

The over-worked brain not only requires rest, but frequently also a borrowed assistance or tonic for the augmentation of its powers.

Every species of excitation, whether bodily or mental involves the death, decay or elimination of a certain amount of tissue, and of the vital element. The possibility of continued exertion, therefore, depends upon the due supply of reproductive means of nutrition, and an unlimited facility for eliminating dead and useless matter. While Fellows' Hypophosphites exerts an influence upon the nervous system, it will under all circumstances nourish it, and through it the muscles which it governs.

The presence of this remedy is necessary then, especially in wasting and distressing diseases, *to create and sustain the normal degree of strength*, and its prescribed use can never exert a baneful influence under any circumstances whatever.

Fellows' Hypophosphites on being introduced into the stomach unites with the food, and immediately enters the circulation, and being perfectly miscible with the blood, speedily pervades every part of the system. Its first effects are first declared by a pulse slightly increased in fullness and strength, a general exaltation of the organic functions, and exhilaration of the intellectual powers. Its specific influence is on the brain and nervous substance, increasing the activity of the absorbents, and renewing the blood, thus causing the healthy muscular formation so necessary in restoring the functions of the previously weakened organs.

Being then a tonic of the nervous and circulatory system, it follows that when there is a demand for extraordinary exertion, its use is invaluable, since it supplies the waste through the circulation, and thus sustains the general system.

#### Letter from Rev. John McMurray.

JAMES I. FELLOWS, Esq.,

DEAR SIR:—I have recently heard from an invalid of the great benefit derived from your Compound Syrup of Hypophosphites, and, having in many other instances marked the most beneficial results from its use, I cannot but regard its discovery as a matter of devout thankfulness to a benign Providence.

I have used it considerably myself and, at intervals, during several years past, given it to some members of my family.

I have also recommended it to others, and invariably found it to be of essential benefit in those complaints for which it is especially recommended.

In bronchial and other chest affections, in arresting incipient consumption, and in lessening the distressing symptoms of this disease in its hopeless stages, as well as in cases of nervous debility, in giving tone to the system, it is undoubtedly a valuable remedy.

I am, dear sir, yours truly,

JOHN McMURRAY, Methodist Minister.

NEWPORT, N. S.

#### Hasty Consumption cured by Fellows' Hypophosphites.

CARBONAR, Newfoundland, Jan. 3, 1871.

MR. JAMES I. FELLOWS.—DEAR SIR:—I came to this country in May, 1869. I found a countryman of mine laboring under some disease of the lungs. I recommended your Syrup; tried at the Druggists in Harbor Grace, but they thought I was inventing the same at their expense. However, in April, 1870, Mr. Edgar Joyce rapidly was ed away with every symptom of quick consumption, so that he was unable to walk across the room, having no appetite, pains in the left side, nervous system unstrung, dry hacking cough, &c. Fortunately, I learned that your Syrup could be obtained at Mr. Deavin's in St. John's, and immediately procured some (showed one to W. H. Thompson, who ordered a supply from you at once). This was Tuesday afternoon; at night he took the prescribed dose, and in the morning he described the very results noticed on the wrapper. His appetite soon began to return, and a voracious one it was, too; the dry hacking cough changed into loose, but violent attacks finally disappearing altogether. Pains left his side, his hand resumed its usual steadiness, and before he finished ten bottles his health was quite restored, and to-day, not a more healthy person is to be found on our

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