

The Way of Buddha in Contemporary Life

A public talk by the Venerable Chogyam Trungpa, Rinpoche.

The leading spokesman for the Buddhist tradition in the West.

Thursday evening 8 p.m.
November 20
Lord Nelson Hotel
\$2.00 admission

Sponsored by Dharmadhatu of Halifax

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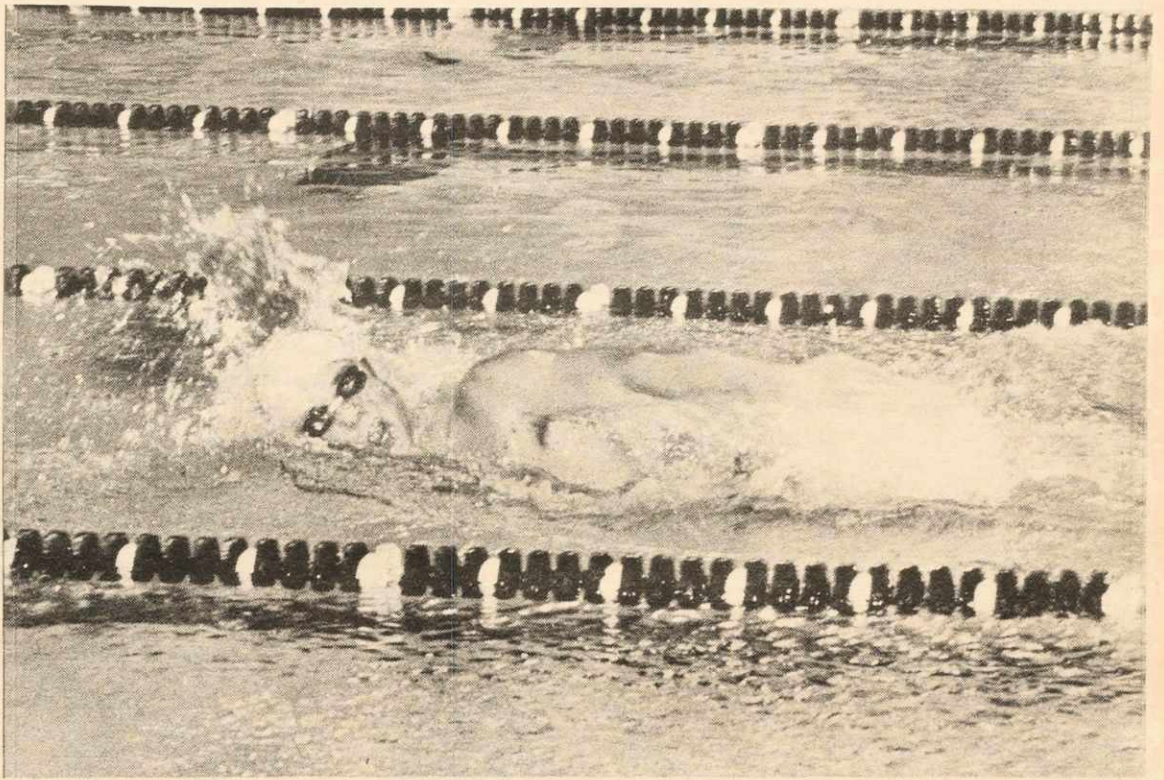
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Dal swimmers triumph in weekend home meet



Brian Jessop of Dal qualified for the CIAU championships for the second time in as many weeks. He's pictured here winning the 1500 metre freestyle race by over a full minute.

by Paul Rafuse

This past weekend saw the Dalhousie swim team host two swim meets at the Dalplex Pool. On Friday, the Dal women took on the University of Maine women's team in a contest which marked the first occasion in which a Dalhousie swim team had competed against a team from outside of Canada. On the following day, the men joined the women to confront visiting teams from UNB and Memorial.

Friday's international meet was highlighted by some outstanding swims from both sides and ended in a score of 70-35 for the U. of Maine. The difference in the score was accentuated by Maine's greater depth and consistency. Maine won five out of nine individual events as well as both the 400m Freestyle and 400m Medley relays.

Winning events for Dalhousie were Susan Mason in the 800m free and 200m butterfly and Dawn Suto in the 200m IM and 200m backstroke. Carol Flynn lost to a judge's decision when both she and Sheila Dembek of Maine recorded identical times of 0:29.5 in the 50m free.

The meet provided both sides an opportunity to see different swimming styles and allowed Maine to get experience in swimming metres.

In the United States, all college swimming is done in 25 yard pools. The Dalhousie men will travel to Orono in January for their match-up with the U. of Maine men.

Saturday's tri-meet with UNB and Memorial ended clearly in Dal's favour. Dalhousie won 16 of the 22 men's and women's events. The scores in the women's competition were Dal 77, UNB 15; Dal 72, MUN 21; and MUN 35, UNB 58. The scores in the men's competition were Dal 76, UNB 12; Dal 59, MUN 36; and MUN 76, UNB 18.

The Dalhousie women started out by easily winning the 400m medley relay and finished off by taking the 400m free relay. In between the relays, Dal dominated the individual events with Susan Mason and Louise Deveau placing first in two events each; Susan in the 200m and 400m free, and Louise in the 800m and 100m free.

Swimmers winning single events were Susan Bennie in the 50m free, Carol Flynn in the 200m IM and Dawn Suto in the 200m back. Qualifying times for the CIAU championships were met by Mason in the 200m free, Flynn in the 200m IM and Suto in the 200m back. In addition to qualifying for the CIAU's, Dawn Suto set

a new Dalhousie record at 2:33.3 in the 200m back.

The men's team fared much better this weekend against Memorial. Although still very closely matched teams, Dalhousie placed first and second in the opening 400m medley relay to create a gap that was further widened by the individual events, as well as the 400m free relay in which Dal placed first and Memorial second.

Dal won five of the nine individual events with Brian Jessop distinguishing himself by winning the 1500m free by over a minute and placing a close second to Chris Daly of Memorial in the 400m free. Daley also placed first in the 200m free. Also taking singles for Dal were Ron Stegen in the 50m free, Art Rennie in the 100m free, Tom Scheibelhut in the 200m back and Peter Webster in the 200m breast.

Brian Jessop was joined this weekend by Art Rennie as a CIAU qualifier. Art qualified in the 100m free while Brian did so in the 1500m free and in the 400m free for the second time this season.

The list of Dalhousie swimmers to qualify for the CIAU's is hoped to grow over the November 22-23 weekend when Dal travels to Memorial for an AUAA invitational meet.

Water polo for non-swimmers

by Peter MacDonald

Yes, that is right. At last, all you eager students who can't swim a meter can take part in the exciting water sport, Innertube Water Polo! Can it really be compared to any other water sport? No, I'm afraid not. What other sport can you, the player wear an inflated tube around yourself and play a sport with the style and

grace of a clumsy walrus.

Although the dress is not of high society, or of an international swim meet, the game can be played at high levels of competition. Bev Webb, coordinator and an eager fan of the so called "sport," is eager to get the students involved.

Beginning November 10, the innertube water polo games

will be held in the Dalplex pool from 7-8:30 p.m. The game is purely for fun and skill. Love of the water, or great physical strength is not needed. Bev urges everyone to come out,

and if not play join in the presently non-existent cheering section. For more information one should contact the Recreation Office in Dalplex.