

## What! Another dizzy spell?

"Vertigo" the doctors call it. You naturally fear it is brain trouble, nervous prostration, heart disease.

But your doctor will tell you it is your liver. A sluggish liver means a poor circulation, a congested brain, a disordered stomach, constipated

PUGILIST WANTED TO DIE,

Cut Mis Throat With a Maxor and Re

Winnipeg, Jan. 17.—With a gaping wound in his throat, inflicted with a razer, which he still held in his hand, Sam Cannon, ex-prize fighter and former sparring partner of Frank Slavin on the Pacific Coast, lay on his bed in his lodging house on Main street, at noon, yesterday, and fought with these who attempted to take the weapon from him. He seemed feemdishly determined to add to the horror of firs attempt to terminate his life. The constable called to the scene had a protracted struggle with

scene had a protracted struggle with the muscular pugilist before he could wrest the razor from him. He was suffering from a derangement of the mind, caused by injuries which he

had received when very young, and which have been aggraveted by blows which he sustained in a fight with a Mounted Policeman at Regina a year

BRITAIN IS GALE SWEPT.

London, Jan. 17 .- A fierce gale

Sunday night caused much havoc along the coasts of the United King-dom. There were a number of wrecks of small crafts, resulting in loss of life. A French ketch was driven ashore on the Isle of Wight, and her

ashore on the Isle of Wight, and her crew of five men were drowned. All arrivals report terrific weather. The harbors are filled with vessels seeking shelter. No less than fifty steamers have sought shelter at Holy Head. Yesterday morning the bitter cold was accompanied by a gale, and the first skating of the winter commenced in Lancashire.

PACTORY GIRL'S DEATH.

Was Taking a Short Cut to Mor Work

Teronto, Jan. 17.-While taking

Teronto, Jan. 17.—While taking a short cut to her work at the gutta percha factory, by walking along the C.P.R. track from Brock avenue to O'Hara avenue, early yesterday morning, Miss Rachel Crozier was struck by a train and killed. Her side was crushed in and blood was cozing from her ear when she was found The unfortunats victim of the accident was 19 years old and lived with her widowed mother. She had been employed at the factory for ov-

een employed at the factory for ov-

Half the misery of human life might be extinguished if men would alleviate the general course they lie ander by mutual offices of compas-

Carter's

Little Liver Pills.

Must Bear Signature of

heut Sood

CARTERS FOR BEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION FOR SALLOW SKIRE.

FOR THE COMPLEXION FOR SALLOW SKIRE.

COMPUTATION FOR THE COMPLEXION FOR SALLOW SKIRE.

GURE SICK HEADACHE.

**ABSOLUTE** 

Ayer's Pills are liver pills. They act directly on the liver. You will need only one each night for a few nights. Your indigestion and biliousness will quickly disappear.

Made by the J. C. Ayer Co., Lewell, Mass. ATER'S CHERRY PECTORAL—For coughs,
ATER'S CHERRY PECTORAL—For coughs,
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25c. **BIRD BOOK** FREE

BIRD BREAD Avoid imitation port boly in bird troubles froe for reply stamp. Address exact COTTAM BIRD SEED, 1984, London, O.

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Single fare for round trip between all stations in Ontario, good going Tuesday, January 25th, and Wednesday, January 25th, valid returning until January 25th.

For tickets and information call on Agents.

W. E. RISPIN, City Ticket Agent, 115 King Street, Chatham, or to J. C. PRITCHARD, Depot Ticket Agent.

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Returning until Jan. 26th, for

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# The Simple Life

By CHARLES WAGNER

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is to speak of the ordinary aesthetics of life, of the care one should bestow upon the adornment of his dwelling and his person, giving to existence that luster without which it lacks charm. For it is not a matter of indifference whether man pays attention to these superfluous necessities or whether he does not; it is by them that we know whether he puts soul into his work. Far from considering it as wasteful to give time and thought to the perfecting, beautifying and poetising of forms, I think we should spend as much as we can upon them. Nature gives us her example, and the man who should affect contempt for the ephemeral splendor of beauty with which we garnish our brief days would lose sight of the intentions of him who has For it is not a matter of indifference sight of the intentions of him who has put the same care and love into the painting of the lily of an hour and the

But we must not fall into the gross error of confounding true beauty with that which has only the name. The beauty and poetry of existence lie in the understanding we have of it. Our home, our table, our dress, should be the interpreters of intentions. That these intentions be so expressed it is first necessary to have them, and he who possesses them makes them evi-dent through the simplest means. One need not be rich to give grace and charm to his habit and his habitation. It suffices to have good taste and good will. We come here to a point very important to everybody, but perhaps of more interest to women than to

Those who would have women co

ceal themselves in coarse garments of the shapeless uniformity of bags vio-late nature in her very heart and misunderstand completely the spirit of things. If dress were only a precaution to shelter us from cold or rain a piece of sacking or the skin of a beast would answer. But it is vastly more than this. Man puts himself entire into all that he does. He transforms into types the things that serve him. The dress is not simply a covering; it is a symbol. I call to witness the rich flowering of national and provincial costumes and those worn by our early, corporations. A woman's tollet, too, has something to say to us. The more meaning there is in it the greater its worth. To be truly beautiful it must tell us of beautiful things, things personal and veritable. Spend all the money you possess upon it; if its form is determined by chance or custom, if it has no relation to her who wears it, it is only toggety, a domine. Ultra fash-ionable dress, which completely masks comble dress, which completely masks feminine personality under designs of pure convention, despoils it of its principal attraction. From this abuse it comes about that many things which wemen admire do as much wrong to their beauty as to the purses of their husbands and fathers. What would you say of a young girl who expressed her thoughts in terms very choice indeed, but taken word for word from a phrase book? What charm could you phrase book? What charm could you and in this borrowed language? The effect of follets well designed in themselves, but seen again and again on all women indiscriminately, is precise-

ly the same. I cannot resist citing here a passage from Camille Lemonnier that harmo nizes with my

"Nature has given to the fingers of woman a charming art, which she knows by instinct and which is peculknows by instinct and which is peculiarly her own, as silk to the worm and
accework to the swift and subtle spider. She is the poet, the interpreter of
her own grace and ingenuousness, the
spinner of the mystery in which her
wish to please arrays itself. All the
talent she expends in her effort to equal
man in the other arts is never worth
the spirit and conception wrought out
through a bit of stuff in her skillful
hands.

"Well I wish that this art were more

hands.

"Well, I wish that this art were more honored than it is. As education should consist in thinking with one's mind, feeling with one's heart, expressing the little personalities of the inmost, invisible "—which, on the contrary, are repressed, leveled down, by conformity—I would that the young girl in her nevitiate of womanhood, the future mother, might early become the little exponent of this art of the toilet—her own dressmaker, in short—she who one day shall make the dresses of her children, but with the taste and the gift to improvise, to express herself in that masterpiece of feminine personality and skill, a gown, without which a woman is no more than a bundle of rags."

The dress you have made for yourself is almost always the most becoming, and, however that may be, it is the one that pleases you most. Women of leisure too often forget this; working women also in city and country alike. Since these last are costumed by dressmakers and milliners in very doubtful imitation of the modish world, grace has almost disappeared from their dress. And has anything more surely the gift to please than the fresh apparition of a young working girl or a daughter of the fields wearing the costume of her country and beautiful from her simplicity alone?

These same reflections might be upplied to the fashion of decorating and "Well, I wish that this art were more

When

Sickness Comes

there's always a need for mour's Extract of Beef. It keeps up vitality and prevents excessive loss of flesh and strength. It's rich beefy flavor makes beef tea that is as appeti-zing as it is delicious and stimu-



lets which reveal an entire conception of life, hats that are poems, knots of ribbon that are veritable works of art, so there are interiors which after their manner speak to the mind. Why, under pretext of decorating our homes do we destroy that personal character which always has such value? Why have our sleeping rooms conform to those of hotels, our reception rooms to

waiting rooms, by making predominant a uniform type of official beauty?
What a plty to go through the houses of a city, the cities of a country, the countries of a vast continent, and encounter everywhere certain forms identical, inevitable, exasperating by their repetition! How aesthetics would gain by more simplicity! Instead of this luxury in job lots, all these decorations, pretentions, but vapid from Iteration, we should have an infinite variety: happy improvisations would strike our eyes, the unexpected in a thousand forms would rejoice our hearts, and we should rediscover the secret of impressing on a drapery or a piece of furniture that stamp of hu-man personality which makes certain

(To Be Continued.)

## MAKES MEN SOUND AND STRONG

Detroit Specialist Making Men's Diseases a Specialty for Years, Will Accept Your Case, Giving It Individual Treatment. You may Use it in the Priv. cyof Your Own Home.

You May Pay When You are Cured.



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The possessor of 14 diplomas and certificates, who wants no money that he does not earn. In order to convince patients that he has the ability te do as he-days, Dr. Goldberg will accept your case for treatment, and you need not pay one penny until a complete curs has been made; he wants to hear from patients who have been unable to get cured, as he guarantees a positive cure for all chronic, servous, blood and skin diseases, which he accepts for treatment. He not easy cures the condition itself, but likewine all the complication, such as cheumatian, hadder or kidney which he accepts for treatment. He not easy cures the condition itself, but likewine all the complication, such as cheumatian, hadder or kidney debility, lack of vitality showard to the cursive and the curse you, and when you are cured, he feels sure that you will willingly say him a small fee. It seems, therefore, that it is to the best interests of veryone who suffers to write the doctor confidentially and lay your case before him, which will receive careful attention, and a correct diagnosis of your case will be made free of charge; if you have lost faith whe him, as you have everything and have lost faith whe him, as you have everything and have lost faith whe him, as you have everything and have lost faith whe him, as you have everything and have lost faith whe him, as you have everything and have lost plents are prepared in his own laboratory to meet the requirements of each individual case. He will send a booklet on the subject, which contains the 18 diplomas and certificates, entirely free. Address him simply Dr. S. Goldberg, 208 Woodward Ave, Room 17 Detroit, Michigan. Modward Ave, Room 17 Detroit, Michigan. Modward Ave, Room 17 Detroit Michigan. Modward Ave, Room 17 Detroit Michigan. Modward Ave, Room 18 determined the subject, which contains the 18 diplomas and certificates entirely free. Address him simply Dr. S. Goldberg, 208 Woodward Ave, Room 18 determin the 18 diplomas and certificates entirely free. Address him sim

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THE DEADLIEST POST ON A BATTLESHIP. \*\*\*\*\*\*

In all the battieships to be built in the future, the British Admiralty have decided to abolish fighting tops and heavy military masts, for the reason that these structures are now considered more deagerous and cumbersome than useful, in a naval battle the position of the topmen would be the most uncaviable on board ship. As a rule there is nothing but a this sheet of iron, only just strong enough to resist rifle builets, to protect them, and exposed to the full fury of the evenny's fire they must real se that their chances of returning to the deck safe and sound are remete indeed. There is a possibility, too, of the great iron masts being brought down by a well aimed shein; and as the mast with its fighting tops weighs, on a battleship as much as forty-five tons, it can well be imagined what an awful cotastrophe the fall of one of these monsters would be. Men would be killed, big and little guns disabled, and in all probability the ship rut out of action altogether, errainly until the wreckage had been cleared away.

The protection afforded the men

rut out of action altogether, certainly until the wreckage had been eleared away.

The protection afforded the men in the fighting tops is more apparent than real. Their bodies, as far as their waists are hidden from the sight of the enemy, but the latter knows very wei! that the shot of any gun larger than a rifle will help penetrate the sides of the gun glatform on the fighting top, or the shields of any of any of the guns therein, and kill and wound the gun's crew. And the position of the wounded topman is bad indeed, in most battleships the masts are hollow, and the men climb to the platforms up ladders in the inside, but the difficulty of getting wounded men down these narrow ways cannot be exaggerated. In all probability there would be nothing but dead men to bring down, for with modern rapid fire gans it is thought that all exposed parts of a vessel will quickly be cleared of the living occupants and heav, armor will be the only protection.

The fighting tops of the warships of to day correspond with the ordinary tops of the old wooden warships. Nelson was killed by a shot from the fighting top of the French ship Redoobtaile nearly a hundred years ago, and it has been the custom from the earliest times to put platforms high up on the masts in order that men could be stationed.

tom from the earliest times to put platforms high up on the masts in order that men could be stationed up there to hur, down all sorts of projectiles on the chemy's decks. The military masts of to-day are used to carry guas and searchlights, and their designs vary in each class of warship, whether British or foreign. In the French navy some remarkable examples are to be found, looking more like towers than masts. Some of them were originally so heavy more like towers than masts. Some of them were originally so heavy that they impaired the stability of the ships, and had to be removed. The idea of the French naval designers has always been to completely close in both mea and guns, but the majority of navies have declared for the open top, the argument being than in an open top shells might harmlessly has over the heads of or between the men in it working the guns and searchlights, but in a closed top the shells would burst on impact with the iron sides or cover, and kill and main the men, and smash tim guns inside.

Open tops were for so many years

main the men, and smash the guns inside.

Open tops were for so many years in favor in the Uzar's navy, but lately there has been a desire to follow the French fashion. The open top has this advantage, too, over the closed top, it allows of a free sweep for the guns. In such ships as the French Gruiser Deputy de Lome, the gans are poked out of small squares in the first fighting top ou the mast, and their range is consequently limited. Germany lavors now masts, very wide in organitation hoists inside. These masts are far heavier than those in the British battleships, but the shells from the biggest guns in use at sea could hordly bring them down.

No mention has yet here made here

dows.

No mention has yet been made here of the man who works the search-light from the top platform of the mast. The light would probably be the first thing ine enemy would attack, because of the assistance it gives the gunners at night and the man manipulating the light would receive the full force of the small quick firing guns, so that at night he would be in even greater peril shan the gunners immediately below him.

LENGTH OF LIFE IN EUROPE,

Of European nations the Norwegians and Swedes are the longest lived, the Spaniard the shortest. According to a foreign statistical return recently issued, the average duration of life is as follows: Sweden and Norway, fifty years; England, forty-five years and three months; Belgium, forty-four years and eleven months; Switzerland, forty-four years and four months; France, forty-three years and six months; Austria, thirty-nine years and Italy, thirty-nine years; Bavagia, thirty-six years, and Spain, thirty-two years and four months.

Y-Don't

you have a neat Photo of yourself taken at the

GIBSON STUDIO. Cor. King and Fifth Sts

the lungs, and there are symptoms of consumption.

At the first symptoms the careful person
will heed the warning by taking a mild
lazative; some vegetable pfil that will soc
disturb the system of cause griping. About
the best in 'Dr. Pierce's Pleasant Pelleta.'
If the cold starts with a cough, and it
persists then some local treatment for this
condition should be taken. A well knows
alterative extract, which has been highly
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This tonic compound is composed of an
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ing effect upon the succous membrane,
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at the seat of the trouble—the stagnated or
poisoned blood.

It contains no alcohol to shrivel up the lt contains no alcohol to shrivel up the blood corpuscles, but makes pure rich red blood.

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A SCOTCH PARSON'S CLEVER REPLY.

When musical instruments were irst used in the services of the Scottish churches many strict Sabbatarians objected to the iniquitous proceedings. One of these persons, on meeting the minister some time after leaving the "kirk" becase of the introduction of a harmonium said with a sheer, "Well, and how is your fanner getting on?" (A fanner was a winnowing machine re-sembling the bellows of an organ in its workings)..."Oh, splendidly" answered the reverend gentleman. "It's just keeping the good corn and blowing the chaff away."

### Contracted Bad Cold. Doctor Said, Serious I

Wanted To Send Him Three **Hundred Miles To The** Winnipeg Hospital.

Bottle and a Half of Dr. Wood's Norway Pine Syrup

Read what Mrs. A. G. Wheeler, Wasewas, Man., has to say about it:—"Flease
let me thank you for the great good that
both my husband and my children have
received from Dr. Wood's Norway Pine
Syrap. One night when my husband
came home from work he had contracted
avery bad cold. He became so bad that he
had to go to bed and send for the doctor.
When the doctor came he pressumed it
a very serious case, and wanted me to
send him to the Winnipeg Hospital. This,
I would not do, as it is about 500 miles to
winnipeg. I decided to try Dr. Wood's
Norway Pine Syrup and got four bottles
of it. He only took one-and-s-half bottles
before he was all right again and only
lost a few days' work. I always keep it
in the house for the children. Even the
haby, seven months old, takes it and
seems to like it, and as for myself I do not
know what I would do without it. I
think that every good housekeeper should
keep a bottle on hand, for I know it will
save many a doctor bill."

Price 25 cents. Put up is a yellow
wrapper and three pine trees the trade
mark. Refuse substitutes.

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