# FIF YEARS

### When he Took "Fruit-a-tives" For Rheumatism

The Medicina Made From Fruit

There can be no doubt that "Fruit-a-tives" is the long sought remedy for Rheumatism and Lumbago. From all over Canada come letters testifying to this fact.

Mr. John E. Guilderson of Parrsboro, N.S. writes: "I suffered badly with Rheumatism for five years—tried different medicines—was treated by doctors in Amherst—and here at home—but the Rheumatism came back.

back.
In 1916, I saw an advertisement for
"Fruit-a-tives" and took a box and
got relief, so I took them for about
six months and the Rheumatism was
all gone and I have neverfelt it since".
50c. a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

### Medding Stationern

ANNOUNCEMENTS INVITATIONS CAKE BOXES CARDS

> **Newest Designs** Finest Quality

The Guide-Advocate

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### CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as GOING WEST

GOING WEST

Accommodation, 111.....8.42 a.m.
Chicago Express, 17....12.40 p.m.
Detroit Express, 83....6.51 p.m.
(a) Chicago Express....9.11 pm...
GOING EAST
Ontario Limited, 80....7.48 a.m.
Chicago Express, 6...11.22 a.m.
Express .......2.50 p.m.
Accommodation, 112....5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.
C. W. VAII. Agent. Watford.

C. W. VAIL, Agent, Watford.

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective is mild. m

ELLIOTT Business College Yonge and Charles sts., Toronto.

Arrange now to enter this famous school—famous for strictly high grade work and for promptly helping graduates to secure employment. None better in Canada. Catalogue

W. J. ELLIOTT, Principal. 

#### Central Business College STRATFORD, ONTARIO

FALL TERM FROM SEPT. 4 🗷 Western Ontario's leading Commercial School, where you can get a thorough practical training under experienced instructors in Commercial, Shorthand or Telegraphy Departments. We assist graduates to pos-itions. Get our free catlogue now.

D. A. McLACHLAN. Principal X

### A. A. Mone

PAINTER AND DECORATOR PAPER HANGING

ONTARI WATFORD

GOOD WORK PROMPT ATTENT ON REASONABLE PRICES ESTIMATES FURNISHED \* SATISFACTION GUARANTELD

RESIDENCE-ST. CLAIR ST.

Is Your ad. in this paper this week?

ITEMS FROM FAR AND NEAR

a Newsy, All Readable. 思圖圖圖圖圖圖圖圖圖

The Ferguson Government has cancelled the arrangement made by the Drury Government for the revision and consolidation of the Ontario statutes.

A Stratford man claims to have concocted a mixture that if sown with grain will stop the ravages of the destructive wire worm. In tests on farms in Perth County this summer the results appear to bear out his claim.

The Prince of Wales upon his visit to his ranch in Western Canada in to the public, taking a complete rest.

The prince's strenuous round of duties and his devotion to sport have told on him. He will remain in Canada until early October.

Regulations governing the sale of naphtha for use in lamps have been established b yan Order-in-council at Ottawa. The regulations provide that naphtha shall not be sold for use in lamps, unless the lamps are of a design approved by the Canadian Fire Underwriters' Association, or the Western Underwriters' Association.

A resident art representative in Europe of the Canadian National Exhibition has collected an exceptionally attractive exhibit of British and European masterpieces for the Fine Arts Gallery. The Canadian collection is also said to be well select ed. There will, as usual, be a display of graphic and applied arts and ar International Photographic Salon.

Rev. H. J. Fair, a superannuated minister of the Methodist church, who, during his ministry, occupied many puplpits in the London conferdied at his home at Toronto Thursday. He was born in Onondago Township, 68 years ago. He is survived by two brothers, John of Brant ford, and Peter of Park avenue, Lon don, and three children.

Wheat yields in Manitoba will average 15 bushels an acre this year, according to an estimate compiled by George Batho, statistician for Manitoba Department of Agriculture. The crop in the central western and northern parts of the Prov ince is reported best, while the east-ern and southern areas average will be around 12 bushels. The coarse grains and potato crops are reported as being very good.

The largest pig in the world is Australian, it is claimed. The animal exhibited there recently weighed 1,188 pounds, or more than half a ton, and measures 8 feet 3 inches in length. Its height is 3 feet 9 inches; it has a waist measurement of 6 feet inches: while it is only twenty-five FALL TERM OPENS AUG. 27TH months old. This giant looks more like a hippopotamus than a pig, and when it has finished growing it is probable that it will resemble an elephant more than a product of the farmyard.

The cost to the Province of the Gregory Hydro-Electric Inquiry Commission, appointed to please ex-Premier Drury, will probably reach \$450,000, according to information given out at the Parliament Buildings, Toronto. The Commission had spent \$400.000 when the new Government came into office, but it has since been curtailing its disbursements in accordance with instruc-tions that it bring its work to an expeditious close.

An appeal for the use of the term "English-speaking" inp lace of "Anglo-Saxon," since the former included the Celtic races, and the latter did not, was made by W. G. Raymond, M.P., speaking to the Rotary Club luncheon at Brantford on Thursday He declared that he believed the des tiny of the English-speaking nations was the establishment of world peace by co-operation, since no war could be carried on if the British Empire and the United States were opposed.



Kill them all, and the germs too. 10c a packet at Druggists, Grocers and General Stores.

# SUN WIND DUST & CINDER

DELICATE GIRLS NEED NEW BLOOD

Rich, Red Blood Means Health and Strength.

The anaemia of young girls may be inherited, or it may be caused by bad air, unsuitable food, hasty and irreg-ular eating, insufficient out-of-door exercise and not enough rest and sleep.

comes on gradually, beginning with languor, indisposition to mental or bodily exertion, irritability and a feeling of fatigue. Later comes the palpitation of the heart, headaches, dizziness following a stooping position, frequent backaches and breathlessness. In a majority of cases constipation is present. There may be no great loss of flesh but usually the complexion takes on a greenish-yellow pallor.

Cases of this kind, if neglected, become more serious, but if taken in time there is no need to worry. Dr. Williams' Pink Pills, which are free from any harmful or habit-forming drug, are just the tonic needed to remedy this wretched state of health. Though it is not noticeable, improvebegins with the first dose. the blood is made rich the pallor leaves the face, strength and activity gradually return and the danger of relapse is very slight.

If any symptom of anaemia ap-

pears , prudence suggests that Dr. Williams' Pink Pills should be given at once, and the sooner they are taken the more speedily will their action improve the blood. You can get these pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brock-

### CASTORIA

For Infants and Children

In Use For Over 30 Years Always bears the Signature of Chaff Hillichry

IMPRESSIONS OF OLD LONDON AS SEEN BY AN AMERICAN BUSINESS MAN

Mr. W. S. Ashby, an American business man, who has been over in England, has been telling his fellowcountrymen what he thinks about London, and he speaks in warm praise of its handling of traffic prob-lems. The entrance into London at Paddington Station, he says, is free from the disorder and unkempt appearance of most American cities In fact, the whole English countryside gives you the impression of being cultivated and well-kept, and is in in sharp contrast to the littered appearance presented by the view from the car window of an American train. The first thing to impress one on arriving from New York is the quiet and absence of hurry. At first thought one might surmise that the English are slow, and we've had enough reports to that effect to warrant our thinking so. But first impressions, while vivid, are often wrong. There is an absence of hustle and noise, but no appreciable sacrifice of speed. At the crossings there is no shrilling of traffic officers' whisties, no banking of pedestrians on the curb and no stopping of vehicular traffic for blocks. The traffic officer is in the midst of it all, and is busy every moment. He stands there clam, deliberate, almost in a detached sort of way, but there is precious little that misses his eye. Instead of holding up traffic at long intervals, he seems to keep it moving along in all directions at once, and at many of London's corenrs the "all directions" is well used, for streets radiate in several directions. He directs traffic, rather than stops it and starts it. And here is another thing about the and here is another things about the English—their courtesy. They are anxious to help, and "please" and "thank you" are frequently used words in the language. The 'bus conductor thanks you for your fare, the waiter thanks you for his tip, the lift man thanks you when you give him the number of your floor. The London "bobby" or policeman, knows his London and directs you promptly, politely and accurately, without waste of words. The Londoner does not push, crowd or hustle, but he knows where he is going, and willgladly help you get where you are going in an orderly, comfortable and going in an orderly, comfortable and quick way. So, if one were to check up on the question, I would say that for all the Londoner's apparent de-liberation, he is moving towards his destination as quickly as any New Yorker, and making far less hub-bub about it. It is this quiet effici-ency that is misleading and is so often mistaken for slowness.

## 'Lest We Forget'

Made the Supreme Sacrifice

Made the Supreme Sacrifice
WATFORD AND VICINITY
Capt. Thos. L. Swift
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Pte. Alfred Woodward
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Bandsman A. I. Small
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### BRANTFORO WINDMILLS

EXTRA STRONG AND STORM PROOF

"Brantford" Windmills are supported by all steel towersthe strongest windmill towers in the world. This exceptional strength is due to the double braces and cross girts every five feet. No fuel cost-it is the cheapest kind of pumping power.

We also make medium and small sized concrete mixers; Kerosene Engines; Grain Grinders; Saw Frames; Pumps; Tanks, etc.

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The brilliant head—a band of blue, tipped with red—is the mark by which you can always distinguish a MAPLE LEAF MATCH.

This distinctive head means to you that the matches are sure and safe—always dependable—non-poisonous, no glow, the kind rats won't gnaw—stronger and longer, different and better.

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Different and better THE CANADIAN MATCH OF LIMITED MONTREAL

Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by using a reliable worm remedy, such as Miller's Worm Powders, which are sure death to worms.

Women Tell Each Other How They Were Helped by Lydia E. Pinkham's Vegetable Compoun

Woodbridge, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles. I would have headaches, beckaches, pains between my shoulders and under my shoulder blades and dragging down feelings on each side. I was sometimes unable to do my work and felt very badly. My mother in-law told me about the Vegetable Compound and I got some right away. It has done me more good than any other medicine I ever took and I recommend it to my neighbors. You are quite welcome to use this letter as etestimonial if you think it will help some poor sufferer."—Mrs. EDGAR SIMMONS, R. R. 2, Woodbridge, Ont.

In nearly every neighborhood in every town and city in this country there are women who have been helped by Lydia E. Pinkham's Vegetable Compound in the treatment of allments peculiar to their sex, and they take pleasure in passing the good word along to other women. Therefore, if you are troubled in this way, why not give Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal incredients of which are derived from

This famous remedy, the medicinal ingredients of which are derived from roots and herbs, has for forty years proved its value in such cases. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkliam's Vegetable Compound.

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