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Sunday travel is not a necessity, though in our intense civilization it has come to be so regarded.

The chief objection to it is that thereby men are deprived of their day of rest. That is quite enough of an objection in itself to decide an earnest man. Every man has a right to the rest-day. In being so deprived he distinctly suffers both bodily and spiritually. The tone of his life, and of his home, is lowered. But there is a second great objection. A disregard of the Sabbath day is apt not only to indicate a disregard for other hallowed things, but to *breed* such a disregard. The Sabbath is a sort of safeguard. Once it is broken through, other breaks are apt to come in a man's regard for holy things.

It may seem very radical to say it, yet I am more and more compelled to believe it soberly true that the common Sunday travel and traffic, both mail and freight, are not a necessity, from any standpoint, with the usual saving clause about exceptions and emergencies. In our intense, aggressive civilization it seems that it must be a necessity. Yet it is not. It could all be stopped, and our national life be both stronger and sweeter. The intense drive of the time, the continual railroad accidents, the breakdowns from overwork, all spell out in biggest capital letters the deep philosophy of needed rest that underlies the old Hebrew commandment.

Giving Comfort to the Enemy.

Regarding the theatre, it can be said that without doubt there are some performances, such as