(Continued from Page 1).

Belgium and Italy, and the million ada and the United States for food— bread beef, bacon—and the supply promised to be unequal to the de-mand.

the normal rate of consumption, it was estimated that Canada and the United States would have only 300-000,000 bushels. To make up this shortage is the paramount duty which the food controllers of Canada and the United States have set themselves.

The basis and methods upon which the controllers are working was then outlined by the speaker, who is working in co-operation with the food controlling authorities in the United States. The climination, of waste in hotels, restaurants, public places and homes of Canada was pointed out as a first requisite. And in order that Canada and the United States might make up the deficit of -160,000,000 bushels of wheat required for exportation, it is necessary that every man, woman and child in these two countries must substitute other food for at least from one-third to two-fifths of the wheat products they now consume. This point is something which the food controller wishes everyone to realize to its fullest, for upon compliance with this need depends to a great extent much of the great issue now at stake.

Consulting With Hoover

Dealing with the progress that had been made in the matter of organization, Mr. Hanna outlined his visit to Washington, where he spent two busy days with Mr. Hoover and his associates. At this centre was found the best brains of the United States with a staff of two hundred, which was to be increased to five hundred. After consultation with Washington, Mr. Hanna read recent telegrams showing things being done in the United States, and his reply giving an outline of the organization here.

Mr. Hanna read recent telegrams showing things being done in the United States, and his reply giving an outline of the organization here. In many respects the plans were similar. In Canada it was intended to reach every household in the Dominion, with the co-operation of provincial governments and working thru farmers' and women's institutes, schools, Red Cross, Daughters of the Empire national and local councils of

farmers' and women's institutes, schools, Red Cross, Daughters of the schools, Red Cross, Daughters of the Empire, national and local councils of women, Y. M. C. A., Y. W. C. A., church societies, municipal bodies and newspapers. There would also be local organizations formed, and demonstrations given in domestic economy, and in the care and canning of periphible foods in order to release the

the press was prepared to do its part, and that a committee had been arranged to proceed at once to lessen waste and direct food supplies in hotels, restaurants and other public places. The committee consists of Judge Hugh Rose, of Osgoode Hall; Miss Watson, Guelph; George Wright, of the Walker House, Toronto; Mr. Hutchinson, of the C. P. R., Montreal.

A letter was read from Arthur T.

cutting down of hotel menus and a system of voluntary rations as in England. Also a communication from Sir George Bury in which reference was made to the revolution in Russia, and said the latter was largely due to food shortage. The letter detailed many ways in which the Canadian Pacific Railway is co-operating in the present situation. Some time ago it was determined not to purchase or serve veal, little chickens, young lambs or baby pigs; also not to buy in individual packages, as the casing adds to

assumed the office in which he was now placed.

A vote of thanks and an assurance of the fidelity and co-operation of the women of the press was given on behalf of the members by Miss Margery MacMurchy, hon. president of the Women's Canadian Press Club. Miss Louise Mason, president of the Toronto branch, introduced teh speaker. A short discussion followed the address, in the course of which Dr. Margaret Patterson asked if it were true that Patterson asked if it were true that great waste was going on in the military camps. Mr. Hanna said whatever waste there had been some time ago was now entirely eliminated. Miss Harvey, who is employed in the service of the Ontario Government, pointed out the great need for help at present existing in canning factories and on the fruit farms.

**CONSERVATION URGED** BY THRIFT COMMITTEE

Women Point Out Methods by Which Foodstuffs Can Be Saved at This Time.

At a meeting of the women's thrift committee, held in the city hall yesterday afternoon with Mrs. Loosemore in the chair, the principal subject was the still further conservation of food and the methods which might be adopted. Mrs. L. A. Gurnett reported for a delegation which had waited upon Mr. George Wright of the Walker House and Carls-Rite to ask his co-operation in advertising thrift mottos thru the medium of his menu cards. It was thought that in the chair, the principal subtimes the still further conservation of food and the methods which light be adopted. Mrs. L. A. Gurett reported for a delegation which ad waited upon Mr. George Wright of the Walker House and Carle-Rite to ask his co-operation in advertising thrift mottos thru the medium of his menu cards. It was thought that the action of Mr. Wright will be farreaching, as he is president of the Dominion Hotelkeepers' Association and has recently been appointed third vice-president of the Hotelmen's Association in the United States.

A good deal of discussion also took place as to the best way to use the place as to the place as to the best way to use the place as to omy, and in the care and canning of perishable foods in order to release the exportable.

Organization Voluntary.

It was pointed out that the organization would be largely voluntary, that the press was pressent to the pressent to the press was pressent to the pressent to the press was pressent to the press was pressent to the press was pressent to the press

House, Toronto; Mr. Hutchinson, of the C. P. R., Montreal.

A letter was read from Arthur J. Hodgson to Sir Robert Borden pointing out the great waste going on in Canada as he saw it on his recent return from England, and suggesting a term of the construction of a number of wooden ships for the imperial numinimediately; eight others will be built as soon as possible. About 700 men will be engaged on the work.

I am a woman,
What I have suffered is a far better guide
than any MAN'S experience gained second-

than any MAN'S experience gained secondhand.

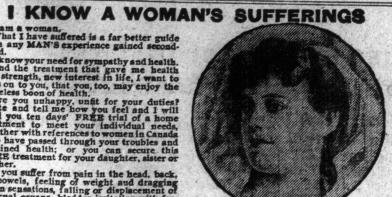
I know your need for sympathy and health.
And the treatment that gave me health
and strength, new interest in life, I want to
pass on to you, that you, too, may enjoy the
priccless boon of health.
Are you unhappy, unfit for your duties?
Write and tell me how you feel and I will
send you ten days' FREE trial of a home
treatment to meet your individual needs,
together with references to women in Canada
who have passed through your troubles and
regained health; or you can secure this
FREE treatment for your daughter, sister or
mother.

PREE treatment for your daughter, aister or mother.

If you suffer from pain in the head, back, or bowels, feeling of weight and dragging down sensations, falling or displacement of internal organs, bladder irritation with frequent urination, obstinate constitution or piles, pain in the sides regularly or irregularly, bloating, dyspepsia, extreme nervousness, depressed spirits, melancholy desire to cry, fear of something evil about to happen, creeping feeling up the spine, palpitation, hot flashes, weariness, sallow complexion, with dark circles under the eyes, pain in the left breast or a general feeling that life is not worth living. I invite you to send to-day for my complete ten days' treatment entirely free and postpaid, to prove to yourself that these aliments can be easily and surely overcome at your own home, without the expense of hospital treatment, or the dangers of an operation. Women everywhere are escaping the surgeon's knife by knowing of my simple method of home treatment, and when you have been benefited, my sister, I shall only ask you to pass the good word along to some other sufferer.

My home treatment is for all,—young or old,

MRS. M. SUMMERS, Box 65



Read My FREE Offer:

To Mothers of Daughters, I will explain a simple home treatment which speedly and effectually dispels green-sickness (chlorosis), irregularities, headaches and lassitude in young women, and restores them to plumpness and health. Tell me if youare worried about your daughter. Remember it costs you nothing to give my method of home treatment a complete ten days trial; and if you wish to continue, it costs only a few cents a week to do so, and it does not interfere with one's daily work. Is health worth asking for? Write for the free treatment suited to your needs, and I will send it in plain wrapper by return mail. Cut out this offer, mark the places that tell your feelings, and return to me. Write and ask for the free treatment to-day, as you may not see this offer again, Address:

Windsor, Ontario Read My FREE Offer:

- Windsor, Ontario

ENGAGEMENT RINGS

Kent diamond ring has the quest is worthy of such an impo

CENTSHMITED 144 Yonge St.

Announcements

B. Ormsby, Stop 16, Lake Shore road. Miss Sternberg's pupils will dance, the Hawaiian Orchestra will play under the direction of Mrs. Franklin Davis. Songs and violin solo. This society has not stopped working since August. 1914, and does not intend to cease until the expiration of the war. 56 THE SMALL OLD PATH"—Mr. N. W. J. Haydon will speak for the Theosophical Society, Sunday, seven-fitteen, Canadian Foresters' Hall. Miss Kathleen Scroggs will sing. Everybody welcome.

PLAYS PICTURES. AND MUSIC

THE ROBINS PLAYERS.

had his automobile stolen, the chances are that Grant Stewart would never have written "Arms and the Girl," the war comedy which Edward H. Robins and the Robins Players are going to present for the eleventh week of their third successful stock season at the Alexandra, beginning next Monday night.

Jack and Jessie Gibson give an admirable will be unicycle act, and the Flying Caps are sensational in their aerial stunts. The music is provided by the Imperial Military band. There will be performances this afternoon and evening, and on Sunday there will be two concerts.

THE HIPPODROME.

star. Madame Petrova, will be seen at the Madison Theatre for the first half of next week in "The Undying Flame," a powerful and enthralling photodrama around which has been woven the spell of ancient and modern Egypt. Those who go to the Madison next week will see Petrova

FINE DRAMA AT THE STRAND.

In "The More Excellent Way." splendid Vitagraph Blue Ribbon fea-ture, which will be presented at the Strand Theatre on Monday and Tues-day, Anita Stewart and Charles Richman are exceedingly well cast. Anita Stewart takes the part of a young ward of a trustworthy man of mature years, who wins her promise to marry him. But youth likes to mate with youth, and the girl's fancy strays to a young reprobate, of whose treachery she learns just in time to save her from disaster.

"THE WHIP" COMING.

The big sporting photodrama "The Whip" returns to the Grand Opera House next week, opening on Thursday, July 12.

BANK CLEARINGS INCREASE. Calgary, Alta., July 5.—Bank clearings for the past week show an increase of over \$2,500,000 over the figures for the corresponding week last year.

Conducted by Society --- Mrs. Edmund Phillips

Mr. and Mrs. J. J. Marks (formerly Miss Frances Upthegrove) have left to spend the summer at their house, "Oak-worth," Grimsby Beach, Ont.

AT THE BEACH

Judging from the nightly crowds

week. Arthur Lipsom, musical comedy star, will be an added attraction on the bill, offering "Vaudeville in a Legitimate Way." The photo production tells a beautiful love story of a princess, featuring Virginia Pearson in "Royal Romance." The Greater City Four will offer the latest song hits. The Valadons' sensational feats on the tight wire, Mahoney and Auber, comedy club jugglers, and other acts will be presented.

PETROVA AT MADISON.

The internationally famous screen star, Madame Petrova, will be seen at the Madison Theatre for the first half of next week in "The Undying half of next week in "The photo product of the chief of the desing stage is being rebuilt and enlarged. The dressing rooms and of fices wil

FAVORS MONTHLY PAYMENT

Despite the opinion of certain mem Despite the opinion of certain members of the Toronto police force and the Trades and Labor Council, Cheef of Police Grasett claims that the monthly system of payment for the force is satisfactory, and that the weekly payment, as suggested, is not necessary. The chief's opinion was contained in a communication received by the labor council Thursday night. The council, however, refuses to accept Chief Grasett's view of the case, and has asked the municipal committee for a report.

POWDER

MTAINS NO ALUM

WOMEN VOLUNTEERS APPRE-

Waterford, July 6 .- Waterford berry armers are beginning to realize what the berry crop and to be useful to the farmers. Their work is proving of the greatest help and is much appreciated by the community. The greatest care is being taken by the women in picking and grading the fruit, and their work is of the highest standard.

THE UNIVERSITY HOSPITAL SUPPLY ASSOCIATION.

Mrs. F. N. G. Starr, hon. treasurer of the University Hospital Supply Association, acknowledges the receipt of \$742.53 since the last statement, published May 30. Mrs. F. B. Kenrick, convettor of the packing committee, reports the following articles sent to the Red Cross: 42 sheets, 390 towels, 276 dish towels, 846 suits of pyjamas, 192 dressing gowns, 100 pairs of bed socks, 108 pairs of slippers, 132 shirts, 150 caps, 73 gauze suits, 108 hot water bag covers, 192 arm bandages, 306 thigh bandages, 127 miscellaneous, 376 pairs of socks for Red Cross, 766 pairs of socks for Red Cross, field comforts, 705 wash cloths were sent to the emergency branch of the Canadian Red Cross Society to be placed in the comfort bags.

A WONDERFUL VACATION TRIP VIA GREAT LAKES STEAMERS.

Steamship Express Trains between Toronto and Port McNicoll, carrying first-class coaches and parlor cars, are operated via Canadian Pacific Railway, as follows:
Northbound.

Northbound.

Leave Toronto 2.00 p.m., arrive Port McNicoll 5.15 p.m., each Wednesday and Saturday, making direct connection with the Canadian Pacific Great Lakes Steamships for Sault Ste. Marie, Port Arthur and Fort William,

Southbound.

Leave Port McNicoll, Mondays and Fridays, 8.30 a.m., arrive Toronto, 11.45 a.m.

Further particulars from Canadian Pacific Ticket Agents or W. B. Howard. District Passenger Agent, Toronto.

BETTING MEN SENTENCED

William J. Vodden, who pleaded guilty to keeping a common betting-house at 428 College street, was sentenced to prison for six months, and ordered to pay a fine of \$200, when he came up in the police court yesterday. Frank Mills, his employe, was sent down for 60 days and ordered to pay \$100.

MADE IN

CANADA

GILLETT CO. LTD

TORONTO, CANADA



Some Trustees Think This Might Save Cost of Summer Schools.

PRINCIPALS CHANGED

Promotions of Men of Military Age Are Only Tem-

tional eskimo suits and blankets for the forest schools were under discus-sion. Trustees Noble, Hunter and Houston contended that these schools created an unnecessary expense. The schoolyards, with a returned soldier as supervisor, would meet the situa-tion just as well, said Trustee Noble. It was decided to supply the extra blankets required for the forest schools but to refer the matter of heating Orde to the property commit-

vice was granted to F. Asbury of Harbord Collegiate.

The resignation was accepted of Miss Mildred McLean of Pyne av-enue and Miss Lucetta McClelland of

John Fisher.

Right of transfer was granted to Miss McClelland, who asked to be moved from Rose avenue to St. Clair. upon the recommendation of Inspector Cowley. T. Slaughter, assistant principal of George Street School, who had applied for a change of position, is to be granted an increase in salary.

A letter was read from the Toron-to Tax Reduction Association, asking that more attention be paid to the three R's, that the curriculum be cut own, and advising vocational g nce. This letter commended work of members of the board.

cation has laid down the school course, which must be followed.

Principals Transferred.

The following principals are to be transferred: (a) Mr. N. S. MacDonald. from Dufferin School to Ryerson School; (b) Mr. G. F. Smith from Bolton Avenue School to Dufferin School; (c) Mr. W. W. Noble, from Deer Park School to Bolton Avenue School; (d) Mr. W. J. Farmery, from Kew Beach School to Gledbill Avenue School; (e) Mr. J. T. Tolchard, from Coleman Avenue School to Kew Beach School.

W. Mason, assistant master in Perth Avenue School, is promoted to be acting principal of Deer Park.

Some discussion was caused thru Trustee Edmunds' objections to the transfer of F. A. McEwen, assistant master of Frankland School, to the position of acting principal in Colemansion of acting principal in Colemansion.

position of acting principal in Cole-man avenue.

Trustee Edmunds contended that

in promoting men of military age to such positions the board would be putting a prymium upon those who stay at home, and this would be grossiy unfair to those at the front. Inspector Cowley said it was clearly understood that those taking positions as acting principals would have no precedence over the men at the front upon their return, but would vacate in their favor.

It was finally decided to appoint Miss Mark of Kew Beach to the disputed position.

Additional Classes.

Additional classes will be formed in the following schools: (a) Brock Avenue School, one class; (b) Essex Street School, one class; (c) Gledhill Avenue School, one or two classes; (e) Leslie Street School, one class; (f) Niagara Street School, one class; (g) Norway School, one class; (g) Norway School, one class; (h) Regal Road School, one class; (j) Wilkinson School, one or two classes; (k) Williamson Road School, two classes. two classes.

SPAIN DESIROUS OF KEEPING UP NEUTRALITY

Premier Says Articles in British and French Press Give Wrong View.

Paris, July 6.—At a meeting of the Spanish cabinet presided over by King Alfonso, as reported in a Havas despatch from Madrid, Premier Dato outlined the situation in regard to labor problems, most of which were said to have been solved in a satisfactory manner. Dealing with the diplomatic situation, the premier referred to comments in the foreign press which he did not consider just. He spoke particularly of articles in the French and

## ALARMING **EPIDEMIC**

HAIR TROUBLES

1,000,000 HAIR HEALTH PARCELS FREE markable interest has been arounded ever-increasing number of ear troubles reported from all number especially in the great muscles entres. Thousands of women are finding Hair Poverty, and Baldness and Loss of

e last eng ohn Tyro ted from with Col.





NAME ....

HUMBER BEACH INN

LAKE SHORE ROAD Something Different Try our Fish or Chicken Dinners NEW BALCONY Dining-room open.

BRANT PARK HOTEL
AND BUNGALOWS

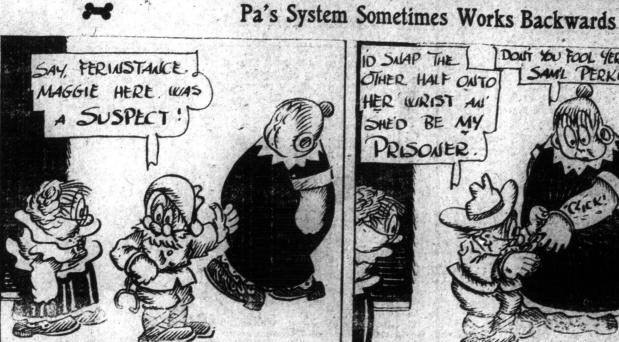
Burlington on the Lake, 50 miles from Toronto, on new concrete highway. Tennis bowling, bathing, dancing, etc. Special for three months' rate at Hotel. Modern furnished bungalows for rent. Write for particulars,

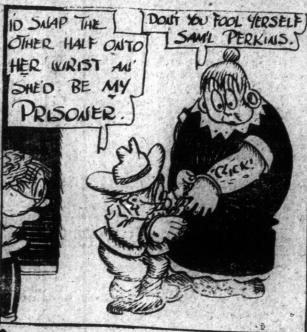
C. E. YOUNG, Manager.

British press in regard to the action of the government in permitting the departure from Cadiz of a German submarine, which put in there and was repaired. The premier said Spain had adhered strictly to a neutral position and had acted with the support of public opinion, which desired maintenance of neutrality.

Polly and Her Pals















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