

## Doctor Said Sciatica-- Rheumatism---Lumbago

BUT HE COULD NOT HELP ME, AND ENDORSED THE USE OF DR. CHASE'S KIDNEY-LIVER PILLS.

Mr. Wm. Parker, 105 Cayuga street, Brantford, Ont., tells in the following letter of his remarkable experience with Dr. Chase's Kidney-Liver Pills: "My doctor treated me for some time for Sciatica, Rheumatism, Lumbago, but to no purpose, for I had to lay off work. The visiting officer of the Sick Benefit called to see me and advised the use of Dr. Chase's Kidney-Liver Pills, stating that he had been cured of the same trouble for their use. I asked the druggist about them and he recommended them highly. Not being satisfied with this, I went back to my doctor, and when he said they were good, I began their use. The promptness with which they relieved the action of the kidneys and bowels was wonderful, and it was not long before I was rid of all my trouble.

"I was so bad that I could only walk by hanging on to a chair or the wall. My wife had to lace my shoes. Only those who have had this ailment can realize the way I suffered. I am writing this letter to let people

who have my trouble know of these pills. You are at liberty to use this letter, and if anyone interested will call or write to me, I will give every detail."

Write to Mr. Parker, enclosing stamp for reply, and he will verify this statement. He will do this out of the gratitude he feels for his cure and because he realizes how difficult it is to obtain the cure of these dreadfully painful ailments.

There are so many treatments recommended for rheumatism that you naturally doubt them all. Here is an opportunity for you to verify the cure and put this great medicine to the test. It will only cost you a quarter to try Dr. Chase's Kidney-Liver Pills. They get at the very foundation of rheumatism, and by removing the poisons from the system take away the cause of pains and aches.

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto.

### MILITARY ARCHERS.

#### Bows and Arrows Were Used in Battle Up to a Century Ago.

We think of the bow and arrow as mediaeval weapons of war abandoned by the nations of Europe four or five centuries ago. The bowmen of Crete are the last of any prominence in English history. Yet it is only about 100 years since soldiers fought with bows and arrows in European wars, and that, too, on the fields of southern Belgium.

It was in 1812, when all Europe was armed against Napoleon. Every one of the allied nations brought every possible resource of men and means to further this end. Among them was Russia. To the war she sent soldiers from the newly conquered tribes that dwell upon the steppes of Asia--Bokharans and Turkomans and Tartars and other half savage peoples. Many of these regiments were armed with bows and arrows. Jomini, the military historian, speaks of a great number of these that fought side by side with the Prussians in eastern Germany and Belgium, and he says that these bowmen held their own against the French infantry. Their aim, he says, was surprisingly good, and they could shoot an arrow with effect almost as far as a musket ball was effective, but in those days that was not much more than 120 yards.--Exchange.

### LIQUOR AND MORPHINE HABITS

Are diseases, not vices, and therefore curable. Patients are under my personal care and receive their treatment in ordinary hospitals as ordinary medical cases.

D. H. ARNOTT, M. D.  
226 Queen's Ave., London, Ont.

### FOR THE FRONT

The following is a copy of the announcement that is being issued in connection with the organization of the Second University Company, which is going to the front shortly as a reinforcement to the Princess Patricia's Canadian Light Infantry, Second University Company, Canadian Expeditionary Force, Princess Patricia's Canadian Light Infantry. The Canadian Militia Department has authorized the organization of a Second University Company for Overseas Service, to go as a reinforcement to the Princess Patricia's Canadian Light Infantry. The company will be commanded by Captain George C. McDonald, of the McGill contingent, C. O. T. C., with Captain Percival Molson, also of the McGill contingent, C. O. T. C., as second in command.

Owing to the success which has attended the recruiting of the First University Company, which is at present up to full strength, and attached as D Company to the 38th Battalion Canadian Expeditionary Force, it was thought advisable to form another company, and an application was made to the department for the necessary authority, which has been granted.

Recruiting for the company has already been started, and many names have been received.

The company will be composed of graduates or undergraduates of Universities or their friends.

Conditions of service and rate of pay will be the same as in the other units of the Canadian Expeditionary Force. The First University Company and the Toronto University and McGill University Contingents, C. O. T. C., are going to a training camp at Niagara-on-the-Lake on May 23rd to the 15th, and it is expected that during that period a large number of recruits for the new company will be obtained. Immediately after the camp active recruiting will be commenced at Montreal.

The headquarters of the company will be at 382 Sherbrooke street west, and any enquiries or applications should be addressed there to Lieut. Geo. S. Currie, recruiting officer.

## For You--a wonderful Book on Farm Drainage--FREE!

Do you know you can take as much crop off 100 acres properly drained as you can off 200 acres not drained and save half the labor? It's a fact. Do you know that proper, inexpensive tile drainage assists pulverization--lengthens the season--prevents surface washing--makes your land lighter to work--prevents drought and increases the quantity and improves the quality of your crops? Why not have us send you, today, free of charge, a very interesting booklet on this subject? Much to learn--nothing to pay. Don't neglect anything that will help you grow better, bigger crops. Proper drainage means as much as two dollars in your bank account for every one that goes there now, and the Government lends you money for the tile if desired. Write us today. Mention this paper. Your book is waiting.

Dominion Sewer Pipe Co., Limited  
SWANSEA, ONTARIO

## The Housekeeper

If you have any odd bits of crotonne left from making summer draperies or pillow covers, make the pieces into round or square mats and edge them with the cheap torchon lace one can buy on the bargain counter for five and ten cents a yard. Bureau scarfs and table scarfs of crotonne, edged with lace, tone in well with summer draperies at the window and covers on the furniture.

Plugging dry linen into hot water is likely to set soil and stains. It should be soaked in cold water first.

Try putting a small piece of camphor gum in the water to preserve flowers in a warm room.

When boiled frosting has been cooked too long, add a piece of butter to soften.

Fruit stain may be removed from table linen by holding tightly over a bowl, and pouring boiling water through the stain before putting into the wash.

To prevent the under crust from becoming soggy, as it will when baked with juicy fillings, mix half the sugar you intend to use in the filling with an equal amount of flour and sprinkle on the under crust before you put in the fruit.

This is a good way to cook tough meats: Sauté to keep the juices, and then stew until tender, and serve with thick gravy.

Tar may be removed by rubbing well with fresh lard, and afterwards washing with soap and warm water.

Black kid gloves have a way of rubbing white at the tips. This may be let the bugles sound the Truce of God to the whole world forever.--Charles Sumner.

Prick potatoes before baking so that the air can escape and prevent their bursting in the oven.

## SELECT MEDICINE CAREFULLY

Purgatives are dangerous. They gripe, cause burning pains and make the constipated condition worse. Physicians say the most ideal laxative is Dr. Hamilton's Pills of Mandrake and Butternut; they are exceedingly mild, composed only of health-giving vegetable extracts. Dr. Hamilton's Pills restore activity to the bowels, strengthen the stomach, and purify the blood. For constipation, sick headache, biliousness and disordered digestion, no medicine on earth makes such remarkable cures as Dr. Hamilton's Pills. Try a 25c. box yourself.

### Butter by the Yard.

In Cambridge, England, butter is sold by the yard, not by the pound. The dairymen of that town have for many years reeled their butter into lengths, a length being a yard and weighing one pound. Neatly wrapped in strips of clean white cloth, the cylindrical rolls of butter are packed in long, narrow baskets made for the purpose and taken to the market. The Cambridge butter leaders have therefore, no need of weights or scales for determining the quantity of their wares. Constant practice and an experienced eye enable them with a stroke of the knife to divide the butter into halves or quarters with almost mathematical precision.

This yard-long butter finds its chief purchasers among the people of the university. It appears that this butter is peculiarly adapted to the special needs of the students in the dairy concerns. Cut into conveniently sized pieces and accompanied by a loaf of white bread, a stated portion is sent every morning to the rooms of the undergraduates for use at breakfast and tea.

Minard's Liniment, Lumberman's Friend.

### College of Tropical Agriculture.

The proposed College of Tropical Agriculture, in Ceylon, will be one of the most important institutions of the kind in the world, and already great strides have been made toward its completion. The college is to occupy 40 acres on the left bank of the Mahaweli River, opposite the Royal Botanic Garden at Peradeniya, at an elevation of 1,500 feet above sea-level. The main buildings, which will cost \$200,000, are to be arranged similarly to those of the Cornell College of Agriculture, at Ithaca, N. Y. The lectures will provide for two groups of students. Men with degrees in agriculture may take a one-year course, while courses of two years or more will be given to less advanced students.

### DEMORALIZING FICTION.

We endeavor to surround youth with good influence and bar from it the demoralizing and demagogic. We make great cry--and rightly--against saloons and dance halls as corrupting agencies, exercise censorship over "movies," and prohibit cigarettes. But in fiction, product of the unbridled imagination of the novelist, our young people may revel, unchecked, in "realistic" tales of depravity, corruption, political deals and business intrigues. The "deceitful" schemes of "Get-Rich-Quick Wallingford" have been the business morale of smaller operators. Talk of big fortunes easily won makes young men discontented with the slow returns of honest work. The "smartness" of the modern mind and the destructive influence of the idea of personal gain, administered by power through the standards of right and moral responsibility, induces and induces the influence of fiction from the social viewpoint.

### STRIKE'S TOLL.

The toll in human misery taken by strikes is something that cannot be estimated in money. The loss in wages and restricted output can be computed; the suffering of women and children, the injury to the prosperity of workmen, the moral and physical evils born of idleness, are a heavy drain upon the laboring man's resources.

### THE BRITISH STYLE.

In one matter the English people are as efficient as the Germans. No subject of the Kaiser could say things about the Britons a bit harsher than they say themselves.



## CARE FOR CHILDREN'S Hair and Skin With Cuticura. Nothing Easier. Trial Free.

The Soap to cleanse and purify the skin and scalp, the Ointment to soothe and heal rashes, itching, redness, roughness, dandruff, etc. Nothing better.

Sample Each Free by Mail With 32-p. Skin Book. Address postcard, Cuticura, Dept. L, Boston, U.S.A. Sold throughout the world.

### Habits Hard to Break.

Physicians of Birmingham, Ala., recently called attention to the case of Thomas Armstrong, a boy of 12 years, who uses his hands as well as his feet for locomotion instead of walking erect. He has never known any other way of getting about. The juvenile took the boy in charge in the hope of teaching him normal walking methods.

Charles Appleton, of New Orleans, was the subject of illustration at a lecture given by a physician in that city not long ago. He had contracted the habit of closing his left eye. He said it rested his sight, he fancied, the left eye being the weaker of the two. The habit grew until he opened his left eye very seldom when he was not using it for reading purposes.

As the lecture it was recited that everything had been done to break him of the habit, but without success, until he met with an adventure on a street car that rattled him considerably. A woman boarded the car on which he was a passenger. He had his left eye closed as usual. She casually glanced at Appleton and remarked the closed eye without there seeming to be any cause for the apparent affliction. She looked once or twice again and made such an impression on Appleton that he was startled out of his habit and opened his eye. The woman looked, started, denounced him as a flirt, complained to the conductor, waxed angrier the more she thought of the affair and finally had Appleton arrested. He had to prove his peculiar habit in order to escape a fine.

## PILES

You will find relief in Zam-Buk!  
It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores.

## Zam-Buk

### Novel Arithmetic.

Example: What number becomes even by subtracting one? Answer--Seven.

1. What number by adding one becomes sound?
2. What number by adding one becomes isolated?
3. What number by inserting one becomes fine meal?
4. What number by subtracting one becomes a vegetable growth?
5. What number by subtracting one becomes a preposition?
6. What number by subtracting one becomes an exclamation of contempt?
7. What number by subtracting one becomes a costly material?

Answer--1, one-ten; 2, one-ten; 3, four-flour; 4, three-tree; 5, two-to; 6, five-five; 7, four-four.

### Keep Minard's Liniment in the house

### Atavism in Dogs.

Dogs probably the earliest of domesticated animals, when transferred to a tropical country, such as central Africa, lose in a few generations most of the characteristics they have acquired in Europe, and revert more and more to the types of the jackal and the wolf. Then their ears, whatever their breed, tend to become pointed, their coats turn sandy or rufous and their bark becomes a howl. Some attempts have been made to show that this is the result of disease and resembles the effect of malaria on the human constitution. Yet the Egyptian dog of Pharaonic times possessed, as is seen by the monuments, these very characteristics; and as he was certainly domesticated before the European animal, it is probable that these are original features of the race.

## WEAR FLEET FOOT SHOES

FOR EVERY SPORT AND RECREATION

SOLD BY ALL GOOD SHOE DEALERS  
WORKED BY EVERY MEMBER OF THE FAMILY

## MAMMOTH AERATORS.

### How the Water in the Catskill Aqueduct Will be Purified.

The great Catskill aqueduct of New York city is to have two immense aerators. One is to be at Ashokan, where the water can be purified before it enters the aqueduct, and the other at Kensico, where the water will be purified a second time just before it reaches New York city.

The second aerator will be in the centre of a three acre basin, 400 feet long and 240 feet wide in the widest part. Into the floor are set, in row after row, 1,600 nozzles, each of which will throw a jet of water from fifteen to twenty feet high. The jets will strike each other and thus break up the water into clouds of spray and bring every drop into contact with the air and help free it of impurities.

This thorough airing will be especially beneficial in the autumn, when the water from the lakes and ponds is likely to have an unpleasant taste, owing to the presence in it of microscopic vegetation.--Youth's Companion.

### KEEP YOUR BABY WELL

Mothers can keep their little ones happy and healthy by the occasional use of Baby's Own Tablets. There is no minor ailment of little ones that the Tablets will not cure, and above all they are absolutely safe and positively no injury can result from their use. Concerning them Mrs. Henri Huard, Kingston, Ont., writes: "There is no medicine I know of so good for little ones as Baby's Own Tablets. They have certainly been of great service to me." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Pointed Paragraphs.

A strong headed man may be weak minded. Gossip is the ammunition used in the guns of knickers.

A man who buys a blind horse should also consult an oculist.

But a man who rushes the growler is never in a hurry himself.

Nothing worries some women like troubles that failed to develop.

If it were not for politics lots of lazy people would starve to death.

Man proposes, woman accepts--and the neighbors all say: "I told you so!"

After a woman has been married five times, you can't tell her anything about men.

If a young man is really in love he never hesitates to propose because the girl has money.

It's difficult to convince a woman that gambling is wrong if her husband keeps ahead of the game.

In all matters except a little matter of the tongue, a woman can hold her own.

### SHOP IN THE TRENCHES.

Philadelphia Record) Among the incongruities of the present war the one reported from British Headquarters in France is not the most singular. The men in the British trenches have taken to gardening during their periods of relief from the front and small plots of primroses and daffodils are growing in some instances not more than 200 yards from the firing line of the enemy. Even more extraordinary, however, is the case of a German Landsturm who has set up a little shop in his dugout, where he follows his peaceful occupation of watchmaking, repairing the timepieces of his comrades and even keeping a little stock of watches on "years."

Minard's Liniment Co., Limited.

I was very sick with Quinsy and thought I would strangle. I used MINARD'S LINIMENT and it cured me at once. I am never without it now.

Yours gratefully,  
MRS. C. D. PRINCE.

Napwigewauk, Oct. 21st.

### Cause of One War.

William the Conqueror lost his life in France through his horse treading on a redhot cinder while he was superintending the burning of Mantes, but few people know the fact which gave rise to the campaign that cost William his life.

During the latter part of his reign he became abnormally stout and consequently the laughing stock of not only his subjects, but his neighbors across the water. One day his contemporary, Philip of France, compared him to a fillet of veal on casters and suggested that he should be exhibited at a prize monarch show. This so enraged William that he straightway made war upon his ridiculer, and the loss of thousands of lives was the result.--London Tit-Bits.

### THE POOR NEUTRALS!

(Pittsburg Gazette-Times) To the man on the side lines there seems to be a heap more sinking of neutral vessels in this war than of enemy ships.

### Out to Be.

Mistress--This isn't a clean knife, Jane. New Servant--I'm sure it ought to be, mum. The last thing I cut with it was a bar of soap.--Boston Transcript.

### Wrong Signal.

"I'm not at home to that gentleman, Jane," declared the belle. "You haven't seen his card yet," protested mother. "You don't know who it is."

### Young Skeptic.

"Oh, dear me, I told my little girl there wasn't any Santa Claus."

"And now she won't believe in Satan."--Louisville Courier-Journal.

Keep a good table and don't forget the ladies.--Napoleon I.

## ISSUE NO. 20, 1915

### HELP WANTED--FEMALE

WANTED--GIRLS OF GOOD EDUCATION and character to train for nurses. Reply to: Westminster Hospital, St. Catharines, Ont.

### FOR SALE OR TO LET.

FOR SALE OR RENT--IN GRIMSBY and vicinity--choice residences; furnished or not; large garages; variety of fruit trees. Apply to R. A. Alexander, Grimsby, Ont.

### FOR SALE.

PERFECTION. A PASSENGER CAR would make dandy one ton truck. In perfect mechanical condition; \$650. S. E. Loveridge, 31 Park Apartments, Windsor, Ont.

### FARMS FOR SALE.

300 ACRES, STOCK AND GRAIN farm; good buildings; 40 acres timber. Sixteen miles from Hamilton, main road; twelve thousand; easy terms. Also 12 acres; sandy loam; bank barn; frame house; other buildings; 13 acres good wheat; spring crop in ground; two miles from station; nine thousand for quick sale; possession at once. Write for particulars to W. B. VanSickle, 805 Bank of Hamilton, Hamilton, Ont.

### Hungary's Wonderful Salt Mines.

The great rock salt mines of Hungary are among the wonders of the world, for the illimitable deposit of practically pure salt enables the workmen to cut it out in heavy blocks, much as marble is quarried, after which it is loaded on trucks and sent to the mills for grinding. Rock salt, it may be said, constitutes the world's principle supply of refined salt, and the Hungarian mines furnish a considerable portion of this commercial necessity. Underground passages of considerable width, resembling streets, have been cut at regular intervals, and the whole is well lighted. In one of the mines near the Rumanian boundary, a large chamber, with benches and seats, have been cut, where occasional gatherings are held, and perhaps in honor of this fact it is known as the "ballroom." Here the colorings are beautiful, the walls of the cavern or hall partaking of the many shades of rare marble and color grained onyx.

## A WOMAN'S MESSAGE TO WOMEN

If you are troubled with weak, tired feelings, headache, backache, bearing down sensations, bladder weakness, constipation, catarrhal conditions, pain in the sides, regularly or irregularly, bloating, nervousness, desire to cry, palpitation, hot flashes, dark rings under the eyes, or a loss of interest in life, write today to write and ask for my simple method of home treatment with ten days' trial entirely free and postpaid, also references to Canadian ladies who gladly tell how they have regained health, strength, and happiness by this method. Write today. Address: Mrs. M. Summers, Box 3, Windsor, Ont.

### Sun Glasses for Ball Field.

The latest thing in baseball is the invention of sun glasses for fielders. The glasses are riveted to the peak of the cap and work on a hinge.

When not needed to shade the eyes the glasses rest against the peak of the cap. When a ball is hit the fielder wearing a pair of these new glasses, which touches the rim and they fall down in front of his eyes and give him a chance to see the approach of the ball, looking directly into the sun. There is no chance for them to fall off the cap and the fielder does not have to look through dark glasses all the time.

Ask for Minard's and take no other.

### Items of Interest.

The highest hotel in the United States will be erected in California, at an elevation of 12,000 feet above the sea level.

The fishing industry of the Bosphorus is worth \$1,000,000 to Turkey. Along the Mediterranean coast she obtains excellent sponges, the Red Sea yields mother-of-pearl, and the Persian Gulf pearls.

The average depth of the sands on African deserts is from 30 to 40 feet. Queensland is estimated to have 40,000,000 acres of forests as yet unexplored and unreserved.

Barcelona, Spain, does a large business in the manufacture of paper drinking cups.

### SHOULD SEE CANADA, TOO.

(Detroit Free Press)

For the seeker of natural beauty, the camper and sportsman, the vacationist of almost any taste, Canada has riches to offer from the wild shores of Labrador to the wonders of the Canadian Rockies--mountains, lakes, streams, and forests of greatest beauty, cities of historic interest and unsurpassed picturesque charm, a summer climate to be envied.

It is hoped Americans who must travel will see their own country now if they never have before and a neighborly visit to Canada will repay them. There have been evidences at times that Americans are not greatly within the favor of Canadians, but perhaps this is because there has been less intercourse than there should be and might be. A good time to correct that is now.

One New York hotel employs 1,200 small electric motors.

## Barn Roofing

Fire, Lightning  
Rust and Storm Proof

Durable and  
Ornamental

Let us know the size of any roof  
you are thinking of covering and we  
will make you an interesting offer.

## Metallic Roofing Co.

Limited  
MANUFACTURERS  
TORONTO and WINNIPEG