

and manufacturing, are, each and all, well exemplified in one place or another around the head-waters of the Bay.

Twenty-four hours by rail will take the traveller from Montreal to Truro, the railway center of Nova Scotia. From Truro the naturalist may make a delightful circuit of Minas Basin and its eastern extension, Chedabucto Bay, doing the journey in two or three days' driving, or if so inclined, lingering along the way for a month. Whether he be geologist or botanist, Truro's beautiful, natural park, with its winding, wooded paths, sheer cliffs of rocks full hundred feet in height, and its picturesque falls, will hold him for a day. Then to see the landscape from the heights o'erlooking the town, and stretching for miles towards the west over the dyked meadows bordering the Salmon River, is well worth the effort of climbing that the view costs.

Leaving Truro by the north-west bridge over the Salmon River, a drive or bicycle trip of forty miles along a fairly good road, leads one through a number of shore villages—Folleigh, Grade Village, Bass River, Economy, Five Islands—giving peeps of water and dyked shores, and dashes through rocky woods. It is a constant succession of up-hill and down-dale as one crosses the narrow valleys of the numerous streams that seek their outlet in the muddy tide.

Between Economy and Five Islands the tourist has to climb the Gerrish Mountain. The road is steep, but passable for either carriage or automobile. The view from the Gerrish, covering, as it does, farm, village, water and opposing mountain-side, is, so far as I know, unsurpassed.

Five Islands obtains its name from that number of lofty precipitous rocks that rise like mountain peaks abruptly out of the Bay. A comfortable and homelike hostelry, looking over the restless tide that washes the bases of these mountain islets, will tempt the traveller to linger.

Another stage to Parrsboro, whence by boat he crosses the west end of Minas Basin to Kingsport and Wolfville, passing under the shadow of the Loof-off at Cape Blomidon. This is a bold promontory, affording a view of water, shore line, farms,