

# SAVE FOOD

In a time needing food economy many people are not getting all the nourishment they might from their food. It is not how much you eat, but much you assimilate, that does you good.

The addition of a small teaspoonful of Bovril to the diet as a peptogenic before meals leads to more thorough digestion and assimilation and thus saves food, for you need less.

## The Week's Happenings

**MOTHER'S DAY SUNDAY MAY 12**  
We will have our Carnations in on Sunday—Wear one in remembrance of the Best Friend you ever had  
Dickison & Troy

**PROPERTY TRANSFERRED**  
Mrs. A. L. Barry has purchased a nice property on the corner of Pleasant and School streets, from Mr. W. W. Walters, of St. John. Mrs. Barry moved in last week.

**GR HAROLD CASEY ILL**  
Mr and Mrs Wm Casey have received word that their son, Gr. Harold Casey, artillery has been admitted to the Hospital seriously ill from meningitis. The telegram however stated that he was out of danger.

**IN MEMORIAM**  
Alberta Blanche wife of Allan Johnson and daughter of Mr and Mrs E. S. Vye, who departed this life May 5th 1918.  
"The Golden Gates were open, a gentle voice said 'Come' and with farewell unspoken she calmly entered home"  
Inserted by the Family

**RED CROSS BENEFIT CONCERT**  
The representation of "The Prize Opera House, May 2nd, by the members and friends of St. Mary's Church Choir, this time in aid of the Red Cross Society, was like the former presentation, a grand success. The hall was again filled, and the acting was all that could be desired. A large sum was raised.

**POPULAR PASTOR RESIGNS**  
Resignation was expressed at the resignation, last Sunday night, of Rev. Dr. C. W. Squires from the Methodist pastorate here, which he has held for the past two years and to which he was unanimously re-elected at the last meeting of the Quarterly Board. Dr. Squires is, not only a brilliant scholar and author, but a very successful preacher, industrious and sympathetic pastor, and public-spirited citizen, and the whole community will miss him.

## FINEST IN EXISTENCE

In what Mrs. C. A. Campbell, of Poyassan, Ont., says in describing Zam-Buk. She writes:  
"I blistered my heel badly by wearing new shoes. Some dye from my stocking got into it; and caused a poisoned sore. It was extremely painful and for a week I could not put a shoe on. Then I heard of Zam-Buk and commenced using it. It was just wonderful the way it drew out the poison and inflammation, ended the pain and healed the sore. Zam-Buk is certainly the best balm in existence—everyone should know of it."  
Zam-Buk is also best for eczema, boils, pimples, ringworm, ulcers, old sores, piles, burns, scalds and cuts. All dealers or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.

# Zam-Buk

Extra Special Features Coming To The HAPPY HOUR

- "The Whip"
- "The Lone Wolf"
- "The Barrier"
- "Civilization"
- and the great patriotic Serial
- "The Eagle's Eye"

Watch for Dates

## The Land of Promise Features Western Canada

In speaking of her Paramount picture, Billy Burke was heard to say a few days ago: "The Land of Promise" is to me one of the real pictures I ever worked in and in portraying the inner heart-life of the little, affection-starved English girl, Norah Marsh, I almost lived the character and was quite as worried over her problems and troubles as if they had been my own.

"The part of the picture that was staged in western Canada will be very beautiful, for we passed through the most beautiful sections of the Canadian Rockies and 'shot' some scenes there as well as in the yellow wheat fields where most of the production was taken and where my film husband was supposed to have a farm.

"A queer thing that happened while we were working on this production was that I kept feeling that I had been in those places before—and, indeed, several times when we were working about looking for 'locations' I was able to tell the driver which way to turn, although I had never been there before to my knowledge.

"The mystery was explained upon receipt of a letter from my aunt in Montreal, who asked me whether I remembered the trip I had taken with her through that same district at four years of age!

"The Land of Promise" in which I starred for many months on the speaking stage, was arranged for the screen by W. Somerset Vaughan, its original author, and will, I think, prove to be even more popular than the original, as we were of course, able to secure many effects impossible for the narrow limits of stage."

Mrs. S. A. Demers has been confined to her house all week as the result of a very painful accident Sunday, when she broke her collarbone.

**NURSES MEET HERE IN JULY**  
Mrs. Richards of the Miramichi Hospital was in St. John last week completing arrangements for the meeting here in July 9th and 10th next of the N. B. Association of Graduate Nurses, of which she is the registrar.

**Lemons Make Skin White, Soft, Clear**  
Make this Beauty Lotion for a Cents and See for Yourself

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to whiten the skin and to bring out roses, the freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orchard white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quart jar of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle, then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

**W I NEXT TUESDAY**  
The regular monthly meeting of the Women's Institute will be held next Tuesday evening at the residence of Mrs. John Russell. The roll-call will be answered by a corn-meal or rubber Decape. Mrs. Richards will also give a talk on nursing.

**MIRAMICHI HOSPITAL**  
The regular monthly meeting of the Trustees of Miramichi Hospital, was held in the Board Room on Monday afternoon at the usual hours. The superintendent reported many generous donations during the past month and also the gardens were being cultivated and put into shape for the season's seeding. The lawn in front of the institution now presents a very pleasing appearance and it is regretted that the Town Council does not repair the roadway in front of the Hospital and make it present a corresponding appearance.

**NEWCASTLE DOES SPLENDID**  
This afternoon the Y. M. C. A. fund for Newcastle Town alone had risen to \$2100, with prospects of a little more by night.

At the Convocation last week the Rev. A. F. Bate, son of the Rev. W. J. Bate, of this town took his M. A. degree. At the same time the University conferred the honorary degree of D. C. L. upon the Venerable Archdeacon Forryne of Oshagan and Mr. M. G. Teed, K. C., of St. John, now the chancellor of the Diocese of Fredericton.

# SEEDS Grass, Field and Garden SEEDS

We have just stocked our Timothy, Clover, Field and Garden seeds, which are as usual, all No. 1 Government Inspection Seeds

## JOHN FERGUSON & SONS

LOUNSBURY BLOCK PHONE 10

# FERTILIZER

25 Tons—2-9-1 Dominion Brand. Grain and Vegetable  
FEED WHEAT for Poultry in 100 lbs bags at \$4.25  
CALF MEAL PIG MEAL

## STOTHART MERCANTILE CO., LTD.

PHONE 45 NEWCASTLE

## Pure Olive Oil

We have a large shipment of this very scarce article. It is selling fast. Procure a bottle as it is a necessity.

## Soaps

of all kinds and at all prices.

Head Lotions, Face Lotions, Massage Creams in every Description  
PRICES MODERATE AT

# Morris Pharmacy

**WM SUTHERLAND COUGHLAN**  
The funeral took place on Monday last, May 6th, at St. Agnes' Anglican Church, Grey Rapids, of the late William Sutherland Coughlan. The deceased, who had been ill for a long time, passed away the Saturday before. The burial service was conducted by the Rev. W. J. Bate of Newcastle, and interment took place in the consecrated ground adjoining the church.

The deceased is survived by his wife, six sons, two daughters, and his brother, David Coughlan.

The pall-bearers were five of the sons, Peter, Matthew, Byron, Scott and William and, in place of the other son, Herbert who was unable to be present, a brother-in-law, Thomas Coughlan.

The deceased was an old resident of Grey Rapids and much respected.

**BORN**  
At Whitneyville, April 27th, to Mr. and Mrs. Elmer Allison, a son. At Newcastle, Sunday May 5th, to Mr and Mrs. Robert Fogas, a daughter.

Buy your out of town supplies with Dominion Express Money Orders. Five Dollars Costs Three Cents

## JUST RECEIVED!

**TOBIN'S SPECIAL BOXES**  
For Sending Your Parcels Overseas to The Soldier Boys'  
2 sizes — that for France holding 7 lbs. 18c  
and the other size for England holding 11 lbs 20c

We carry in stock lots of Useful Gifts suitable for the above boxes. Phone your order in and we will prepare your box for mailing.  
**DICKISON & TROY,**  
C.M. DICKISON Optician JOHN H. TROY Druggist

## GARDEN SEEDS

Everyone is talking Greater Production. We have the largest and best assortment of Bulk and Package Seeds that it has been possible to buy. Reliable Seeds from Rennie, Steel Briggs and Simmers.

Beans, Peas, Carrots, Beets, Corn, Sweet Peas and Nasturtium in bulk, Kangaroo and Jumbo Sweet Turnips, Cow Horn and White Globe Turnips for Cattle. Mammoth Pea Mangle and Sugar Beets, Dutch Sets and Shallot Onions. It Pays to buy reliable Seeds.

Just received another lot of Pure Maple Sugar, send some to the Boys Overseas. A few Baldwin Apples left, fine for cooking. 40c per pair.  
Victoria Blend Tea at 50c.—Orange Pekoe Tea at 60c.—Something new in Coffee at 50c, freshly ground.

## STABLES' GROCERY

WHERE YOU GET QUALITY AND SERVICE PHONE 8

## YES! MAGICALLY! CORNS LIFT OUT WITH FINGERS

You simply say to the drug store man, "Give me a quarter of an ounce of Fressona." This will cost very little but is sufficient to remove every hard or soft corn from one's feet.  
A few drops of this new ether compound applied directly upon a tender, itching corn should relieve the soreness instantly, and soon the entire corn, root and all, dries up and can be lifted out with the fingers.  
This new way to rid one's feet of corns was introduced by a Canadian man, who says that, while Fressona is sticky, it dries in a moment, and simply "snaps" up the corn without burning or even irritating the surrounding tissue of skin.  
"Don't let father die of infection or torture from whitening of his corns, but slip this out and make him pay."