Beware of the Cold Storage Egg! In his work on food and dietetics Doctor Robert Hutchison says, "the absence of carbohydrates prevents eggs from being in any sense a complete food." This refers to the fresh egg—the egg with a clean bill of health. What would Doctor Hutchison say of the modern cold storage egg? At present prices two eggs cost ten cents—and the egg is not a complete food! Something must be contained. thing must be eaten with it to supply the needed carbohydrates. Two Shredded Wheat Biscuits, with cream ormilk, make a complete, perfect meal at a cost of four or five cents. Made in Canada.

GERMANY'S PEACE PROPOSAL.

By Chas, M. Bice, Denver, Colo. The peace proposal emanating through Germany's Chancellor, Hol-wegg, has not the true ring, and will never be the basis, much less the terms upon which host les shall Great Britain's reply thereto was admirably presented by the new prime minister, Lloyd George, and which seems to have the consensus of

bed, and actually crippled with rheumatism. The trouble first located in my ankle—which was much swollen. I thought it might be a sprain, but the doctor said it was rheumatism.

r further negotiations.

Mr. George quoted the memorable utterances of Abraham Lincoln with fine effect, and cited the attitude of that great patriot who stood so firmly and grandly against compromise.

from its aptitude of playing directly into the hands of the enemy.

The allies are joined by a solemn compact respecting proposals and terms of peace, and it is suspected that they regard this agreement as being something more than a mere

They must stand together or go down to disaster. This they have agreed to do, so the epochal struggle will go on, until militarism is crushe and wiped from the face of the earth.



Don't Rub It On

Bruises or Sore Muscles

Cloan's Liniment quickly penetrates and soothes without rubbing. Cleaner than mussy plasters or ointments, does not

plasters of offitteens, does not stain the skin.

Have a bottle handy for emergency, rheumatic aches and pains, neuralgia, lumbago, gout, strains, sprains and lame back, yield to Sloan's Liniment.

At all druggists, 25c. 50c. and \$1.00.

SHORTAGE OF FEED.

Farmers Sell Off Stock Rather Than Carry Them Through Winter.

Unless the present tendency of far-mers to sell off their breeding stock rather than carry them through the Winter is not checked there is likely mers to sell off their breeding stock rather than carry them through the Winter is not checked there is likely to be a serious shortage of cattle and particularly hogs in the coming Spring and Summer. From all parts of the province reports are reaching the Department of Agriculture that the shortage and high cost of feed is causing farmers to get rid of their model with a frill of fine lace in front or of the soft material of the shortage and high cost of feed is causing farmers to get rid of their model with a frill of fine lace in front or of the soft material of the shortage and high cost of feed is causing farmers to get rid of their model with a frill of fine lace in front or of the soft material of the blouse still holds its own. Some very attractive new blouses are of tan or sand-colored Georgette decorated with shadow embroidery in fine wool. Motifs worked in old blue, old rose and tan enhance the artistic beauty of these waists. Bright yellow and deep rose are among the newest colors that have en seen in separate blouses. Some have collars of the same material, while others are trimmed with a white collar.

The department is also enlisting the assistance of its district representatives in order to carry on an educational campaign. It is felt that the farmers will serve their own interests best by keeping their stock even if carrying them over the Winter is costly.

ATALK ON RHEUMATISM

Telling How to Actually Cure This Painful Malady.

This article is for the man or wo man who suffers from rheumatism who wants to be cured, not merely relieved—but actually cured. The which seems to have the consensus of the allies opinion of the situation.

In the first place, the proposal for peace is based on the falsehood that Germany is victorious so far in the war, when as a fact, she has lost nearly all of her colonial possessions, nearly all of her colonial war, when as a fact, she has lost nearly all of her colonial possessions, has been beaten on the most important front—the western, and has only possession of a couple of small states and a small part of France which she occupied almost without resistance at the start.

Since that time, she has gained nothing important, but has lost strategic ground, and has about exhausted her resources of both means and men. Under these circumstances, her peace proposal have been rightly denounced by the allies as insincere and put forth for the sole purpose of gaining time on the provided for the word of the sole purpose of gaining time of the sole "For a long time I was confined to my bed, and actually crippled with rheu-

I thought it might be a sprain, but the doctor said it was rheumatism and advised me to go to bed so that the trouble would not be aggravated. I did as directed, but instead of getting better it spread first to my right knee, then to my left knee, and then to my arms. The limbs were much swollen, and if I moved them caused me considerable pain. I seemed to get weak in other respects and fell off in weight from 156 to 110 pounds. I had no appetite and seemed to lose interest in everything. One day interest in everything. One day while reading a paper I came across the case of a rheumatic sufferer cured by using Dr. Williams Pink Pills. I

decided to try them and sent for three that great patriot who stood so firmly and grandly against compromise on the great essentials of the conflict. We must never forget that there are three first-class powers along with Britain in this supreme struggle; and that any concession from one would be extremely dangerous at this time, from its aptitude of playing directly cane as well, and go about as briskly
as I had ever done. I feel that Dr.
Williams Pink Pills have been a
blessing to me, and I strongly recommend them to other similar suf

You can procure these pills through Naturally it is not the so-called "humanity" of the war that appeals to them first, as it would to neutral nations.

The can procure these pills through any dealer in medicine or get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

skilled men of military age in muni-tion factories who can be spared with-out prejudicially affecting the output

munitions, says London Mail. For the time being the military au-For the time being the military authorities propose to call to the colors such of these men up to 31 years of age as may be fit for general service. To avoid dislocation they will be called up in consultation and agreement with representatives of the Government Departments concerned. These proposals do not involve the colling up of skilled men and in organization.

calling up of skilled men, and in or-der further to secure the retention of skilled men on work of national importance the Army Council will issue trade cards through a number of trade unions to their members who

trade unions to their members who were registered as journeymen and apprenticed before August 15, 1915. This big comb-out follows upon the Order under the Defence of the Realm Act giving power to call on any exempted man to undergo a Medical Board examination. It is to be followed by a comb-out of Government Departments, beginning with the Board of Trade and the Foreign Office.

Office. The application of the printing out order to all controlled factories will release tens of thousands of men for the army, it is said.

Blouses and - Skirts



7529-7531

Jabot Blouse and Pocketed Skirt

offered in plain and pleated models, some with pockets and yokes and some without. A yoke which extends in points over the hips is exceptionally smart. Over the points are placed little pockets with flaps that are but-

toned down.

Scotch plaids and checked materials in two colors are used for the service-able tailored skirts, as well as the other popular woolen fabrics of the sea

These patterns may be obtained from your local McCall dealer or from the McCall Company, 70 Bond street, Toronto, Ontario. "Dept. W."

Sore Granulated Eyelids,
Eyes inflamed by exposure to Sun, Dust and Wind
quickly relieved by Murine
Eyes Feemedy. No Smarting,
just Eye Comfort. At
Your Druggist's 50 per Bottle. Murine Eye
SalveinTubes 25c. For Book of the Eye Free ask
Druggists or Murine Eye Remedy Co., Chicage

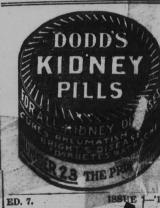
Like Father, Like Son. "Willie, do you like your teacher?"
"Naw! she's an old crab."
"Willie, how dare you speak about
your teacher that way? Don't you

tons.
"Well, admiral, what you say But when you married you true. were only a midshipman, with even a smaller salary than mine. How did you get along?" asked the ensign, who believed he had made the most diplomatic of defences. believed he man atic of defences.

The crafty old sea dog.

thundered forth:

"I lived on my father-in-law for the first ten years, but I'll be hanged if you are going to do it!"



Guard Your Baby's Health

Cheerful, Chubby Children Make the Home Happy

Weak, puny babies are a constant care to tired mothers and are subject to many diseases that do not affect healthy children.

Keep your children in good health. See that their bowels move regularly -especially during the teething period. This is a distressing time in the life of every child and the utmost pre-caution should be taken to keep them well and strong.

By the consistent use of

Mrs. Winslow's Soothing Syrup

It is a corrective for diarrhoea, colic and other infantile ailments. It soothes the fretting baby and permits the child to sleep well and grow healthy. It brings comfort and relief to both child and mother.

Mrs. Winslow's Soothing Syrup

Makes Cheerful, Chubby Children

Is absolutely non-narcotic. It contains no opium, morphine nor any of their derivatives. It is soothing, pleasant and harmless. For generations mothers in all parts of the world have used it and millions of babies have been benefited by it.

Buy a bottle today and have it handy Relieve and Protect Your Children

Sold by all druggists in Canada and throughout the world

"IDIOTIC DISTINCTIONS."

War Great Leveller of Class and Democracy Promoter.

seem "idiotic" to the rulers of Germany, then it would be impossible to exaggerate the influence toward democracy which the war has exerted, for certainly, before the war, the ed, for certainly, before the war, the ed, for dealers and the ed war, the ed, for certainly, before the war, the ed w "Willie, how dare you speak about wour teacher that way? Don't you know that is disrespectful?"

"What's wrong with it? Isn't that what you tell Ma your boss is?"

"Be Gures Garget in Cows."

"While, how dare you speak about democracy which the war, the dividing line between class and class were held to be natural, immovable and commendable—in short, necessary for the existence of society as in Germany it ought to be.

Minard's Line of the war, the dividing line between class and class were held to be natural, immovable and commendable—in short, necessary for the existence of society as in Germany it ought to be.

Minard's Line of the war, the dividing line between class and class were held to be natural, immovable and commendable—in short, necessary for the existence of society as in Germany it ought to be.

Medicine Co., Brockville, Ont.

Profiting by Experience.

A well-known naval dignitary has a beautiful daughter. A young ensign, with no resources but his salary, fell in love with ner, and asked the old in love with her, and asked the old gentleman for her hand.

It was officially announced that the Admiralty, the Ministry of Munitions, and the Army Council have agreed to release for military service, at an early date, all semi-skilled and unskilled men of military age in muni-skilled men of military skilled men of military age in muni-skilled men of military skilled men of military skilled men of military skilled men of military age in muni-skilled men of military age in muni-skilled men of military skilled men of military age in muni-skilled men of military age in muni-skilled men of military skilled men of military skilled men of military ski

The Athletic Girl.

"So she's gone in for athletics."
"I should say so. I found that out when I tried to kiss her." 'But she hollered for help, didn't

she?"
"No, that was me you heard holler-ing for help."

Minard's Liniment Cures Colds, Etc.

Very Fine.

A country gentleman in Ireland, having a small sporting estate to sell, advertised it, and soon afterward a gentleman called to see about it.

"Well, yes; he's a reaching a conclusic ought to be done."

"Well, yes; he's a reaching a conclusic ought to be done."

over that estate you advertised, and find it all right except that fine trout stream you mentioned."

"It runs through the wood in the lower part of the meadow," said the land owner.

"What! That little brook? Why, it doesn't hold much more than a spoonful. I am sure if you were to empty a pail of water into it it would overflow. You don't call that a fine stream, do you?"

"Faith," said the owner, blandly, "if it were much finer you couldn't see it all all!"

FROM OLD SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What Is Going On in the Highlands and Lowlands of Auld Scotia.

The price of the 4 lb. loaf in Crieff has been raised from 20 cents to twenty-one cents.

The military authorities are hoping to obtain from 250 to 300 farm servants in Berwickshire.

Col. C. W. Scott, of Dumfries, has assumed the post of Assistant Director of Artillery in France. Rothesay streets have become so dangerous owing to the darkness that many accidents have occurred.

In two years the valuation of the Duke of Atholl's property in the Highland district has fallen \$19,075.

An outbreak of anthrax is reported from West Lothian, and a large num-ber of bullocks have had to be cremated.

The Edinburgh Chamber of Commerce urges the necessity on the University of establishing a degree in commerce.

Dr. A. R. Turnbull, formerly medical superintendent of the Fife and Kinross Asylum, has just died in Edinburgh. Summons warnings on lampposts

etc., are being experimented with in Kincardineshire, and promise to be successful. A suggestion was made for utiliz-

A suggestion was made for utiliz-ing German prisoners on a mid-Scot-land ship canal at a meeting of the Edinburgh Town Council. Criticism of War Office methods

in calling up farm workers was made at the annual meeting of the Scottish

at the annual meeting of the Scottish Chamber of Agriculture.
David Lawson, stationmaster at Shettleston, has retired, after nearly 52 years' service with the North British Railway Company.
At a meeting in Edinburgh attended by Lord Rosebery a civil advisory committe was formed to deal with

war allowance difficulties.

war allowance difficulties.

The valuation of Perthshire during the past two years show a decrease of \$83,596.40, chiefly due to the lessened demand for the shootings.

Second Lieut. John Steel Ralston,

Cameronians, youngest son of Col. T. B. Ralston, Haxtoun, Bothwell, has been awarded the Military Cross. The death has occurred at Burnt-island of Mr. William C. Arnott, for-

merly district superintendent of the North British Railway at Burntisland. Lord Salvesen protested at the an-nual meeting of the Association of Lowland Scots against the treatment of Lowland regiments by the War

WINTER WEATHER HARD ON LITTLE ONES

Our Canadian winters are extremely hard on the health of little ones. The weather is often so severe that half appealing and half commanding the German women of every rank to enter the public service as actual workers, there was one curious and significant phrase, says the New York Times. As translated, it characterized as "idiotic class distinctions" those lines which, more rigidly in Germany than in any other European country, except perhaps in Austria, have divided the population into little less than separate species. If these distinctions have come to seem "idiotic" to the rulers of Germany, then it would be impossible to Our Canadian winters are extreme

cured of rheumatism after five years of suffering, by the judicious use of MINARD'S LINIMENT.

The above facts can be verified by writing to him, to the Parish Priest or any of his neighbors.

A. COTE, Merchant.

In The Years To Come. "Father, what did you do in the Great War?"
"I nursed you while your mother was selling flags."

Minard's Liniment Cures Diphtheria.

And There He stops. "Bluffem poses as a hustler, doesn't

"Well, yes; he's always energetic in conclusion that something

You will find relief in Zam-Buk ! it eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores.—

amBuk



The Quarrelsome Man. "I think it's a mistake, old man, to

quarrel with everybody in town."
"What do I care?" "You may care if you ever want a jury trial for anything."

Minard's Liniment Cures Distemper.

When a child dies in Greenland the natives bury a living dog with it, the idea being that the dog should be used by the child as a guide to the other

MECHANICS WANTED.

BENCHMEN ON CABINETS, ALSO handy men on shell boxes, hand and spindle carver. Gold Medal Furniture Co., Uxbridge.

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MISCELLANEOUS CANCER, TUMORS, LUMPS ETC., Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.



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It will pay you to ship all your fur to a reliable house, where you can get full market value. Ask for our price list and shipping instructions.

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SELDOM SEE a big knee like this, but your horse may have a bunch or bruise on his ankle, hock, stifle, knee or throat. ABSORBINE

will clean it off without laying up the horse. No blister, no half gone. Concentrated—only a few drops required at an application, \$2 per drops required as an application, so per business of the service o

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tell how you can increas tell how you can increase your farm profits and build up your farm through more profitable farming methods, including the use of fertilizers. Crops, soils, seeds, lime, cultural methods, harvesting, marketing, drainage cover crops farm man age, cover crops, farm manures, rotations, etc., are among subjects discussed.

You Cannot Afford to **Ignore Fertility Subjects** Present high prices for farm products make larger yields doubly profitable. Our soil books are free. You should have a set to study before planting season opens. Inform yourself by writing for them.

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