

THE HEART DEPARTMENT

Why Some Wives Board

If you chance to see a fine, buxom, healthy looking married woman, who to all intents and purposes makes the best kind of a housewife, coupled up in the back room of a boarding house, don't think she has the best reasons for boarding.

Before you pity her husband for being deprived of the comforts of home, and who must be cramped up within the four walls of a narrow room in the chill of winter and the heat of summer, let us look into this state of affairs a bit.

Deep down in every woman's heart is the love and longing for a home of her own, a domicile, be it ever so humble, where she may reign queen. She can make the living room the most comfortable place on earth, serviceable rug on the floor, a substantial table with the latest magazines for her papers, deep, roomy, comfortable chairs scattered here and there; a canopy and red blooming geraniums in one sunny window and a globe of goldfish in another. A few inexpensive prints she fastens on the walls. The dining room is equally cheery, and the kitchen would tempt the most jaded palate. Bedrooms are inviting that they would woe slumber in spite of all efforts to keep them so. These and all other contrivances are within a woman's province, to make a home the dearest spot on earth, a veritable paradise. It is the supreme ambition of every woman to make just such a home for the man she loves well enough to wed. In some instances there is a serious drawback in this dream of a happy home life for the woman. How long could she enjoy such a paradise if there were any coming in to keep the pot a-bolling?

There are some men who cause the most patient wives in the world to live a life of horror by their refusal to provide the money for the upkeep of the home run on even the most economical lines. They have the where-with to provide but elect to spend it elsewhere. With a landlady threatening eviction every other month, the tradespeople angry and insisting upon payment of their bills, the husband night going to bed supperless, with all that the landlady has to say about it, wouldn't such a woman find the cheapest boarding place as a harbor of refuge? The landlady of the boarding house will stand no nonsense. The husband is forced to put up the stipend for the keep of his wife and himself. Generally there are two sides to the story when a man and his wife board continually.

A wife writes me: "Please say something about married couples boarding above all about wives who have to give up dear little homes because their husbands won't put up enough to keep them." Mrs. W.

There are few trials harder for a wife to endure than to endeavor to live out the cost of living in a home with a husband who is able but too stingy to provide it. Consolation is what this wife needs, and not advice. If her coaxing, tears and her pleadings have proven of no avail to her husband, she has a little home of her own I agree with her that there is no other way to force her husband to support her than to board—a dreary life at best.

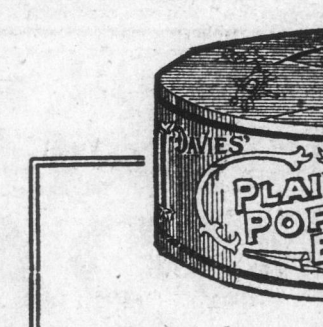
Give Her a Chance.

"Dear Miss Libbey: Over a year ago I had a very hard time of it. I was a widow with another woman about 9 o'clock in the evening, and this other woman proved to be my wife. My wife wouldn't acknowledge it, but when I brought her proof she did and said she happened to meet this gentleman and he asked her to be a glass of beer, which she accepted. But she swears on her knees that she is innocent of any wrong. Now I have worried a lot and have made up my mind to look at comfortable and convenient to laundries, are most of the summer garments designed for children. Exposure to the sun, used in the illustration, a delectable, with bands of darker blue, embroidered in dull red, with over-collars and turn-back cuffs of soft white linen. It is the same of simplicity, yet undeniably fetching, even for the small fry go this season.



Jane Adams, the Chicago power among suffragettes, was the one woman among ten secondaries to the nomination of Theodore Roosevelt. Miss Adams' social work is widely known. She believes that the Progressive party, which she supports, stands for the improvement of social conditions. And that party has pledged itself to the securing of equal suffrage to men and women.

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You may have tasted pork and beans often, but never any so generously delicious as DAVIES' PORK AND BEANS.

DAVIES' PORK AND BEANS. The name DAVIES stands here, as always, for high quality strict purity and biggest value. Order DAVIES' Pork and Beans to-day and learn how good they are.

In 10c, 15c, and 25c tins. At your grocer's.

THE WILLIAM DAVIES COMPANY LIMITED TORONTO

mind to separate, as I have lost all confidence. What is your advice? I may state we have been married over twenty years and have a family of three children, 13, 15 and 17—two boys and a girl. Edward."

I think you had better give your wife a chance. It seems pathetic to me to think that after twenty years of married life, it should end so. Think it over carefully and I am sure you will give your wife another chance.

In Love With a Doctor.

"Dear Miss Libbey: I'm in love with a young doctor of 30 to 33 years in a neighboring town. He is handsome and of a very reserved disposition, and, judging from the favors bestowed upon him by the young girls and marriageable women of his town, he is the most eligible man in town. He is not much of a converser with the opposite sex, though sometimes he will be quite talkative and jolly."

I met this doctor over a year ago, with the fatal result of falling in love at first sight. I am now in a very fair way with any one when I choose, but when in the presence of this party I am so severely rebuffed, and what I do say is usually just what I have not intended to say. I have tried to overcome this embarrassment but am unable to do so, and of course it places me in a position which is not my natural self. Not living in the same town, I see him but seldom, and that mostly through a business standpoint, and this great embarrassment makes it very unpleasant.

I don't believe you could interest the fellow greatly in you. I would suggest that you make up your mind to do so. If you wish, I am a good converser, and I am able to converse as freely, if not more so, than any party with which I have met. I have met a number of eligible young men, but no one has especially interested me, even the one who have diligently tried to get me interested, but without avail—and now, though no one is a friend, I am in question, is aware of my interest. I have become deeply interested in a party who means more to me than all other men in the world, only to make a miserable failure of myself; and now I would like to know the best way to forget, if such a thing is possible.

"Dear Miss Libbey: I am a handsome young man of 18. I am quite popular at the office where I am employed. I am a girl who is tall and thin, and she is good looking and that I am crazy about her. I have a valuable ring that she always wants me to let her take. She says that she has done everything she could think of to let me know that she is about four years older than I. I am 23 and she is 27. I have given her some tokens of friendship and she seemed to appreciate them very much. Please tell me how long her love, or what will I do any way?"

Another "Handsome One."

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Her Husband Died.

"Dear Miss Libbey: Several days ago I received a sad letter from a former classmate. Her beloved husband died. She missed him keenly. They bought a nice home and about two acres near a city where they were married. They have valuable things in their store. She is a teacher and works today. Her father and mother have moved in to be with her. She said that she did not know what the future has in store for her. She was going to name me as one of the pallbearers. I was too late to attend it. I did not go there on the same day."

I don't know what you can do for the present except write her a nice letter telling her how sorry you were to hear of her husband's death, but that you did not hear her letter in time to be one of the pallbearers. Later, when she may be interested in young men, perhaps she might consider your suit favorably. In the meantime be as considerate, courteous, and kind to her as you know how to be.

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The Sale That's Caught the Town

Mason & Risch's Great "Forced Removal Sale"

of Pianos and Player-Pianos---The Sale that's caught the town, smashed all price-cutting precedent, jarred competition, and set the pace in profit sacrifice.

Marshall-Boudoir size, in excellent condition. Would make a very good practice piano. Originally cost \$300. Now \$125

Gerhard Heintzman—Large upright piano, Circeanian walnut case, looks like new; original price was \$425, take it for \$295

Williams—Full sized upright piano; good tone and light action. A bargain for some one; cost new \$450. Yours for \$215

Mason & Risch—Upright piano, Corinthian design, figured dark walnut case. One of our most handsome and attractive styles; slightly used. Sells regularly for \$525. Sale price \$423

Mason & Risch—Grecian design, upright. An unusually attractive piano, used less than eight months. Some one will select this without hesitation. Regular price \$525.00. Now \$387

Newcombe—Full scale upright Boudoir grand, mahogany case. But very little used. New \$450. Sale price \$307

Henry Herbert—Mahogany case upright piano, of our own manufacture. Slightly used, but practically shows no wear. No mistake can be made in selecting this reliable instrument. Sells new at \$425. This one for \$328

Mason & Risch Player-Piano Concert size; case was damaged in shipment. Has been used in our player-roll department as demonstrating piano. Plays either 65 or 88 note music. Regular price was \$1,000. Consider yourself lucky if you can get in early enough to get this one for \$775

And many other Bargains too numerous to mention here, including Weber, Dominion, Steinbach, Harmonic, Classic, Heintzman, Bell, Henry Herbert and Kreisler---Prices from \$185.00 to \$367.00.

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BECOMING NECKWEAR

On certain of the newest summer frocks made of medium weight tub material, the neck is cut out to a line four inches below the collar, and their necks are of a more sheer yoke. The material of one pretty model is heavily embroidered and scalloped where it laps over the yoke, while on another there is an upturned plating of three-quarter inch lace insertion where yoke and garment join. Some of the richest hand-embroidery is put upon the chemise or panel used across the front of gowns, on which a fichu is draped, and this work is shown to best advantage below the plainest possible yoke, says The Woman's Home Companion.

Notwithstanding the definite lines that fashion draws around our throats we reserve the privilege of changing her models to suit the earlier lines of our requirements. The definite lines are variously poised; throats are not all like the lily, and we have learned to accept of each according to our requirements. There usually is possible some slight modification by which the general outline of a fashion may be retained, while a specific part is brought into harmony with each wearer.

This most fashionable round outline is not, it must be admitted, universally becoming. It belongs to the beautiful and to that minority among older women who are charming in contour and of perfect proportion. For the great majority of fair looking people who have, after all, much to show for their youth, the round outline is less becoming. It is better also for the pretty young girl with the long slender throat, and even a shade more becoming to her is the oval or the oblong square which is cut rather high at the back and in front, while it widens out toward the shoulders.

When the neck is long the V-shape opening and the deep perpendicular round cut-out in front should alike be avoided since their tendency is to cut rather high at the back and in front, while it widens out toward the shoulders. Exactly the reverse rules obtain for all who have short necks with a leaning towards plumpness. Any line that is high in front cuts off instead of carrying down, whereas the long square and the close V-shape add to the throat in length. A generous square or Dutch opening is often becoming to the stout, but there is no real reason or excuse, except one of dignity, for the high collar or the short neck. If it be found desirable for street wear, it must be fitted to that nature has drawn for each of us. If it be found desirable for street wear, it must be fitted to that nature has drawn for each of us. If it be found desirable for street wear, it must be fitted to that nature has drawn for each of us.

If all the women who are blessed

with a well-rounded throat, could realize the improvement in outline were they to adopt the fichu, there would be a rush for that quaintest of shoulder draperies. When worn by the too thin woman, the fichu is a veritable mantle of charity.

But of all the impossible methods in the making of the high collar, none is so fatal as that which imagines the lining a necessity. All grace of line and of motion is eliminated, when neck fixings are thus padded out. The thinnest of silk mousselines should be used as a collar and yoke foundation, if lining there must be, to hold old lace together and all double turn-downs as well as machine stitching should be dispensed with about the neck of a gown.

Good Housekeeping

By Jane Eddington.

BAKED POTATO

The most easily digested potato in the world is one that is perfectly baked. And nothing is much more attractive than a clean skinned, perfectly baked potato. It is good for children, it is good for grownups who like it so, served with just salt and milk or sweet new cream. When more fat is needed we must use butter, the best butter.

Lefover baked potatoes can be most palatably prepared, and when we wish to get the benefit of the baking process for our potato for the sake of the invalid or those of delicate digestion we may bake, mash and then put the potato back into the skin, seasoning and dressing it hot as we will. But the advantage is lost unless a potato is baked in a rather hot oven, not hot enough to burn the skins, but hot, and turned over once or twice, since the heat is often strong enough from above to burn.

Some people handle their baked potatoes as they would handle eggs, taking them one by one from an oven with the door but slightly open, pinching them to get out the hot steam, etc. One who was particularly about her baked potato once contributed the following recipe:

"Baked Potato—There are baked potatoes and baked potatoes. Of course, the quality of the potato is most important, for in no other way of preparing potatoes does the quality count for so much. First scrub with a small brush, keep for the purpose, until perfectly clean. Blemishes that may be lightly scraped away may be removed, but if the blemish be such as to require cutting put aside the potato for use in other ways. Neither too large a potato nor too small a one should be used.

Large ones dry out too much in the baking. When the potatoes are ready put them into a hot oven and keep it so until they are fully baked, which should be in about three-quarters of an hour. Be as particular about your oven for baking your potatoes as you would if you were baking cake. Just as you remove the potatoes from the oven strike them, causing them to pop open. Put in a bit of butter and send to the table immediately."

Fine Baked Potatoes.—Wash and prick each potato half a dozen times with a two-tined fork and bake in not too hot an oven.

Baked Fluke Potatoes.—Scrub and bake large sized meaty potatoes. Remove the end of each, scoop out the inside, mash, add butter until as light as snowflakes. Season with salt, pepper, and butter and return to the potato skins, kept hot in the oven.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Bears the Signature of

Dr. J. C. Fletcher

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If You Destroy Flies for Sanitary Reasons

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POISONED Flies drop into the food, the baby's milk, everywhere, or are ground into the carpets, rugs and floors. A poisoned fly is more dangerous than a live one. The poison is an added danger and does not kill the germs on the body of the fly. Fly traps are offensive and unsanitary, the care of them disgusting. The fly destroyer that catches both the flies and the germs they carry and coats them over with a varnish from which they never escape, is

Tanglefoot Fly Paper, Non-Poisonous, Sanitary

Sold by all first-class grocers and druggists



Lillian Russell Beauty Secrets

Questions? A Detriment to Beauty

No one who values her personal attractiveness will eat onions in any form. The Germans will tell you that they are healthy and strength giving. The Italians will tell you that no Italian dish is perfect without garlic. But the high class French people, although they eat garlic, do not eat it in the form of a salad. In fact, in engaging conversation, the mistress makes it a stipulation that she refrain from eating garlic.

There is an odor about garlic and onion eating people that is unmistakable. They may be healthy, but they are not as many healthy people who do not indulge in odor distributing foods. Singers fancy that raw onions give strength to the vocal chords and they eat them for that purpose, but voice is a form of mental expression. It does not require material aid to assist it in being heard.

There are some people whom onions make ill, and I am one of those. I can neither eat onions raw nor cooked. The odor of onions on a person's breath makes me absolutely loathe them.

I think the food we eat should be selected as much for the after effect as for the present taste. Coarse food makes coarse people. Take for instance the peasants in Italy or Germany. They live on coarse black bread, cabbage and onions. Their skins are examples of coarse living, thick, greasy and purplish in color. Refinement in eating is as necessary to a refined appearance as is refinement of thought and action, so that the onion if you would have a fine skin and delicate breath.

Some people are so refined inside and out that their very presence is refreshing. To appear among refined people reeking with an unpleasant onion or garlic is a direct insult to them.

Remember: Real beauty carries with it a perfect aroma.

MARION: Sulphur is good for purifying the blood. If you cannot get a half teaspoonful of dry mix one tablespoonful of molasses to two of sulphur. Take a teaspoonful each morning for three mornings, then stop for a morning, then take it for three mornings. Do this about two weeks. I cannot give you advice about a goat. I would advise you to consult your physician immediately before the growth gets any larger and causes you much discomfort.

MRS. K. K.: Deep breathing is good for filling in the hollows in the neck. Also massage cocoonut oil or a good skin food into the hollows. Massage the face with a good skin food daily—before retiring is best—and leave a portion of the food on during the night to become absorbed.

Make some new

Body and

Brain Tissue

every day or

You Drop

Back.

Right Food is

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Grape-Nuts

food is made of selected parts of wheat

and barley that furnish the natural

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The nervous system controls the digestive machinery, and the brain directs the working and money-making power.

Ten days on Grape-Nuts regularly will show you.

"There's a Reason"

Read "The Road to Wellville" in

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