HOUSEHOLD HINTS

PULLED BREAD.-This is esten with when it is all but done and tearing regular pieces; place them on a but-

CURTAINS .- Curtains of scrim, good which will fit any room ; neat odd chairs or the parlor in place of a gaudy "set" plush or velvet, a few pretty ares and plenty of towels and bed ien, denote the artistic and neat house

SPONGE CAKE .- This can be made by aking four eggs and separating them dd to the yolks one cup of powdered ugar, a very little salt, four tablespoon-uls of water and a large teaspoonful of bitter almond extract; beat ail together until very light. Have a cup of flour sifted, to which you have rut as much sode as you can lay on a three cent piece and as you can lay on a three eent piece and an even teaspoonful—scant—of cream of Tariar. Beat the whites of the egge to a stiff froth, sir them into the going out of fashion yet a while. age to a stiff froth, stir them into the latter after the flour. Bake in a slow or after the flour. Bake in a slow to be the cut in two when cold. Spread to cream all oran papers and all oran all orange.

add one egg, a gill of milk, salt and pepper to taste; then beat the potatous until very light. Pick and scald one pound of boneless salt cod; drain and scald again. Now press and shred the most refined taste in the most refined taste in the world.

Enrich the Blood by the use of Mil onful of butter in a frying pan, add we tablespoonfuls of flour, mix, and ld one pint of milk and stir until it boils and thickens; add pepper to taste.

Grease a small pudding mould, and line
the bottom and sides with the potatoes Add the cod to the cream sauce and fill they ever were, according to the bulletin in the center. Cover the top with a in front of fashionable quarters. hick layer of the mashed potatoes, and bake until a nice brown. When done turn it out and serve.

Dange, ous Counterfelts.

Counterfeits are aiways dangerous, nore so that they always closely imi-TATE THE ORIGINAL IN APPEARANCE AND NAME. The remarkable success achieved by Nasal Balm as a positive cure for Catarh and Cold in the Head has in-deced unprincipled parties to imitate it. The public are cautioned not to be de-ceived by nostrums imitating Nasal Balm in name and appearance, bearing such names as Nasal Cream, Nasal Balsam. Ask for Nasal Balm and do not take imitation dealers may urge upon you. For sale by all druggists or st-paid on receipt of price (50c and \$1) by addressing Fulford & Cc., Brockville, Ont.

Their Genius Was Unknown. Burns was a dull boy, good at athletic

Poe at West Point was a laughingstock to his school mates. Byron at Harrow was in no way dis-

tinguished above his fellows. Scott tells in his "diary" that for a time he was underrated by most of his your lungs cannot half do there work.

Companions.

And what they do, they cannot do

Napoleon and Wellington in their school days were distinguished only for Call it cold, cough, croup, pneumonia, Balzac's family were sarcastically in-

dignant at his presuming to believe he could write. Sheridan's mother presented the future

dramatist to a new tutor as an "incorrigible dunce. Bismarck once told a friend: "My poor old mother never would believe that

there was any good in me," Goldsmith, up to the time of publica-

tion of "The Traveller," was looked upon as an idiot by almost all who knew him. Afterward he was dubbed an inspired

Montaigne tells us in his "Essays" that his efforts to become an author were laughed at in his own province.

Not a Book Agent

Mr Goode, druggist, is not a book agent, but has the agency in Goderich for Johnston's Tonic Bitters, which he can heartily recommend for any com-plaint to which a tonic medicine is applicable. This valuable medicine has been with most astenishingly good results in cases of general debility, weakness, irregularities peculiar to females, extreme paleness, impoverishment of the blood, stomach and liver troubles, loss of appetite, and for that general worn out feeling that nearly every one is troubled with at some part of the year.

Don't forget the name Johnston's Tonic Bitters 50c. and \$1 per bottle at Goode's drug store, Albion block, Goderich, sole

The post office safe at Seaforth took a baulky fit the other day and the combined strength of the entire staff was inaufficient to turn the lock. Before it could be opened Mr Dickson had to get a man from Calt and a new door will be

A Wonderful Organ.

The largest organ, and one that plays a controlling part on the health of the body is the liver. If torpid or inactive the whole system becomes diseased, Dr. Chase's Liver Cure is made specially for Liver and Kidney diseases, and in guaranteed to cure. Recipe book and medicine \$1. Sold by all druggists

account of the saints, when there are no caints around to persevere or the Baptist, crying 'Water, water, and half of his people coing where they can't get about the apostolic succession, telling his cougregation where they came from, but not a word about where they are going to. Why don't they preach about God and righteousess and the ten commandments." Sam Jones.

bring fancy (rices)

This is esten with mand for black pearls and that they when it is all but done and teaming fancy (rices)

Braid in almost Five O'clock Tea Braid in almos Bloomingdale profes on is to trim the railor-made and other kinds of spring suits.

In the naming of the new spring bounets very few women of any celebrity or notoriety appear to have escaped.

The Bernhart shoulder cape and col-

lar, all in one piece, is one of the new things from Paris sure to be, very fash tonable.

So-called vellum is something new in 'high class' attaionary. The fact that it comes from London adds to the price. Pearl bladed, silver handled paper cutters are on hand for the class of buy-

ers who have no faith in anything that i not soldat a fabulous price. In Paris women are carrying a silver ball about the ize of a tennis ball, which open in half and holds enough sugar-plums for a few hours.

CREAMED COD IN A POTATO CASE.—

Boil and mash six good sized potatoes, it. Mrs A. Baker, Ingoldeby, Ont. 2.

Enrich the Blood by the use of Milburn's Beet, Iron and Wine, which supplies the necessary blood building material. Beaded lace and jet shoulder caps are to be as much the fashion this spring as

A Valuable Discovery.

F. P. Tasner, of Neebing, Ont., says he has not only found B. B. B. a sure cure for Dyspepsia, but he has also found it to be the best medicine for regulating and invigorating the system that he has ever been takening. B. B. B. in the great system regulator. is the great system regulator

waited into the dry-goods store, waited into the dry-goods store, it is tately step and proud, turned the frills and hees o'cr and pushed aside the crowd.

asted to see some rich procade, (oburs and grenadines, e looked at silk of every shade, and then at velveteens; e sampled jackets, blue and red—be tried on pine or ten.

he Terror of the Store.

tried on nine or ten, hen she toss'd her head and said "guessed she'd call again." —Texas Siftinas, Give Them A Chance.

That is to say, your lungs. Also all your breathing machinery. Very wonderful machinery it is. Not only the larger air passages, but the thousands of little tubes and cavities leading from

When these are clogged and chocked with matter which ought not to be there,

family of throat and nose and head and lung obstructions, all are bad. All ought to be got rid of. There is just one sure way to get rid of. There is just one sure way to get rid of them. that is take Roschee's German Syrup, which any druggist will sell you at 75 cents a bottle. Even it everything else has failed you, you may depend upon this for certain.

Tea For Children.

The pratice of giving tea to children has been discussed and commented upon, and at the same table may be found the woman who thinks that it is heresy to give tea even to grown people, the one who allows her children to drink it full strength diluted milk. To be sure, there are other drinks, at the present time, that are healthful, and some of them are quite pleasant to the taste, but a half cup of good tea, with the other half of milk makes a drink almost all children like, and which cannot be injurious. Child-ren take in this way when they would not take it in any other. Cold water people will try to persuade the children that cold water is the only fit drink for them, but cold drinks do not aid digestion, and warm ones do.
Good cream improves tea as much as

it does coffee. " We Never Smiled Again !"

"Me Never Smiled Again?"
No "hardly ever" about it. He had an attack of what people call "biliousness," and to smile was impossible. Yet a man may "smile and smile, and be a villain still, still he was no villain, but a plain, blunt, honest man, that needed a remedy such as Dr Pierce's "Pleasant Purgative Pellets," which never fail to cure hillousness and diseased or torpid iver, dyspepsia and chronic constipation. Of druggists.

The complexion is only rendered unversightly by Pimples, Liver Spots and Yellowness. These it is well known are caused from an inactive Liver and bad blood. Dr Chase's Liver Cure purifies the blood and whole system. See Recipe Book for toilet recipes, hints and suggestions on how to preserve the complexion. Sold by all druggist. rendered necessary in order to close up morning preaching about the peraever-the estate of the late Mrs McIntosh.

Helen Dauvray was one of the best dressers on the stage. Miss Glass has been married to Mr Brittle in Pittsburg.
"Woman is the most perfect when wo manly," says Gladstone Lotta wears sixteen pairs of different Emily Faithful is an onthusiastic lead

or of the Primrose League.

Queen Victoria tabo es the electric

French women of means affect the

ment in dress.

light in her palace.

study of astronomy.

Lillian Russell is the best dressed nan who sings in comic opera Mrs Mary E. Bryan get \$5,000 a year for literary work at Munro's. Mme. Patti-Nicolini requires forty three trunks to carry her wardrob

Dr Fowler's Extracts of Wild Straw derry is the best, most prompt and safest cure for Cholera Morbus, Dysentery. Sick Stomach, Cramps, Colic, Diarrhosa and Cholera Infantum. that has yet been discovered. Its popularity increases each year. All medicine deal-

Though all are fond of these lovely lowers, it is not every one who can raise sure to attack the roots, and being un derground, are difficult to dislodge. Sprinkle the flower with snuff or Paris green will generally eradicate the blister beetles which prey on the blossoms, but hand-picking, though very troublesome, is, after all, more efficacious. Some florists grow their plants in a cold frame,

The distressing paleness so often oband start them early to be in advance of the above pest.

Be on Your Guards Against sudden Colds, irritating Coughs and soreness of the Throat. Keep Hag-yard's Pectoral Balsam at hand for these prevalent troubles of Winter and Spring. It is the best safeguard.

A Free Gift. Around each bottle of Dr Chase's Liver Cure is a medical guide and receip book containing useful information, over 200 receipes, and pronounced by doctors and druggists as worth ten times the cost of the medicine. Medicine and book \$1. Sold by all druggists.

Don't allow a cold in the head to slow

ly and surely run into Catarrh, when you can be cured for 25c. by using Dr. Chase's Catarrh Cure. A few applications cure incipient catarrh; 1 to 2 boxes cures ordinary catarrh; 2 to 5 boxes is guaranteed to cure chrenic catarrh. Try it. Only 25c and sure cure. Sold by all druggists.

A REWARD -Of one dozen "TEABER RY' to any one sending the best four lin-rhyme on 'TEABBERRY,' the remarkable little gem for the Teeth and Bath. Ask y ur druggest or address

Found at last, what the true public has been looking for these many years and that is a medicine which although but lately introduced, has made for itself a reputation second to none, the medicine is Johnson's Tonic Bitters which in conjunction with Johnson's Tonic Liver Pills has performed some most wonderful cures impure or im poverished blood soon becomes purified and enriched. Billiousness, indegestion, sick headache, liver complaint, languor, weakness, etc., soon disappear when treated by these excellent tonic medi-cines. For Sale by Good, druggist, Al-bion block, Goderich, sole agent. [d

To the Medical Protession, and all whom it may concen. Phosphatine, or Nerve Food, a Phosphate Element based upon Scientific Facts, Formulated by Professor Austin, M. D. of Boston, Mass., cures Pulmon-ary Consumption, Sick Headache, Ner-vous Attacks, Vertigo and Neuralgia and all wasting diseases of the human system. Phosphatine is not a Medecine, but a Nutriment, because it contains no Vegetable or Mineral Poisons, Opiates Narcotics, and no Stimulants, but simp? ly the Phosphatic and Gartric Elements found in our daily food. A single bottle is sufficient to convince. All Druggists sell it. \$1.00 per bottle. Lowen & Co., sole agents for the Dominion, 55 Front Street East Toronto.



CLEANSING HEALING. It Cures CATARRH Cold in Head, HAY FEVER. STOPS

EASY TO USE. and excessive expectoration caused by Catarrh. Sold by Druggists, or sent pre-paid on receipt of price, 50c. and \$1. Address

GRATEFUL-COMFORTING. BREAKFAST. thorough knowledge of the natural

"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr Epps has provided our breakfast table with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of suble maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping curselves well fortified with pure blood and a properly nourished frame."—"Civil Service Gasette."

Made simply with boiling water or milk. Sold only in packets by grocers, labelled thus:

It is Absurd

Some Women. Modjeska has divine taste and judg-For people to expect a cure for Indigesunless they refrain from eating what is unwholesome; but if anything will sharpen the appetite and give tone to the digestive organs, it is Ayer's Sarsaparilla. Thousands all over the land testify to the merits of this medicine.

Mrs. Sarah Burroughs, of 248 Eighth

street, South Boston, writes: "My husband has taken Ayer's Sarsaparilla, for Dyspepsia and torpid liver, and has been greatly benefited."

A Confirmed Dyspeptic.

C. Canterbury, of 141 Franklin st.,

Boston, Mass., writes, that, suffering for years from Indigestion, he was at last induced to try Ayer's Sarsaparilla and, by its use, was entirely cured. Mrs. Joseph Aubin, of High street, Holyoke, Mass., suffered for over a year from Dyspepsia, so that she could not eat substantial food, became very weak, and was unable to care for her family. Neither the medicines prescribed by physicians, nor any of the remedies advertised for the cure of Dyspepsia, helped her, until she commenced the use of Ayer's Sarsaparilla. "Three bottles of this medicine," she writes,

Ayer's Sarsaparilla, PREPARED BY Dr. J. C. Ayer & Co., Lowell, Mass. Price \$1; six bottles, \$5. Worth \$5 a bottle.

Run no risk in buying medicine, but try the great Kidney and Liver regula-tor, made by Dr. Chase, author of Chase's receipes. Try Chase's Liver Cure for all diseases of the Liver, Kid-

The distressing paleness so often ob-served in young girls and women, is due in a great measure to a lack of the red corpuscles in the blood. To remedy this requires a medicine which produces these necessary little blood constituents, and the best yet discovered is Johnson's Tonic Bitters. Price 50 cents, and \$1 per bettle at Goode's drug store, Albior block, Goderich. Sole agent. [h]



FREEMANS WORM POWDERS.

Are pleasant to take. Contain their own Purgative. Is a sale, sure, and effectual destroyer of worms in Child.en or Adults



May Apple Bloo

For sale by James McKay druggist, Dun annon. Price 50 cts and \$1.

Burdock

WILL CURE OR RELIEVE BILIOUSNESS, DIZZINESS, DYSPEPSIA, FLUTTERING INDIGESTION. JAUNDICE. OF THE HEART, ERYSIPELAS. WHE STOMACH, DRI NESS HEARTBURN. MEADACHE. OF THE SKIN, And every species of disease arising from disordered LIVER, KIDNEYS, STOMACH, BOWELS OR BLOOD, T. MILBURN & CO. Proprietors,

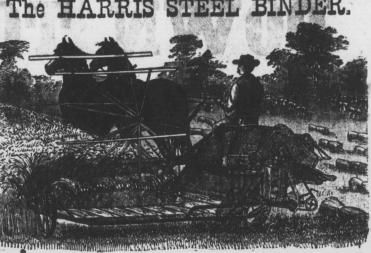
SHINGLES! SHINGLES! SHINGLES!

A large quantity of first-class Georgian Bay Cedar Shingles, extra thickness, are on hand at our mill, at reasonable rates. Call and examine before purchasing else-where.

Buchanan, Lawson & Robinson

BREADMAKER'S YEAST.

The HARRIS STEEL BINDER



HEADQUARTERS FOR

BOOTS AND SHOES. E. DOWNING,

EVERY STYLE, QUALITY, & PRICE.

Ladies' Fine Goods

OVERSHOES AND RUBBERS

Long Boots in Calf, Kip and Cowhide, FELT BOOTS AND MOCCASINS.

have a line of Felt Boots, my own make, acknowledged to be the Best Felt Boot made in ORDERED WORK AND REPAIRING.

All Please bear three facts in mind:—I have by far the largest stock of Boots and Shoes in town; They are of the very best quality procurable, being made by the best manufacturers in Canada; And I will sell at prices as low or lower than anyone else.

Soliciting a continuance of your valued custom, so liberally accorded me during the past fourteen years. I remain, yours faithfully, E. DOWNING,

Crabb's Block, Cor. East st, and Square

PURE

PARISGREEN. HELLEBORE, INSECT POWDER



Lady's & Children':

ANNOUNCEMENT!

an wishes particularly to call attention to his

SPLENDID LINES OF TEAS

from 10 cts to 75 cts per 1b, Maple Syrup, finest case Prunes pure Spices, Lawry celebrated Bacon, cooked Corn Beef, Cut Myrtle, Cavendish and Club Tobaccos, best American fine cut chewing Tobacco, fresh salt and canned Fish, best quality.

12 Bars of Soap for 25c. 3 Scrubbing Brushes for 25c.

Lemons, Oranges, Mixed Candy, A No. I Chocolate Drops, etc., etc., General Groceries, Crockery, Glassware. Flour, Feed.

SUCCESSOR TO C. L. M'INTOSH. Blake's Block, the Square, Goderich.

Among the Anak record of whose prop are the following :-Samuel McDonald. nrmed "Big Sam," wa in height. Was Wales died 1802. Alice Gordon, Essex 7 fees. Died 1737. Annie Hanen Saan, La Pierre, of Stutge was 7 feet 1 inch.

most symmetrical. in Sussex, in 1724, the "British Giant." London in 1751. Edward Bamford Died 1768. Buried churchyard, London. Louis Frenz, Frenches. His lett hand i museum of the College Martin Salmeron, a

Henry Blacker, 7 fe

Porus, an Indian against Alexender, nes dasper, B.C. 327, was strength in proportion. Heinrich Olen, borr 6 inches: weight 300 Edward Melon, 7 fee at Port Leicester, Ir died 1684, being only James McDonald, Born at Semerton, I and often called the Died 1862. Francis Sheridan, as 8 inches, weight 22 sto girth of cnest 58 Inche

Bradley, 7 feet 8 Born at Market Wheat England. His right ha the museum of the col 1798-1820. Joseph Brice, 7 feet age of 26 years he Lendon, 1862-5. His 15½ inches, Born at the Vosges, France, times called Anak.

Cornelius Magrath, He was an orphan and Berkeley, England. 20 years. 1740.1760. John Busby, of Dark His brother was about Joachim Eleozegue, feet ten inches. Exhi Maximilian Christop His hand measured 12 forefinger was 9 inches "Saxon giant." Died 1734.

Chang Woo Goo, of ondon 1865 66 and as J. H. Reichart, of 1 feet 3 inches, His fa ere giants. Charles O'Brien, or I

feet 4 inches. His s d in the museum of the eons. 1761-1783. Pr., was 8 feet 7 inches. Loushkin, Russian Maximinus, 8 feet

oman Emperor, 225-A human skeleton 8 reserved in the muse Captain Bates of Ker

Harold Hardrada, Giley, a Swede, 8 fe show early in the Nin William Evans, 8 feeter to Charles 1. Die Charlemagne, near could aqueeze together at once in his hands.

J Toller, of Nova Sc Care of the Never put anything the relief of toothache. Never wear cotton i

the inside of the cana Never drop anything Never use anything warm water for cleani Never strike or b this has been known to and cause incurable de Never wet the hair

are discharging pus.

Never attempt to ap

tendency to deafnes ailk cap when bathing driving. Never scratch the but the finger if they use the head of pin, h or snything of that n Never let the feet damp, or sit with the window, as these thin

vate any existing hard Never put milk, fat stance into the ear for for they soon become to incite the inflan warm water will an better than anything Never be alarmed nters the ear. Pour to the canal will drov generally come to th

easily be removed by puffs of smoke blown

pefy the insect Never meddle with body, such as a bead, ters it; leave it ab have a physician at damage has been don tempts at the extra body than could ever sence in the ear.

This is the time parienced man settle cance, and has the be him on the nose and