



"Samson met a lion, a-wandering about ;
He thrust his right hand down his throat, and turned him inside out."
—O'd Ballad.

DOUBT is naturally expressed about the truth of the old rhymester's statement ; but it is beyond doubt that Samson could have handled the lion exactly as stated had he previously undergone a course of diet on

BOVRIL.

No preparation of human food is so conducive to building up physical strength, and it is equally conducive to strength of brain. It will lighten the work of the worn and weakened stomach, renew the impaired digestion and start the party using it on the sure pathway to

Strength of Body

Strength of Brain

And Perfect Health.