

## You Waste Money in buying material which does not answer its purpose IMPERVIOUS SHEATHING **PAPER**

will keep your house warm in the severe weather.

TEES & PERSSE, LIMITED, AGENTS

Calgary

Winnipeg

Edmonton

Always everywhere in Canada use EDDY'S matches



## HERE IT IS

the air-tight box of biscuit goodness. Baked by the Somev chefs for folk who want something better than am sodas have ever been before.

> how MOONEY'S?-the always fresh called -always tasty biscuits.

> > perfection.

grocer gives you MOONEY'S.

CONTRACTOR OF THE PROPERTY OF THE PARTY OF T

## Hints for the Housewife.

Keep honey in the dark. If exposed to the light it will quickly granulate.

Always scald rhubarb before cooking, for it requires so much less sugar, and yet loses none of its flavor.

Lay in the sunlight articles that have been scorched in ironing, and the scorch will disappear.

To prevent wooden pails or tubs from shrinking when not in use paint them over with glycerine.

If gilt frames, when new, are covered with a coat of white varnish, all specks can then be washed off with water without harm.

Soap and candles should be bought some time before they are needed, as they waste less quickly after being

Use common whiting on a damp cloth

to clean paint nicely, and rub evenly. This does not spoil the paint in any Cayenne pepper blown into the cracks where ants congregate will drive them

away. The same remedy is also good for mice. If you wish a cake to be light, put it into a good hot oven at first, and let the heat diminish after the first twenty

When washing a wooden floor put two tablespoonfuls of paraffin oil into some clean soapy water as hot as you can bear your hands in. It will also

destroy all insects. If a small hole be drilled through a kettle lid when new it will let the steam out, and the lid will last longer, for the rim will not be eaten off, as is often the

A thorough rubbing with a piece of flannel dipped in benzine or motor spirit will remove dirt and grease from felt hats, and hanging them in the open air will soon take away the smell.

case with a kettle lid.

See that your kitchen stove has a thorough cleaning inside and out every two or three weeks. Many times stoves are blamed for not drawing or baking well when they are clogged up with

To prevent moths from getting into woollen goods, pack your woollen goods in a large trunk or box, putting little bits of camphor here and there all through the goods wrapped in thin cloth or paper.

Care of the Teeth.-Rub the teeth well twice each day, using finely powdered pumice stone about once a month. Finely powdered borax and camphor whiten the teeth, but this should be used sparingly.

Salt a Good Tonic for the Hair.-Rub a teaspoonful into the roots at night, and thoroughly brush it out in the morning. If you wish to keep the pillow free from it, tie a silk handkerchief around the head.

To purify cesspools and sinks dissolve a few pounds of copperas in a bucket of water, and pour into sinks or vaults of water closets, and it will neutralize unpleasant odors and destroy deleterious exhalations.

Cement.-Broken china may be mended by a paste made of the white of an egg mixed with flour. Articles mended in this way will not hold water, but this paste answers a good purpose for vases, lamp shades, etc.

Keep growing plants in sitting rooms nd sleeping rooms if you would have he air kept moist. The water that you our into their saucers is quickly drawn ip and distilled into the air by these ctive little guards in green.

The quickest way to clean baby's bote (or any other) is to cut up bits of otato peeling, put in bottle with water nd shake hard; they will shine like rystal. Can use cold water if in a erry, otherwise warm.

A little charcoal, mixed with clear water and thrown into a sink, will disinfect and deodorize it.

Save the light brown paper that comes with the groceries and by sprinkling with flour, using it for a molding board, saves taking care of a board and saves you handling the dough, as you can bend the paper as you wish.

This is a good treatment for a damp wall: Take 1/4 lb. of shellac, add a quart of naphtha, and stir well together. Brush the wall over with the mixture, allow it to dry, and you will find it has become firm and hard. This mixture can be bought at any chemist's.

The best way to freshen home-made bread so that it is as good as new is to dip the loaf in cold water, put it in a pan, and bake it until it is heated through. Then wrap in a damp cloth, and when cold it is as good as when first baked.

Patent leather boots and shoes should never be cleaned with blacking. They should be first wiped with a damp sponge to remove the dirt and then thoroughly dried and polished with a soft cloth. A very little oil or fresh butter may occasionally be used as a

An excellent furniture cream is made as follows: Mix one egg with half a gill of turpentine and the same of vinegar. Apply with a soft cloth, and rub off with a soft linen rag. To polish, cut 2½ oz. of beeswax into 1 oz. of spermaceti, and let it stand in a warm place for twelve hours.

The right place for the bed, many people seem to think, is against a wall, where it will be fairly well out of the way of the occupant of the room in the day-time. The right place for the bed is, however, always away from the wall, so that there may be free circulation of air all round the sleeper.

Vaseline stains are very obstinate, and the best thing for them is to soak either in spirits of wine or kerosene.

Newspapers afford excellent protection against moths, which have a decided aversion to printer's ink. Wrap each garment in newspaper before stor-

Stains on japanned ware can often be successfully removed by means of a little salad oil rubbed over the surface with a piece of flannel. Trays of this description should never be washed with hot water, as the heat tends in time to cause the japanning to crack. They should, however, always be washed, when necessary, in lukewarm soapsuds, and dried carefully with a soft cloth and polished with a leather.

Soiled or discoloured photographs may be cleaned by sponging them with clear cold water. The cardboard mounts may be cleaned by means of stale bread rubbed over them lightly.

Be sure and let the water run for a few minutes before filling the kettle in the morning, as the water in the pipes unwholesome. This precaution should be taken even when the water is going to be boiled.

Milk is, in itself, a perfect food; that is, it contains all the elements necesary to sustain life and to build up and repair the bodily tissues. As it is a food, it should not be considered as a beverage, to be used as such in addition to solid foods. When so used it adds to the tax made upon the digestive organs. Many persons who say they "cannot take milk," because they drink it at meals as if it were water, would find that no disagreeable effect would follow when used in place of food and not as a food accompaniment.

Free, for Catarrh, just to prove merit, a Trial size Box of Dr. Shoop's Catarrh Remedy. Let me send it now. It is a snow-white creamy, healing, antiseptic balm. Containing such healing ingredients as Oil Eucaliptus, Thymol, Menthol, etc., it gives instant and lasting relief to Catarrh of the nose and throat. Make the free test and see for yourself what this preparation can and will accomplish. Address Dr. Shoop, Racine, Wis. Large jars 50 cents. Sold by all druggists.



It was th sistent, or outweighi what peop minent, at grew num She par Across th

azine lade electric b paper lim "Don't "Very li matters," slipped to

"I-but "I've been