CHATS WITH YOUNG

MEN ROSES

I went to gather roses and twine them in a ring,
For I would make a posy, a posy for

the King.
I got an hundred roses, the loveliest

there be, From the white rose vine and the pink rose bush and from the red rose tree.

But when I took my posy and laid it at His feet I found He had His roses a million

times more sweet,
There was a scarlet blossom upon
each foot and hand,

And a great pink rose bloomed from His side for the healing of the

Now of this fair and awful King there is this marvel told, That He wears a crown of linked thorns instead of one of gold.

Where there are thorns are roses and I saw a line of red, A little wreath of roses around His radiant head.

A red rose is His Sacred Heart, a white rose in His face, And His breath has turned the

barren world to a rich and flowery place. He is the Rose of Sharon, His He is the Rose of gardener am I,

And I shall drink His fragrance in Heaven when I die.

-Joyce Kilmer

MOTHERS OF MEN

Few if any autobiographies of famous men omit to pay a strong and touching tribute to the influence of a good mother. This of all other memories is one which can cause the tears of strong men to flow. Good men and men of evil life alike join in this chorus of praise, offering their contribution

praise, offering their contribution to the memory of the one to whom, after God, they owe their being.

The opinion of most theologians inclines to the belief that a majority of mankind are saved, and dwells particularly on children, women, and the poor. Long before the Christian Era the Wise man extelled the praises of the velignt tolled the praises of the valiant woman: "Who shall discover her woman: "Who shall discover her worth?" And this is especially true of the Christian mother.

Lacordaire, recalling the vivid impressions of his childhood, says suc-cintly: "My Mother, St. Michel and my new-born religious Faith stand out in my soul as the earliest, the most touching, the most lasting of memories." And he goes on to describe his recollections of this good woman, this "brave and valiant woman," about whose simple hearth breathed the ineffable charm of a small but modest and loving home circle. There was no super-fluity in this home, but severe simplicity, strict economy, an atmosphere of an age far removed from their own, and the sacredness which attached to the virtues of a widow who saw her four children around her already growing to manhood, and fostered a hope that she might behind her a generation of honorable and perhaps distinguished

The influence of this good mother was doubtless reflected in a thousand ways in her illustrious son. The sentiments of faith and piety which he bequeathed to the world were certainly imbibed from the sacred atmosphere of her loved presence who was the guardian of

his childhood.
St. Augustine, with streaming eyes, recalls the virtues of his excellent mother. Monica. and attributes to her powerful and insistent intercession, his conversion to a heroic Christian life. With the deep intuition of the Penitent, he realizes her desolation as she stands on the solitary shore, finding that her son has taken passage in the night lest her maternal exhorta-tions might deter him from new intellectual triumphs. In God's Providence the truth was hidden

of sacred joy.
St. Aloysius, writing to his mother from his novitiate, addresses her in terms of the most childlike and filial respect: "Most honored Lady, my Mother." And St. John Berchmans, reversing the order of his childhood, writes to his mother in her last agony: "Fight bravely, dear Mother!"

St. Francis de Sales, in his gentle St. Francis de Sales, in his gentle spiritual ministrations to the sad and sorrowing, gave much space in his letters to consoling afflicted mothers, especially such as had suffered the loss of a dear child. To them he writes inspired words of the exalted dignity which is theirs in giving to the Court of Heaven an ambassador who shall intercede for the loved ones left hehind, a page at the Throne of the Most High. Yet such was the charity of his heart that the good Bishop of Geneva did not rebuke the tears which fell for the departed. Rather which fell for the departed. Rather did he urge that such bereaved mothers should unite their tears with those of the Queen of Sorrows,

picture, departing at the bidding of a harsh step-father for a distant school—carried into the future one standing at a garden gate with her baby in her arms. Not a fold of her gown, not a ringlet of her hair but was enshrined in his memory henceforth and forever. Such she ever remained to him, as he last saw her on earth, and the picture served to make him a better man all his

The world is ever tender when gazes into a mother's heart. But it is reserved for the Catholic Church to consecrate this image of motherhood in the ideal woman, the Blessed Mother of Christ.

Once a year, when the ground is white with snow and the ever-greens alone retain the freshness of greens alone retain the Church "I'd like to see Marshal Foch," places before us the picture of this Holy Mother as she cradles her little Babe in her arms. All the world bows at her shrine at Christmas time, even though many forget

her all the rest of the year.

Mary is not alone the loving Mother; she is ever the sorrowing Mother. In the shadow of the giant Sphinx, where the idols of pagan temples lie buried in the sands, we see temples lie buried in the sands, we see her, a fugitive, guarding the slumbers of Christ. The puny figure of Napoleon on his horse, gazing upon the silent relic of a buried Age, is lost in the vision of this Mother and Child. The figure of the holiest and best of Mothers lives, ever green in hearts, when the historic pictures of so called great ones of earth have so-called great ones of earth have

so-called great ones of earth have faded away.
During the ssd years of the recent World War, the majestic figures of valiant mothers stood out in strong relief against the bloody horizon of battle fields. Mothers of the desolate heart, of the falling tear, but of the brave and submissive heart, they followed closely in the foot they followed closely in the foot-steps of the great Mother of God.

She performed no notable public acts; her book was the Cross of her Divine Son; her art was the art of loving Him well, her song the lamentations of the Prophets of old for a blind and obdurate world.-The

OUR BOYS AND GIRLS

THE ANNUNCIATION

How pure, and frail, and white, The snowdrops shine! Gather a garland bright For Mary's shrine

For on this blessed day She knelt at prayer: When, lo! before her shone An Angel fair.

Hail Mary !" thus he cried, With reverent fear: She, with sweet wondering eyes, Marvelled to hear.

Be still, ye clouds of Heaven! Be silent, Earth And hear an Angel tell

Hail, Mary !" lo, it rings Through ages on; 'Hail, Mary!' it shall sound Till time is done.

'Hail, Mary!" infant lips Lisp it today;
'Hail, Mary!" with faint smile The dying say.

Hail, Mary !" many a heart Broken with grief In that angelic prayer Has found relief.

And many a lost soul. When turned at bay, With those triumphant words Has won the day. -ADELAIDE A. PROCTER

Providence the truth was niqued from her heart, for had she known that this journey was to end in glorious spiritual conquest, her tears would rather have been tears of sacred joy.

TRIBUTE TO A MOTHEM IT count my mother as one of the most precious gifts God gave me. The legacy which she gives to me is the heritage of an ideal woman. Her love answers my longing. I Her love answers my longing. I yield to her affection, for in doing so I am not deceived. Her trust in God reveals to me a faith which is like a star in darkness and uncertainty. Prayers from her lips urge me to carry on. The sovereignty of my soul is strengthened by her patience and guidance. On by her patience and guidance. On her bosom I find a refuge that nourishes me back to strength. Her words are measured in the depths

The season is on again for the old, old question: Father, is it wrong to go to a dance during Lent?

picturing the characteristics of the mothers of men. Many are the word-pictures which will endure as a little voice that has always kept word-pictures which will endure as long /as the world which such men have left, faint images of something sacred to their own lives when perchance naught else was, held sacred.

The little hero of one such word-pictures which will endure as a little voice that has always kept it on the better way. And while they realize that they are not by that fact, in itself, committing sin, they will distinctly feel that they are not choosing the better part.

And to a disinterested spectator it is always sad to see a boy or a girl tampering with long cherished ideals of the years of innocence and piety.—The Echo.

A COMMON BOND

A Western paper relates a pathetic though interesting detail of the visit of Marshal Foch through that

As the train bearing Marshal Foch pulled out of Sedalia, Mo., a smallish boy, thirteen years old, crowded through the door of the private car. He escaped the eyes of sergeants, officers and a half dozen others, and edged up toward the rear observation parlor. The boy had been waiting all day to see the marshal.

As he reached the door, an officer

he said.
"I'm sorry, sonny, but—"
Then the gray-clad figure in the chair a few feet ahead turned and peered over his nose glasses. A command in French was given and the heavy was ushered in. the boy was ushered in.

The marshal extended his hand, and a greeting in French. The boy extended his hand timidly, twitchmarshal extended his hand, ing at his knickerb ckers with the

"I'm awful glad to meet you. I had a brother killed in France,"
There was a hasty translation by the interpreter. The gray eyes softened, an arm went about the boy's shoulders, squeezing the little form close to him, as a father would. The marshal of all the allied armies and the boy had one thing in common, for Foch, too, lost a son in the War. — Catholic

HEALTH AND PRAYER

The value of prayer as an adjuvant to health is discussed by Dr. James J. Walsh in the current Queen's Work. Dr. Walsh's book "Religion and Health" has brought into innumerable homes in this country its cheering message of the close association between health or wholeness of body and holiness or wholeness of soul. Physicians like Dr. Walsh now realize more than ever before how much an appropriate state of mind induced by prayer helps to recovery from disease. The habit of prayer instills confidence in God and enables the patient to face the future with less anxiety and solicities. future with less anxiety and solici-

In many diseases, like pneumonia, the attitude of a pati nt's mind is everything. "The man," says Dr. Walsh, "who can say heartily. 'Thy will be done' and who has succeeded in putting on a state of mind where it makes no difference what happens to him as long as the will of God is secondlished in him. will of God is accomplished in him, is in the best possible disposition to permit all functions to exercise without disturbance, and con-sequently is in the best physical condition to allow nature's energies to be used to the greatest advantage to overcome disease. It probably is not possible entirely to put aside all anxiety as to the future and the outcome of the affection from which one is laboring, but even to accomplish that to a noteworthy extent helps the physician in his efforts to cure more than anything else could, since it prevents brakes from being applied to the natural energies underlying the

definite tendency to recovery which exists in all diseases."

The strongest characters in the world have found a mighty refuge in recourse to prayer. The three outstanding figures in the late War from whom the world derived its greatest helps and learned its most important lessons were Pope Benedict XV., Cardinal Mercier, and Marshal Foch. All three have been men of prayer.

To those who think that prayer is out of fasions because the devolvement of science here oblite to the devolvement of science here of the devolvement of the devolveme

velopment of science has obliterated its foundation through the doctrine of evolution and kindred fallacies, Dr. Walsh offers the reminder "that not a few of the men who have made our modern science, have been men who were not only not ashamed to pray, but had the habit of prayer. to pray, but had the habit of prayer. Take the modern science of electricity alone, Galvani and Volta, Ampere, Coulomb, Faraday, Oerstead, Ohm, Clerk Maxwell and Lord Kilvin, the men whose names are forever enshrined in the history of science, all of them were men of abiding faith and deep trust in prayer. Their work began before the nineteenth century but runs into the twentieth. The great contributors to the most recent of tributors to the most recent of sciences, archaeology, have been clergymen deeply intent on their religious duties as well as their scientific work. Such men as Abbe Breuil and Father Obermeyer, and which fell for the departed. Rather did he urge that such bereaved mothers should unite their tears with those of the Queen of Sorrows, mourning beside the tomb of her Son.

A youthful Martyr, writing to his mother when death awaited him on the morrow, extols her generosity in giving him freely to God's service: "My Mother! With your great, your burning love! All, all was for God, even the child whom you loved dearest!"

It would seem that the novelist's pen traced never so firmly as when side the tomb of the Code of

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milling of white flour, leaves starch in too large proportion, which clogs in the digestive tract, causing fermentation. Stomach troubles ensue and give rise to attendant disorders. Then drugs are resorted to for relief. What folly to try to improve upon Nature!

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nourish the body.

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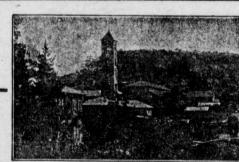
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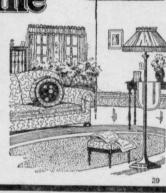
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