

The Untiring Energy

of the Wolf is proverbial. Practically no energy is required where SUNLIGHT SOAP is employed. SUNLIGHT SOAP is energy itself. The Wolf is the enemy of mankind;

Sunlight Soap

is the enemy of all dirt. It is the friend of the housewife, and is made for her profit. To the housewife it means less labour, less dirt, more leisure, and time and money saved. SUNLIGHT SOAP does away with needless scrubbing and scrubbing, and so preserves the clothes.



GIVE IT A TRIAL.

New Chemical Warfare Against the Russian.

The Germans are extending their newly invented forms of chemical warfare, the London Morning Post correspondent in Petrograd says, and it is evident that extensive experiments are in progress with a variety of diabolical engines hitherto unknown or long forgotten in civilized war.

I have mentioned before the vitriol spray which was largely used last year on the Bzura and Rawka fronts to resist the Russian bayonet attacks. Presumably there were heavy disadvantages about this infernal instrument for although scores of Russian soldiers lost their eyesight or were left disfigured for life, and hundreds were badly burned through their uniforms, nothing more has been heard since the Bzura and Rawka fighting months ago of this particular experiment.

About Borkimoff, Gumin, and Wolozko-Wiecka, in the tremendous onslaught made by the Germans early in February of various descriptions loaded with some concentrated preparation containing formalin caused eye trouble over an extent of many miles. Thus far the Germans had been applying to their glorious war of Kultur only the familiar weapons of a jealous woman and patent vermin killer. Neither proved quite satisfactory, though both throw a useful light upon the mental processes of the German.

Then came the heavier-than-air gas experiments, first effectively used on the French front. The application of this mysterious gas, as also its composition, are still in the experimental stage, and developments may be looked for. It was used over a front of a dozen miles recently on the Bzura, Rawka section, but the method of application seems to have been altogether different from that, on the French front. I have received the following particulars about this attack at first hand. Its importance was such that military experts believe here that the Germans hoped actually to get through to Warsaw. Notwith-

experiments had been in progress, standing the gas effects and others the Germans were flung back all along the line.

For several nights before tentative some of which ended painfully for the Germans, the movements, noted were the flinging out in front of their trenches of straw linings, which were set on fire. Some scouts reported that when certain objects looking like short lengths of rope were thrown on the fires, the flame and smoke changed character and the latter enormously increased. Others reported that the Germans were apparently attempting to put out the fires with hoses after lighting them.

Over one considerable section of their line the Germans were seen climbing out to the rear in evident haste and confusion, and running for their lives. The Russians, of course, promptly opened an effective fire, and those who dropped in the saucy quiet were credited to the Russian bullet. Subsequent events, however, indicated that the Germans were running from their own poison, for a change of wind was blowing the smoke into their trenches.

Straw linings to the trenches, timbers and all kinds of debris were piled in a series of bonfires along a twenty mile front on the evening of Sunday last and then apparently watered from a hose. These bonfires were all lighted simultaneously and gave forth incredible volumes of dense smoke, whereupon a tremendous artillery fire began from the German positions. Soon it was seen that the smoke came rolling in solid-looking clouds along the ground towards the Russian positions and behind came the German attacking columns with muffled faces.

At some points of the dozen miles of the front the Russian and German trenches were too near together for effective bonfire building, and here other supplementary means were employed to produce the same effect. Bomb-throwers, used in near trench warfare, sent into the Russian lines a number of tin boxes like biscuit boxes, which burst on impact and threw off volumes of dense poisonous fumes. Subsequent examination of some which had failed to explode showed a filling as follows: On the

top and bottom for one-third of the depth was a layer of moss. The middle third was a chemical composition resembling sand. A fuse ran through all three layers.

Presentation to His Grace the Archbishop.

His Grace Archbishop Roche celebrated his first Pontifical High Mass at the R. C. Cathedral at 11 a.m. yesterday. He was assisted on the Throne by Very Rev. Fathers Doune and McGrath as deacons of honor, while Rev. Frs. Ashley and O'Flaherty were deacon and sub-deacon of the Mass respectively. Rev. J. McElmott, High Priest, and Rev. Dr. Greene, Master of Ceremonies.

After Mass the clergy of the Archdiocese presented a grand Factorial Cross to His Grace, which was accompanied by an address in Latin, read by Very Rev. Dean Roche, of Witless Day, and his place, of the Archdiocese. His Grace replied also appear below:-

CLERGY'S ADDRESS.
Translation of the Priests' Address of Welcome to Archbishop Roche:-
Your Grace,
The Archdiocese of St. John's, which until now has been in mourning for her unexpected widowhood, greets you, her pastor, not only daily, and wishes you every happiness. Your predecessor was no sooner dead than all longed for the Holy See to promote you to his place, and the rapid fulfillment of this desire has been received with universal enthusiasm. May the advancement be as agreeable to you as your absence would have been painful to your flock!

Now, in this chorus of rejoicing, the priests, by your comrades and companions, hold the dominant note. They have had better opportunities than others of appreciating your zeal, talents and generosity; they have frequently made experience of that exquisite kindness which has endeared you to all; while the work you have done and your unswerving readiness to visit the sick and help the poor have filled them with admiration. For you never have hesitated to sacrifice leisure and personal comfort when there was question of doing good to others and the difficulties and tedium of the task vanished before the inspirations of divine grace and your deep sense of duty. Called now to higher things, greater deeds for God's glory will be expected of you and more brilliant achievements will be yours.

We shall miss you sorely from our ranks, but if we have lost a brother, we have gained a Father; and we on our part shall be always obedient, respectful and loyal sons. May this day be ever red-lettered in your life, and a day full of happy memories to you, and to us, and as an earnest token of our devotion let us offer this Pectoral Cross.

We pray that God may protect Your Grace, and grant you long life. And we pray, too, that the Holy Spirit, your labours, so that the auspicious beginnings tended ever by His Fostering Hand may reach the perfect maturity and produce the most abundant fruits.

Signed on behalf of the Priests of the Archdiocese of St. John's, N. ROCHE.

ARCHBISHOP'S REPLY.

Dear Beloved Brethren in Christ—It is with difficulty that I can find words to fittingly thank you for the testimonial which I have received of your loyalty and devotion towards me and for the precious and appropriate gift which you have presented to me to-day.
I would indeed that I could believe that I was not altogether unworthy of the words of praise which you so generously expressed towards me. At the same time I do not deny most willingly confess that your words, breathing as they do a spirit of loyal devotion towards me, are most comforting and most pleasing to me. Not indeed, that I need this testimony of your feelings towards me, but because the loyalty and devotion of my people must be always most gratifying to the heart of any Bishop. Without the co-operation and the zealous labours of the priests, I truly confess that my Episcopate which has just begun, would be altogether barren of fruit. Without you—the priests of the diocese—all your countrymen, without exception, are with Your Grace, and that the conferring of this signal honour upon you has given me a day's rest in my heart.

We respectfully ask your acceptance of the accompanying gift from the laity of St. John's as a token of their loyalty to their newly-consecrated Archbishop, and as a pledge of their feelings of filial affection and esteem. Signed on behalf of the Catholic laity of St. John's, this 28th day of June, in the year of Our Lord one thousand nine hundred and fifteen, JOHN HARRIS, Chairman, JOHN BARRON, Vice-Chairman, WM. J. ELLIS, Treasurer, P. J. SUMMERS, Secretary, J. C. PIPPY, Asst. Secretary.

His Grace replied from the pulpit, thanking the people of the Archdiocese for their unswerving loyalty to the Church. He briefly reviewed the work of the preceding prelates and paid a fine tribute to the work of his predecessor the late Archbishop Howley whose work, he said His Grace, will only be properly valued and appreciated when some future historian will give to the world a detailed account of those prelates episcopate. In conclusion he wished to thank those of the other Christian denominations of the city for the many kind words that they had given him at all times and particularly during the past week, the memory of which would ever be dear to his heart.

An address from the people of the diocese of St. George's has also been received by His Grace and is very much appreciated by him.

CHRISTIAN BROTHERS' ADDRESS.
To His Grace, Most Rev. E. P. Roche, D.D., Archbishop of St. John's: May I Please Your Grace:-

With joyful hearts we, the Christian Brothers of your Archdiocese, unite with your devoted priests and faithful people in offering your cordial congratulations on your selection by His Holiness, the Pope, to govern the ancient and important See of St. John's.

Your career from your tender years has been intimately connected with several members of our Order, and so marked was the impress of your fine natural gifts on the minds of those teachers, who were privileged to take part in developing your rare talents, that your brilliant record has come to be an inspiration to each succeeding generation of students in our school; and it is pleasing to know that the cherished hopes entertained of you in boyhood have been fully realized by your many successes of late years, culminating in the very high honor which has lately been conferred on you by the Holy Father.

It is a matter of pride that the mantle of your illustrious predecessors, who were friends and patrons of our Institute, has fallen on one who has grown up under the teachings of our Order, and who, by his own efforts, with joy your elevation, and feel confident that as Patron of that System we have in your Grace a powerful advocate of its principles, which our forefathers succeeded in placing among the Legislative Statutes of the Colony.

This day, which is a day of rejoicing throughout the land, is one particularly dear to us, as we claim your Grace, and your two esteemed Suffragans, as old pupils, whose early learning, and zeal render them worthy successors of the distinguished prelates who have guided the destinies of the Church in Newfoundland. Dearly beloved Archbishop, it is a joy to your friends and an honour to yourself to know that the rank you have reached is solely the reward of merit—merit won by exalted piety, profound learning, administrative ability, and a faithful discharge of duty in distant years, when your future generations read the annals of your Church, we predict a golden page for the reign of the Most Rev. Edward Patrick Roche.

We thank God that the widowed See is again filled by a wise and patriotic prelate, whose flock has a father to guide and direct its interests, that St. John's has an Archbishop worthy of the best traditions of the Christian Church, who loves the whole Colony loves to restore and honour.

In conclusion, we assure Your Grace that many at all times count on your loyalty and hearty co-operation of the Brothers of your Archdiocese in carrying out the great work entrusted to them—the Christian Education of youth. The prayers of the Brothers and of their precious charge will ever ascend to the throne of Grace that God may grant you the length of days to add new and brilliant records to those established by your distinguished predecessors.

Signed on behalf of the Brothers of the several Communities, J. F. ENNIS, Mount Cashel, J. B. RYAN, St. Bon's College, St. John's, Nfld., July 4th, 1915.

His Grace made a very pleasing reply, and in the course of his address to the work of the Order, and the ever loyal support to the representative of the Church. The following is an address from the laity which was read by Hon. John Harris. Accompanying the address was a souvenir cheque for \$5,200. The cheque is a rare work of art, and will, after its presentation at the Bank, be returned to the Committee, Mr. Harris, Elizabeth, Gaddish St. Curran, Annie, card, Leslie St. Coates and Hall Lewis, James, Penningwell Road Clouston, Miss Ethel, Hayward's Ave.

The following is a copy of the address:-

LAITY'S ADDRESS.

To the Most Rev. Edward Patrick Roche, D. D., Archbishop of St. John's:-

May I Please Your Grace,—It is our privilege to approach you on behalf of the Catholic laity of St. John's, to tender you, on the occasion of your elevation to the Archbishopric, an assurance of their filial respect for the newly chosen Archbishop, and a pledge of their loyal support at all times in Your Grace's future efforts for the material well-being of the Church. We are many years of fruitful labour, which, as we hope and pray, await you; and an expression of the heartfelt joy which they feel in your consecration to the high spiritual office which you are so pre-eminently qualified to fill.

It is particularly gratifying to us that you, a native of Newfoundland, have for the second time been chosen by the Holy See for this exalted position, and we feel sure that the good wishes of all your countrymen, without exception, are with Your Grace, and that the conferring of this signal honour upon you has given me a day's rest in my heart.

We respectfully ask your acceptance of the accompanying gift from the laity of St. John's as a token of their loyalty to their newly-consecrated Archbishop, and as a pledge of their feelings of filial affection and esteem. Signed on behalf of the Catholic laity of St. John's, this 28th day of June, in the year of Our Lord one thousand nine hundred and fifteen, JOHN HARRIS, Chairman, JOHN BARRON, Vice-Chairman, WM. J. ELLIS, Treasurer, P. J. SUMMERS, Secretary, J. C. PIPPY, Asst. Secretary.

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An address from the people of the diocese of St. George's has also been received by His Grace and is very much appreciated by him.

List of Unclaimed Letters Remaining in the G. P. O. to June 30th, 1915.

A
Also, Harry
Aronson, Miss Alice M.
Andrews, C. R. Hutchings St.
Andrews, Samuel,
care General Post Office
Aston, Max
Abbott, Miss A. New Gower St.
Alcock, Wm., Notre Dame St.

B
Baird, John B.
Bradbury, Mrs. Jas., Military Road
Baird, Mrs. Wm.,
Signal Hill (P. O. Box 2)
Baird, Robert, Allandale Road
Barrett, Geo. J.
Baldwin, Miss Minnie,
care General Delivery
Baird, H., Long Pond Road
Barnes, Miss Annie M.
Byrne, Miss A., Prescott St.
Barnes, Samuel, Penningwell Road
Bennett, G. C.
Barnes, Tom, Newtown Road
Bennig, Clement J.
Byrne, Jas., Railway Customs Dept.
Blewett, Geo. H., Flavin's St.
Briston, Miss Emily, Carter's Hill
Balley, James, card
Bishop, Mrs. Samuel, Lime St.
Brown, Miss Norah, Murray St.
Brown, William
Brown, Mrs. Queen St.
Brothers, Mrs. Fanny, Gen. Hospital
Boyle, V., red.
Blundon, Mrs. Robert, Lime St.
Burt, Mrs. H., Gilbert St.
Bulger, James, Newtown Road
Brushett, Curby
Butcher, Miss E., care Post Office
Budden, George, late Port au Port
Butler, Joseph M.
Burns, James
Butler, Miss Bessie,
care Mrs. Malone, Duckworth St.
Boone, Mrs. Samuel

C
Caron, Joe
C. K., care General Post Office
Callahan, Katie
Clarke, L. B., card
Crotty, Miss Stella, Prescott St.
Chafe, Mrs. Jacob, Long's Hill
Clements, Wm.
Crichton, Miss Elsie E., Cabot St.
Costello, Wm., care General Delivery
Cromey, Miss Elsie, Casey St.
Coleman, Mrs. Walter, Hutchings St.
Crocker, Miss Marion, Rossett's Lane
Keane, Mrs. Stanley
Cochrane, Jack, card, Gower St.
Coneduck, Wm. J., Pitts Building
Coady, Michael, care Gen. Delivery
Cullin, Miss, Queen's Road
Connors, J. W.
Cooper, Samuel, late Badger
Currahill, Matthew, card
Curtis, John,
care Mrs. Clarke, 36 — St.
Curran, Miss Annie, Leslie St.
Cullin, Mrs. Elizabeth, Gaddish St.
Curran, Annie, card, Leslie St.
Coates and Hall
Lewis, James, Penningwell Road
Clouston, Miss Ethel, Hayward's Ave.

D
Davy, Wm., late s.s. Clyde
Davidson, Margaret
Daly, John, Water Street
Davidson, Neil C.
Dawley, Miss Gerlie, Theatre Hill
Driscoll, Willis, card
Driscoll, Edward, Lime Street
Dick, Frank, Queen's St.
Dooley, Mrs. John, New Gower St.
Doherty, Mary, care Brownrigg's
Dodge, Joseph Gower St.
Dunn, Thomas
Dwyer, M.
Dewley, Annie M., Gen. Hospital
Dewley, Miss Annie M.
Dewley, E. J., card
Denamore, Michael, care Post Office
Dyke, J. W.
Duff, Miss May, Water St.

E
Edwards, Mrs.
Evans, Percy B.
Edwards, Thomas
Earle, Mrs. Leonard
Edmonson, E., General Hospital
Evans, P. B.
Earle, Miss E., Queen's Road

F
Fleming, Miss Alice, Garrison Hill
Froy, T., late s.s. Meigle
Fitzpatrick, M. K.
Fitzpatrick, W., card
Fisher, Miss Gerlie, New Gower St.
Frohsham, John
Ford, Ronald, Pleasant St.
Ford, C. E., card

G
Grant, James E.
Grant, D. G., Gower St.
Grant, Mrs. Jas. W.
Gothall, Miss Mary, New Gower St.
Gear, J., South Side
Green, George,
care General Post Office
Green, Archibald
Gibson, S., New Gower Street
Gill, Stewart, card,
Methodist College
Godley, Mrs. Selina,
care General Post Office
Goss, Miss Eliza

ANCESTRY.

Man's father was an ape, of rude, ungainly shape, according to the chaps who study human maps, and fossil teeth and toes, and ribs and things like those. Through woodlands dark and green, in a gully, a phloco, our fathers used to roam, and made the trees their home. When I feel gay and proud,

Goodwin, Nellie, care King,
Queen's Road
Goldsworthy, Miss Bella,
O'Keefe, Miss Mary J.,
C. of E. Orphanage
Gorman, Mrs. Walter, Allandale Rd.
Grooves, Mrs. L., Colonial St.
Gushue, Stewart, King Edward Hotel
Green, Ann, care Mrs. Lawlor,
Middle Street

H
Hamlin, Miss, St. John Road
Hann, Jacob
Harvey, Jack, care Reid Co.
Hartery, Thos., Howe Place
Hartery, M. G., card,
care Ellis & Co.
Haines, Eleazer, Pleasant St.
Hanlin, J., Water St.
Hickey, W. J., Lime St.
Halliday, Mrs. D., Queen's St.
Hackett, E. J., Cabot St.
Harwood, Lena
Henderson, Mrs. D.
Hickey, W. J., Lime St.
Hendon, Sarah B., Cook St.
Hickey, Miss Mary, slip
Hefford, Mrs.
Heppich, Otho, Fort Amherst
Hill, Miss Fannie,
care General Post Office
Higgins, Mrs., Water St.
Hodnotte, Miss M., Freshwater Rd.
Holland, Miss Maude, British W. Co.
Holman, F. E.
Hopkins, Alice, LeMarchant Road
Hove, John, Patrick St.
Hunt, Sarah, Goodview St.
Hunt, Joe, care General Delivery
Hustin, Kenneth, red.
Hun, Miss Maggie, late Glovertown
Hayward, Allan, Power St.
Hallett and Hiscoc

I
Irvine, Miss Mary
Ivany, Mrs. James, Angel Place

J
James, Mary, care Gen'l Delivery
James, Miss L. V., Military Road
Jackson, H. P. O. Box 803
Johnson, Mrs. M. G.
Jones, H.

K
Kennedy, Willie
Kennedy, John, Cabot St.
Kennedy, Mrs. Tobias, Scott St.
Kelly, Miss Gerlie, Patrick St.
Keough, Miss Agnes Bond St.
Keane, Mrs. Stanley
Kennedy, Captain W. J.,
care General Post Office
Keefe, Miss M., Madeline
Kane, Reuben H.
Knight, Muriel, card
King, Mrs. W. G.
Keels, Miss Mary, Signal Hill Road.

L
Lovesy, Bert, care Gen'l Post Office
Laiton, Miss Jessie, Lime St.
Lamb, Mrs. Thomas, Carter's Hill
Lamb, Mrs. Mary, Spencer's St.
Levitz, S. P. O. Box 185.
Lamb, James, Penningwell Road
Lovesy, Bert, care Gen'l Post Office
Luther, Edward, care E. Warren,
New Gower Street
Lynch, Mrs. A. D., Leslie Street
Lewis, Mrs. W. F., Penningwell Road

M
Marshall, Ensign, card, Quidi Vidi
Martin, Miss Annie, Penningwell Road
Martin, Mrs. Stanley
March, A.
March, Ebenezer, care Gen. Post Office
Maynard, Francis
Ma—, John, Signal Hill Road
Martin, C., P. O. Box 295
Merry, D.
Mercer, Mark, card
Miller, Mrs. Eliza, Carter's Hill
Milley, Miss
Miller, E. J.
Mitchell, Mrs. H. G., Gower St.
Moore, Miss Annie, Maxse St.
More, Mrs. J., Cabot St.
Moore, Christy, card, 21 — St.
Morgan, Ethel, New Gower St.
Mitchell, Miss Sarah, Military Rd.
Moore, Mrs. F., 33 — St.
Mundy, Stella,
care Mrs. J. R. Taylor,
care General Delivery
Murray, Mrs. Wm., care G. P. O.
Murray, David, Water St.
Moore, Mrs. J.
Mills, Mrs. Arthur, 47 — Rd.
Murray, Mrs. Arthur, 47 — Rd.

N
McKellop, Mrs., red., Signal Hill Rd.
McCarthy, Mrs. Edward,
care Mrs. Kelly
McCarthy, Miss Nellie
McCrudden, Walter, Colonial St.
McCarthy, Miss Martha,
care Mrs. Ed. Ryan, Water St.
McGillivray, J. M.
McDonald, Mary E., Power St.
McKellop, Susie, 16 — Street
McCarthy, Annie, Woodville Road
McCallister, Miss Mary, Prince's St.
McCarthy, Miss C., Carter's Hill
McGillivray, J. M.

O
Nelson, O. K.
Neville, Miss Bridget,
care Arthur Walsh, Livingstone St.
Nicholl, Mrs. Sarah, Pleasant St.
Noel, Miss Tot, Water St.

WILL MAKE REVELATION.

NEW YORK, July 4.
Charles Becker, in the death house at Sing Sing, will reveal before he goes to the electric chair, the name of police department officials, living and dead, with whom he divided \$100,000 graft money. This was the prediction made to-day by the condemned man's lawyer.

O
Owen, Miss Mary, card
O'Keefe, Mrs. Philip, 5 — St.
O'Keefe, Miss Mary J.,
C. of E. Orphanage
Oliver, Miss Janet, Prescott St.
Osmond, A., care General Post Office
O'Toole, Nicholas, late Victoria
Osmond, Miss Alice, New Gower St.
O'Donnell, Mrs. P. J., Pope St.
Osmond, Miss Della, care G. P. O.

P
Parsons, Miss Essie,
care Captain Parsons
Parsons, Allan
Parsons, Mrs. H., card, Duckworth St.
Patten, John M. D., Gower St.
Parsons, A., Bond St.
Pardy, Miss Alice, Water St.
Parsley, Miss Bridget, LeMarchant Rd.
Peddell, Miss Elizabeth, Hamilton St.
Percy, Mrs. Geo. E., Hamilton St.
Phean, Patrick
Pillely, Wm.
Pritchett, Miss Lucy
Pike, Miss E. R., card
Pink, Andrew E.
Pike, Josiah,
care Wm. Barrett, East End
Power, Bella, Allandale Road
Porter, Geo. J.
Power, Bella, King's Road
Power, Edward, Nagle's Hill
Power, Mrs. James, 12 — St.
Parsons, Miss Annie
Penny, Miss G. M., card,
New Gower St.
Power, Alice
Power, Miss Leane, Water St.

R
Ryan, Miss Minnie, Freshwater Rd.
Ryan, Const. John, City
Ryan, Miss Carrie, card,
Monkstown Road
Ryan, J., Queen's Road
Reid, Jerrett, Queen's Road
Reid, Miss Alice, Scott St.
Edmond, Jack, care J. Wilson
Reid, Gerlie, Scott St.
Reid, Eleazer, 4 Middle Street.
Reid, Miss Gertrude, Victoria St.
Rendell, E., card, P. O. Box 161
Rogers, Miss L., Shochan St.
Rogers, Miss Katie Cochrane St.
Roberts, Gilbert, care S. A. Army
Rodgers, John, care Gen'l Post Office
Rohrer, Thord, Gower St.
Rose, Mrs., care C. of E. Orphanage
Roberts, George, Allandale Road
Russell, Mrs. L., Darter's Hill
Roberts, E. W., Fleming St.

S
Sparkes, Miss Emma, red.
Scaplin, Mrs. New Gower St.
Skeans, Miss Lilly, Military Road
Slaney, Miss Adelaide St.
Sharpe, Abraham,
care General Post Office
Saunders, Miss Amy
Saunders, R., Flower Hill
Stobens, A. E. P.,
care General Delivery
Senors, James, Convent Lane
Spence, Harold C. E.
Stewart, George
Smith, Miss Violet, Gower St.
Smith, Mrs. F. J.,
Sticklin, Bonham, Coronation St.
Simmons, Isabella, Penningwell Rd.
Smith, W. F.
Smith, J. Barrett
Spencer, Max, P. O. Box 902
Sopher, Dora
Sullivan, W.
Sullivan, Mrs. Mary, Carter's Hill

T
Tibbs, Richard,
care Mrs. Bishop, 165 Gower St.
Thomas, Mrs. Lizzie
Tulk, N. T., Prescott St.
Tucker, Walter,
care Gladys Mayo, Carter's Hill
Tucker, Walter
Tucker, Mrs. Jim, Monroe St.

V
Vaughan, Miss L., red., Cochrane St.

W
Walley, E. B., care Post Office
Walsh, Martin, Coronation St.
Walsh, Laura M.
Walsh, Thomas, Young St.
Walsh, John J., Young St.
Walsh, Agnes, 15 — St.
Walsh, May, Scott St.
Wakeley, T.
Warren, Lottie, New Gower St.
Wallis, A. W.,
Walkin, Miss Nellie, card
West, Garland
Walsh, Sarah A., Gower St.
Walters, W. B., Water St.
Walsh, Laura, card, Casey St.
Weir, Edward, Newtown Rd.
Wells, Wm., Hutchings St.
West, Stanley, Bannerman St.
Winsor, E. J.
Williams, Mrs., Water St. West
Windross, Thos. B.
Woodford, Mary, Military Road
Wiseman, Miss C., Casey St.
Winsor, Rev. J. W., Balsam Place.

Y
Youden, Miss Nellie, Field St.

H. J. B. WOODS, P.M.G.
G. P. O. June 30th, 1915.

Ready for Vacation?

One should be fit and ready for both work and play all the year 'round.

If vacation time finds you run down, physically and mentally, you may be sure that body, brain and nerves have not been properly rebuilt day by day with the right kind of food.

Grape-Nuts

made of whole wheat and barley, contains all the rich food elements of the grains in easily digestible form.

All of those vital mineral salts found under the outer coat of the grain, so necessary to repairing the wear and tear of work or play, are retained in Grape-Nuts.

Grape-Nuts has delicious flavour and has proven itself a mighty builder of brain and brawn—

"There's a Reason"

MADE IN CANADA Grocers everywhere sell Grape Nuts.
Canadian Postum Cereal Co., Ltd., Windsor, Ont.

ROOM FINISH
The st,
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D.
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DAY.
or Girls,
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