

SIX DAYS IN QUEBEC.



IF your stay be of this duration the mountain air will have had its bracing effect, and in spite of the amount of sight-seeing you have done, in spite of the hills which you have climbed both inside and outside of the city, you will feel quite equal to rising at six or seven o'clock in order to visit the Champlain Market in Lower Town before breakfast when, on market days, the buying and selling are at their height. Most of the produce has been brought from parishes up or down the river by the market steamers which lie three or four abreast along the quay. The open space outside of the large stone market building is planked over; and upon it the "habitants" sit with their green stuff spread out on the boards around them. There they gesticulate and vociferate to assist their *patois*, with an energy indescribable.

This part of the Lower Town of which you have already had a bird's eye view from the Terrace, has a past as well as a present interest, for it was in this neighborhood that Champlain erected the first building of Quebec in 1608. Not far off is the oldest church in the city, perhaps also the oldest in Canada—Notre Dame des Victoires.

After breakfast you will be ready for a drive, and this time it shall be out to Jeune Lorette in a caleche, that jaunty, hooded, two-wheeled vehicle peculiar to Quebec, which reminds one of a covered buggy on stilts. Its height makes it rather hard to descend from, and therefore it were best not to take a calèche except for an uninterrupted drive.

On the road to Jeune Lorette the characteristics of French Canada will be apparent to the least observant. At the village