

both hands;
towards the

of the hand
circle.

ROLE.

early at arm's
the rear, and
to the right,
ing a circle in
er being the
fore, keeping
When the
which it was
d—that is, at
on twist your
e right, and
shoulder, the
e below and
club with the
ing it with the
describing a
the Shoulder
club be again
perpendicular
and then ex-
making, as
circle), a con-
circle.
hands; with
the left.
of the hand
circle.

n, is not as
h two clubs
u commence
rives about
of the head,
rd the left;
d the back,
ng to keep it
d moving at
e head to the
the club to
you will per-
); but when
on (pointing
opposite to
t your wrist
ont, letting
r, raising the
tly towards
the position
d your hand
ngth to the
towards the
o extended,

Plate.V

