# THE CATHOLIC REGISTER. THURSDAY. OCTOBER 13 1904



### FITLY SPOKEN WORDS.

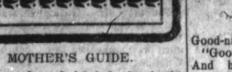
Few people realize how much hap- Pork, yeal, and fried foods should piness may be promoted by a few not us a rule be given to children, as words of cheer spoken in moments they are difficult of digestion. of despondency, by words of encour- Don't worry about baby's crying if agement in seasons of difficulty, by you have made certain that nothing words of commendation when obstacles have been overcome by effort and perseverance. Words fitly spo-ken often sink so deep into the mind and heart of the person to whom they are addressed that they remain they are addressed that they remain a fixed, precious and oft-recurring memory-a continuous sunshine, lighting up years, perhaps, after the lips that have uttered them are sealed in death. A whole life has been changed, exalted, expanded and illumined by a siggle expression of approval falling timely upon a sensitive and ambitious nature. Words of cheer ambitious nature. Words of cheer cost nothing to the speaker. On the contrary, they are to him, as well as to the hearer, a source of great hap-piness to be had for the mere effort of uttering them. The habit of speaking such words at appropriate times is easily acquired, while at the same time it is of so much importance that it should be cultivated by all.

A dressing known as Egyptian mavonnaise is excellent with a meat salad. For it, make the usual stiff garden. at all, let the little ones mayonnaise and season it with onion juice and a trace of garlic-reduce a clove of garlic to a watery pulp and add to it—a drop or two of tabasco sauce and the pulp of three small tomatoes, peeled, mashed through a sieve and drained of most of their juice.

A cream salad dressing that is preferred by some persons to an oil mayonnaise is made with a cup of thick creak, the yolks of three hard-boiled eggs, the yolk of a raw egg, a tablespoon of vinegar and salt and paprika. Mash the boiled yolks and reduce them to a smooth cream with the raw yolk. Then add the cream drop by drop, beating con-stantly, as in making mayonnaise. When the mixture is thick add the seasoning little by little. Mustard and onion juice are sometimes used

in the seasoning. Here is a salad dressing that may be kept in the refrigerator in a closed can for a week or more at a time. Scald half a cup of milk in the dou-ble boiler and stir in two beaten eggs. As soon as it thickens add a teaspoon of mustard, a teaspoon of su-gar and half a teaspoon of salt. Remove from the fire and stir in a rounding teaspoon of butter, bit by bit. Lastly, and gradually, six ta-blespoors of vinegar. Just before serving fold in whipped cream.

THE "SALT RUB."



hurts it. That is just a way of developing its lungs. The pernicious habit of washing

Never hurry a baby into talking, you may overwork its brain. Even if baby is slow, he will make up for lost time between the ages of four and five.

Curtains hung round the baby's cot when he is asleep is a bad plan. They may look pretty in the daytime, but be sure to fold them back at night. Children need plenty of

elders! but it is not fair to be always snubbing them, and telling them "they know nothing about it." Gardening is excellent exercise for children, as it is so healthy for them in every way. If you have any each have a strip, however tiny. Encourage them to keep these little

best-kept and best-planned little garden.

#### THE BUSY WOMAN.

Why is it that some women are always busy? Of course some have more to do than others, but even wo-men who have no real duties in life the fat engineer. "Queer things hapseem to be in a continual "rush." pen to me about a year ago. You In such cases as this it must be would think it queer for a rough man that a woman does not know how like me to cry for ten minutes, and to manage either herself of her nobody hurt, either, wouldn't you? time. Something must be wrong somewhere. Whether the fault is in her bringing up or in her disposition the result annears to be the source of the result appears to be the same. pretty lively when I approached a lit-Of course, there are always mexpected the village where the track cuts 'Sure, you can'?"

sequently does them all hastily and

And You Are Tortured by the

Few remedies have done as much to

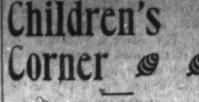
Miss Levina Diotte, Clarence Creek,

**Refuses** to Heal

When Eczema

Be Oured by

tude.



### GOOD-NIGHT.

Good-night! the sun is setting, 'Good-night!'' the robins sing, And blue-eyed dolls and blue-eyed train.

girls Should soon be following. Come, lay the Lady Geraldine Among the pillows white; 'Tis time the little mother kissed Her sleepy doll good-night.

Soon all the world will go to rest, And all the sky grow dim; God "giveth His beloved sleep, So we may trust in Him. The Lord is in the shadow, And the Lord is in the light, To guard His little ones from harm; Good-night, dear heart, good-night!

-Apples of Gold. A GIRL'S OWN BROTHER.

### "But he's my brother."

Is that any reason why you should the cause of the delay was. He went take his courtesies for granted and back to the embankment and sat never say "Thank you"? Is that any reason why you should hat and fanned himself, and thought not try to make an evening at home a minute or two. Then he said: pleasant for him, instead of forcing "If all you men'd unhitch that last him by your selfishness to seek his car, and back 'er up the grade a bit, appear before him in a clumsy wrap-per, and with your hair in sy wrap-that and let 'er come down kerchunk, that'd start the whole outfit." happiness somewhere else? per, and with your hair in papers? push him to the wall except when Come, boys, lets try it." you need him, and then claim his at- The car was uncoupled. Fifty men tention as your right?

tastes and cater to them; read the rejoicing. books that he likes, and suggest othing. It is also a good plan to give the boys a lesson or two in simple cooking. The lad who can make a good cup of coffee, broil a totak a good cup of coffee, broil a steak, and cook potatoes will lose a way. But you do not keep him by nothing of manliness, and may find the knowledge useful in after life. But you do not keep him by sond With sweet, grave courtesy she said, "Will you excuse me, dear, if I ness and lack of courtesy, but by said, "Will you excuse me, dear, if I one made of every feminine, grace and brightened by a sister's love.

WHY THE ENGINEER CRIED.

"Yes, indeed, we have some queer

Of course, there are always enexpected interruptions, no matter how care-fully a woman plans her day; but a wise woman allows for this. If she is going to catch a train she starts to dress in good time, so that if a button happens to be missing or a caller appears the has time to snare caller appears the has time to snare caller appears the has time to snare caller appears to be missing or a



stuck the engine and there stood the

Finally a farmer's boy came out of a heighboring field where he had been plowing, to see what the train had stopped for and the crowd nad gath-ered about. He crawled through the barb-wire fence, sat down on the bank of the railroad ditch and fanned himself. He asked a brakeman what was the matter, but he got no answer. Then he became still more curious, and going over to the worried en-gineer, he asked again.

"Get out of here, you monkey," roared the engineer, "or I'll eat roared VOU.

Then some more suggestions were tried. But they failed. And the long train was still there. Meanwhile the plowboy had gleaned from the suggestions last made, what a down again, took off his old straw

"if that isn't the best idea of all Is that any reason why you should blow me. Hayseed, you're a peach

shoved it slowly up the grade for Because he is your own brother, you some distance, and then they let it ought to be tenfold more considerate go. It rushed back, struck the heaof him than of the brothers of other vy train a thundering thump, knock. gardens nicely by offering some lit- girls. Because he is your very own ed the rod off the centre, and enabled the prize to the one who has the brother, you ought to study his the "whole outfit" to go on its way But not before the "whole outfit"

Teach the boys as well as the girls the books that he mess, and suggest out the bot before the whole out the books that he mess and suggest out the books the plowboy the proper way to put the bedclothes cies, and be glad to make new ones and sent him back to his work with to air over two chairs in the morn-known to him. In this way you a grateful cheer.

ing.

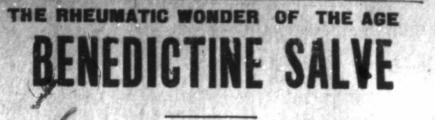
A LESSON IN COURTESY.

A mother had need one evening to pass between the light and her little pass between you and the light)' He looked up and said, "What made you ask me that, mother?"

"Because, dear," she answered, "it would be rude to do it without speak-I would not think of not speaking if it had been a visitor, and surely I would not be ruder to my

own boy. The boy thought a moment, and then asked: "Mother, what ought I then asked: to say back?"

"What do you think would be nice?" He studied over it a while-for he was such a wise laddie-and then said, "Would it be nice to say,



This Salve Cures RHEUMATISM, PILES, FELONR or BLOOD POISONING. It is a Sure Remedy for any of these Diseases,

### A FEW TESTIMONIALS

### RHEUMATISM

What S. PRICE, Esq., the well-known Dairyman, says ;

212 King street east. Toronto, Sept. 18, 1908.

John O'Connor, Toronto:

DEAR SIR,-I wish to testify to the merits of Benedictine Salve as the cure for rheumatism. I had been a sufferer from rheumatism for some time and after having used Benedictine Salve for a lew days was completely cured. S. PRICE

475 Gerrard Street East, Toronto, Ont., Sept. 18, 1901 John O'Connor, Esq., Nealon House, Toronto, Ont.

DEAR SIR,-I have great pleasure in recommending the Benedictine Salve as a sure cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictive Salve, and applied it according to directions. In three hours I got relief, and im four days was able to do my work. I would be pleased to recommend its to any one suffering from lumbago. I am, yours truly,

(MRS.) JAS. COSGROVE

### 2561 King Street East, Toronto, December 16th, 1901. John O'Connor, Esq., Toronto:

DEAR SIR,—After trying several doctors and spending forty-five days in the General Hospital, without any benefit, I was induced to try ycur Benedictine Salve, and sincerely believe that this is the greatest remedy in the world for rheumatism. When I left the hospital I was just ables to stand for a few seconds, but after using your Benedictine Salve for three days, I went out on the street again and now, after using it just over a week, I am able to go to work again. If anyone should doubt these facta send him to me and I will prove it to him.

Yours for ever thankful, PETER AUSTEN

198 King street East, Toronto, Nov. 21, 1902. John O'Connor, Esq., Toronto:

DEAR SIR,-I am deeply grateful to the friend that suggested to mer, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rhoumatism :. I have experimented with every available remedy and have consulted, it might say, every physician of repute, without perceivable benefit. When I was advised to use your Benedictine Salve I was a helpless cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily ac-tivity. I am thankful to my friend who advised me and I am more than gratified to be able to furnish you with this testimonial as to the effecacy of Benedictine Salve. Yours truly. GEO. FOGG.

12 Bright Street, Toronto, Jan. 15, 1902. John O'Connor, Esq., Toronto:

DEAR SIR,-It is with pleasure I write this word of testimony to the DEAR SIR,—It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatism. There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation. I was induced to give Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected an absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried a large number of other medicines advertised, without receiving any benefit large number of other medicines advertised, without receiving any benefit,

Various sanitariums and private people as sick ones, is the most re-freshing of all the baths and rubs ever invented, only excepting a dip in the sea, and is matchless in its ef-fect upon the skin and complexion. With all these virtues it is the simplest and most easily managed of all similar measures, and can be taken at home easily. Put a few pounds of coarse salt-the coarest you can get, sea salt by preference -in an earthen jar, and pour enough water on it to produce a sort of slush, but not enough to dissolve the This should then be taken up salt. in handfuls and rubbed briskly over the entire person, but any one in or-dinary, health can do it for herself or tease her about the length of time himself very satisfactorily. This be-ing done, the next thing is a thorit took her to admire her hat. Besides the hurried woman there is the ough douching of clear water, preferwoman who gives herself many unably cold, and a brisk rubbing with a towel. The effect of elation, freshnecessary steps. She will perhaps have to go downstairs three times ness and renewed life is immediatefor articles which by a little thought ly felt, and the satiny texture of the skin and increased clearness and she could have brought up at one time. There is the woman who unbrightness of the complexion swell the dertakes about twice as many things testimony in favor of the salt rub. as she can find time to do, and con-

### A FEW HINTS.

carelessly. No business man ever succeeded who did not keep his ac-The grimy mark found often at the counts, his business appointments top of the porcelain washbowl or in a porcelain tub that has not had and his affairs generally in some proper care will yield to a treatment kind of order; and the woman in the of kerosene oil applied with a flannel home should be just as methodical as the man in his office.-Exchange. cloth.

Disfigurations left on paint from the striking of matches may be removed by rubbing them with the cut side of half a lemon, then with whiting and then with soap and water.

A pail of water in which slices of onion are floating will absorb the odor of new paint if left shut in a room overnight.

Perspiration stains that disfigure a light felt hat will yield to a scrub-bing with household ammonia if, af-DR. CHASE'S OINTMENT ter this treatment, the felt is rinsed with a sponge and clear water and afterwards covered with dry powdered fuller's earth and left for two relieve sufferers as has Dr. Chase's days. The fuller's earth should be

Ointment, for what causes keener diswell rubbed into the felt. Have all plumbing painted well with tress than eczema, salt rheum and white enamel, not only for sanitary reasons, but to lighten the work of other skin diseases? The letter quoted below is a fair sample of those we are receiving every the housekeeper.

Keep a lump of washing soda over day in commendation to Dr. Chase's the sink pipe as it will neutralize the grease in the wash water and so prevent the pipe clogging.

If a paper bag is slipped over the hand before the cloth or brush is ta- Ont., writes: "I suffered with eczeken to clean the stove the finger-tips ma for a year and a half, and tried and nails will be saved contact with all the remedies I could hear of, some the grime.

of them costing considerable money, Never wash the pastry board with soap and hot water. Scrape it care-fully with the back of a knife and wine it with a cloth wrung out of water. Hot water opens' the trial. cold pores of the wood and makes it ab-"I began using Dr. Chase's Oint ment, and it has completely cured sorb the grease.

A mother of a riotous brood me. Though I do not need it any hove and girls has discovered that more. I keep a box in the house in grass stains covered with molasses case of emergency. I hope that peo-and left in this condition until wash ble who suffer as I did may read this testimonial, and for this reason you day are never seen again. A parasol that had been spotted by

day are never seen again. A parasol that had been spotted by the rain was restored to its original appearance by dipping in cold water medy for eczema and itching skin appearance by dipping in cold water medy for eczema and itching skin should be made known to those who t was dried open. To keep the lemons fresh and juicy,

It was dried open. To keep the lemons fresh and juicy, put them on a smooth shelf and co-ver each one with a cup or jelly tumbler. Another way is to wrap them tightly in paper. Still another to keep them submerged in cold wat-er in a closed fruit jar. Isuffer." Suffer." Br. Chase's Ointmerit, 60 cents a box, at all dealers, or Edmanson, Bates & Company, Toronto. To pro-tect you against imitations, the por-trait and signature of Dr. A. W. Chase, the famous receipt book au-

without a frantic rush at the last to save her. It was impossible to moment. The woman who knows stop, or even slack much, at that dis- ture to W. to be polite." The mothhospitals are using the "salt rub," and it is becoming so popular that some Turkish bath establishments of how to apply herself accomplishes twice as much as the woman who does not have the knack of doing the stablishments of the grade descending. In ten se-heart for the grace that had helped her to be unfailingly courteous to her are advertising it as a suecial at-traction. It is just as good for well sarily mean finishing it in a short to see any more.

space of time. It may require more AAs we slowed down my fireman minutes to do a piece of work mestuck his head out of the cab winthodically and thoroughly, but in the dow to see what I'd stopped end it pays better. Hastily mended when he laughed and shouted as for, when he laughed and shouted at me, hosiery is apt to present overlooked 'Jim, look here!' I looked, and there rents, hurried cookery is seldom satwas a big black Newfoundland dog isfactory, and quick dressing gener-ally results in an untidy or sloppy holding the little girl in his mouth, leisurely walking toward the house appearance. A woman with a busiwhere she evidently belonged. She nesslike brain found out just how was kicking and crying, so that I long it took her to dress either for knew she wasn't hurt, and the dog ordinary occasions or for a function had saved her. My fireman thought great, hot plains. it fur and kept laughing, but. I of some kind. To this actual time cried like a woman. I just couldn't help it. I had a little girl of my she added a few minutes for interruptions or necessary alterations, and consequently her busband never own at home."-Galveston Tribune. had to wait for his breakfast or to

TOMMY'S CART LOAD OF BIS-CUITS.

Tommy Mellon is a round, roly-poly little boy, with cheeks like the sunset and hair like moonbeams, He has great big eyes, almost purple they are, so blue. Tommy is no make-believe, but a fair little boy four years old. Among his few playthings he has a little red cart on wooden wheels. Almost any hour in the day he may be seen drawing things back and forth.

One day he came to his mamma, saying, "I want a load of bikits." "A load of biscuits," said his ma-

"What for?" ma. "To give to the poor people," was

his reply. So mamma, wishing to encourage every noble impulse in her little boy, brought out a dozen biscuits. They were enough to pile the cart heaping full. With a pleasant "Thank you!" the little fellow trudged off into the back yard.

When he returned his cart was emp-Dreadful ltching. You can ty. His mamma looked up in sur-

prise, saying, "Why, Tommy, did you find any poor folks?" "No, mamma," he replied; "I gave all my bikits to a poor little black dog as has no home, and nossin' to eat, and he was awful glad, 'cause he gobbled 'em down right quick. I guess there ain't no poor folks here, 'cause I looked up and down the back alley eber so long, and no one came but a little dog."

But his mamma assured him that there were plenty of them. Some day she would start out with him Ointment-letters of heartfelt grati- to hunt them up.

"Oh. good, good!" cried the little fellow, clapping his hands; "and can I sabe all my pennies for 'em?" His mamma told him he might and now he is saving his pennies in a pasteboard hox. to distribute on his and not doing me any good. I was enduring great torture, when I read an advertisement of Dr. Chase's Cintment, and resolved to give it a Ones

### A BOY SOLVED IT.

day, coming down a pretty steep grade, one of the side tods of an old engine broke and the other side stopped on a dead centre, so that, the engine could not be started.

senger and most of the men pas-ters clustered around the stalled

failing courtesy. A friend said him the other day, "It's second na-

> HOW JIM GOT HIS PONY. Of course, we all know that kindness is never lost. It generally makes somebody or something happy, and always makes the doer better, nobler and stronger; but sometimes it makes him richer, too, and that, is what I want to tell you about. Jim's Uncle Joe is a teamster, who hauls lumber from a mountain mill in California down to a city on the one of his

A few months ago horses, a splendid little black fellow named Prince, began to act very strangely. On the hot mountain roads he often became dizzy, stumbled over rocks and in holes, as if he were really blind, and after a while began to reel to and fro like a drunken man. He got worse and worse as August came, and the man tried to sell or trade him on, but no one

wanted him. "Say, Uncle," exclaimed Jim, who was riding on the wagon one day, "I think it's too hot for Prince out nere. You ought to get him one of those hats they make for norses."

"Now, see here, "Jim," his uncle said, "I am doing this business, and I tell you Prince'll go for ten dollars to the first man who'll take him. I ain't in for babying horses, never have been, and never will. This hat business is all nonsense. Horses do not naturally wear 'em; and, what's more, they don't need 'em. is no good, that's all." Prince

"Will you sell him to me for ten dollars?" asked Jim. "Why, yes," replied the man; "but

what you want with him I can't see. tell you he ain't uo good."

The boy had been working and saving his money, so he was able to pay for the horse at once. "He'll do for ordinary riding, if he isn't much good for work," he thought, "and really I hate to see uncle treat him

About the first thing Jim did after that was to get a hat fitted at the harness-maker's. A funny-looking hat it was, with holes for ears, and a ribbon to tie under the neck; but it did Prince lots of good. His eyes soon became well. He picked up fast, and inside of three months was a regular black beauty. Imagine how Jim felt to be offered seventyfive dollars for him the other day. Well, that was how kindness paid for once; but it did more. When the teamster saw the wonderful effect a hat was having on Prince, he concluded to get hats for all his horses, and found they stood the hard work and the heat twice as well as they did before.

In its initial stages a cold is local ailment easily dealt with. But many neglect it and the result is of-On a railroad in Kansas, the other ten the development of distressing seizures of the bronchial tubes and lungs that render life miserable for the unhappy victim. As a first aid there is nothing in the handy medi-

Yours respectfully,

MRS. SIMPSON.

# PILES

7 Laurier Avenue, Toronto, December 16, 1901. John O'Connor, Esq., Toronto, Ont .:

John O'Connor, Esq., Toronto, Ont.. DEAR SIR,—After suffering for over ten years with both forms of Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. I can strongly recommend Benedictine Salve to any one suffering with piles. Yours sincerely, JOS. WESTMAN,

241 Sackville street, Toronto, Aug. 15, 1902.

John O'Connor, Esq., Toronto:

DEAR SIR,—I write unsolicited to say that your Benedictine Salve has cured me of the worst form of Bleeding Itching Piles. I have been a suffer-er for thirty years, during which time I tried every advertised remedy is could get, but got no more than temporary relief. I suffered at times in-tense agony and lost all hope of a cure.

Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. 'I can heartily recommend. it to every sufferer.

JAMES SHAW.

Toronto, Dec. 30th, 1901.

John O'Connor, Esq., Toronto:

VIC & Toward

DEAR SIR,-It is with pleasure I write this unsolicited testimontal, and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I con-sulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an opera-tion. It failed, but a friend of mine learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completely me reflet at once and cured me in a rew days. I am now completely cured. It is worth its weight in gold. I cannot but feel proud after suf-fering so long. It has given me a thorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was. It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE,

The Contract of the Contrac

With the Boston Laundry,

## BLOOD POISONING

Corner George and King Streets, Toronto, Sept. 8, 1904. John O'Connor, Haq., Toronto:

Dear Sir,-I wish to say to you that I can testify to the merits "of your Benedictine Salve for Blood-Poisoning. I suffered with blood poison-ing for about six months, the trouble starting from a callous or hardening for about six months, the trouble stating from a canous of harden-ing of the skin on the under part of my foot and afterwards turning to blood-poisoning. Although I was treated for same in the General Hospi-tal for two weeks without cure, the doctors were thinking of having my foot amputated. I left the hospital uncured and then I tried your salve, and with two boxes my foot healed up. I am now able to put on my boot and walk freely with same, the foot being entirely healed. I was also treated in the States prior to going to the hospital in Toronto, with-out relief. Your salve is a sure cure for blood-poisoning.

MISS M. L. KEMP.

"oronto, April 16th, 1992.

John O'Connor, Esq., City:

DEAR SIR,-It gives me the greatest of pleasure to be able to testify to the curative powers of your Benedictine Salve. For a month back my hand was so hadly swollen that I was unable to work, and the pain was so intense as to be almost unbearable. Three days after using your Salve as directed, I am able to go to work, and I cannot thank you enough Respectfully yours, J. J. CLARKE,

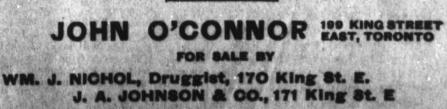
72 Wolseley street, City.

Toronto, July 21st, 1902.

John O'Connor, Esq.:

DEAR SIR .- Early last week I accidently ran a rusty nail in my finger. The wound was very painful and the next morning there were symptoms of blood poisoning, and my arm was swollen nearly to the shoulder I applied Benedictine Salve, and the next day I was all right and able to J. SHERIDAN, go to work.

34 Queen street East.



RIGE SLOO PER BOS

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after the broken rod was taken off, cine line so certain in curative re-The engine could not be started. The engineer, the fireman, the con-ductor, the baggage man, the express messenger and most of the express

sengers clustered around the stalled engine, and everybody had a sugges-tion to make about what should be done to get the rod off the dead cen-tre. But no suggestion worked. The men thought and thought, the hurried ones fretted and fumed, but there

