

BY THEIR FRUITS YE SHALL KNOW THEM.

Boumanville, Jan. 5th, 1883.

Dear Sirs. I have been a sufferer for many years with bilious colic and torpid liver. I tried one of the Hop Bitters, and derived great benefit from it. I can heartily recommend them to all persons affected in the same way. I would not be without one on any occasion.

One member of my family has been troubled for years with sick headache. A Pad effected a cure, while pills and nostrums did not benefit in the least.

Yours Respectfully, HENRY MANN.

Regular Pad, 3s. sent free by mail on receipt of price. Send for description treatise

NOTMAN PAD CO'Y, 55 FRONT ST. EAST, TORONTO.

A Fair Exchange.

Will you exchange a chronic case of Dyspepsia or agree to break up a Bilious Temperament—No give your torpid liver activity, and thus strengthen your Digestion; regain energy, comfort, health, spirits. all for 75c? A single bottle of ZOPSA will do this. A few doses surprise those who try ZOPSA. For Biliousness and Dyspepsia in their many forms, ZOPSA is Panacea, and is warranted to cure them. It acts speedily and pleasantly. Try a 10 cent sample.



THE GREAT CURE FOR RHEUMATISM

And all complaints of a Rheumatic nature. RHEUMATISM is not a sovereign remedy for all the ills that flesh is heir to, but for NEURALGIA, SCIATICA, RHEUMATISM, and other ailments of Rheumatic nature. IT IS A SURE CURE.

John Driscoll, Inspector of River Police, Calcutta, India

TO CAPTAIN H. S. THELANP DEAR SIR.—Having been suffering these last three years from violent pains in the head, and sometimes in various parts of the body, I tried the best medical treatment in the city from time to time without effect. On your recommendation I tried the bottle of medicine you so kindly prepared for me. I must be candid with you, and tell you that when you spoke to me about your medicine I had little or no faith in it, but being in pain I was determined to give it a trial, and I am happy to say that it had the desired effect. I only took about a bottle when all pain was thoroughly removed, and I feel now as well as I could wish, for medicine is undoubtedly worth its weight in diamonds. I am sorry for the sake of the public that it is not publicly advertised, and if so I am quite certain it would have a great demand here. I wish you would give me your address in England so as to enable me to send for some of this wonderful and really useful medicine when required. Yours, faithfully, JOHN DRISCOLL.

SOLD BY ALL DRUGGISTS. The Rheumatism Manufacturing Co., St. Catharines, Ont. MESSRS. NORTHROP & LYMAN, WHOLE-SALE AGENTS, TORONTO.

Advertisement for land in Minnesota and Dakota, mentioning '000,000 Acres Choice Lands' and 'In the Great Wheat Belt'.

666 a week in your own town. Terms... Address H. Hallett & Co., Portland, Me.



Prepared for Health Lydia E. Pinkham

LYDIA E. PINKHAM'S VEGETABLE COMPOUND.

Is a Positive Cure For all those Painful Complaints and Weaknesses so common to our best female population. A Medicine for Women. Invented by a Woman. Prepared by a Woman.

The Greatest Medical Discovery Since the Dawn of History. It cures the drooping spirits, invigorates and harmonizes the organic functions, gives elasticity and firmness to the flesh, restores the natural lustre to the eye, and plants the pale cheek of woman the fresh roses of life's spring and early summer time. Physicians Use It and Prescribe It Freely. It removes faintness, staleness, destroys all craving for stimulant, and relieves weakness of the stomach. That feeling of bearing down, causing pain, weight and backache is always permanently cured by its use. For the cure of Kidney Complaints of either sex this Compound is unsurpassed.

LYDIA E. PINKHAM'S BLOOD PURIFIER will eradicate every vestige of impurities from the Blood, and give tone and strength to the system, of man, woman or child. Insist on having it.

Both the Compound and Blood Purifier are prepared at 233 and 235 Western Avenue, Lynn, Mass. Price of either, \$1. Six bottles for \$5. Sent by mail in the form of pills, or of lozenges, on receipt of price, \$1 per box for either. Mrs. Pinkham freely answers all letters of inquiry. Enclose 3c. stamp. Send for pamphlet.

No family should be without LYDIA E. PINKHAM'S LIVER PILLS. They cure constipation, biliousness, and torpidity of the liver. 25 cents per box. Sold by all Druggists.



Advertisement for Wells, Richardson & Co.'s Improved Butter Color, a new discovery that will not turn rancid and is the strongest, brightest, and cheapest color made.

Advertisement for Dr. Baxter's Mandrake Bitters, for the cure of general debility, loss of appetite, sour stomach, dyspepsia, jaundice, liver complaint, habitual constipation, sick headache, and other ailments.

Anyone... send the addresses of ten acquaintances... by return mail goods (not required) that will be sent. This is an honest offer to introduce staple goods. If you want a fortune, act now. J. D. HENRY, P. O. Box 177, Buffalo, N. Y.

Scientific and Useful.

COAL oil may be used for destroying insects on plants, by taking a tablespoonful of oil and mixing it with half a cupful of milk, and then diluting the mixture with two gallons of water. Apply the liquid with a syringe and afterward rinse with clear water. This substance is death to plant insects, and we have never heard of its injuring the most delicate plants when applied as here directed.

PORT-WINE jelly for the sick is made by melting one ounce of gelatine in a very little warm water; stir it when entirely dissolved in one pint of port wine, adding two ounces of sugar, a lump of gum arabic the size of a walnut, and a little grated nutmeg. Mix these well, then let them boil for about ten minutes, then strain in bowls or jelly tumblers, and when cold the jelly will be found hard and delicious.

A NICK meat stew can be made by taking pieces of mutton or veal, boiling till tender, adding a few potatoes cut small, and thickening a little with flour; first stirring the flour smooth as for gravy. Season to taste with pepper and salt. Have ready a pan of hot biscuits, open them and spread in a deep dish, and pour the stew over them. This is very nice, and more wholesome than dough boiled with meat.

A PRETTY scent sachet is of satin, eight inches square; the top is of white satin, with the initial of the owner worked in blue, the bottom is of blue satin, on which a small bunch of daisies is embroidered. There needs to be one thickness of cotton between the top and the bottom, on which the perfume powder is scattered. The edge is trimmed with lace two inches wide, very full at the corners, and the lace has for a heading blue satin ribbon plaited in shells.

SCOTCH cakes are economical so far as eggs are concerned, and, if made with care, will melt in the mouths of the children. To one pound of flour allow half a pound of butter, and a quarter of a pound of sugar; let the butter stand in a basin near the fire to soften, but not melt; when soft, rub it and the flour together, then knead in the sugar. Roll out to a sheet half an inch thick; cut out cakes about two inches square, bake until they are a light brown. Put them away in a stone jar, and they will in a day or two gather moisture enough to be soft.

THERE are people who think they cannot eat or digest anything which is made light by the use of soda or baking powder, and there really are those who cannot. For them a recipe is here given for waffles which are raised with yeast, and which will be found highly satisfactory: One quart of flour, one quart of sweet milk, five tablespoonfuls or about half a medium-sized cup of yeast, at least one teaspoonful of salt. Mix well and let it stand all night. In the morning stir in one teaspoonful of melted butter and two well-beaten eggs. Bake in waffle-irons, and eat without fear of pain or distress.

A SYSTEM of common schools like the German which educates its pupils so highly justified itself by success. Its leading features seem to be these: Care not to over-tax the children; short schooldays; easy positions in their seats, and an atmosphere of freedom, so that the mind works easily in harness; short vacations for young scholars, to avoid that mental backstitching by which half that is learned in a term is forgotten in a long vacation; an economical use of every moment of school-hours, so that while the child is in school he is instructed and not left to himself; and teaching, wherever possible, not from books, but from the thing itself. To such an extent is this carried that, though every one else must pay his way, children in the company of a teacher, enter botanical gardens, museums of natural history and scientific collections, free; the teachers making use of these to instruct their pupils by the eye.

"The Only One in America."

The International Throat and Lung Institute, Toronto and Montreal, is positively the only one in America where diseases of the air passages alone are treated. Cold inhalations are used through the Spino-Sprayer, an instrument or inhaler invented by Dr. M. Souvielle of Paris, ex-aide major of the French army, with proper dietetic, hygienic and constitutional treatment suitable to each case. Thousands of cases of Catarrh, Laryngitis, Bronchitis, Asthma, Catarrhal Deafness and Consumption have been cured at this institute during the past few years. Write, enclosing stamp, for pamphlet, giving full particulars and reliable references to 173 Church-street, Toronto, Ont.; 13 Phillip's Square, Montreal, P. Q.

THE PUREST AND BEST

REMEDY EVER MADE.—IT IS COMPOUNDED FROM HOPS, MALT, RUCIFU, MAN-DRAKE, AND DANDELION.

The oldest, best, most renowned and valuable medicine in the world, and in addition it contains all the best and most effective curative properties of all other remedies, being the greatest liver regulator, blood purifier, and life and health restoring agent on earth.

It gives new life and vigour to the aged and infirm. To clergymen, lawyers, literary men, ladies, and all whom sedentary employments cause irregularities of the Liver, Stomach, Bowels, or Kidneys, or who require an appetizer, tonic, and mild stimulant, it is invaluable, being highly curative, tonic and stimulating, without being in any way harsh.

No matter what your feelings or symptoms are, or what the disease or ailment is, use Hop Bitters. Don't wait until you are sick, but if you only feel bad or miserable use the bitters at once. It may save your life. Hundreds have been saved by so doing, at a moderate cost. Ask your druggist, or physician. Do not suffer yourself or let your friends suffer, but use and urge them to use Hop Bitters.

If you have lameness in the loins, with frequent pains and aches; numbness of the thighs; scanty, painful and frequent discharge of urine, filled with pus, and which will turn red by standing; a voracious appetite and unquenchable thirst; harsh and dry skin, clammy tongue, often darkly furred; swollen and inflamed gums; dropsical swelling of the limbs; frequent attacks of hiccough; inability to void the urine, and great fatigue in attempting it—you are suffering from some form of Kidney or Urinary Complaint, such as BRIGHT'S DISEASE of the kidneys, stone or inflammation of the bladder, gravel and renal calculi, diabetes, stranguary, stercure and retention of the urine, and Hop Bitters is the only remedy that will permanently cure you.

Remember, Hop Bitters is no vile, drugged, drunken nostrum, but the purest and best medicine ever made, and no person or family should be without it.

Don't risk any of the highly lauded stuff with testimonials of great cures, but ask your neighbour, druggist, pastor or physician what Hop Bitters has and can do for you and test it.

SKINNY MEN.

"Wells' Health Renewer" restores strength and vigour, cures Dyspepsia, General Debility. \$1.

"WHY SHOULD A MAN whose blood is weak within Sit like his grand-father cut in shabaster?" Or let his hair grow rusty, scant and thin, When "Wells' Health Renewer" will make it grow the faster.

As the frosts of winter vanish under the calorific influence of the sun's rays, so does Bright's Dropsy, Dropsy, Stone in the Kidneys and Bladder, and Inflammation of the Kidneys, leave the body upon the administration of Dr. Van Buren's Kidney Cure.

The most brilliant shades possible of all fabrics are made by the Diamond Dye. Unequaled for brilliancy and durability to color.

A COMMON, and often fatal, disease is Jaundice. Regulate the action of the Liver, and cleanse the blood with Burdock Blood Bitters, and the worst case may be speedily cured.

No household should be considered complete without a bottle of Dr. Van Buren's KIDNEY CURE in the closet. It is the only remedy that will positively, permanently and promptly cure all forms of kidney disease. Sold by druggists.

ERYSIPELAS, Scrofula, Salt Rheum, Eruptions, and all diseases of the Skin and Blood are promptly cured by Burdock Blood Bitters. It purges all foul humours from the system, imparting strength and vigour at the same time.

J. S. Wetherell, writing from Winnipeg says: "I can say more about PHOSPHATE TINE now than when I saw you last in Toronto. My health is much improved, and I am free from headaches of any any other aches, having only used two and a half bottles of your Phosphatine. For sale by all druggists."

LETTIE HOWARD writes from Buffalo, N. Y.: "My system became greatly debilitated through arduous professional duties; suffered from nausea, sick headache, and biliousness. Tried Burdock Blood Bitters with the most beneficial effect. Am as well as ever."

THE BILIOUS, dyspeptic or constipated, should address, for stamps and history of case for pamphlet, WELLS' DISPENSARY MEDICAL ASSOCIATION, Buffalo, N. Y.