Food = -

are all intimately connected practically inseparable. Though the fact is often ignored, it is nevertheless true that a good complexion is an impossibility without good digestion, which in turn depends on good food.

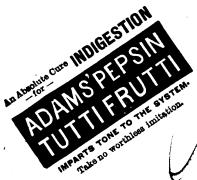
There is no more common cause of indigestion than lard. Let the bright housekeeper use



The New Vegetable Shortening and substitute for lard, and her cheeks, with those of her family, will be far more likely to be "Like a rose in the snow."

COTTOLENE is clean, delicate, healthful and popular. Try/it,

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Strengthens the Voice; Purifies the Breath; Keeps the Teeth Clean; Improves the Appetite; Builds up the System.

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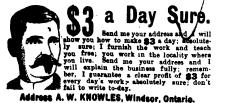
Brown Bread, White Bread.

Full weight, Moderate Price. DELIVERED DAILY. TRY IT.

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Ready for use in any quantity. For making Soan oftening Water. Disinfecting, and a hundred other season of the sea



British and Foreign.

Rev. John Robson, D. D., of Aberdeen, spoken of for the moderatorship of

Not Lord Thurlow, but the Marquis of Breadalbane is to be the lord high com-

Kirkcaldy presbytery have remitted Rev. John Muir's petition for reinstatement to the synod.

Miss Nairn, niece of the late Rev. John Ker, has taken the degree of M.A. at Edinburgh university.

The Government railways of New Zealand have yielded a net profit of £440,000 on the year's workings.

Rev. Hugh MacMillan, D. D. LL. D., has been appointed to the Gunning lectureship in divinity in Edinburgh university.

Accidents to trains in the United Kingdom last year caused the deaths of 21 pas sengers and 9 railway servants.

The Pekin Government has abolished import duties in Chinese Turkestan, except in the case of opium and live stock.

Last year's income of Park F. C. congregation, Helensburg, was £1,161, of which £417 went to the sustentation fund.

The Marquis of Breadalbane has appointed Mr. Falconer-Stewart his purse-bearer and Rev. Dr. W. W. Tulloch his

movement is afoot among laymen of the U.P. Church to present an address of congratulation to Rev. Dr. Morison of the Evangelical Union.

The Standard alleges that the great majority of the Scottish Gladstonian mem-bers favour the substitution of a disestablishment bill for a suspensory one.

Mr. Thorburn's bill for the taking of a plebiscite on the question of disestab-lishment provides for a poll between 1st November and 15th December, the vote to be by ballot.

Lady Collins, for many years closely and sympathetically identified with the social and philanthropic schemes of her husband, Sir William Collins, ex-Lord Provost, of Glasgow, died on Saturday morn-

Rev. T. Martin, of Lauder, says that Mr. Gladstone holds so strongly the principle of national religion, that if left to himself and not forced by political necessities, he would be the last to take one step towards disestablishment.

Rev. Dr. Walter C. Smith has been presented by the ladies of his congregation with a court dress for use as moderator of the approaching assembly. In returning thanks for the gift he announced his intention of applying next year for a colleague.

Rw. Dugald Butler, B. D., of Abernethy, was married on the 13th ult. to Miss Catherine Christian Barrie Marwick, eldest daughter of Sir James D. Marwick, LL. D., town clerk, of Glasgow. The cere-mony was performed by Rev. Dr. Hunter of Trinity Congregational Church, assisted by Principal Caird, Rev. Dr. George Matheson, and Rev. James W. King.

The funeral of the late Rev. Alexander Gardner of Brechin took place on Saturday amid tokens of general respect. Funeral sermons were preached on Sunday by Rev Dr. Rankin Muthill, Rev. John A. Clark, and Rev. T. A. Cameron. Among other legacies, Mr. Gardner bequeathes to the town council of Brechin £1,000 for the poor of the city, £200 to the kirk session for the poor of the parish, and £100 to provide annually a dinner to the members of presbytery.

Gibbon's Toothache Paste acs as a filling a description toothache instantly. Sidd by all druggist.

In the Morning.

"Four years ago," writes Col. David Wylie, Brockville, Ont., May, 1888. "I had severe attack of rheumatism, and could not stand on my feet. The pain was excruciating. I was blistered and purged in true orthodox style, but all to no purpose. I was advised to try St. Jacob's Oil, which I did. I had my ankles well and then wrapped with flannel saturated with the femedy. In the morning I could walk without pain." Many get up and walk in the same way.

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Speaks through the Boothbay (Me.) Register, of the beneficial results he has received from a regular use of Ayer's Pills. He says: "I was feeling sick and tired and my stomach seemed all out of order. I tried a number of remedies, but none seemed to give me relief until I was induced to try the old reliable Ayer's Pills. I have taken only one box, but I feel like a new man. I think they are the most pleasant and easy to take of anything I ever used, being so finely sugarcoated that even a child will take them. I urge upon all who are in need of a laxative to try Ayer's Pills/ They will do good."

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