettes and Temperate Drinks
Confectionery, Groceries

Balsam Ore 22c.
 Sun Maid 25c.
 Pure Gold Vanilla 15c.
 Sun 15c.
 Borden's Ev. Milk 15c.

Corn Flakes 2 for 25c.

Lyle B. Denton
 Grand Central Hotel Block

Christmas

Down here in the country in our little store, we have gotten together a big lot of Xmas "Goodies" to help make your Xmas season one of "Good Cheer". We have no high prices and will much appreciate your patronage.

CANDY

We have Moire's best XXX chocolates in bulk and 1 lb. boxes. Genuine Barley Toys, Ribbon Candy, Daisy Xmas Mixture, Cream and Chocolate Mixture, all the old flavors in the Hard Boiled, and a real Xmas mixture.

NUTS

We have Grenoble Walnuts, Brazils, Sicily Filberts and Jumbo Peanuts.

DATES

Real Hollow Sugar dates in bulk at the low price of per lb. 15c.

OTHER LINES

We have a lot of other things which will be of interest to you.

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 BELLEISLE, N. S.

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 Claims Always Paid PROMPTLY

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 BRIDGETOWN, N. S.

Minard's Liniment for Burns, etc.

TURN OF THE TIDE

The tide flows in to the harbor—
 The bold tide, the gold tide,
 The flood of the sunlit sea—
 An dthe little ships riding at anchor
 Are swinging and slanting their
 prows to the ocean, panting
 To lift their wings to the wide wide
 air
 And venture a voyage they know not
 where—
 To fly away and be free!

The tide runs out of the harbor—
 The slow tide, the low tide, the ebb
 of the moonlit bay—
 And the little ships rocking at anchor
 Are rounding and turning their
 bows to the landward yearning
 To breathe the breath of the warm
 sweet strand
 And rest in the sight of the high hill
 land—
 To hold their haven and stay!

My heart goes round with the ves-
 sel—
 My wild heart, my child heart, in
 love with the sea and land—
 And the turn of the tide passes thru
 it.
 In rising and falling with mystical
 currents, calling
 At morn to range where the far waves
 foam,
 At night to a harbor in love's true
 home,
 With the hearts that understand!
 —Henry Van Dyke.

EVERYBODY PAID EXCEPT CANADA

London.—Replying to a question, the Financial Secretary to the war office in the House of Commons said payment of shares of the war canteen profits had now been made to everybody except Canada. He hoped to make payment to Canada shortly, but Canada's formal concurrence in the statement of accounts had not yet been received.

Christmas Shopper—"I would like to look as some cheap skates."
 Saleslady—"Wait a second, I'll call the boss."

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all

BAYER Genuine

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Headache Rheumatism
 Toothache Neuralgia Neuritis
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Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.
 Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-acetylsalicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Christmas is Coming

"SOLVE YOUR CHRISTMAS GIFT PROBLEM NOW"

"SHOP EARLY" and take the load off your mind.

Make your selections now while stocks are at their best.

Silk Hose for Mother.
 Dancing Slippers for Daughter.
 House Slippers for Father.
 Moccasins for little Brother.

Right this way. Our Gift Counter
Contains Just The Suggestions
You are Looking For.

Lloyd's Shoe Store

Gift Suggestions
 FOR THE EARLY XMAS SHOPPER

That yearly feminine problem—"What shall I give him for Xmas?" A sure way to win appreciation for your gift is to look over the following:—

Men's Dressing Gowns, Smoking Jackets, Pyjamas, Silk and Wool Mufflers, Combination Sets including Silk Suspenders, Garters and Armlets; Grey and Brown Suede Gloves, Sweaters of all kinds, Negligee and Silk Shirts, Neckties and Hosiery in the newest shades and patterns.

If its a big gift you are making him, choose one of our Broadway brand Suits or Overcoats.

Xmas shoppers, do not forget the new and up-to-date store for men—

A. YOUNG & SON
 Dealers in MEN'S and BOYS' CLOTHING & GENTS' FURNISHINGS

Robin Hood Flour
 Bran, Middlings and
 Feed Flour
 At Very Low Prices

The Banner Fruit Co., Ltd.
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