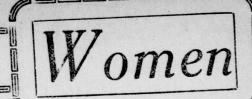
Cynthia Grey's Daily Mail Box. Talks on Styles We'll Be Wearing. Recipes by Advertiser Readers.

Series on Backyard Gardening. Activities of London Women. Items of General Interest.



Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Dear Miss Grey,—Some time ago I oticed a request in your "Mail Box" I know a certain lady who has. Prayer." I do not remember who was it is beautiful.

London onservatory of Music 354-6 Dundas St. Phone 1101 Lottle L. Armstrong, Registrar. F. L. Willgoose, Mus. Bac. (Dunelm), Principal.

asking for it, but if that party still wishes it I believe I can get it for them. I haven't the piece myself, but for a recitation entitled, "Nellie's ticed it in one of her books, and think I noticed "Busy Mother's" reply to

"Tom Thumb" in regard to a remedy for sweaty, odorous feet. I also have used the remedy advised and found it very good. Also after bathing the feet this, if those afflicted would dust the feet with camphorated chalk it would be found to help a great deal. Wishing your page every success, 1 main. TUBBY.

Ans.—Many thanks, Tubby, but another reader sent the poem which has been set up in type for several days only waiting room to be inserted. Call again, friend.

Does Anyone Know? Dear Miss Grey,-1. Do you know of anything that will restore ivory toilet articles (nail filer, etc.), that have turned yellow, to their original color?

2. What day did August 27, 1909, fall

3. What do you think of my writing composition? What would think of my character, judging by the 4. I am fourteen years old, five feet four inches tall and weigh 94 pounds.

Am I in the right proportion?

Thanking you in advance, I remain "GERALDINE." Ans.-1. I do not think it can be This is one of the drawbacks

"Oh, Goody!

An Irish Jelly"

She calls it Irish, because it

is a beautiful green jelly. And

it is easier, too, to say Irish than

Pistachio, which is the name of

this particular kind of delicious

There are many other delightful flavors

that girls and boys, mothers

combining fruits, preserves,

etc., with Shirriff's Jelly.

See recipes in the packages.

and fathers will en-

joy. Also many

delicious ways of

"REGAL"

Salt is made

in Canada by

Canadians,

and it is an

ideal Salt for

the table be-

cause it stays

dry and free

running the

year round.

Shirriffs Jelly

"Made in Canada"

Table Salt

Be practically

patriotic. See

everything you

buy - whether

it costs 10c. or

\$1,000 - is

"Made in Canada"



PrincessMarie Louise

PRINCESS MARIE LOUISE OF VENDOME, NIECE OF ALBERT put before you. OF BELGIUM, NOW AN EXILE IN

of the dainty ivory. Have any of our eaders found a remedy for the trouble? 2. Monday. . Quite excellent. Should take you o be a neat girl of dainty habits, but

beyond that I do not think your writing is sufficiently characteristic to A Candy Recipe.

weigh 90 pounds, and I am 5 feet in eight. Am I well proportioned? Will you please tell me the birthstones for the months of January, June the same as a lot of readers, to see if you can get me some old songs, or if Hoping to see this in print soon, I re-

3. This is about as cheap and easily are some lines of each:
wellow sugar, half cup hot water, tablespeed winesaw hell about treatments.

born and raised in England. Following are some lines of each:

"Way down in yonder valley, forsaken, all alone.



when you are looking for business interview, if you are neatly and stylishly dressed. If you are contemplating any business call, better let us clean and press that suit of yours, and it Monday. will enhance your chances of success 100 per cent. We are quick and thorough workers, also and our prices are satisfactory to all our patrons.

Jackson's

Cleaning and Dyeing Works Two Phones, 4680, 4681. Two Motor

Deliveries. 253 DUNDAS STREET.

RIGHT NOW YOU MUST THINK OF YOUR Refrigerator

FOR THE SUMMER. Come and see our big stock galvanized iron, white enamel and French grey Refrigerators. Some thing worth while, very reasonably

H. Wolf & Sons 263-265 DUNDAS STREET.

Dear Miss Grey,-We are constant readers of your paper. This is the first time I have written to you. Can of the readers supply these two old songs: The chorus starts with: "There are many sad and weary In this pleasant world of ours." This song is called "Won't You Buy My Pretty Flowers?"

The next old song is called "Baby I think the last verse is "Baby, baby, close your pretty, close your pretty blue eyes; Angels, Angels, watch you o'er the sky my darling."

Yours truly,

Ans.-Referred to readers. She Is Ambitious,

Answer to Nursie.—Address your letter to the lady superintendent of any of these training schools: Victoria Hospitals tal, London; St. Joseph's, London; General Hospital, Toronto; Sick Children's Hospital, London. A blank will be sen you to be filled out, with information regarding your qualifications, and also ontaining full particulars of the course Sometimes an applicant has to wait for a while before a vacancy occurs.

I hope Nursie, that your ambition may be realized.

He Cannot Be Beat.

1261

ADVERTISER PATTERN DEPT.

Age (if child's or misses' patterns)

Measurement-Bust...... Waist.....

Tea, and at what price.

apart.

In a fellowless firmanent;

Where highways never ran;

the road, Where the race of men go by-

And be a friend to man.

As good and as bad as I.

Or hurl the cynic's ban.

And be a friend to man.

nor their tears-

And be a friend to man.

meadows ahead,

Both parts of an infinite plan

By the side of the highway of life,

The men who press with the ardor of

The men who are faint with the strife;

But I turn not away from their smiles

Let me live in my house by the side of

know there are brook-gladdened

And mountains of wearisome height

That the road passes on through the

But still I rejoice when the travellers

And weep with the strangers that

Let me live in a house by the side of

They are good, they are bad, they are

Then why should I sit in the scorner's

BANISH SCROFULA

Skin Troubles Vanish.

And stretches away to the night

Like a man who dwells alone

Where the race of men go by-

weak, they are strong,

Wise, foolish-so am I.

Or hurl the cynic's ban?

And be a friend to man.

and begin taking it today.

the road,

the road,

the road,

the road,

rejoice.

BOAD."

[Samuel Walter Foss.]

I have two nice children to be thankful for, one 4 years and one nearly 2. Regarding being married at 19, one might better gather their crumbs together OLD SPORT. Dear Miss Grey,-1. I am 15 years old, while young.

Mother Sang Them.

Dear Miss Grey,-I am coming to you Last, but not least, would you any of your readers who know them ease tell me a simple but not ex- will send them to you, and I will send address, for if I remember right, they are all long. I do not remember the Ans.—1. Depends not only on weight when I was a wee child. I think they only a few words here must be English songs, for she learned 2. January, garnet; June, agate; Sep-them from her father, and he was born and raised in England. Following

spoon vinegar; boil about twenty minutes, testing in cold water. When done remove from fire, add a little lemonessence, and pour on buttered tins.

Oh, mighty is the blood of poor Fanny Another one is: 'Oh, if Johnnie he was here this

He'd keep me safe from harm But he's all in some field of battle, 'My parents they have taught me, Have taught me for well, They have taught me and taught me

To shun the gates of hell, But their way I slighted and my own way I took, So remember, all ye young men, my There are hermit souls that live with-

name is William Cook."

And another song. It is about a lady and robbers. Two lines are all I can remember: There were three loaded pistols, Some powder and some shot. Now for a few questions. What day

of the week did the following dates There are pioneer souls that blaze their fall on: September 29, 1858; May 2, 1859; April 27, 1882; November 15, 1886. Thanking you in advance, I remain, E. A. STRATFORDITE. Ans.-1. Requests for songs referred

to our readers. Wednesday, Monday, Thursday,

Try, Try Again.

Dear Miss Grey,-Thank you, and also "Lillie" for the advice re the baby's carriage robe. If you haven't done so too recently, would you please print a recipe for ginger snaps. first and only attempt was perfectly 2. Speaking of the distress call

'S. O. S," a friend said he thought the etters stood for "Save Our Ship," but idn't know where he had learned it. an you tell us if that is correct? PEGGY ANN. Ans.—1. I hope "Peggy Ann" that ou have better results with this:

Ginger Cookies-One cup sugar, half shortening, one cup molasses, half up boiling water, one and a half teapoons soda, two teaspoons ginger, one aspoon allspice and cloves, and sufient flour to be rolled out and cut. Yes, that is the correct meaning.

Few Silly Whims. My Dear Miss Grey,-I think it was ery mean for all those ladies to crush "Star That Guides" efforts. Could ou answer a few silly whims of mine?

What day did March 12, fourteen ars back, fall on? 2. Is it "M——" or "S——" you use make your eyelashes grow long and trly and how long would an ounce st? How much is it? Also how to

I saw where some people wanted name a baby. Here are some names: loise, Elizabeth, Lenore, Barbara, orothy; for boys, Billie (William), derick, Ted (Edward), Jack, Ian, and ll sorts of family names.
4. What is your opinion on my scrib-

Let me live in my house by the side of Hoping not to be too much bother. DEAN OR TOM. pass as Ans.—1. Tuesday. 2. Dear boy, I expect that the prepaations are patent remedies. I never heard of them, and should advise you

ask at a drug store. . Thank you for the names you give 4. Your writing is not so bad, only lon't make "h" and "k" so much alike.

Casts in Her "Mite." Dear Miss Grey,-In the Morning Ading for the words of the poem entitled, fect if they were not present! The House by the Side of the Road," and I am only too pleased to have a ways, as bunches in the neck, inchance to cast in my "mite" by sending talong, and hope it is the one wished the muscles, a form of dyspepsia, and or. I think there are still more verses general debility. to be added. Yours truly, AYLMERITE, NO. 2.

EXILED PRINCESS FINDS Mark into squares before the taffy HOME IN ENGLAND Songs Asked To VIVIDLY DESCRIBED BY MRS. BETTS

> Women's Canadian Club. President Tells Members of England's Changed Color Scheme,

"I believe even as the color scheme f England is changing with this presthroughout the whole world. We, the women of the world are going to forget our differences, and as one are going to use every faculty for the benefit of mankind so that never again can such an awful war be possible. Every one of us who can talk, write or echo, alization of the possibility of a world commerce, and the establishment of a world law and world peace that lie beyond this present terrible situation."

These were the inspiring words left with her hearers by Mrs. F. P. Betts yesterday afternoon in the Normal School in concluding an address to members of the Woman's Canadian Club, of which she is president. Mrs. Betts spoke on "England's Changed 1261-A Dainty and Attractive Dress Color Scheme", a subject in which she

Dear Miss Grey,—I have read so many different letters in your daily page, and certainly enjoy reading them. You deserve credit on your part for giving such good advice to the different questions put before you.

It's the old married women that make me laugh with their troubles. I am married myself for the last five years, being married at 20. Time just simply flies this last five years, and my husband cannot be beat. He is only a common farmer, but we take in all kinds of sports, more than before we were married. I have never had a chance to regret my step in life so far. I have two nice children to be thankful speaker stated that she was impressed particularly by the sight of those com-Please send above-mentioned pattern, as per directions given below, to ing home again from the trenches, broken and maimed. "They are not eager to talk," Mrs. Betts said, "one must question them, and it is not

pleasant what they have to tell comng back from that inferno." Visits to the war office, to the English hospitals, to Oxford, Liverpool and Salisbury Plain were all told of by the speaker. In the towns near the camp in which she was particularly interested the residents offered their bathrooms certain hours each day for the use of the soldiers, a privilege which was

CAUTION—Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of publication.

gladly accepted.

Her first few days in London, the speaker said, were as a confused blur. Small street lamps in place of the customary huge arc lights, the crowds surrounding the recruiting stations, the posters and banners urging men to recruit, glimpses of Belgian refugees on the streets of London, the parks with raw recruits training, and the noticeable fact that women were occupying gladly accepted. able fact that women were occupying

Don't ask for "tea." Specify many positions hitherto filled by men, were among the impressions that remained clearly.

In all walks of life, in motors, in the prove our superiority to anyone not "underground" at the theater. of extra profit. Generous sample or prove our superiority to anyone not at present using "SALADA." Address at present using "SALADA." Address Some very pathetic interviews with respect to the control of the control o shops, everywhere were women knitting. postal to "SALADA," Toronto, and say turned soldiers were described by Mrs. whether you use Black, Mixed or Green Betts, who visited many of the hospitals Betts, who visited many of the hospitals and spoke personally to those who had "THE HOUSE BY THE SIDE OF THE been serving in the trenches. Mrs. Betts closed her remarks by a quotation from an American friend, in which he stated "America is 90 per cent for

the Allies. Following the meeting, the early part In the peace of their self-content; of which was occupied with business. There are souls, like stars, that dwell matters, afternoon tea was served in the upper hall of the school.

WITH THE I. O. D. E.



meeting of the Muni cipal Chapter, I. O. D. E., is being held this afternoon Cronyn Hall, when mportant Lusiness will be discussed.

Less than a month ago the Lord Roberts Chapter, I. O. D. E. made an appeal the "Marys" of London and vicinity fo a pair of socks to be sent to the sol diers at the Canadian Military Hospi tal at Shorncliffe. The regent, Mrs. E. B. Smith, reports a splendid response from the "Marys", and two fine bales of socks were last week shipped to the hospital. Among those received since that time are from Mary Campbell, of London; Mrs. Eli E. Burrows, Tempo, Ontario; and Mary E. Kelly, Denfield, Ontario. The \$50 received from the Patriotic constipation, poison, waste matter, constipation, poison, waste matter, fermenting food and sour bile gently owards the motor ambulance for the moved out of your system by morning.

towards the motor ambulance for the Canadian Military Lospital at Shorncliffe has been forwarded to Dr. Armour. Word has come from Dr. Armour to the regent of the Lord Roberts Chapter, saying how gratefully the donations for the eighteen beds been received. The communication stated that too much couldn't be done for the hospital, as a great many Nor live in my house by the side of the the Canadian wounded and Canadian soldiers who are ill, are being cared for there, and the needs are constant-

> LONDON ADVERTISER COOK-BOOK

Recipes Supplied By Cynthla Grey's

Farmer's Daughter. Eggless Corn Cake.—One and a half cups buttermilk, 1 cup sour cream, 1 cup sugar, 3 cups cornmeal, 1 cup flou 1 teaspoon soda and pinch of salt.

A Reader.

Jersey Lily Cake.—Whites of 4 eggs, Hood's Sarsaparilla Cleanses the Blood, 1/2 cup butter, 2 cups flour, 1/2 lb. English walnuts, 1 cup sugar, 1/2 cup sweet milk, 2 teaspoonsful baking powder, body are both annoying and disfiguring. Many a complexion would be period. When a complexion would be period. Dear Miss Grey,—In the Mothers askpertiser I noticed "Auchentortie" asking. Many a complexion would be perand raisins over and then add the rest This disease shows itself in other of batter.

the muscles, a form of dyspepsia, and general debility.

Ask your druggist for Hood's Saraparilla. This great medicine AYLMERITE, NO. 2.

Ans.—Many thanks, "Aylmerite No. pletely eradicates scrofula. It purifies much."

Ans.—Source of the blood in the purifies of the

and enriches the blood, removes humors, and builds up the whole system. It has stood the test of forty years, and has stood the test of which is missing from "Aylmerite's" scrofula is either inherited or acwhich is missing from "Aylmerite's" scrofula is either inherited or accopy. In answer to "A Reader's" query
for a phrenologist, I do not know of
free from it. Get Hood's Sarsaparilla
fre

I just simply "a-door"

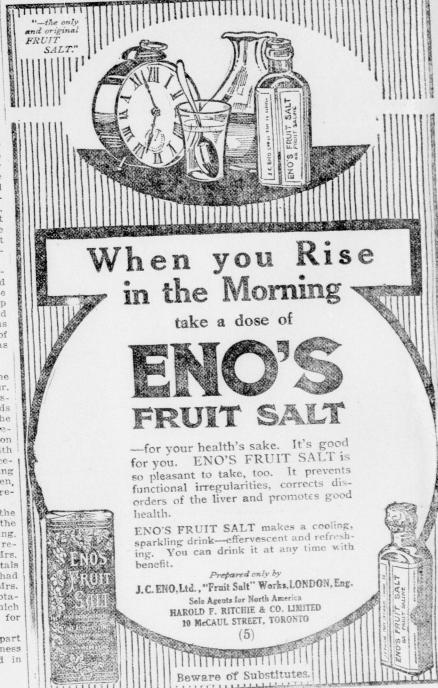
Lawrason's Ammonia

for woodwork. It cleans and brightens without leaving any soapy stickiness to catch the dust.

Ask for it by name-say "Snowflake."

5 and 10 cent packages.





"CALIFORNIA SYRUP OF FIGS"

Harmless "fruit laxative" without griping. Please don't think cleanses stomach, liver and bowels.

A delicious cure for constipation, liquisness, sick headache, sour stombiliousness, sick headache, sour stomach, indigestion, coated tongue, sallowness—take "California Syrup Your only difficulty may be in g of Figs." For the cause of all this distress lies in a torpid liver and gist for a 50 cent bottle of "Califor" sluggish bowels. A tablespoonful tonight means all gist,

HOW TO DRAW AUDIENCES. [Chicago Tribune.]

A Berlin dispatch says that the Philharmonic Orchestra of that capital will make a concert tour of Belgium. Even



An Expert In Charge

There is an expert dry cleaner in charge of that department of our business. Does that mean anything to you? To us it means firstclass work in record time. Give us a trial once. Send your clothes when next our wagon calls.

Parisian

Laundry

J. Chiera, Mgr.

Specials for Cooking Rhubarb, large bunch 10

of "California Syrup of Figs" as a physic. Don't think you are drug-

ging yourself or your children, be-cause this delicious fruit laxative can

not cause injury. Even a delicate child can take it as safely as a

Your only difficulty may be in get

rist, "I want only that made by the California Fig Syrup Company." This city has many counterfeit "is

ompelled to buy two seats and tak

To Remove Blackheads

Sprinkle a little Po Theoline (pro-

sprinkle a little Po Theoline (pio-curable at any drug store), on a hot, wet sponge, and rub briskly over the affected parts. Then rinse and note how the blackheads have disappear-ed. Anyone troubled with these un-sightly blemishes should certainly try this method.

For Salads

For other vegetables please make

ESTABLISHED 1894. ders received 7 a.m. to noo p.m., following morning. Mini-Telephone 2831. P. O. Box 275

in original packagesthen you are sure of

the genuine!

the Redpath Refinery in 1880-now with the modern 2 lb. and 5 lb. Sealed Cartons of Godball Extra Granulated

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SUGAR The inherited preference for Julian Sugar that exists in so many thousands of Canadian homes to-day, is based on genuine satisfaction for three generations. Satisfaction first with "Ye Olde Sugar Loafe", made in Canada by John Redpath 60 years ago-then with Canada's first Granulated Sugar, made by "Canada's favorite sugar, at its best"

