The official title of our Sunday lay a The Lord's Day Act. It is not an an-client statute. It is very modern, both in Otherwise the baker and the grocer and me and nature. It came into force March first, 1907. It was passed in 1906 by the Parliament of Canada after months of careful and thorough disssion by both Houses, and after dealevery conceivable objection from the viewpoints of industry, business, pleasure, as well as from non-Christian and seventh-day Sabbatarian religion. The work was well done. Not a single

lment has been made to it since. Its object was to conserve as a national heritage the weekly day of rest from toil, of industrial liberty and of opportunity for self-culture and worship.

It does not aim to regulate the observance of the day in a religious way which must be voluntary, but simply to pre-is allowed, but not professional ball where the Day as the inalienable right where an admission fee is charged and it to every person. The law of nature imperatively requires one day's rest in law of Canada. In some of the Eastern every seven in the interests of health, Provinces the old Provincial laws forbid every seven in the interests of health, Provinces the old Provincial laws forbid efficiency, and life to a normal age. It all "noisy games" but not the Lord's

observance of the Golden Rule "Do but not to run bathing pavillians inunto others, as ye would that they should to run bathing pavillians involving employment or service. Thus
the principle of not robbing others of their rest day in order to permit our ina pecessary in order not to take away or

dulgence in pleasures or mere luxuries or

rest for each demands the law of rest for all? Rest for all must be compulsory in order that rest for each may be possible.

There is no other way. Excepting only larger liberty of all? works of "necessity and mercy", all business, all buying and selling is for-bidden. The same applies to all labour in one's own calling, or in any other but not public excursions for pleasure,

THE SUNDAY LAW-WHAT? WHY? line for gain. If shen may work, greed run for gain. The restaurant will compel them to work. Even foods may not be sold on that day excepting their employees would be compelled to forego their rest day that others might be saved from having to think ahead and to purchase in advance what they will need on Sunday. So with the sale of news, tobacco, cigars, etc.

But what of pleasure? Why should we not be able to take such pleasure as we think wise on Sunday? The Sunday law of Canada does not forbid pleasure in itself in any form but only such pleasure as becomes a business and involves labour on the part of others, and there-fore robbing these others of their restday, rights that we ourselves prize so highly. Golf is lawful, but not employing caddies. Ball for the mere fun of it is made a business. This is the Sunday

employment of labour for their opera-It is a social law. It seeks to protect all tion. It is lawful to skate but not to tollers in their liberty. It calls for the run a commercial skating rink; to bathe observance of the Golden Rule "Do but not to run bathing pavillians insace our neighbor's right to his rest conveniences runs throughout the law Is it not reasonable? Is it not right It recognizes also that 'the liberty of Is it not essential to the largest measur

gist may sell medicines and applian for the relief of sickness and sufferi but only for this purpose, and he mannot sell cigars, tobacco and other sun dries that it is customary for druggists to handle.

When the object and underlying principles of this law are understood, no good citizen, no one who respects his neighbour's rights and society's welfar will either violate its provisions or com-plain of its restrictions. It is wholesome. It is liberty-conserving. It is worth while It is essential to the general good,

WHAT DO YOU BUY FOR POULTRY

The average farmer and poultr in Nova Scotia is purchasing feed from dealers who in turn import these feeds in carload lots from Ontario and West ern Canada. During recent years a large number of feed companies have made efficiency, and life to a normal age. It all "noisy games" but not the Lord's has not therefore imposed on human nature. It is awritten in our members. It is an inward law which we violate at our personal peril and at the sacrifice of perate municipal slides that involve the autional welfare.

Provinces the old Provincial laws forbid human or life and supplying both high-grade grains and supplying both high-grade grains and mixtures of low-law in inward law which we violate at our personal peril and at the sacrifice of perate municipal slides that involve the employment of labour for their opera. screenings and grains to poultrymen for "Hen feed". Thousands of dollars are annually lost by our Maritime Farmers in purchasing these low grade products for poultry feeding.

During the Short Course at the Agri-

cultural College from January 3rd to 12th a complete review of the different brands of poultry feeds will be given and anyone attending the Course during these days will have no difficulty to dis between the high-grade poultry feeds and the low-grade and unsatisfactory kind. Plan to attend this Short Course.

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THE NEW YEAR

The year just closing means something different to most everybody. To some it has brought a great joy; to others a great sorrow; to many, both grief and joy in along the regular uneventful path, filled with the happiness of love and work and the joy of everyday things, which, after all, is the best happiness.

To youth the New Year means a long leasure-filled evening and the writing of a new date on their letters. They look neither forward nor back. They make resolutions because it seems the correct thing for them to do. They keep them ometimes and it helps make them better men and women, but it is not a serious matter with them-just as is natural for

Older folks involuntarily look back a bit on the even of a new year-not systematically, but with a general sweeping glance that usually makes them a bi uncomfortable at things left undone o ailures to make good as they intended Maybe there has been just one thing accomplished that gives them a little warm feeling round their hearts-maybe not. The great sorrow or great joy stand out with more meaning to them than to vouth. 'Tis another milestone passed The New Year may not present very bright prospects to some, but these same older folks know that there is something better in store than what the immediate future seems to offer-know that unhappy things can't last-that they are pretty sure to lead to something greater and better—know that even if they can't understand the reason for sorrow and trouble that there is a reason-know it deep down within themselves, though outwardly they resent and rebel against fate. It is not blind faith or optimism

that teaches this, but reason and knowledge of life.

Older folks know that the year bound to bring happiness and relief to those who are now bearing sorrow and



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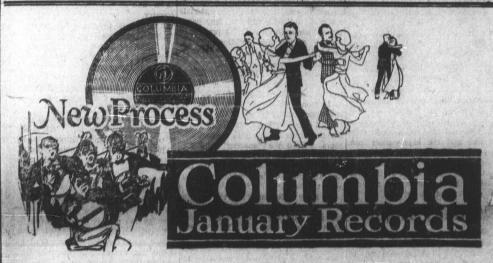
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Soldier Settlement and Irrigation



Irrigation is coming into its own in Western Canada. Pioneers of the older provinces began with an axe and an ex team and were skeptical of the farmers becoming their own rain makers. Now the irrigated districts such as the Okanagan Valley, British Columbia, not long since a desert, bloom like a rose through the vitalising wealth of the waters of irrigation. A large acreage that is now being won from nature is the soldiers' settlement land in the Southern Okanagan — a 2,200 acree tract that is of national interest because of its strategic location and the engineering skill required to make it of service to the soldier settlers. A motor trip through the settlement revealed a country rich in scenic beauty, interesting in old land marks and marvellous in present activity of transforming a wilderness into a garden. It lies in a levely valley, extending frees Vasis into a garden. It lies in a y valley, extending from Vas-Lake to the international Boun-The northerly part of the ement is 22 miles from Pentic-





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