



## Good, Better or Best?

A VITAL DIFFERENCE IN BREADS

**Q**UALITY you know is comparative. Just as much so in bread, as in woollens or linens.

If you make bread at all you naturally want it to be good—as good as, or better than your neighbor's.

But is your bread as good as it ought to be? Does it furnish its full quantum of health and strength? Is it nutritious as well as delicious?

Ordinary flour may make fairly good looking bread. But if you care for *food value*, for nutrition, for digestibility, for bone and muscle and blood building quality, you will want a flour rich in the highest quality of *gluten*.

**"ROYAL HOUSEHOLD"** is the *finest flour in the world* and makes the best bread in the world.

And it is just as good for Pastry as it is for Bread. It is the one flour which has proved an unqualified success for every household purpose. And its absolute uniformity guarantees you against failure—

**ROYAL HOUSEHOLD FLOUR** is made of Manitoba Red Fye Wheat, which is especially rich in high quality gluten.

It is scientifically milled in the finest mills in the British Empire and samples are regularly subjected to the most exacting of all tests, the oven test, to insure uniformity.

**"ROYAL HOUSEHOLD"** always makes the finest and most nourishing bread, the lightest, flakiest and most healthful pies, cakes, biscuits, muffins, rolls.

Order **"ROYAL HOUSEHOLD"** at once. Don't delay. The sooner you commence using this finest of all flours the better for your family.



## Ottawa Exhibition

SEPTEMBER 9th TO 17th, 1910.

Central Canada Fair, 1910, to surpass all predecessors. Premiums for Horses Generously Increased, and larger appropriations of prize money for cattle, swine, sheep, poultry and agricultural produce.

**\$16,000.00 AND 40 GOLD MEDALS.**

Buttermaking Contests, Manufacture in Progress, Parade of Prize Animals, Grand-stand for 12,000, Pyrotechnics, Mimic Warfare, Horse Races, Vaudeville. Entries close Sept. 7th. Write for prize list and other information to:

**ED. McMAHON, SECRETARY, OTTAWA, ONT.**

## Canadian National Exhibition, Toronto

AUGUST 27th to SEPTEMBER 12th, 1910.

**\$50,000 00**

**\$35,000.00**

In prizes for products of the farm, the home and the garden. In live-stock premiums. For information and prize lists write:

**J. O. ORR, MANAGER, CITY HALL, TORONTO**  
ALL ENTRIES CLOSE AUGUST 15TH.

BEST RESULTS ARE OBTAINED FROM ADS. IN "ADVOCATE."

after One whose white vesture is dipped in blood, then you must be tremendously in earnest. You will never work wondrously with the mighty weapon of prayerful service, if you are satisfied to plod through the wilderness seeking only manna for yourself. If God wants to send you on His errands, wants to send His messages by you, then you must be always presenting yourself as a volunteer before the Throne, always listening for the still, small voice, which is unheard by one who allows himself to be absorbed in the cares and pleasures of this life.

A true soldier of Christ holds his life absolutely at his Master's disposal. He is ready to go anywhere and do anything that is plainly the duty marked out for him.

God wants to send many messages through us; He wants each Christian to be, like John the Baptist, a voice speaking His words. It is a great honor and privilege to be used by Him, to be the channel through which He touches other souls; but how can God speak through our voice unless we are listening for His, and keeping ourselves free to obey His special commands?

Christ is still the Word of God. That Word came into touch with men, not through a great king or conqueror, but through the lowly, holy village maiden—Mary of Nazareth. So, to-day, He is continually coming into quickening touch with man through pure souls and bodies which are consecrated unreservedly to His service, through men, women and children, who say with steady, resolute determination: "Here am I; send me!"

If God is not working mightily through us—and He only knows whether He is making full use of our powers for His glorious purposes—then it must be that we are not entirely consecrated to His service, or are not keeping always in touch with Him. If He has lighted us with the fire of His indwelling life, He certainly intends us to do our part in the great work of lighting the world. Let us put more life, energy and enthusiasm, into our prayers for the growth of His Kingdom, and then we can reach out in His power to strengthen the souls around us.

The only way to do Christ's work is to press close to Him and stay there. Then both hands can be stretched out in eager service. Then His quickening life can flow through you in an ever-increasing flood. What matter though you have little time, money or worldly influence? The great life which has transfigured millions of souls, filling them with power and joy and beauty, was very short, very busy, and was not helped by money or worldly power. The greatest of men worked in a village carpenter shop, and it is better for the world that it was so. He has shown that true power lies in character, not in position. With God behind a man, working through him, nothing can be impossible—though success is sometimes hidden for a time. Christ did not seem to have made a success of life when He died on the Cross and His followers were scattered in fear and weakness. But He is the Stone which is to become a great Mountain, and fill the whole earth. His is the Kingdom set up by the God of heaven, which shall never be destroyed, but shall stand for ever.—Dan. ii.: 35, 44.

If you want to work for God more and more successfully, and are feeling discouraged at your own weakness, then remember that it is not you who are to do the work, it is God, Who will work through a consecrated human instrument.

"The feeble hands and helpless, reaching blindly through the darkness, Touch God's Right Hand in that darkness,

And are lifted up and strengthened."

DORA FARNCOMB.

### The Vision of His Face.

By Dora Farncomb.

(Introduction to English Edition.)

The Rev. J. Stuart Holden writes: "Very gladly do I accede to the request to write a short prefatory note to this volume, which, however, needs no commendation of mine. Its title prepares us to find in its pages the exaltation of Christ as the center and source of all true life, which expectation is entirely fulfilled to the reader. The authoress is one who is obviously far from being

learned the secret of the Lord, and is more than usually felicitous in imparting it to her fellow-disciples, none of whom can but be inspired and helped to a truer realization of the fullness of Christ by the perusal of these pages. In this our day . . . nothing, indeed, is more needed than the unbroken vision of His Face, to whom looking we are saved and strengthened to run the race. These brief chapters, while not professing anything of the merely academic or literary, are full of that unspeakable radiance which the Vision imparts to beholding souls. And yet they are far from being merely mystical, for they make nothing so clear as the fact that individual relationship with Christ has a necessary social consequence in the life of the believer, whose love is 'not in word, nor in tongue, but in deed and in truth,' and who expresses his love for the Lord in self-sacrificing service to those for whom He died."

"Without having anything of the sound of the trumpet, this book vibrates with the music of the harp, and I am certain that those who take it up in the desire of gaining more clearly the Vision of the King in His beauty, will lay it down with deep gratitude and satisfaction of heart."

"The Vision of His Face" contains seventeen chapters—more than 200 pages. Cloth, with gilt lettering. Price, \$1.00, postpaid. Canadian edition, The William Weld Co., London, Canada. English edition (with introduction by Rev. J. Stuart Holden, M. A.): Elliott Stock, 62 Paternoster Row, E. C., London.

### From an Alberta Reader.

Editor "Hope's Quiet Hour":

I am another interested reader, my husband having subscribed to "The Farmer's Advocate" for at least eight or nine years. I always look anxiously forward to the reading of Hope's Quiet Hour, and have often felt like writing something for its pages, but have put off doing so from time to time. I have been helped much in faith lately by comparing the case of "The Blind Man" (Bartimeus) with "The Gift of the Holy Spirit." The Saviour must have known, yet He draws from the man his request: "What wilt thou that I should do unto thee?" In another place He says: "Ye have not, because ye ask not," and as soon as the request was made, the answer came: "Go thy way, thy faith hath made thee whole"—and immediately he received his sight. His request was: "Lord, that I might receive my sight." And is not our request, "Lord, that I might receive Thee" (the Holy Spirit), and He says in Acts: "Receive ye the Holy Ghost." Let us receive Him.

I was reading of "The mantle which Elijah threw over Elisha," and it seemed so beautiful—it was the mantle of the love of God, and he received Him immediately, and his spirit became as the spirit of a little child. It was the overshadowing of the divine presence, and can He not cast it over whom He will?

## Current Events.

A company has been incorporated to build airships at Montreal.

Lord Kitchener will resign from his position as Commander in the Mediterranean.

Mr. Charles K. Hamilton last week made a successful flight in his aeroplane from New York to Philadelphia, a distance of 88 miles, going at the rate of nearly 55 miles an hour.

During a discussion of general topics in a primary school, the teacher asked the question: "What is a veterinary surgeon?"

"One who doctors old soldiers," was the ready reply of a boy of five years.