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FASTING,

AS A RELIGIOUS EXERCISE;

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By X. X.

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WITH AN ACCOUNT OF THE ORIGIN OF THE

CHURCH FASTS,

AND OF THE DOCTRINE OF

APOSTOLICAL SUCCESSION;

BY

B. HOMER DIXON.

"He that created thee without thy aid, will He not without thy aid save thee?"—*St. Augustine.*

"I do not enjoin you as Peter and Paul: they were Apostles, I a condemned man."—*St. Ignatius.*

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