

# GOOD HEALTH WEEK!

Make a Practice of Eating at Least Three Oranges a Day  
They Are a Real Health Insurance

## "Sunkist" Oranges at Special Prices

All Dealers Are Supplied  
Good Health Week Sale Begins Monday, APRIL 4TH

Tone up your system—it needs it. Your physician will tell you to eat oranges—lots of them at this time of the year. This entire community—every man, woman and child—should participate in this health celebration. Oranges are the trademark of good health. "Sunkist" is the name of the choicest oranges in the world.

Remember the date. Because oranges are purveyors of good health we are going to make Good Health Week the occasion for the greatest sale of oranges in history.

### "Sunkist" Navel Oranges Are Seedless

"Sunkist" oranges are so lusciously fresh, juicy and delicious that you enjoy their medicinal qualities. Morning, noon and night is orange eating time. A "Sunkist" orange or two is delicious dessert after each meal and at the same time your "spring fever" is vanishing under the general toning up process aided by the orange juices.



### "Sunkist" Lemons

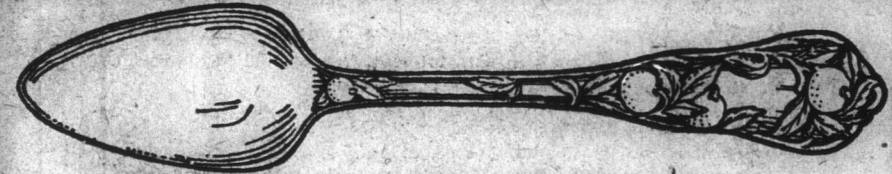
possess the same high merits that have made "Sunkist" oranges famous. They are firm, full of snappy lemon juice. They, too, are choicest of all the lemons in the 5,000 groves of the California Fruit Growers' Exchange. That is why they bear the "Sunkist" wrapper.

That "Sunkist" wrapper is the guarantee of the choicest oranges that California produces. It is the voucher of thousands of fruit farmers that "Sunkist" is absolutely the best that careful cultivation can produce.

### Get the Orange Habit

Here is the height of orange perfection. You never tasted another orange like "Sunkist." Tree-ripened, seedless, thin-skinned, exquisitely rich in delicious orange juices—those are a few "Sunkist" orange qualities. All these are health aids and you should take advantage of them. Get the Orange Habit and note your improvement in health. You will put your stamp of approval on Good Health week and "Sunkist" oranges.

"Sunkist" Oranges for Health  
All Next Week



### Rogers' Orange Spoon Free For "Sunkist" Wrappers

Insist that your dealer gives you none but "Sunkist" oranges and lemons—in "Sunkist" wrappers. 12 of these wrappers and six 2-cent stamps to cover mailing, etc., entitles you to a handsome Rogers' Orange Spoon Free.

The same number of stamps and wrappers for each additional spoon. These spoons are Rogers full standard plate. You can easily get a full table set in a short time. Send wrappers and stamps to

California Fruit Growers' Exchange  
32 Church Street  
TORONTO, ONTARIO

### Church Services Tomorrow

**Presbyterian**  
Knox church: Corner of 4th Avenue and Centre street. Ministers: Rev. J. A. Clark and Rev. J. S. Shortt. Mr. Shortt will preach in the morning. Mr. Clark will preach at night on "The Way to the Kingdom." Sunday school and Bible classes at 3. At the men's Bible class Dr. Coffin will lead the discussion on "The Teaching of Jesus and the Kingdom." At the young people's meeting on Monday evening in the school room Principal McRae will speak on "Judge Lindsay's Work Among Boys." Prayer meeting Wednesday at 8.  
Grace Presbyterian church: Twelfth Avenue east, Rev. A. MacWilliam, pastor, phone 2019. Services at 11 and 7:30 by the pastor. Sunday school and Bible classes at 2. Y. P. S. C. E. Monday at 8. Prayer meeting Wednesday at 8.  
St. Andrews: Corner Ninth Avenue and Thirteenth Street west. Rev. A. Mahaffy will conduct both services tomorrow. The sacrament of the Lord's Supper will be dispensed at the close of each service. Sunday school at 2:15. Guild Tuesday evening.  
**Methodist**  
Central Methodist: Rev. G. W. Kerby, pastor. Services at 11 and 7:30. Sunday school and Bible classes at 3. Rev. Sam Small, D. D., the noted preacher will preach both morning and evening.  
Crescent Heights Methodist: Rev. J. E. Francis, pastor, residence 102 First Street west. 11. Topic, "Calvary Beautiful." 3 Sunday school and Bible class, 7:30. Topic, "Your Hope of Immortality." Prayer meeting Wednesday evening at 8, in the home of Mr. B. Apsall.  
Victoria Methodist: Corner Seventh Avenue and Second Street east. Services at 11 and 7:30. Sunday school at 3. 11 Rev. J. W. Wilkin, 7:30 Rev. Mr. Cropp, subject, "The Christ of Our Faith and Love."  
Riverside and Bridgeland Methodist: Service at 7:30 at Mr. Barnell's home.

### Palpitation of the Heart.

One of the first danger signals that announces something wrong with the heart is the irregular or violent throb. Often there is only a fluttering sensation, or an "all gone" sinking feeling; or, again, there may be a most violent beating, with flushings of the skin, and visible pulsations of the arteries.  
There may also be experienced a smothering sensation, gasping for breath, and feeling as though about to die.  
In all such cases the action of Milburn's Heart and Nerve Pills in quieting the heart and restoring it to its normal beat, is beyond all question marvellous, as our thousands of testimonials will show.

Mrs. Martha Mason, Marlbank, Ont., writes: "Just a few lines to let you know what Milburn's Heart and Nerve Pills have done for me. I have been troubled with weakness and palpitation of the heart, would have severe choking spells and could scarcely lie down at all. I tried many remedies but got none so answer my case like your pills did. I can recommend them highly to all with heart or nerve trouble."  
Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

### Some Warm Criticism of Asquith Cabinet

It Had Some Resemblance to the Stage Donkey  
London, April 1.—The second day in the commons on Mr. Asquith's veto resolution was marked by a high standard of oratory.  
F. E. Smith, Unionist member for Walton, opened with some biting humor at the expense of the cabinet's resolution, disapproving the question of the veto. The front of the government bench was like a stage donkey, he had less that moved but not all together. He told the government that they were ill advised to commit themselves to a policy which must mean two more elections this year.  
J. A. Simon, Liberal member for Walthamston replied to Mr. Smith. He said the lords had been proved wrong on all great public controversies which had been settled. Not in forty years and one single Conservative measure had been hampered by the lords while the list of Liberal measures mutilated or rejected continuously increased. He assured the government of the united force if the government pushed on vigorously with the resolutions.  
Lord Hugh Cecil demanded for the limitation of the upper house to 400, nominated by the king on advice from his ministers, whereof 350 were to be chosen from the hereditary peerage.  
Augustine Birrell, in his capital form. He claimed that veto resolutions increased the lords' powers in some respects. On a question of finance there was no possibility of a compromise.  
Mr. Ramsay MacDonald dealt with the question of experience of overseas dominions. He referred to Canada in support of this contention that second chambers do no effective work. He claimed the general election was fought primarily on the veto. The government had a mandate to settle the question without another election.  
It is probable the division on Asquith's motion that the house go into committee to consider his detailed proposals, will occur on Monday next.

### Committed for Trial

Winnipeg, April 1.—Robert C. Edwards, proprietor of the Eye Opener, charged with publishing and distributing obscene literature, was committed for trial in the Winnipeg police court.

### THE OLD RELIABLE USED FOR 40 YEARS BEARINE

HAIR POMADE  
Delicately perfumed. Contains the pure grease of the Canadian Bear, which is unequalled for promoting the growth of hair.  
60c per jar.  
Davis & Lawrence Co., Montreal.

### AFRICA TO BE TRANSPORTED TO JUNGLE OF LOUISIANA

And Then the Big Game Hunters Can Stay at Home.  
New Orleans, April 1.—No more trips to Africa for the chase of hippopotamus and eland, dikdik, wart hog and other animals, will be necessary ten years from now if the Louisiana legislature heeds the request of the state game commission. The commission, after a conference with Congressman Broussard decided today to ask for an appropriation for the importation of big African game to Louisiana for breeding purposes.  
Representative Broussard, who has introduced a bill in congress, looking to the introduction of African animals into the United States for food purposes, declared today:  
"I do not think this importation idea can be laughed down. It is merely a matter of education and when the people see the value of the hippopotamus, coudou, dikdik, and a host of other varieties, I might mention, as meat producers, at a time when a supply of meat is an economic necessity, there will be no objections."

### Investigate Fire Insurance

Albany, April 1.—As a result of recent disclosures in the fire insurance investigation the assembly of ways and means committee today reported in favor of an investigation of the fire insurance business on the same lines as that collected into the life insurance business in 1905.

### PEARY IS DONE WITH ALL POLE EXPLORATION BUSINESS

Does Not Contemplate Journey to the North or South Pole  
Chicago, April 1.—Commander Robert E. Peary, who arrived in Chicago today, in an interview declared that he was positively through with polar expeditions for all time. "I am absolutely at the end of my career as an explorer," said he, "reports that I am to lead an expedition into the Antarctic regions are not true, and I certainly do not contemplate another trip to the North Pole."

### Asaya-Neurall

THE NEW REMEDY FOR Nervous Exhaustion  
Whipping an exhausted nerve system with alcoholic stimulants only shortens the road to physical collapse. The only remedy is Food, Rest and nerve repair. "ASAYA-NEURALL" is and makes possible this cure. It feeds the nerves, induces sleep, improves the appetite and digestion; and soon full nerve vigor is regained. \$1.50 per bottle. Obtain from the local agent.  
CURRY & COPE, W. MACLEAN.

### Pleasant Sunday Afternoon

Unitarian service in Empire theatre Sunday evening at 7:30. Rev. F. W. Pratt will speak upon "A More Beautiful Calvary." A large number of stereophonic pictures will be shown illustrating what has been done in beautifying other cities.

### STURDY CHILDREN

In every home where Baby's Own Tablets are used you will find rosy, sturdy, good-natured children, because the Tablets cleanse the stomach and bowels, aid digestion and thus bring perfect health. And you can give them with equal safety to the new born baby or the well grown child. Mrs. A. E. McLeod, Woodstock, Ont., says: "I have used Baby's Own Tablets since my baby was two weeks old and have found them of great benefit for the ailments of childhood, especially for stomach and bowel trouble, and when teething." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### TORONTO POLICE GET AFTER BROKERAGE OFFICE

Raid the Place and Gather in a Few Frequents.  
Toronto, April 1.—Nine detectives, under Inspector Duncan, today raided the brokerage office of Patriarche & company, and arrested the principals and frequenters, on the charge of keeping and frequenting a bucket shop. Among the arrested were W. J. Smart, local manager; J. A. Harrington, manager Buffalo branch, who has been acting in the absence of Patriarche from the city; C. Adams, E. Strachan, C. E. S. Herbert, H. L. Allan and three others. Three tickers were seized, together with a books and documents and a bunch of money, amounting to about \$3,000.

### DR. A. W. CHASE'S CATARRH POWDER 25c.

is sent direct to the patient. Improved Recipe. Has the strongest germicidal action. Stops discharges in the throat and nose. Cures Catarrh and Hay Fever. Cures Sore Throat. Accept no substitutes. All dealers or send direct to Dr. A. W. Chase, Toronto, Ont.

## Spring Housefurnishing Is Now On

WE ARE FULLY PREPARED TO MEET ALL YOUR REQUIREMENTS FOR HOUSE-FURNISHING FROM A TO Z. OUR LINE OF FURNITURE, RUGS, DRAPERY GOODS, ETC., IS THE MOST COMPLETE IN THE CITY, AND WE HANDLE NOTHING BUT THE BEST MANUFACTURERS' GOODS ON THE MARKET.

### Upholstery Material

Our showing of Upholstery Goods this season is the most complete we have yet handled. We have all colorings and designs. These goods run in price from \$1.50 a yard to, a yard \$9.00

Note—We do repair work and upholstering in the most modern style and fully guarantee our work.

### 3 Piece Parlor Suite

Well finished birch-mahogany frames, seats upholstered in rich green velour. Extra special  
\$23.00

### 5 Piece Parlor Suite

Carved birch-mahogany frames, upholstered in self-colored green, crimson and gold velours with plush trimmings. Special value... \$30.00

**Calgary Furniture Store**  
LIMITED  
COMPLETE HOUSE FURNISHERS & DECORATORS