SUNDAY SCHOOL

# The Quiet Hour

YOUNG PEOPLE

#### JESUS TELLS WHO ARE BLESSED.\*

By Rev. J. W. Macmillan, B.A., Winnipeg.

Blessed, v. 3. Who wants to be nappy? Everybody. And why are they not hap-py? Because they go about it in the wrong way. They break the laws which govern the production of happiness; and trouble is the certain result. The law of comfort in footgear is, that the shoes hall fit the feet. If you try to reverse this law and make the feet fit the shoes, this law and make the feet fit the shoes, you will suffer for your folly. If the shoe is too tight or too loose, too heavy or too light, or if you should go to a blacksmith and get your shoes nailed on, you would, in greater or less degree, pay the price of your mistake. Now Jesus is teaching men in this Lesson to find happiness, by obeying the laws of happiness.

Poor in spirit, v. 3 .- Not poor-spirited! Dr. Grenfell of the Deep-Sea Mission has turned his back upon money, ease, power, society-all the things which the of the world battle for. He will men of the world battle for. He will not fight with his fellow-men, contending for the prizes which only the victorious few can possess. Will you call him poor-spirited because he shirks that contest? Why, he will risk his life in storm and fogs, among rocks and icebergs, to help his followmen! He dares more, to cure their bodies and save their souls, than almost anyone will dare in war, or adventure, or money-getting. The one who is poor in spirit, is not a coward.

Meek, v. 5. Have you seen a St. Domestic of the content of

Meek, v. 5. Have you seen a St. Bernard with a poodle barking at his heels?
And did you not admire the calm majesty of disregard which the big dog showed ty of disregard which the big dog showed toward his puny assailant? He would not fight, not because of fear, but because of self-respect. But the little dog, no doubt, held another opinion. That is meekness, and meekness misunderstood. The noble-minded man is above bickering and retaliation. Would we have admired the martyr Stephen, if he had tried to hurl the stones back at his murderers? Would we worship Christ, if, when He was reviled, He had reviled again, or if He had fought with the soldiers who arrested Him, or plunged revenge upon Judas and Peter?

Hunger and thirst, v. 6. Christ demands enthusiasm. A weak, colorless, insipid preference for righteousness is common enough; but Christ will have none of it. The people who will do right when it is as easy as wrong, whose chief objection to vice is that it is ugly, and who are therefore as unlikely to reform, as they are to commit it; the half-hearted worshippers; the dead-and-alive religionists; the people who admire Jesus, and love themselves;—all the sluggards and eynics and pessimists; are by this verse condemned. Happiness is not found in dozing and yawning, or in musing and wishing, but in alert, eager, active, wide-awake enthusiasm for what is true and just and Christlike.

For my sake, v. 11. Be sure that your Hunger and thirst, v. 6. Christ demands

For my sake, v. 11. Be sure that your trouble is undeserved, before you complain of it. The governor of a great prison states that nearly every consists when the sure of the states of prison states that nearly every consist considers himself unjustly punisned. Even if his guilt is undeniable, he seizes upon some point in his trial, the incorrectness of some minor statement by a witness, the zeal of the prosecuting attorney, or the judge's refusal to release him on a technicality.

\*S. S. Lesson, March 4, 1906.—Matthew 5: 1-6. Commit to memory vs. 3-6. Read Mark 3: 13-19; Luke 6: 12-26. Golden Text—Blessed are the pure in heart: for they shall see God, Matthew 5: 8.

"If self the wavering balance shake,
It's rarely right adjusted."
We have heard of a boy, whose mother
complained, "Jimmy has worked in a dozen places and in every place the boss
took a spite at him." Jimmy was posing
as a martyr; whereas the truth was that
he was lazy, impudent and untruthful.
Every man who was beaten with stripes
in apostolic days, was not an apostle,
nor every man who was crucified, as innocent as Christ.

Salt, v. 12, Not awar, Salt preserves

Salt, v. 13. Not sugar. Salt preserves by antagonism. Some well-meaning peo-ple think they should be just a little better than the world; then the world is not offended, and doing good becomes easy. The trouble is that such a process is ineffective. It is like trying to peris ineffective. It is like trying to persuade a hone to kick more gently, or putting a nick or two in an assassin's dagger. It is an evil world, or Jesus had not come to save it. And evil is never to be placated or compromised with, but to be resisted and destroyed. Light, v. 14. A man once said, "I have no more influence than a farthing rushlight." "Well," was the reply, "a farthing suphilight en de seved deal, it

light." "Well," was the reply, "a fi thing rushinght can do a good deal; it can burn down a house; yea, more, it will enable a poor creature to read a chap-ter in God's book." No light is to be despised. And shining is bright and beau-tiful, and any light will shine.

titul, and any light will shine.

Shine—that they may see, v. 16.—There is not the smallest particle of the invisible gases which make up the atmosphere which surrounds this earth of ours, not the tiniest dust speck floating in the air, that is not needed to diffuse the light of the sun. But for these we could see only the sun, and in every other direction there would be darkness. The very dust speck becomes a miniature sun doing its share to illumine the darkness. And with every becomes a miniature sun doing its share to illumine the darkness. And with every particle a reflector, the whole world is lighted up. What if every word and deed of each Christian reflected the rays that come from the great Sun of Righteous-ness. Then the darkest places all round the globe would be radiant with heavenly

### LIGHT FROM THE EAST.

By Rev. James Ross, D.D., London, Ont. By Rev. James Ross, D.D., London, Ont. Mountain—A late tradition has fixed the scene of this discourse on the Horrs of Hattin, two peaks, which rise, one from each end of a low ridge running along the plain, about four miles west of the Sea of Galilee, near the road to Nazareth. They are only fifty or sixty feet above the surrounding fields, but they are the centre of an impressive scene. The summit of the eastern horn is a small, circular, and pertectly level spot, and the top of the ridge between the horns is also flattened into a plain. A striking illustration of the outcome of a Christianity, the very opposite of that outlined in this sermon, occurred at this very place on the 4th and 5th of July, 1187, when Saladin cut off the Crusaders from water, and, under the burning sun of a very hot day, threw them into a panic by setting fire to the scrub, and then cut them to pieces by repeated cavalry charges. The knights were sold into slavery, and most of their leaders were executed. Thus the century of cruelty and treachery, which diagraced the Christian occupation of Palestine, came to an end, although the Red Cross banner of the Hospitalers floated from the fortress above Bethlehem for eighteen months longer. Mountain-A late tradition has fixed he scene of this discourse on the Horrs

Then because you love the work, you enjoy speaking for Christ, reading the Bible, praying, doing the various kinds of committee work.

## "I'M THE CHILD OF A KING."

It is said that a gentleman, riding along the road one morning, heard some one singing. He stopped to listen and caught the words, "I'm the child o' a King."
Riding on, he came upon the sing r—an Irishman, with a pipe in his pocket and a pick in his hands. On the hillside was a dirty, torn tent; near by was a rickety spring-waggon, and up among the bushes was roped a poor, bony, hungry-looking horse. The man was a skeptic. He nevhorse. The man was a skepuc. He never permitted an opportunity to without making a thrust at any form of religious worship. Seeing the Irishman, he said to himself, "Now, isn't he a prettylooking child of a King? How foolish religion can make a man." Then, aloud: "So you are the child of a King. If such is the case, why are you not better fixed! How is it that you, a prince, are wandering about as poor as a beggar?" The Irishman went on with his digging, while he continued his song:

"My father's own Son, the Savior of men!

Once wandered o'er earth as the poorest of them;

But now he is reigning forever on high, And will give us a home in the sweet by and by." and by

The skeptic was surprised at the answer and evident rebuke, but continued: "And this is the home of a King! Look at that old waggon—and just look at that old tent." The Irishman began the fourth

"A tent or a cottage, why should I care? They're building a palace for me over there

Though exiled from home, yet still I may

sing,
'All glory to God, I'm the child of a
King.'"

And as the sceptic, meditating, rode away, acknowledging that he had been beaten at his own game, he heard the chorus, strong and clear:

"I'm the child of a King,
The child of a King;
With Lease we Seeing

With Jesus my Saviour, I'm the child of a King."

#### "PAPA'S PRAYERS."

A great many people are spending their breath praying when they ought to be materializing their prayers. Are you one of them? It is useless to pray down blessings upon your pastor, or the poor and needy, when your granaries and lard area of this breather with those of the property of t

blessings upon your pastor, or the poor and needy, when your granaries and larders are fairly bursting with them. The following may be a timely hint:

Sickness came one year to the boorly-paid pastor of a country church. It was winter, and the pastor was in financial straits. A number of his flock decided to meet at his house and offer prayers for the speedy recovery of the sick ones, and for material blessings upon the pastor's family. While one of the deacoas was offering a fervent prayer for biessings upon the pastor's household, there was a loud knock at the door. When the door was opened a stout farmer-boy was door was opened a stout farmer-boy was seen, wrapped up comfortably. "What do you want, boy?" asked one

"What do you want, boy: asked one of the elders.
"Pa couldn't come, so I've brought his prayers," replied the boy.
"Brought pa's prayers?" What do you

"Yes, brought his prayers, and they're

"Yes, brought his prayers, and they're out in the walgon. Just help me an' we'll get 'em in."

Investigation disclosed the fact that "pa's prayers" consisted of potatoes, flourbacon, oatmeal, turnips, apples, warm clothing and a lot of jellies for the sick ones. The prayer meeting adjourned at short notice. short notice.