

Good Digestion a Source of Health

When the Stomach is Out of Order the Whole System Suffers

Indigestion is one of the most distressing maladies afflicting mankind. When the stomach is unable to perform the work nature calls for, the result is severe pain after eating, nausea, heartburn, fluttering of the heart, sick headache, and often a loathing for food, though the sufferer is really half starved. People with poor indigestion, too frequently try all sorts of experiments to aid the process of digestion, but there is only one way in which the trouble can be cured, that is through the blood. That is why the tonic treatment with Dr. Williams' Pink Pills cures even the most obstinate cases of indigestion. They make rich, red blood that strengthens the stomach and the nerves, thus enabling it to do its work. The process is simple, but the result means good appetite and increased health and pleasure in life. In proof of these statements, Mrs. Albert Hall, Sonya, Ont., says: "I have used Dr. Williams' Pink Pills with wonderful results. For two years I was a great sufferer from indigestion, which almost made me a physical wreck. At times my sufferings were so great that I was unable to attend to my household duties. I had smothering spells at times and was afraid to lie down to rest. After every meal, no matter how sparingly I ate, I suffered great distress. I tried several doctors but their medicine was of no avail. I saw Dr. Williams' Pink Pills advertised to cure this trouble and decided to try them. I had not been taking them long when I felt somewhat improved. This improvement continued and after taking ten boxes I could eat and digest all kinds of food and felt better than I had done for years. You may be sure I am very grateful for the wonderful relief these pills have given me. I know they are also a cure for neurotic sufferers, as an intimate friend of mine was badly affected with this trouble and after taking several boxes he was entirely cured." You can get these pills through any dealer in medicine or by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

WHEN USING WILSON'S FLY PADS READ DIRECTIONS CAREFULLY AND FOLLOW THEM EXACTLY. Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

A Case in Point "Circumstances alter cases." "You bet they do. Reduction of fare is all right on a railroad, but it isn't in a boarding house."

Bible Students and the War Conscience Clause

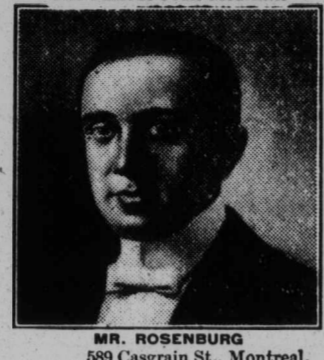
Pastor Russell Turned Back at Boundary Line Because Thought to be Opposed to Recruiting

Pastor Charles Russell, of New York, head of the International Bible Students, was, while on his way to lecture in Winnipeg, turned back at the international boundary line. There is an impression with the military authorities that Pastor Russell and his followers are opposed to recruiting. This they strongly deny. They however claim they are opposed to the taking of human life under any circumstances, and therefore take advantage of the conscience clause in the military act, which excuses persons from military service who make oath that they are conscientiously opposed to taking human life even in war time. This raises a point that might be discussed to considerable extent, viz. under what circumstances is the taking of human life justifiable? The old Hebrew law called for an eye for an eye, a tooth for a tooth, but it is held that the Christ fulfilled this law and established in its place the law of love. The Book commands us, though not to cast our pearls before swine. This leads us to ask the question: Would it not be casting pearls before swine for the British people to approach the German armies in their present mood in a spirit of love? Would not the Germans turn and rend us? And again, is not the British Empire our national home and, if an enemy enters it, to kill and slay would we not be justified in protecting that home, even to the extent of killing our enemy, just as we would be in killing the enemy that might enter our individual homes to dispossess them, to kill our loved ones, our women and children, our old men and women, in short, our helpless ones? Another question that pops up is, would it be best for the peace and best welfare of the world for Germany and her allies to win, or for Britain and her allies to win? With all their faults, is there not more righteousness and justice in the cause of the allies than in the cause of Germany and her friends? The Bible Students literally act on the scriptural injunction, "Come out from among them and be ye separate." They, we believe, even refrain from voting. In England, under compulsory enlistment, the conscience clause is not effective, and as a result forty Bible Students called to serve the colors, but who refused, are serving penal sentences from six months to two years and in Austria thirty who refused to serve were shot. This proves that they are certainly grounded in the faith. No person places a higher valuation on human life than we, consider it more sacred than we, yet under the circumstances we believe it to be the duty of every able bodied Briton at this time to serve the colors in some way.—Exchange.

Highly Polished "Mr. Stanick is very highly polished, isn't he?" "Very! Everything he says reflects on someone."

NOTED MUSICIAN OF MONTREAL

Advices The Use Of "FRUIT-A-TIVES", The Famous Fruit Medicine.



MR. ROSENBERG 589 Casgrain St., Montreal, April 20th, 1915. "In my opinion, no other medicine in the world is so curative for Constipation and Indigestion as 'Fruit-a-tives'. I was a sufferer from these complaints for five years, and my sedentary occupation, Music, brought about a kind of Intestinal Paralysis—with nasty Headaches, belching gas, drowsiness after eating, and Pain in the Back. I tried pills and medicines of physicians, but nothing helped me. Then I was induced to try 'Fruit-a-tives', and now for six months I have been entirely well. I advise anyone who suffers from that horrible trouble—Chronic Constipation with the resultant indigestion, to try 'Fruit-a-tives', and you will be agreeably surprised at the great benefit you will receive". A. ROSENBERG. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Newspaper Prices

While people accept with toleration at least the general advance in prices, they seemingly have great difficulty some times in appreciating that the same advance applies to the printing business. Merchants, farmers and manufacturers can ask more for their wares and get away with it, but the printer is howled down as a grasping plutocrat if he attempts to collect a cent or two more than he did a couple of years ago. That is where the rub comes. The old prices paid for newspapers and printing will barely pay the cost of producing—and sometimes not even that—at the present time, yet these prices are expected to continue! It seems a reasonable proposition that even a printer must live but his credit will have to be mighty good to enable him to do it, if it keeps up. Figures are not always interesting, but they are enlightening. Paper, ink and type metal are used in the making of a newspaper. Now observe.—Paper has advanced 70 per cent., ink 125 per cent. and type metal 150 per cent. Outside of the labor employed, the cost of producing the paper now in your hands, is from 60 to 100 per cent. greater than a year or two ago. Just how long a business can be run on a basis like that, you can figure out for yourself.

Prohibition For Quebec Province

French and English Forces Working in Unison in the Anti-Alcoholic League

The Anti-Alcoholic League of Quebec province met in June in rooms of Laval University when Methodist, Presbyterian, Congregational and Catholic priests united to advocate and plan for provincial prohibition. Mr. J. S. Carter, president of the Dominion Alliance said that Judge Lafontaine is the Gen. Joffre in this movement. A resolution was moved by Father Rabour, speaking in French, seconded by Father Brophy in a powerful English speech, with a strong Irish ring to it and commended by Rev. Jas. Smyth, D. D., principal of Wesleyan Theological College, as follows:—"Resolved that this meeting of the Anti-Alcoholic League and the friends of temperance of the Province of Quebec, approving of the resolution of the directors of the said League to have a provincial prohibitory law, prays the directors to take the necessary means to obtain it in unity with the associations of the province and the English-speaking forces and to organize a powerful petition to wait upon the Government to ask for provincial prohibition at the earliest possible date." This meeting will be accounted as historical in years to come and marks progress in the unifying of the moral forces for righteousness.

AERIAL AMBULANCES

This war has taxed man's greatest ingenuity in every conceivable direction in which a war can. First was the great question of raising enormous armies, then the equally difficult question of equipment, then ordnance and smallest guns, then limitless ammunition, and so on to the end of the list. Items were to be dealt with in the hundred thousand and million instead of by the thousand or ten thousand as in the past. And with it all was the even greater question for the allies, of bottling up the German fleet. Had not the British fleet been able to hold the German fleet in hand it is probable that Germany would have had her way before this. As the war progressed the wounded were to be counted by the thousands. The numbers and the character of the country made it necessary to resort to new devices to expeditiously handle the injured men. In the less difficult sections the regular hand carried stretcher cooperated with a miniature railway which was arranged as a net work right back of the trenches and communicating with all field and base hospitals. In the Alps and similar difficult country the old familiar aerial cable way has been used as a basis of transport. Specially constructed carriers are made for them and so devised that they automatically keep in their horizontal position as they glide down the steepest of their inclines. The wounded, with an attendant, are placed in these carriers and started on their short quick air-line trip to the nearest field hospital in the valley several miles below. Except for the specially constructed carrier the process is very much like the cable way transport of ore from the mine to the mill.

Presentation to Rev. and Mrs. Richardson

After prayer meeting in the United Baptist Church Wednesday night, Ald. C. C. Hayward, Treasurer, took the chair, and explained the purpose of the special meeting to be to do honor to those who were about to leave the congregation—Rev. and Mrs. M. S. Richardson. All regretted that such a move was necessary, but all were compelled to admit that it was prompted by the high sense of duty the pastor holds for his parents. Concluding he thanked God for the unity of spirit that has prevailed during Mr. Richardson's pastorate. On behalf of the congregation Ald. Hayward then presented Mr. Richardson with an address and a purse of gold. The address was as follows: To our beloved Mr. and Mrs. Richardson: It is difficult indeed for us, at this time to express or even realize, the loss we are about to sustain by your removal from our midst. We cannot however permit you to depart without expressing in some degree, our high appreciation of the valuable services you have so nobly rendered to God's cause while associated with us. Your faithful labors and true devotion for the salvation of souls and the extension of God's kingdom has caused us to grow and become stronger in the faith of our Lord and Saviour Jesus Christ. Your deep interest and untiring efforts for the overthrow of evil and upholding of righteousness in our town, has won for you the honor and respect of all those with whom you have come in contact. Without your leadership we feel just like sheep without a shepherd, but for you we earnestly pray that our dear Lord may lead you to a greater field of labor and that God's richest blessing may rest with you and crown your work with the highest success. We now ask you to accept this purse as a slight token of our love and good will. Yours in the Master's service, on behalf of the United Baptist Church, E. O'DONNELL, Senior Deacon.

The Pastor replied in fitting words, referring to his work during his stay here, including that for civic improvement, and spoke of the place this little church held in the community, and trusted that the church would continue in spiritual strength, and in the power of prayer. Mrs. Richardson also gave a few feeling remarks in reply, after a selection from the choir, and refreshments were then served.

When Another Baby Came

Two young girls were overheard talking by their teacher. Said the first: "We have a new baby girl at our house. Dr. Boucher brought it to us." "Did he," said the other, who recently became a sister to a little baby brother. "We take off him too." The Rivis "Small Boy (to doctor about to assist elderly party in a fainting fit)—Stand aside, please, and don't be alarmed. I'll attend to this—I'm a boy scout.—Punch.

THE ROYAL BANK OF CANADA

INCORPORATED 1869. LIABILITIES AND ASSETS. Capital Authorized \$ 25,000,000. Capital Paid-up 11,560,000. Reserve and Undivided Profits 13,174,000. Total Assets 180,000,000. HEAD OFFICE, MONTREAL. 340 Branches in Canada and Newfoundland. 37 Branches in the West Indies. LONDON, ENGLAND: 2 Bank Bldgs., Princess St., E. C. NEW YORK CITY: Cor. William and Cedar Sts. BUSINESS ACCOUNTS CARRIED UPON FAVORABLE TERMS. SAVINGS DEPARTMENT AT ALL BRANCHES. SAFETY DEPOSIT BOXES. In the Bank's Steel Lined Vault, rented at from \$5.00 per annum upwards. These boxes are most convenient and necessary for all possessing valuable papers such as Wills, Mortgages, Insurance Policies, Bonds, Stock Certificates, etc. Newcastle, N. B., Branch — E. A. McCurdy, Manager

Eastern Steamship Lines

ALL-THE-WAY-BY-WATER INTERNATIONAL LINE. Steamships Calvin Austin and Governor Dingley. COASTWISE SERVICE. Leave St. John Mondays, Wednesdays and Fridays, at 9.00 A. M. for Eastport, Lubec, Portland and Boston. Return—Leave Central Wharf, Boston, Mondays, Wednesdays and Fridays at 9 A. M. for Portland, Eastport, Lubec and St. John. DIRECT SERVICE. Leave St. John, Saturdays only at 10.00 p. m. Return, Leave Boston Sundays only at 10.00 a. m. MAINE STEAMSHIP LINE. DIRECT BETWEEN PORTLAND AND NEW YORK. Steamships North Land and North Star. Leave Franklin Wharf, Portland, Tues., Thurs. and Sat., at 6.30 p. m. Also Mondays at 10.30 a. m. June 15th to Sept. 11th, inc. METROPOLITAN LINE. DIRECT SERVICE BETWEEN BOSTON AND NEW YORK. 13 1/2 Hours. Route via Cape Cod Canal. Express Steel Steamships Massachusetts and Bunker Hill. Leave North Side India Wharf, Boston, week days and Sundays at 6 p. m. Same service returning from Pier 18, North River, Foot of Murray St., New York City. St. John City Ticket office, 47 King St. A. C. CURRIE, Agent, St. John N. B. A. E. FLEMING, T. F. & P. A., St. John, N. B. Genuine butter parchment paper at The Advocate Job Dept.

CHURCH DIRECTORY

SUNDAY SERVICES. UNITED BAPTIST CHURCH. Rev. M. S. Richardson. Morning service, 11 a. m. Sunday School, 2.30 p. m. Preaching service, Derby, 3 p. m. Evening service, Newcastle, 7 p. m. Mid-Week Service—Wednesday Prayer and testimony meeting 7.30 p. m. ST. ANDREW'S CHURCH. Anglican. Rev. W. J. Bate. Holy Communion—Every Sunday at 8.00 a. m. and first Sunday in month at 11.00 a. m. Morning and Evening Prayer—Matsins at 11.00 (except 3rd Sunday in month, no service.) Evensong at 7.00. Daily Prayers 7.30 a. m., and 5.30 p. m. Wednesday Evensong 7.30 p. m. ST. MARY'S CHURCH. (Catholic). (During winter months from November to May.) Early Mass with sermon, etc., 9.00 a. m. Late Mass with sermon, etc., 11.00 a. m. St. Aloysius Society for boys, 1.30 Children baptised, when there are baptisms, 2.00 p. m. Sunday School Classes, 2.30 p. m. Vespers, with Benediction of the Blessed Sacrament, etc., 7.00 p. m. METHODIST CHURCH. Rev. Dr. Harrison. Sunday Services 11.00 a. m. and 7.00 p. m. Prayer and Praise Service, Wednesday, 7.30 p. m. THE KIRK. St. James Presbyterian Church. Rev. S. J. MacArthur, M. A., B. D. Worship, Sunday, 11.00 a. m. and 7.00 p. m. Sabbath School, 2.30 p. m. SALVATION ARMY. Capt. P. Forbes. Holiness Meeting—11 a. m. Praise and Testimony Meeting—3.00 p. m. Salvation Meeting—8 p. m. Public Meetings—Tuesdays, Thursdays and Saturdays—8.00 p. m.

Valcartier Camp Is Making History by Fitting Men to Fight the Empire's Battles Overseas. NOW that the great Allied offensive is under way, gaining momentum with every stride, Canadians in training here and Overseas grow keener and more impatient to "get into the thick of it." Valcartier, already historical, is doing wonders in fitting men of Eastern Canada to uphold the standard of our gallant lads who have already played the game so bravely and effectively in Flanders. AS they "pal" together at Valcartier, comparing notes and equipment, those who are without cannot help envying those who have Gillette Safety Razors. If there's a lad there whose comfort interests you, send him a Gillette, or a good supply of blades.