

d from Chronic Pains

Who are afflicted with the chronic aching back, loss of weight and vigor, the case of Herbert of Pleasantville will be of special significance. Herbert had suffered with kidney trouble for years and failed to find relief until he tried GIN PILLS. He was impressed by the fact that GIN PILLS contained the beneficial effect of Juniper without any side effects. He took these extracts from his letter: "I suffered from kidney trouble for years, and tried numerous remedies without finding any relief. My case is chronic. I was that Juniper without was excellent for the kidney. I decided to try GIN PILLS. They gave me great relief. I was taking four boxes, myself completely cured. I longer had-tempered, have gained in weight, and am strong again."

Another case. Mrs. M. H. of Richmond, Que., writes: "My husband was taken with kidney trouble last winter. He did not work for some time. I decided to try GIN PILLS, and after one box was able to resume his work. Two boxes relieved his back, and to-day he is strong again."

is help others—surely they are for you. Try them. Get everywhere. International Drug & Chemical Co., Limited, Toronto, Ontario. Agents should address Na-Dru-02 Main St., Buffalo, N.Y. 12

responsibility for the war? The answer is plain. I have the same opinion to-day which I have had, and which, as I repeatedly expressed, I have never on a spurious propaganda, I have always endeavored to get to the bottom of the matter. Bethmann-Hollweg admitted in an interview which he gave in Berlin last November, it was the administration of the Germans in the administration of the war and in paying too much to the German activities. I also what he called a "policy" and "many decisions" in international policies.

ral News dispatch from Paris said it had been definitely that President Wilson will America on February 15, the date generally agreed upon for the peace conference.



COWAN, Chairman, Subcommittee, Salvation Army

On!

Good in the food

ts

to-eat available, and sweet-grains delicious

6.

Thursday, January 23, 1919.

THE NEWS RECORD

7

"I HAVE PROVED"

Zam-Buk invaluable for eczema, both in the case of my baby and myself," says Mrs. L. Bonin of West Arichat, N.S. She adds: "Baby's skin was badly broken out, but repeated applications of Zam-Buk entirely cured it. 'In my own case, I had eczema on my hands, which made it very inconvenient for me to do my housework. Particularly was this so, as it aggravated the trouble so to put my hands in water. By using Zam-Buk, however, I soon got relief, and it was not very long before every trace of the trouble had disappeared. I really think no home should be without Zam-Buk.' Zam-Buk is equally good for all skin injuries. All dealers 50c. box.

Zam-Buk

ELMIRA EVENTS

On Sunday January 20 1919 the congregation of the St. Pauls Evangelical Lutheran church held their annual meeting in the basement of the church. The meeting was attended by the largest gathering for many years showing that the right spirit in church work is manifested. After the constitution of the church was read, eleven new members were taken up in their midst. The church has passed a year of progress in all its branches showing that the Pastor and the various committees and members in general are reaping in blessing the results of their efforts in the past. For the coming year the following members were elected to the various offices: Pastor Rev. A. Gallner, Teacher H.M. Black, Treasurer Geo. Kluck, Secretary, Elders: A. Wagner, P. Seigrist, Jacob Aberle, Trustees: Ed. Schaefer, Jno. Schumacher, Hy. Heimbecker, Treasurer, Hy. Weibel; School Trustees: Oscar Ruppel, Aug. Altmann; Finance Committee: C.N. Kluck, H. Ruppel, J.S. Weichel; Choir leader Amasa Winger, Accompanist Mrs. H. Heimbecker. For the maintenance of the church and money for various purposes nearly \$2300.00 passed.

through the treas. hands.

During the past year the church work and financial state of affairs has passed on into the annals of a successful year. The ladies Aid are also worthy of mention as well as the Y.P.S. in all they have done during the past year in working with unity together all helped to further the interests of the church work for which they all give thanks to Him from whom all blessings flow. May God bless and prosper the work of all those who labor in His vineyard so that someday we may meet our Saviour and all those who in faith live and work with this great and only aim in life to that life everlasting in glory.

Mr. and Mrs. Arthur Ruppel and son of Kitchener were visitors here with the four-year-old son over Sunday. Mr. Norman Riffer of Kitchener was a visitor here with his parents on Saturday.

Mr. Ed. Schorholtz of Kitchener was a visitor here last week. Mr. Will Fischer of Buffalo one of Elmira's old boys is here renewing old acquaintances. Will, looking fine and his friends are glad to see him. Mr. A. Gentz was a business visitor to Kitchener on Saturday. Mr. Kilborn Schaefer was a visitor with friends at Guelph on Saturday. The Ladies Aid of the St. Pauls Lutheran church surprised Mrs. J. Hartung at her home on Wednesday.

AVOID COUGHS and COUGHERS!
Coughing Spreads Disease
SHILOH
30 DROPS STOP COUGHS
HALF THIS FOR CHILDREN

on the occasion of her birthday. A goodly number were present and from reports a good time was spent. The household effects sold by auction here on Saturday afternoon at the home of Levi Brubacher was largely attended and the articles put up for sale were mostly all sold at good prices and were in good condition.

CONESTOGO
Mr. Amos Brubacher has sold his property here to his brother from the States who has been here on a visit. The former having rented the farm lately occupied by the late Dalton Scheffele.

It is also reported on good authority that Mr. Geo. Adamson has sold his farm to Mr. Andrew Freeman. On Wednesday evening the dam of Mr. Henry Ebel broke out. The

break was noticed in time to save a great washout but as it was Mr. J.W. Schweitzer's dam right below Mr. Ebel's property was for a while in great danger. Mr. Ebel who last summer put in the water power for his flax mill has been forced to shut down to make the necessary repairs.

The Students of the Seminary at Waterloo enjoyed a pleasant evening and a hearty supper at the famous Schweizer Hotel here on Thursday evening.

On Sunday afternoon Student Geelhaar of the Seminary Waterloo will supply for Student Brummer here and conduct the services in the Lutheran church. On the following Sunday Student Brenner's father, Rev. L.

QUICK, SAFE WAY TO REMOVE HAIRS

(Toilet Talk)

Keep a little delatone powder on your dressing table and when ugly, hairy growths appear, make a paste with a little of the powder and some water apply and let remain on the hairy surface for 2 or 3 minutes then rub off, wash the skin and the hairs have vanished. This treatment is quite harmless and rarely more than one application is required but to avoid disappointment care should be used to buy the real delatone.

Brenner of Baden will conduct the services.

Food Regulations Are Now Relaxed

ANNOUNCEMENT IS MADE BY THE FOOD BOARD.

Ottawa, Jan. 22.—An order of the Canada Food Board permits henceforth the serving of beef and veal in public eating places at any time and withdraws the restrictions on the amount of butter which may be served in public eating places. Restrictions on the use and holding of sugar, flour, lard and other fats are also removed. The supplies of these classes of food now available permit the withdrawal of previous regulations. Consequently the following food board orders and relevant sections are repealed: Sections 1B to 23, inclusive, of order 46; orders 23, 34, 50, 62 and 60. Order 30 related to sugar holding. Order 34 covered the use of sugar, fat and flour by manufacturers, ice cream makers and candy makers. Order 62 covered the use of sugar, fats and milk to be used

CONSTANT PAIN AFTER EATING

The Tortures of Dyspepsia Corrected by "Fruit-a-tives"

Sr. MARTIN'S, N.B.
"For two years, I suffered tortures from Severe Dyspepsia. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth."

I tried doctors, but they did not help me. But as soon as I started taking 'Fruit-a-tives', I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."

MRS. HUDSON MARSHBANK.
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

by bakers. Order 61 regulated flour and sugar supplies for persons living in isolated districts.

Soldiers Home Coming Campaign

Endorsed by the Highest Civil and Military Authorities

The Campaign that is being made on behalf of the Salvation Army to finance its Home and Overseas Work among Homecoming Soldiers and their families, receives the support and endorsement of all who foresee the tremendous problems arising out of the Repatriation.

The Salvation Army Million Dollar Fund

THIS WEEK

KING GEORGE:

"Have for many years watched with deep interest your work for the people, especially the less fortunate citizens of the Empire. Think the work is carried on with great ability and unselfish zeal. Trust it will go forward in all parts of the world, and that the blessing of God will continue to rest upon you."



DUKE OF DEVONSHIRE:

"Best wishes for the success of your Red Shield Drive for \$1,000,000 for Canadian Home and Overseas Work of the Salvation Army. I hope this 'drive' will be generously supported by the people of Canada."



SIR ROBERT BORDEN:

"Very glad to send my best wishes for every success in the endeavor of the Salvation Army to raise a million dollars for its Canadian home and overseas work."

"The efforts of the Salvation Army in aid of the National purpose is worthy of the highest appreciation, and I confidently hope that such support will be given as is necessary to sustain your effort to the end."



FIELD MARSHAL SIR DOUGLAS HAIG:

"Glad of opportunity of congratulating the Salvation Army on service its representatives have rendered during past year to British Armies in France."



HON. N. W. ROWELL:

"I wish you every success in your Demobilization and Reconstruction Million Dollar Campaign. The War Work of the Salvation Army is deserving of support of all good citizens. I heard nothing but appreciation of it when overseas."



PRESIDENT WILSON:

"Very much interested to hear of the campaign the Salvation Army has undertaken to support its war activities, and want to take the opportunity to express my admiration for the work that it had done and my sincere hope that it may be fully sustained."



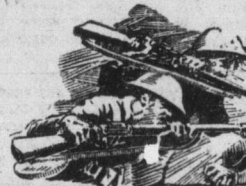
THEODORE ROOSEVELT:

"There are few thinkers nowadays who do not recognize in the Salvation Army an invaluable social asset, a force for good, who work effectively in those dark regions where, save for these forces, only evil is powerful."

And, Best of All, Endorsed by the Soldiers Themselves

Read what Sergt. Turley, of the G.W.V.A., says: "Our comrades over there have earned all the happiness we can give them, in peace and war, and we who have been fortunate enough to return from the battlefield will help the Salvation Army attain its objective."

SALVATION ARMY MILLION DOLLAR FUND COMMITTEE



Article No. 7
Cut out for
Reference.

Bringing Our Soldiers' Dependents to Canada

IN England, there is a colony of Canadian women who went overseas in order to be near their husbands. There are also in England and France many women who married Canadian soldiers and have never seen Canada.

It is one of the duties that Canada has incurred through the war to bring back these dependents of our soldiers with all speed, and to help establish their home life.

Up till the time the Armistice was signed, some 22,000 women and children were returned. There still remain about 50,000 to be brought back.

These 50,000 soldiers' dependents will be returned to Canada at the public expense. Those who have already arrived in Canada since November 11th, 1918, will have their ocean and railway fare refunded by the Government.

The facilities for transporting soldiers and their dependents are limited to about 30,000 monthly. Therefore, women and children will be returned to Canada at the rate of about 5,000 to 7,000 each month. Many of the women will be accompanied by their husbands. On every boat carrying 200 or more unaccompanied women there is a Y.W.C.A. secretary.

At the Ports:

To these 50,000 returning women and children every care is being given. Until they reach the shores of Canada they are in charge of the Overseas Militia Department.

At HALIFAX they are welcomed by the Women's Reception Committee, composed of women who have been engaged in war activities. This committee has been organized for nearly two years and has been doing splendid work.

At ST. JOHN there is also a committee representing all the organizations interested. This committee, although more recently formed, is giving excellent service. The National Y.W.C.A. has assigned two secretaries for work at this port.

On each of these Committees there is a trained nurse to give necessary attendance.

At the ports the organizations meet every boat. Locate the women's luggage. Take charge of the babies. Bring the women to a cosy rest room. Here cots and baths are provided for the children. Hot lunch can be secured. Overnight accommodation is arranged.

Women who are too sick to proceed on their journey are taken to the local hospitals. Women who are without

money receive assistance from the Patriotic Fund; are provided with lunch baskets and money to buy meals on the train.

These organizations also secure the railroad tickets for the women, get their money changed, give them such information as they need. The workers accompany the women to the train.

The Repatriation Committee have a nurse, trained in social work, lent by the Victorian Order of Nurses to act as the committee's representative at each port.

On the Train:

On each train carrying unaccompanied women and children there is a Red Cross nurse, experienced in social service who has been enrolled by the Canadian Association of Graduate Nurses. This nurse carries with her first aid supplies and an emergency fund of money furnished by the Red Cross Society.

Telegrams are sent ahead to the local branch of the Patriotic Fund and to the local Reception Committees giving the number who will arrive.

On Arrival:

The Rotary Clubs of Canada have undertaken to provide motor cars to take the women and children from the station to their homes.

The Patriotic Fund have undertaken to provide temporary accommodation and other necessary assistance at cities and towns en route and at points of destination.

The main function of this nation-wide organization is to care for soldiers' dependents. It is therefore fitting that they should be responsible for arrangements for all the returning women and children.

Many other well-known organizations have been doing admirable work—meeting trains, providing rest-rooms, canteens and hostels and generally caring for the women and children. It is important that these organizations continue their work and co-operate as closely as possible with the Patriotic Fund.



The Repatriation Committee

John
Director of
Repatriation

OTTAWA

List Your Properties For Sale with Bechtel, 255 W. King Str.