

of hot milk. Boil five minutes. Butter the saucepan before boiling the oatmeal. When needed, heat a small quantity thinning it as desired with hot milk.

#### EGG NOG.

1 egg beaten well, to this add  $\frac{1}{2}$  teaspoonful sugar and beat well, and on it pour  $\frac{1}{2}$  of a cup of milk. Lastly add  $\frac{1}{2}$  wine glass of whiskey or sherry if a stimulant is ordered, or omit the alcohol and flavor with nutmeg or vanilla.

Eggs for invalids are more delicate if instead of boiling the usual 3 or 4 minutes they are placed in *boiling* water are lifted from the stove and allowed to stand 9 or 10 minutes before serving.

#### TOASTED NEST.

Prepare a piece of toast about three inches square, dip in hot water, add a little salt and butter if allowed.

Beat the white of an egg to a stiff froth, adding a little salt. Place the yolk of the egg on the toast, surround it with the beaten white, and bake in a quick oven for a few minutes.

#### MURDER.

BERLIN, April 15.—Professor Langerhaus, medical director of the Moabite hospital, announces: "My little son, who was enjoying perfect health, has been killed by an application of Beh-

ring's diphtheria serum." Personal investigation shows that the boy was inoculated to prevent his catching the disease from a servant. Though the greatest care was taken he died within two minutes. His father being among the best known physicians in this country, and his mother being Professor Gerhard's daughter, the announcement is regarded as a new war against Professor Virchow and other authorities who believe in Langerhaus.—*Montreal Witness*.

The above sacrifice on the altar of a "discovery" or "fad," by the high priests of "rational medicine" instances the great danger of following the *ignis-fatuus* beyond the dictates of prudence, and the lesson should be taken to heart by the anti-toxin fanatics.

In cases of consumptive tendencies, and in the later stages of the disease Wyeth's Liquid Malt Extract will be found to improve the appetite and promote the assimilation of carbonaceous food, supplying the waste of elementary matter, fortifying the system and enabling it to better resist the undermining effects of the disease. It also acts as a tonic in all cases of debility, and is a most valuable addition in the restorative treatment required in convalescence.

#### HOMŒOPATHIC PHYSICIANS' DIRECTORY.

**JOHN WANLESS, M.D.**  
Physician and Surgeon  
88 UNION AVENUE.  
Telephone 4314.

**HUGH MATHEWSON PATTON, M.D.**  
Physician and Surgeon  
Surgeon to Montreal Homœopathic Hospital.  
125 MANSFIELD STREET.  
Telephone 3077.

**ALEX. R. GRIFFITH, M.D.**  
Physician and Surgeon  
Obstetrics and diseases of children.  
535 WELLINGTON STREET  
Telephone 544.

**T. SCOTT NICHOL, M.D.**  
Physician and Surgeon  
140 MANSFIELD STREET.  
Telephone 3231.

**W. G. NICHOL, M.D.**  
Physician - and - Surgeon  
140 Mansfield Street.  
Attending Physician Montreal  
Homœopathic Hospital. Telephone 3231.

**ARTHUR DOUGLAS PATTON, M.D.**  
Physician - and - Surgeon  
Nervous Diseases and Diseases of the Skin.  
384 St. Antoine St., cor. Fulford  
Telephone 8494.

**WM. McHARRIE, M.D.**  
Physician - and - Surgeon  
50 PRINCE ARTHUR ST.  
Attending Physician Montreal  
Homœopathic Hospital. Telephone 6273.

**EDWARD M. MORGAN, M.D.**  
Physician - and - Surgeon  
Late of the Metropolitan Hospital, Blackwell  
Island, N.Y. and New York Ophthalmic Hospital.  
Ophthalmologist Montreal Homœopathic Hospital  
Specialty: Diseases of eye, ear, nose and throat.  
Telephone 5002. 235 GREENE AV.