

MR. JAS. S. DELGATY.

R.R. No. 4. Gilbert Plains, Man. "In the year 1910, I had Nervous Prestration in its worst form ; was reduced in weight from 170 pounds to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced se to take "Fruit-a-tives".

I began to mend almost at once: and after using this fruit medicine for 3 or 4 months, I was back to my mormal state of health.

I never had such good health for twenty years as I have enjoyed the mast six years. We are never without a box of 'Fruit-a-tives' in the house".

JAS. S. DELGATY. 50e. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

### MEDICAL

JAMES NEWELL. PH. B., M.D. L 'R C. P. & S., M. B M. A., England,

Coroner County of Lambton, Watford, Ont

OFFICE-Main St., next door to Merchants ak, Residence-Front street, one block east

#### C. W SAWERS, M. D. WATFORD, ONT

FORMERLY OF NAPIER) OFFICE - Main Street, formerly occupied by Dr. Kelly. Phone
23 A. Residence—Ontario Street, opposite Mr
A. McDonnell's, Night calls Phone 13B.

W. G. SIDDALL, M. D. WATFORD ONTARIO

Formerly of Victoria Hospital, London,

OFFICE-Main street, in office formerly occupied by Dr. Brandon, Day and night calls phone

# DENTAL.

## GEORGE HICKS.

D. D S., TRINITY UNIVERSITY, L. D. S.,
Royal College of Dental Surgeons, Post graduate
of Bridge and Crown work. Orthodontia and
Porcelain work. The best methods employed to
preserve the natural teeth.
OFFICE—Opposite Taylor & Son's drug sto e
MAIN ST., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thurs

### C. N. HOWDEN

D. D. S. L. D. S.

RADUATE of the Royal College of Dental Regressia, of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methodo used. Special attention to Crown and Bridge Work. Office—Over Dr. Ecily's Surgery, MAIN ST.—WATFORD

### Veterinary Surgeon.

J. McGILLICUDDY Veterinary Surgeon,

ONOR GRADUATE ONTARIO VETERIN ary College, Dentistry a Specialty. All ases of domestic animals treated on scientific

ples, e—Two doors south of the Guide-Advocate Residence—Main Street, one door north Siddal's office.



FONTARIO'S LEADING COMMER-CIAL SCHOOL makes success easy. We have three departments Commer-cial Shorthand and Telegraphy. We give individual instructions and students may enter at any time. Grad-uates are placed in positions. This is your opportunity as there is a great call upon us for trained help. Write at once for particulars.

President

W. J. Elliott, D. A. McLachlan. Principal.

# The Angel

By MARTHA MITCHELL

(Copyright, 1917, by the McClure Newspa per Syndicate.)

"But she can't wait forever for him to propose, plan for their house and ask to have the wedding day named," said Mrs. Cogdal. "I believe a word or two put in wisely might suggest the thing to him."

"Yes, I know, Jennie," sighed her daughter, the Angel, "but you promised when Dan first began coming here that you would not spoil Beauty's prospects with him by hinting at our poverty.'

"Poverty, nothing!" snorted good-natured, voluble Jennie; "don't you know Howard has said a dozen times that he and Bess might have had their comfortable bungalow a year before they did if he had realized that five of you were dressing on an income hardly sufficient for three."

"Yes, dear, I know, and thanks to your clever fingers, we four are still fairly decent on that same income fairly decent on that same "She hardly sufficient" for three." She patted her mother's fat hands lying idle in her lap as she spoke. "You idle in her lap as she spoke. "You know Dan isn't like Howard. Howard had skimped along at home and, any-way, he loved Bess better—"

"Well, doesn't Dan love Beauty, I'd like to know?"

The Angel turned to her. Jennie was irritable for once in her easy-going, pleasure-loving life. The Angel could not understand it. Her mother had always been so far from irritable and had been so much of a regular chum that her girls fondly called her "Jen-nie," with no thought of irreverence or disrespect. "Mother" simply didn't fit her; she was "Jennie," with a heavy mop of faded goldish hair above a face still childishly pretty and fair. But her body didn't agree with her face, for she was frankly fat and pudgy. Her feet were always a trial; they were numbers too small to support the weight of her body. "Jennie" was sel-dom in evidence when company was about, but her presence was always felt, and she was referred to as often and as fondly by all the sisters as if she had been a seventh wonder. The Angel regarded her severely. "Why, "Why, Jennie, you are actually peevish, and, judging by your tone, one would think you doubted Dan's affection for Beauty."

"Well, Beauty is getting restless, and that young reporter on the Star, Ted Hammer, keeps hanging around. Beauty must have a new dancing freck for the MiHard's ball, and I don't knew where it is coming from." She sighed heavily. "Honestly, Angel, I sometimes feel that it isn't worth while to try to catch a wealthy husband. Just a médium one ought to satisfy even Beauty. I doubt if she would be any happier in a fourteen-room house than she would be in a four-room one. If she lowes Dan and not his meney, four rooms would be sufficient, and if she doesn't, why forty-four wouldn't make her happy.'

The Angel laughed outright. "Why, Jennie Cogdal, who ever heard of you philosophizing thusly—you who are a living, sunny philosophy all by your-self. Get up and don your most comfortable bedroom slippers, and we'll sally forth for a stroll around the vegetable garden! Mayhap the sweet spring breeze, the babbling brook and the staging of many birds will restore you to your former care-free state of mind, and-

Jennie seized her and shook her roughly. "If it weren't for your fool-ishness and fun, the Cogdal family would be a stale bunch of beauties."

"Well. Jen. if we conduit all be beauties, we surely needed to be fool-ish." She smiled her impish, crocked smile. "There is just one good thing about being homely, and that is that one needn't worry about losing one's beauty; and if one's complexion hap-pens to be the color of delicious weak tes, why, faded lavender crepe de chine plus a packet of diamond dye a la golden brown, transforms weak-tea complexion into rich cream." She patted down the folds of a miraculously transformed dress which had been dis carded as "impossible" by an elder sister. The Angel was bonestly, undeniably homely. Her hair was of no particular color and did not curi; her nose nondescript like the rest of her face; her teeth even, but not white. In mos stories all homely girls have beautiful dreamy eyes, but the Angel's eyes matched her face; they were neither gray nor blue, but in between the two. True, she had a mellow contraito voice, but nobody ever thought of asking her to sing except after a picnic supper around a campare, when every one else was too well content to do thing except listen. And, too, she had her inimitable crooked smile.

As unlike her as it is possible for a

twin to be was the Beauty-tall, graceful, with fair, wavy hair, deep, inno-cent blue eyes, full, red lips and a skin of baby fairness. From early baby-

nood she had been called a beauty, and, in order to defend the homely twin, their mother had always said, "Yes, Eunice is a beauty, but Lulu is an angel!" Thus they had been known, until now, at nineteen, nobody thought of them as Eunice and Lulu, but as Beauty and Angel.

By her beauty and grace the Beauty had walked into the hearts and homes of the city's most exclusive set, and when at seventeen, she was singled out by Dan Ames, the one really unattached man of the town, her sisters had coaxed, threatened and bribed Jento forbear mentioning how her daughters' cleverness at household

management and sewing kept them well dressed on their tiny income plus the salaries of Mary and Edith, who taught school. Beauty might as well have their chance, and Dan was well worth any girl's time, from many points of view. For two years he had been impartially nice to all four of the girls. They all adored him. His highpowered motor car was ever at their rvice, Beauty always beside him on the front seat. But lately Beauty had grown restless and Dan seemed preoccupied and uninterested, unless it was at a picnic supper.

The Angel never refused to sing, because Dan, at least, didn't talk while she sang. Often he didn't laugh at her jokes and stories, either, and one night when she convulsed her audience with a recital of her feelings when her first 'special article" had been accepted by the Morning Star, he did not even smile. She had had various "specials" since then, but she never mentioned them before Dan. "Money and success are so trivial to him," she said, with a mock shudder. It was as if he had said, "Don't ever mention your elation over a bit of money, young lady: it is so plebelan."

Tonight there was to be another picmic, and Jennie had decided that she would take the situation in her own hands and mention the fact that Beauty was nineteen now—a year old-er than she had been when she was married

Beauty had gone away with Ted Hammer and had promised that she would meet them at the park, where they were to have the picnic, so she said that the Angel or Jennie might have her seat beside Dan this once.

The Angel made many delicious sandwiches and salads; deviled eggs and squeezed lemons, keeping up a rapid-fire of jest and fun the while; so when Dan's car drew up at the door the hamper was packed and Jennie's d humor was restored.

If Dan felt any discomfort or disappointment at the Beauty's nonappear ance and promise to meet them at the park, he did not show it, and he promptly assisted the Angel to the seat beside him.

The picnic was gay enough except that the Beauty and Ted Hammer did not appear; and Jennie was undeniably nervous, laughing hysterically at the Angel's sallies, and watching Dan

Dan was having a good time; there was no denying that when he dared the Angel to run him a race to a cer tain crooked tree far around the bend of the pond. He outran her shameless ly and stood laughing, hat in hand, as she staggered up. Seizing a dead branch, she bore down on him while he dodged off and around the tree, saying, "Now, Angel, don't, really; you just can't run, that is all," and, his tone changing, "Come here and sit on this crooked limb. I want to tell you something."

The Angel looked at him quizzically. "All right, fire away; but I'll tell you now you will get no sympathy from me. I'm not to blame for her running away with Ted, but if I had been you would not have gone-"

"Oh, yes, you are to blame, Angel." She listened: had he said "Angel?" It didn't sound like it, but that was surely what he had said. "You surely are to blame for Ted's raise from fifteen per to twenty, because a man may not reasonably be supposed able to take care of a wife on fifteen dollars; but twenty is a different matter." "But Dan, I didn't ask the editor of

the Star for a raise for Ted-" "Oh, you didn't; you didn't? Well. what does that impish, adorable, crooked smile mean, then, except that the dearest, most adorable, beautiful Angel might be induced to marry a duffer like me if Beauty were safely be stowed on samebody who loves her? Angel, Angel, there are so many ties, but just one- Let's make it a

The Angel's inevitable mirth twinkled through her crooked smile as she said. "What a 'special,' Dan; what a story this would make!"

Writers' Unfinished Stories. Several years ago a writer published in a magazine the beginnings of a half dezen stories that he had never carried to an end, with a note saying that all writers had such manuscripts tucked way in their desks. He might have added that those stories were also tucked away in the conscious operated silently and inexerably in the veakening of the will. Those dozen beginnings were all good. They



### THE KIDNEYS between

30 and 40

Whatever else you do, keep your Kidneys regular and active. Their work is of vast importance to your health and at the first evidence of trouble, often occurring from the thirtieth to the fortleth

# Gin Dills

The Kidneys' work is to filter impuri-ties from the blood. By idence of some-thing wrong with the Kidneys may be recognized quite easily—pains in the sides and back, Rheumatic twinges, constant headaches, swollen joints, constant headerles, swollen joints, restless sleep and urinary troubles. Oin Pills are the quickest and most effective remedy you can take. 50c. a box or 6 boxes for \$2.50, at all

Sample free if you write to

National Drug & Chemical Co. of Canada, Limited, - Toronto U. S. Address: Na-Dru-Co., Inc., 202 Main St., Buffalo, N.Y.

planed curiosity and they introduced interesting characters. The writer would have done far better to finish them all, better for his reputation, his income and his force

as a worker. Way down deep in the mind, perhaps in the sub-conscious, those stories leaded to be told, those characters asked for life.

A Tongue Twister. "She stood at the door of the fish nuce shop welcoming him in. How fast can you say that?

Here is another about the famous duel between Shott and Knott, It reads as follows: "Shott shot the first shot, and the shot Shott shot not Knott. The shot Knott shot shot not Shott, so Shot, shot again, and once more the shot Shott shot shot not Knott, but the shot Knott shot shot Shott, so Knott wen notwithstanding."

Cantlen.

"Your speeches are not very interest-

"It may be a mistake to make E speech too interesting," replied Senator Sorghum. "It's better to say things in a dull way so that they won't be remembered in case you want to change

Spare the children from suffering from worms by using Miller's Worm Powders, the most effective vermifuge that can be got with which to combat these in sidious foes of the young and helpless. There is nothing that excels this preparation as a worm destroyer, and when its qualities become known in a household no other will be used. The medic ine acts by itself, requiring no purgative to assist it, and so thoroughly that nothing more is desired.

### COLOR CAPRICES

Scarfs and collarettes of tulle in all colors are worn with thin frocks. Leaves of colored beads make a charming decoration for the hair. Yellow is one of the favorite colors

for bridesmaids' dresses. Heliotrope embroidery is charmingly used with lemon-colored crepe. Pale rose and pale gray make a

charming combination for an evening Crow blue satin with gold embroidery makes a dress of great richness.

A black and silver Egyptian robe of net is worn over a rose satin founda-

Children's frocks have small animals in cross stitch on pockets, cuffs and collars.

The Coat Collar.

Large collars of cloth or fur, hunched up round the neck with a monastic surliness, would be chosen by few women except at the peremptory dictates of fashion; yet a glance at the per shows that no winter coat is up to date without the "huge" collar. If the giant collar lies flat on the shoulders the coat must be worn open; if the fastenings are closed, up goes the collar like a cowl about the ears. One cannot call it pretty; but it gives pro-

Children Cry FOR FLETCHER'S CASTORIA SPEED OF THE GREYHOUND,

The Swiftest of All Four-footed Creatures.

Few people realize of what re-markable speed dogs are capable. Some statistics in regard to this have been gathered by M. Dusolier, a been gathered by M. Dusolier, a French scientist. After pointing out the marvelous endurance shown by little fox terriers who followed their masters patiently for hours while they were riding on bicycles or in carriages he says that even greater endurance is shown by certain wild animals that are akin to dogs. Thus the wolf can run between fifty and sixty miles in one night, and an Arctic fox can do quite as well, if not

Pos

W

B

An

A

Wine

cond

have

abou

and and and

Taylo

Also'a

towns

MEN

List see see see cococococo Librory

Pte Pte Pte Pte Pte Pte Pte Pte

Pte

Pte Pte Pte Pte

Pte Pte Pte

Pte

Pte

Pte Pte

Pte

Pte

Pte

Pte

Pte

Pte.

Pte. Pte. Pte.

Pte.

Pte. Pte. Pte.

Pte. Pte. Pte. Pte. Pte.

Pte. Pte.

SE MIL MAN

THE

E

C

V

W 100 -

C]

CA

to p

better.
Eskimo and Siberian dogs can travel 45 miles on the ice in five hours. and there is a case on record in which a team of Eskimo dogs traveled six and one-half miles in 28 minutes.

According to M. Dusolier, the speed of the shepherd dogs and those used on hunting ranges is from 10 to 15 yards a second. English setters and pointers run at the rate of 18 to 19 miles an hour, and they can maintain this speed for at least two

Foxhounds are extraordinarily swift, as is proved by the fact that a dog of this breed once beat a thoroughbred horse, covering four miles in six and a half minutes, which was at the rate of nearly 18 yards a second.

Greyhounds are the swiftest of all four-footed creatures, and their speed is equal to that of carrier pigeons English greyhounds, which are used for coursing, are able to cover at full gallop a space between 18 and 20 yards every second.

### Crewless Raiders.

Once more the Germans have sprung a surprise on the allied forces, this time in the shape of a crewless raider that is electrically operated through a cable from a shore station.

Already several of these craft have been encounteerd by British war-ships cruising off the Belgian coast, but at the moment of writing all such attacks have failed of result.

We learn from statements of the British Admiralty that these crewless raiders are electrically controlled boats propelled by two gasoline en-gines, partially closed in, and are capable of traveling at a high rate of speed. Each raider carries a drum with between 30 and 50 miles of insulated, single-core cable, which is paid out in the wake of the vessell and through which the mechanism in controlled from shore. The fore part carries a considerable charge of high explosive, probably from 300 to 500 pounds, which is arranged to explode on impact.

The method of operating the crewless raider is to start the engines, after which the men leave the boat. A seaplane, protected by a strong fighting patrol, then accompanies the vessel at a distance of from three to five miles and signals to the shore operator of the helm. These signals need only be "starboard," "port," or

By an obviously c' ver grouping of

the wireless idea, the high-speed gas-oline craft, and the electrically con-trolled plan, the Germans have made use of the crewless-raider scheme in overcome the disadvantages of a trailing cable, to be sure; but they have overcome the problem of visibility, for the aerial observer in the seaplane which convoys the raider is at all times within visual distance. Since power to drive the craft is entirely self-contained and need not be transmitted through the cable, the Germans have been able to use a much smaller cable and thus overcome the difficulties in this direction. It is evident that they use a one-wire cable, depending on the salt water for the return current to complete Just how effective the crewless

raider is in practice still remains to be proved.—Scientific American.

Conscientious Objectors.

Although Holland is not at war, if has its conscientious objectors, and the problem which they constitute may be brought more prominently before the Netherlands Parliament. An instance is related of a struggle between a party of soldiers and an objector, who refused to change his civilian for his military clothes. In the end the man sat naked in his cell for a day and a night, and was transferred from one prison to the other

in like condition.

Men who have refused to do military duty in the Netherlands now number 150. Some proved not strong enough physically to endure imprisonment. The will of others was broken, and they were induced to take service. Others persisted in their attitude despite repeated sent tences of months of imprisonment.

Eider-Ducks.

Eider-ducks are numerous every-where in Norway. Being the produc-ers of the valuable eiderdown, a staple article of trade in Norway, they are rigorously protected by law, and are in consequence so tame as in many places to approximate to do-mestic fowl. The birds are regarded with far from friendly eyes by the fishermen, by reason of the damage they work among the spawning-beds of the fish. Lobsters in particular suffer severely from their depredations, the "fruit" of a female lobster being an especial dainty to the eiderduck