

Cynthia Grey's Answers  
Helps for Every Woman  
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# A PAGE FOR WOMEN

Daily Tea Table Talk  
Letters by Billie Burke  
Stories for Children

## Our Grandmothers Called Them "Love Apples!"



BY CAROLINE COE.

The excellent fruit of the tomato vine has had to make its way into the favor of the cooks of the United States slowly, although now it is one of the most popular of our many vegetables.

Our ancestors called tomatoes "love apples," and hung the vines with their brilliant red fruit about the kitchens for decorations.

Later the tomato sank into disrepute, as some one sent broadcast the startling theory that they contained the germ of cancer—that they were "pure poison!"

Now they are known to be extremely

nutritious and wholesome, having excellent laxative qualities.

No one in the United States ate tomatoes until after 1830, and the ways in which we serve them now are all concoctions of thoroughly modern cooks.

Plain raw tomatoes peeled and served very cold with French dressing make a most delightful hot weather salad.

Many old-fashioned cooks serve them with vinegar and sugar.

Most housewives think the finest tomato for cold meats is tomato catsup, for which I am going to give you the best of all recipes.

## New Ways to Fix Tomatoes

### TOMATOES AND BACON.

Cut large, firm tomatoes into thick slices. Do not peel. Fry in hot butter and place on platter. Broil or fry thin slices of bacon, place on top of each slice of tomato and serve. An excellent breakfast dish.

**TOMATOES WITH CREAM SAUCE.**  
Peel and slice three solid ripe tomatoes. Sprinkle with salt and paprika, dredge with flour, and saute to golden brown in three tablespoons of butter. Arrange on hot platter and cover with one cup of cream sauce.

**BROILED TOMATOES WITH CHEESE.**  
Cut tomatoes into slices one-third inch in thickness. Salt and dash of paprika, and arrange on a broiler. Sprinkle each slice with grated cream or parmesan cheese. Broil six minutes or until the cheese is melted. Serve as a garnish with lamb chops. The acid of the tomatoes makes a splendid relish with the meat.

**BAKED TOMATOES.**  
Select tomatoes as nearly of one size as possible. Peel and place in granite baking-pan. When many tomatoes are there are people to be served are peeled scores or cut across top of each about one-half inch deep. Fill this space with bread crumbs, butter and a little onion juice. Cover and bake in medium oven twenty-five minutes.

## Pickles Made From Tomatoes

**CHILI SAUCE.**  
Peel and dice one peck of ripe tomatoes. Chop six large peppers, twelve large onions and put in porcelain-lined kettle and add four cups of sugar, one tablespoon of celery and mustard seed in a bag and tie to side of kettle. Boil slowly until reduced one-half. Great care must be taken not to scorch.

**CATSUP.**  
[Make in August.]  
One-half bushel of ripe tomatoes, twelve big green cucumbers, two quarts of onions, nine stalks of celery and six green peppers. Boil all together until very soft. When cold put through a coarse sieve, then a fine one. Put into crock-lined kettle and add one cup of salt, three cups sugar, four cups vinegar. Put two ounces of whole mixed spice and a teaspoon of mustard in a salt bag and tie onto flange of kettle and allow to stay in catsup as long as it is boiling. Keep boiling until a spoonful, put in saucer, will drain no water to side of dish. Three hours should be enough time for boiling.

**RIPE TOMATO PRESERVES.**  
Peel eight pounds of ripe tomatoes, add seven pounds of sugar and the juice of four lemons. Let stand over night. Drain off syrup and boil ten minutes, skimming all the scum from top. Add tomatoes and boil gently 20 minutes. Remove tomatoes with skim-

mer and spread on dishes to cool. Boil the syrup down until one-half of the original amount. Pack tomatoes in glass jars and pour boiling syrup over and seal while hot.

**SHIRLEY SAUCE.**  
Peel and slice twelve ripe tomatoes. Chop four large red peppers and one large onion. Put in porcelain-lined kettle and boil until all will go through coarse sieve. Strain dice one cup of cold ham, chicken, veal or any cold meat or fish. Dice one cup of mushrooms and one-half cup of bread crumbs. Mix these with the tomato pulp. Season to taste with salt and a little paprika. Add one tablespoon of minced parsley and two tablespoons of melted butter. Mix all together and fill tomatoes. Bake twenty minutes in hot oven.

**TO PEEL TOMATOES.**  
To peel tomatoes put them in a wire basket and drop the basket into boiling water. The skin will then slip off easily.

**TOMATOES STUFFED WITH MEAT.**  
Scald and peel one dozen tomatoes of even size. Have them large and firm so that you can take a good deal of pulp out of the center. Mince one cup of cold ham, chicken, veal or any cold meat or fish. Dice one cup of mushrooms and one-half cup of bread crumbs. Mix these with the tomato pulp. Season to taste with salt and a little paprika. Add one tablespoon of minced parsley and two tablespoons of melted butter. Mix all together and fill tomatoes. Bake twenty minutes in hot oven.

## PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

**A Call Is Necessary.**  
Dear Miss Grey: Through the influence of a friend I was invited to a party, but at the last moment was unable to go. Please let me know if it is necessary to call upon the hostess.

A READER.

A.—Yes; you should call within a fortnight after the entertainment.

**To Stimulate Eyelashes.**  
Dear Miss Grey: I have poor eyelashes and should be very grateful if you could tell me what would make them grow. Hoping to see the answer in your columns soon and thanking you in advance, I am, very sincerely yours,

"GIVEN."

A.—The trouble with eyelash applications is that they are apt to get into the eye, and if they are at all of an irritating character, very painful.

Plain vaseline is good to stimulate the growth of eyelashes, or if you prefer, try this ointment: Vaseline 1 ounce, tincture of cantharides 1-16 ounce, oil of lavender 8 drops, oil of rosemary 8 drops. Mix thoroughly and apply with a tiny camelshair brush.

**"Handsome Is," Etc.**  
Dear Miss Grey: I am acquainted with a young man who has dark hair, brown eyes, a somewhat prominent nose, rather large mouth, and broad shoulders. Do you think him handsome?

I like this gentleman very much and would be glad to gain his affections. This, however, is rather difficult, as he is very popular with girls.

A READER.

A.—I should not imagine him to be particularly so from your description,

but "handsome is as handsome does," you know.

2. Don't make any studied effort to gain the man's affections. Be nice and ladylike whenever you meet him. If he finds himself at all interested in you he'll find a way of letting you know of his own accord.

**Sends Desired Recipes.**  
Dear Miss Grey: I see by The Advertiser a request for corn relish. Here is one:

Twenty ears of corn, four large onions, one large cabbage, two green peppers, two bunches celery, three cups sugar, half-cup salt, half-cup flour, two ounces of ground mustard, half a

teaspoonful of turmeric. Chop vegetables fine and bring to a boil in one and a half quarts of vinegar. Make a paste of the flour, turmeric, mustard and sugar, in cold vinegar. Bring to a boil and mix all together.

Ripe Cucumber Pickles—To six pounds of cucumbers, with seeds taken out and cut in strips, add one pound brown sugar and two tablespoons of salt. Cover with vinegar, spice to taste, and boil till tender.

Hoping this will be satisfactory, MRS. W. T. INGERSOLL.

A.—It is extremely kind of this Ingersoll reader to forward the recipes asked for by "Lys." I take great pleasure in printing them.

## Summer Girls' Bathing Suit

Just as fashions change in everything else, they change in bathing suits. And just as fabrics change for everything else they change for bathing suits.

And so it happens that this year the woman or girl who would be fashionably "suited" for the bathing beach will find that the styles have changed a wee bit, and that there are a number of innovations.

To begin with, a number of new materials have been added to the list of available fabrics, and one of these, the striped taffeta and tussure are added. And the list of trimmings has been augmented by plain and figured sponge, ribbed silk embroidery in wools, and polka dotted taffetas.

However, the first thing to determine in selecting materials for a bathing suit, is a color which will withstand the water and the sun.

Once the material has been determined upon, the fit is the next thing to be considered, for the ill-fitting bathing suit is quite as unpleasant as a thing as an ill-fitting gown of any sort. Indeed, the dress suit which the water seem to accentuate any de-

fects of fit which the bathing suit may have.

**Russian Blouse Effects.**  
Many of the bathing suits have been designed in Russian blouse effects. The Russian blouse, short skirt and bloomers complete the suit, which is one of the new things of the season. In some instances the blouse is worn over the bloomers and the skirt is entirely omitted.

The effect of the Oriental has also been felt in the bathing suit modes, and on many of the suits there are the striped sash and the tuff waist in brilliant color effects.

The caps to be worn with the bathing suits this summer are quite the noisiest ever, perked up as they are into sunny little knots.

One of the new features of the bathing costume is the corsage bouquet to be worn on the blouse of the suit. These flowers are made of rubber brilliantly colored, and add a most effective bit of color to the costume of the bather on the beach.

All in all, the summer girl is quite as fastidious about her bathing suit as about her party gown or her street frock, and she's always eager to have the latest and a bit different and a trifle more stunning.

## The Little Glass Slipper

AS TOLD BY AUNT GERTIE.

### CHAPTER I.

A whole group of fairies and elves and gnomes were sitting, one day, in a deep grove by the murmuring sea telling about mortals.

"My turn next," said a very small fairy, with very large eyes and long golden hair.

"I want to tell you all a story about a peasant whom I once knew."

"His name was John Wide, and he found a wee, wee glass slipper which belonged to one of our people."

"It is this story about the slipper which I am going to recount to you today."

"Once upon a time a man named John Wide was walking along the road and his eyes fell upon a beautiful glass slipper. He hurried to pick it up; pushed it into his pocket and walked on as fast as he could."

"Now, John Wide knew that some of the little people of fairyland lived near his house in the trunk of an old tree. He was sure, from the tiny size of the shoe he had found, that it must belong to some one of these magic folk. So what did he do but let them know that he had found this glass slipper?"

"How do you think he told them?"

"He didn't write a letter nor send a messenger. Instead he walked out to Nine Hills where the tree stump stands and shouted at the top of his voice:

"John Wide has a beautiful glass slipper. Who will buy it from him? Who will buy it?"

"You see he was pretty sure that the little fairy who had lost the slipper must go bare-footed until it was returned. And he meant to make the fairies pay dearly before they got it into their possession again."

"The wee fairy who had lost the slipper immediately commenced to plan a way of getting it back."

"The first day he had free from doing good deeds for good mortals he changed

into a merchant and started out for John's house in the village."

"He knocked at the door. John answered it."

"I hear you have a glass slipper to sell," said the fairy merchant.

"Yes, I have," said John. But he knew the man at the door was really a fairy so he picked his words carefully.

"I have a very nice, little, little glass slipper."

But the one I am going to tell you about is entirely different. This honeymoon was celebrated on the occasion of a golden wedding anniversary. The groom was just 70 years young, and his blushing bride four years his junior, was a fragile old lady, with soft, curling white hair, but with just as bonny a smile and kindly face as ever, at least that was what the husband thought.

Circumstances would not permit a journey 50 years ago, for money was scarce, and so after the ceremony in the little village church one fair June day, the proud young husband took his happy bride to the little cottage home, but they decided that some time, when business was good, they would slip away for a few days on their delayed honeymoon.

So the years passed, and they were very happy with their family of five sturdy lads, and one daughter, but somehow there never seemed to be an opportunity for the long-planned trip, and the patient little mother was kept busy mending clothes for lusty boys and preparing meals for hungry mouths, till the idea of the long-dreamed-of honeymoon gradually wore away.

It was big, generous-hearted Dick, the eldest son, "way out west in a cozy home of his own," that wrote to big sister, proposing that they send "Dear Old Dad and the Little Mater" out to see him, and the grandchildren they had never seen. Big sister jumped at the idea, and commenced directly to prepare a "trousseau" for the little bride for the honeymoon, that was about to be fulfilled.

It was not the trousseau that the average young bride displays, but big sister spared no pains to have everything neat, from the black dress, with its fluting, to the dainty lace bonnet with lavender ribbons to be tied in a bewitching bow under the chin.

Three days before the event the family tendered them a regular "shower" just like the really, truly brides, and all the old friends were invited.

And happiness reigned supreme. Just before the big puffing train that was to bear them to sunny Alberta pulled out the happy old couple drove up to the station in a cab bedecked with white ribbons, and with the conventional shoe for good luck hanging on the back, then Father helped Mother tenderly out and deposited her among many friends, who besieged them to offer congratulations and good wishes for fifty years of wedded bliss, hopes for many more years, and also a safe journey.

There was much shaking of hands, and laughter, with maybe just a suspicion of tears, and last of all—will you believe it?—there was confetti!

And when the train pulled out the friends saw a little old lady with a bouquet of white roses in her hand and a silver-haired man, waving a fond farewell to four big sons, standing with bare heads, and one sweet-faced daughter.

They had given their parting gifts, and a hearty send-off, but not everyone knew it was a honeymoon occasion, and that the bride and groom had reached their seventieth milestone!

Never massage for more than fifteen minutes at any time; too much friction is as bad as too little.

## The Poets' Corner

**SOUL AND BODY.**  
Poor Soul, the centre of my sinful earth,  
Fool'd by those rebel powers that thee array,  
Why dost thou pine within, and suffer death,  
Painting thy outward walls so costly gay?

Why so large cost, having so short a lease,  
Dost thou upon thy fading mansion spend?  
Shall worms, inheritors of this excess,  
Eat up thy charge? Is this thy body's end?

Then Soul, live thou upon thy servant's loss,  
And let that pine to aggravate thy store;  
Buy terms divine in selling hours of dross,  
Within be fed, without be rich no more.

So shalt thou feed on death, that feeds on men,  
And death once dead, there's no more dying then.

—W. Shakespeare.

## Daily Healthogram

The first thought in the hot weather should be how to save the babies. And the first act should be to see that the milk is pure and fresh and clean.

## Daily Menu

### TUESDAY.

#### BREAKFAST.

Bananas. Corn Flakes.  
Tomato Omelet.

Toast. Coffee.

#### DINNER.

Hamburg Steak.  
New Potatoes. Creamed Carrots.

Raspberry Pie.

#### SUPPER.

Sliced Tomatoes.  
Boston Brown Bread.

Stewed Peas. Cookies. Tea.

#### Three Salads.

One quart red cabbage, one quart boiled beets, two cups sugar, one tablespoon salt; one teaspoon black pepper, half-teaspoon red pepper, one cup grated horseradish. Put into jars, cover with vinegar, seal carefully to exclude air, and this will keep for months. Serve with fresh salad dressing.

One cup crisp celery, shredded; one cup tart apples, diced; half-cup English walnuts, chopped. Mix all thoroughly together and blend with mayonnaise dressing.

Allow three leaves of nicely blanched and tender lettuce, to each person, and arrange them on plates in the form of a nest. From Dutch cheese make balls the size of a walnut, allowing two to each serving. Cut pimento cheese into quarter-inch slices and allow one slice for each serving. In the centre of each nest of lettuce place a slice of pimento cheese, and on that the half of a walnut. Place a ball of Dutch cheese on each side of the pimento cheese, and over all sprinkle finely-minced olives and dress with a mayonnaise dressing. Set the plates in the ice box for ten minutes before serving.

## Our Moving Day Is Drawing Near!

## Our Prices Are Very Low

WATCH OUR WINDOW DISPLAYS.  
READ ALL OUR ADVERTISEMENTS.

### White Cambric Underskirts

Women's White Cambric Underskirts with deep flounce of fine tucks and finished with embroidery and lace, sizes 38 to 42. Clearing price, .....**69c**

Misses' White Cambric Underskirts with deep flounce of cluster tucks and two rows of insertion, and finished with lace and embroidery, sizes 12 to 16. Sale price, .....**50c**

**SHOP EARLY**

Remember, we close at 5 p.m. during August. Saturday, 10 p.m.

### Sweater Coats

Ladies' smart all-wool Sweater Coats, lovely fine weaves, the best on the market, in cardinal, gray, navy and tan, all sizes to clear at .....**\$3.50**

Children's and Misses' Sweater Coats, plain gray trimmed with red, navy with red and red with navy, sizes 6 to 14 years, at each .....**79c**

### Curtain Materials

All Curtains and Curtain Goods must go, all are reduced in price. Muslins, madras nets and scrims at... **5c, 10c, 15c, 20c**

Cretonnes and art sateens also reduced in price.

### Lace Curtains

Only a few lines left, but they must go.

All \$1.00 and \$1.25 lines for .....**89c**

All \$1.50 lines for .....**\$1.00**

All \$2.00 to \$2.25 lines for .....**\$1.50**

All \$2.50 to \$3.00 lines for .....**\$1.75**

All \$3.50 lines for .....**\$2.25**

All better grades for .....**\$3.00**

ALWAYS THE BEST OF EVERYTHING FOR THE LEAST MONEY.

**GRAY'S**  
LIMITED.

Drygoods, Millinery,  
Ladies' Ready-to-Wear  
Garments.  
Phone 1182. 150 Dundas.

**GRAY'S**  
LIMITED.

## Tea-Table Talk

[BY OLIVE.]

Here is a honeymoon that is unique and out of the ordinary line. We have had honeymoons spent in the arctic regions, honeymoons in air-ships and canoes, in fact anything with the spice of daring in it has been indulged in by honeymoons.

But the one I am going to tell you about is entirely different. This honeymoon was celebrated on the occasion of a golden wedding anniversary. The groom was just 70 years young, and his blushing bride four years his junior, was a fragile old lady, with soft, curling white hair, but with just as bonny a smile and kindly face as ever, at least that was what the husband thought.

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## KATHERINE LESLIE'S HOME HITCHAT

Dress Authorities on the Fall Fashions

Fall announcements for fashions have it that the narrow skirt will prevail again. The "pocket pistol suit" for example, will have two perfectly good patch pockets at the back, hidden by the coat. Suit coats will be from 36 inches to 41 inches in length. Evening coats will be in length from 41 inches to 45 inches and will be draped so as to be narrow at the bottom. Ton coats and motor coats will have a length of 48 inches to 52 inches.

Amongst the fabrics decided upon for the season are selected and velvety de laine and peau de peche will be recommended. For coats to be worn with plain skirts broadened eponge will be the fashionable material. For evening coats plush and wove cloth with moire finish will be worn. Shoulder effects will be long and the kimono sleeves will prevail for yet another season to the delight of all who love comfort and ease in their clothes. Three-piece suits with chiffon or net waists will be in evidence. We are assured that fall suits will be handsome and because of their handsome trimmings will be of handsome price! "The leading idea," I am assured by an authority, "is the cut-away coat, and on necks. Some of the of the model lines in the graceful shaping of the cut-away lines, and the shaping given to the terminal blunt point at the back. Blouse effects are combined with the cut-away feature, the peplum being either attached to the upper part, in a trimming effect, or the join concealed under a sash or girle. Many coats show the blouse only in front and are cut in one long panel at the back. Some of the late models show vest effects, and this feature promises to be stronger as the season advances. All suit coats are cut on straight lines and show no curves at the waist at all. Combination suits, with the coat in check and the skirt in plain, or vice versa, are very new and are expected to be important in the novelty line. Velvet and imitation fur are also combined with cloth. Modified drapery effects are a strong feature in the new skirts, the pleats that give this effect being introduced at the front and back and at the sides.

## FOR THE GIRL WHO CAN AFFORD "HAND WORK."



## Buttoned Belts the Thing

Suede belts that button are seen on some of the summer street frocks of thin material. The buttonholes are simply slits in the suede, and the buttons are big round brass ones. There are three buttonholes, so that the belt can be adjusted to the individual waist as easily as a buckled belt can be.

Leather belts of all kinds, by the way, are much worn with linen and cotton frocks. Some of the figured muslin frocks show belts in the darker color found in the figured design.

Black patent leather belts, both narrow and wide, are worn with other wash frocks.

## ATTEND OUR JULY FURNITURE SALE

Clearing all Refrigerators and Verandah Chairs at half price.

**H. Wolf & Sons**

263-265 DUNDAS STREET.

Near Wellington.