

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

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OUR GROCERY DEPT.

was never better prepared to take care of your requirements. It is stocked with quality goods, all of which were well bought.

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Japan Teas at 65c, 75c and 85c lb.
Coffee.....60c and 75c lb.

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- Has real service behind it which has never been attempted to equal.
- Can always resell a used Ford to better advantage.

Orders are still coming in faster but just now I am getting a good bunch every week. Will be able to give fairly prompt delivery. Once you are in the 1920 Ford the decision is made.

R. MORNINGSTAR

CHRONIC INDIGESTION

A Much Too Common Trouble With Farm Horses.

Usually Due to Faulty Condition of the Teeth—Symptoms Described—Prescriptions and General Advice as to Treatment—Cultivation of the Hoed Crops.

(Contributed by Ontario Department of Agriculture, Toronto.)

CHRONIC indigestion, or indigestion without engorgement, is caused by improper food; imperfectly masticated food due to the process of dentition or irregularities of the teeth, voracious feeding, irregularity in feeding, debility, or partial inactivity of the digestive glands.

Symptoms.—A capricious appetite, often a tendency to eat filth, usually increased thirst, the animal becomes hide-bound and has a dry scurvy skin, irregularity of the bowels, general unthriftiness, dullness and more or less well marked inability, to perform work. When caused by imperfectly masticated food, the cause can usually be told by the appearance of the feces. Colicky pains are sometimes present an hour or so after feeding. The animal has a general unthriftiness and lacks vigor.

Treatment.—As a large percentage of cases is due to inability of masticate properly, the mouth should always be carefully examined. If the teeth require attention and the owner has neither the necessary instruments nor the skill to correct the fault he should take the horse to a veterinarian. In horses about three years old the trouble is very often due to unshed molar crowns, Nos. 1 and 2 in each row. In a horse about four years old No. 3 in each row. These crowns can be easily removed by the use of a pair of small forceps or a pair of pliers. In older horses the trouble is very often due to sharp points or projections of tooth substance on the outer edge of the upper molars or the inner edge of the lower ones; to a long tooth that requires shearing, or other mouth trouble that can be corrected only by an expert with the necessary instruments. When the fault is not in the mouth, and the patient be not too weak, a purgative of 6 to 8 drams aloes and 2 drams ginger should be given.

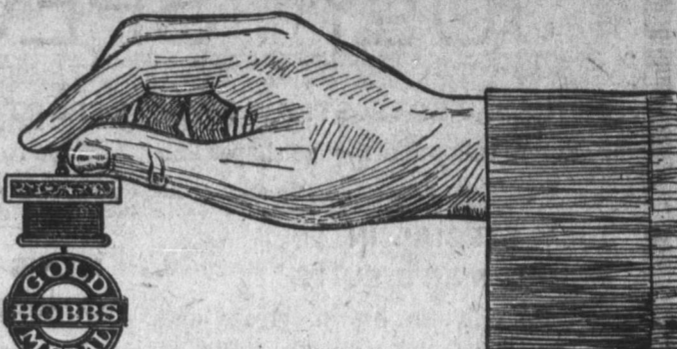
In all cases where a purgation is to be given and prompt action is not necessary, it is wise to prepare the patient by feeding bran only for 18 to 24 hours. In all cases after the administration of a purgative, the animal should be given rest, and bran only to eat until purgation commences, which is usually 18 to 24 hours, and sometimes longer. When it fails to act in about 48 hours, a second dose, a little smaller than the first should be given.

After the bowels have regained their normal condition, mix equal quantities of powdered sulphate of iron, gentian, ginger, nux vomica and bi-carbonate of soda, and give a tablespoonful three times daily. Give food of good quality in small quantities, and as digestion improves gradually increase the quantity, until the desired amount can be fed.—J. H. Reed, V.S., O. A. College, Guelph.

Cultivation of the Hoed Crops.
The Hoed Crops in Ontario are made up principally of corn, beans, potatoes, turnips, mangels, and carrots. These crops occupy fully one million acres annually. During the past fifteen years, the area used for corn has increased, that used for potatoes has decreased, and that for potatoes has remained practically the same with exception of some variations in individual years.

All the root crops here referred to do well after sod, especially after clover. It is generally well to have the land ploughed in the early autumn. If manure is available, the land could be worked before winter, manured and ploughed in narrow ridges about thirty inches apart. This enables the frost to work on the subsoil between the ridges, and preserves the fertility in the ridges themselves. Land prepared in this way works splendidly in the spring when brought into cultivation. In the case of potatoes, it is much better to manure in the autumn than in the spring, and it is frequently recommended to manure even for the crop previous. In order to prevent the development of a large amount of scab on the tubers. Farmyard manure for the Hoed Crops can often be supplemented to advantage by a limited use of commercial fertilizers. The fertilizers have given particularly good results in connection with co-operative experiments throughout Ontario with potatoes, mangels, and turnips. The application of 160 pounds of nitrate of soda per acre increased the mangel crop about six tons per acre per annum in average of five years' test. A potato fertilizer made up in the proportion by weight of seven parts of nitrate of soda, sixteen parts of superphosphate, and nine parts of muriate of potash, has given economical results where it is used at the rate of 320, 640, or 960 pounds per acre.—Dr. C. A. Zavitz, O. A. College, Guelph.

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GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford Station as follows:

GOING WEST	
Accommodation, 111.....	8 44 a.m.
Chicago Express, 17.....	12 34 p.m.
Detroit Express, 83.....	6 48 p.m.
GOING EAST	
Ontario Limited, 80.....	7 38 a.m.
Chicago Express, 6.....	11 16 a.m.
Accommodation, 110.....	2 28 p.m.
Accommodation, 112.....	5 20 p.m.

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2 IN 1

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WATFORD