

A Stitch in Time

HERE is a homely old proverb which tells us that "a stitch in time saves

If the man who said it first had been thinking of health, he would probably have said that a stitch in time saves nine hundred and ninety-nine, so important is it to repair those first tissues that become impaired by ill-health.

This is no new doctrine. It is as old as man. Unfortunately (to paraphrase another proverb), we too frequently put off until to-morrow what we ought to do

Failing to repair the first tissues that need repair, allowing the malady to con-tinue unchecked, other tissues become impaired, for all parts of the body are symnathetic.

The trouble spreads. And—then comes the rent. Nervous disorders may show themselves in various ways, such as sleepvous prostration and exhaustion, while later developments take the form of paralysis, locomotor ataxia, or some form of

Strangely enough—all these symptoms re preventable, if that stitch had been taken in time. It is here that Dr. Chase's

Nerve Food becomes important. We do not say that it is the only means of preventing the rent, but we do say that many years of experience have proved its value as a repairer of wasted nerve tissues that have become weakened by overwork, anxiety, or other causes.

When we say that the value of Dr. Chase's Nerve Food has been proved we are speaking by the beek. We might, at considerable length, tell you why Dr. Chase's Nerve Food will make that stitch if taken in time and prevent the rent, but we have always proceeded upon the idea that people are more interested in knowing what has been done in cases similar to their own.

Mrs. W. T. Abbott, 536 Paterson street, Peterboro', Ont., writes: 'My system was in a run-down condition, and I was troubled with nervous-ness and sleeplessness. For some time also I had been bothered with neuralgia, and although I been bothered with neuralgia, and although I tried many remedies, it was without success. Upon the advice of a friend I commenced using Dr. Chase's Nerve Food, and soon found that my neuralgia was cured, and I have not been troubled in this way since. I also find that now I can eat and sleep well, and I give full credit for this great benefit to Dr. Chase's Nerve Food. I might also mention that I had lost considerable in weight, but after using the Nerve Food I gained back the flesh I had lost."

Dr. Chase's Medicines are sold by all Druggists and Dealers in St. John's and the Outports. Wholesale quotations from GERALD S. DOYLE, Sole Agent, Water Street, St. John's.

VictoryMessages

Dept. of Colonial Secretary, 15th November, 1918. Sir,—I enclose herewith copies of respondence between His Excelcy the Administrator, the Govmor General of Canada, and other ersons, the publication of which will of interest to the General Public. I have the honour to be, etc., W. W. HALFYARD,

itor Evening Telegram. From Channel

To His Excellency the Administrator of Government of Newfoundland. Channel sends congratulations on the glorious news received this morn-

ROBT. T. SQUAREY. Stipendiary Magistrate.
To Stipendiary Magistrate, Channel. Thanks. Armistice came into effect to-day. To-morrow will be proclaimed as a general holiday throughout

ADMINISTRATOR.

From Whitbourne. To His Excellency the Administrator I very humbly and heartily extend to Your Excellency as the Representative of our Gracious Soverign my felicitations on the termination of the war which has brought so great glory to the armies of our Empire and we may believe is the prelude to the establishment of a lasting peace throughout the world.

To Sir Robert Bond, Whitbourne. Thanks for your wire. It is indeed a glorious triumph for our arms. ADMINISTRATOR.

From Placentia. To Sir W. H. Horwood, Administrato Thank God for Peace with victor: for Allied arms.

W. J. WALSH.

W. J. Walsh Esq., Placentia. I have wired you His Majesty's message to his Overseas Dominions and can only add heartfelt thanks that our arms have won such a glorious vic-

ADMINISTRATOR.

Felegram From Governor General Canada.

rejoice with them upon the victorious issue of the great conflict to which we have devoted our united energies riumph of those principles of liberty and justice upon which our Empire stands. The Canadian people will ever remember the splendid valour or two poles only being broken. shown by your sons on the field of battle in defence of all we hold dear and they trust that with the advent of peace Newfoundland may enter upshown by your sons on the field of on a new era of progress and pros- 203 Water Street .- nov29,

DEVONSHIRE. Telegram to Governor General, Canada (Sent November 15th, 1918.)

Ministers join with me in cordially thanking you in the name of the People of Newfoundland for your gracious message of congratulations and rejoice with the Government and People of Canada upon the achievement. now assured, of the objects for which the war was entered upon by the Empire and in the attainment of which the Canadian troops had so glorious part. Fighting side by side in the battlefield our peoples throughout the terrible and protracted struggle have been welded together through services and suffering in common and we confidently hope that mutual good-will and consideration, fostered by our respective Governments, will further strengthen the tie which so closely unites the sister Dominions. HORWOOD.

Here and There. For Coughs and Colds use STAFFORD'S Phoratone.

GOVERNOR COMING Sir M. P. Cashin, Acting Prime Minister, received a wireless yesterday, stating that Sir C. A. Harris would arrive here today by the armed cruiser Beyano.

When you want Steaks, Chops, Cutlets and Collops, try ELLIS'.

C. L. B. PARADE. The C. L. B. will parade to attend St. Thomas's Church to-morrow at 2.45 p.m. Exmembers will also participate in the

When you want Roast Beef, Roast Veal, Roast Mutton, Roast Pork, try ELLIS'. / PRELIMINARY HEARING. - The

preliminary enquire into the recent harbor accident, wherein Reid's steam launch collided with a boat containing several men, resulting in the drowning of Robert Birden, will be heard this afternoon before Judge Morris.

STAR OF THE SEA ELECTIONS. A special meeting of the Star of the Sea Association will be held to-morhow at 2.30 p.m., for the purpose of nominating candidates for office for the ensuing year.



Tidal Wave At Channel.

Canada.

(Recd. 13 November, 1918.)

The Government and people of Canada send greetings to these of the sister Dominion of Newfoundland and rejoice with them upon the victorious

Recording to a message received in the city yesterday from Channel, an easterly hurricane with a maximum velocity of 97 miles an hour, blew over the West Coast on Thursday at 1 p.m., doing great damage. Also, a tidal treated at Queen Mary Hospital, Lansent. Over 100 are ill of inflamentary in the Canadian Infantry, stating that following shrapnel wound in the face, received at the battery, stating that following shrapnel wound in the face, received at the battery shrapnel wound in the face, received at the bat wave at Channel, swept the waterfront, destroying wharves, stores, turing the past four years and on the stages and boats. In the telegraph office at Port aux Basques, one of the chimneys was badly damaged. The chimneys was badly damaged. The (Nova Scotia Battalion) at Sydney

ENGLISH MAIL. There will be an

In Hospital.

Mrs. T. J. Lee, Riverhead, St. Mary's According to a message received in has received a message from her son, of New Gower Street. Two was treated at Queen Mary Hospital, Lan- sent. Over 100 are ill of infine cashire, from which institution he ex- Garnish, and several deaths con pects to be discharged shortly, his there. Two casses have deve wounds being nearly healed. Pts. Musgrave. telegraph lines suffered but little, one three years ago, and has been in many engagements since going across, for-

tunately escaping any serious wound. GOLDEN WEDDING. - Congratu- C. C. C. Band which, directed W lations to Mr. and Mrs. Robert C. Arthur Bulley, will act as the

The Epidemic

Grenfell Hall yesterday-Mrs. No.

The Klark-Urban Co. haw lucky in securing the services Cowan, who to-day, are celebrating chestra in the plays to be put the golden anniversary of their wed- them in the Casino Theatre. ding which took place at the Bishop's as if this season of the popular English mail closing at the General Palace, Montreal, on November 16th, pany will be even more see Office on Monday at noon. 1868, the Rev. Canon Fabre officiating, than that of last year. 1 1868, the Rev. Canon Fabre officiating. than that of last year.

THE LAW REQUIRES

That You Deliver 49 Pounds of Approved Substitute with each

You Must Obey.

Barrel of Wheat Flour.

OUALITY OAT FLOUR is an Approved Substitute which You Can Buy in 49 lb. sacks from

> Ayre & Sons, Ltd., Jas. Baird Ltd., Bishop Sons & Co., Ltd., C. P. Eagan, T. J. Edens, Monroe & Co., Royal Stores, Ltd., J. D. Ryan and Steer Brothers.

Look for the Brand-Quality. Colin Campbell, Ltd., Distributors.

Are you carrying enough insura t WE can protect you. the "Wizard of the North," Sir wellst, thought so well of the SCOT wellst, thought so well of the SCOT west. Governor in 1824. Faithful

Total Assets exceed Write or phone us. Phone 380. NFLD.-LABRADOR EXI

Police Court.

lm andy manufacturing company ed by Health Inspector O'Brien, ling to have proper sanitary additions in their factory, a layatory for both sexes emblame, and fined the 10 or 30 days.



Your RHEUMATISM FREE

ed his rheumatism after he had d tortures for thirty-six years. ent thousands of dollars before ed the remedy that cured t you suffer from rheumatism let send you a package of this remedy are suffering the same, way. Don't.
don't need to. I have the remedy
I believe will cure you and it's
so for the asking. Write me toF. H. Delano, 808-N Delano Bidg.,
acuse, New York, and I will send
r Canadian Laboratories without

Til Orders for Delano's Rheu-Conqueror will be filled from Canadian Laboraties without

amage Amount phy. Го \$20000.

Alex.

Mauri

eputy Minister of Justice re-he following message this Nov. 15.—Have visited ay's storm and high tide. I Thos. ate loss in Channel Harbour Norris, to be about \$20,000. This does Port aux Basques or ROBT. T. SQUAREY.

ies Two Miles a Minute.

ling.—A new record time for Menne blane flight between Dayton, market, Pittsburg was claimed to-mes M. Schoonmaker, Jr., Vice-President of the Pitts-the way, Lake Erie Railroad, who quality distance of 228 miles in a specialt battleplane in 1 hour and known land average speed of a favori two miles a minute was where i maker, who is chief the of the Dayton-Wright Airmpany, received a telephone
that his father, who just
ergone an operation, was
ill. He immediately decided
a flying visit to his bedside
ined permission to use a De

ined permission to use a Debattleplane. With Howard t as pilot, he left Wright ayton, at 11.15 a.m. and land. In a pilot, he fastest precord airplane time bettween and Pittsburg was 2 hours in the state of the sta

Brigus, v re Throat and Hoarse-striking new black Nyal's Throat Pastilles, new blad get away the S. W.

hat We Have Done For Otl Can Do For Yo

oney. During the past five years then the made investments for clie id, and are now paying, annual cast 48 per cent, and we repeat against possible.

ly you cannot get such big earning and on his \$1,000, but when all the added together, the result means I why we ask you to share in our pick any flaws in our argument, where the KNOW we can PROVE 15 PER CENT. ON YOUR MO

J. J. LACEY & CO.,

NEW HATS!

We announce that with the arrival of the steamer from England, a day or two ago, we have opened up a splendid selection of LADIES' FALL and WINTER HATS.

The models now being shown offer such wide latitude for choosing that you can find a becoming hat quickly and satisfactory. We invite you to pay us a visit and inspect our stock.

NEW GOODS FROM ENGLAND BEING OPENED.

Seasonable Items At Cut Prices

BLANKETS.

SERGE. That much wanted material in

Navy and Black; is 56 inches wide and of an extra good quality. As there are only two pieces left we recommend that you come early. Worth

LADIES' HOSE.

**Tached; roomy sizes; sizes from 14½ to 17. Regular price \$1.30 each. Sale Price, each. Sal that you come early. Worth \$5.50 yard. Sale \$4.40 Price, per yard.

A few odd lines grouped under one price; sizes 20 to 30.

Made of strong linen and fitted with lasting suspenders. Reg. price \$1.20 to \$1.30 pr. Sale Price, pr. \$1.10

MISSES' FLETTE UNDERSKIRTS.

be judged by a comparison of this price with the present day prices. Made of heavy White Flannelette; some with V necks, others with collars. \$1.98

Store

These cold mornings require A special line of Blay Turkish extra bed covering. Double bed Towels. We offer these at a small size of a very fine quality, well margin of profit in order to clear. Here's a warm working shirt size of a very fine quality, well margin of profit in order to clear. Here's a warm working shirt that will give you satisfaction made in fancy colored borders. Sizes about 18 x 24 inches. Excellent in wear Have breast pockets

LADIES' HOSIERY. A special lot of Ladies' Fleeced Hose. We are delighted to mention Shirt for the working man. Pat-Navy and Black; is 56 inches these because of their excellent value. terns not too light, collar at

LADIES' HOSE. Also a line of extra heavy weight MEN'S WOOL UNDERWEAR.

Fleeced Hose. These are plain with to give good wear. Reg. price 69c

75c. Sale Price, per pair.... 69c

CORSET COVERS.

The ever popular Fleeced Corset per garment Sale Price, per garment 82.35 ribbed garter top; full length. Sure

wear; high neck, short sleeves, buttoned front. Sale Price, each 85c

Here are real serviceable Caps for Sale Price, per pr. \$2.20.

LADIES' GLOVES. Just arrived, a special line of La-

· WOMEN'S FELT JULIETS. Colors Wine, Grey, Navy and Brown; sizes 3 to 7. Reg. price

Just arrived from the Old Country a superior lot of Velveteens in all shades; widths from 18 inches to 30. Suitable for trimming, also would make drasses and costumes. Colors

We have about 6 dozen Grey

Flannel Top Shirts, for men. Here's a warm working shirt

A heavy Striped Flannelette

"It pays to buy good under-

Closes 9

ALEX. SCOT 18 New Gower St.