

FOR THE BENEFIT OF WOMEN.

A year ago the magazines had many cautions from the learned doctors on the question whether women should ride a bicycle.

The limit of physical endurance in women is much sooner reached than in men. Doubtless the heart, the lungs, the brain, the motor centres and the organs of locomotion, circulation and respiration are all affected.

ON LEARNING TO RIDE.

Some of the Troubles and Trials of Beginners—Patience a Cardinal Virtue in Instructors.

Learning to ride a wheel, like some other things, is a matter of habit and convention and brings all the little weaknesses and personal idiosyncrasies of the individual to the most intimate and exaggerated prominence.

With the production of a wheel rider of ample middle-aged men, and men of ample middle-aged women, the bicycle has become a part of the equipment of the modern man and woman.

At best the instructors are a patient and long-suffering class of young men, who follow literally a weary round of duty day by day.

Three to five lessons are usually necessary to enable a person to ride with confidence. A few of more than ordinary facility have been known to learn in one or two lessons, but they are rare exceptions.

Every advanced step toward a more perfect civilization requires some modification of the laws of the social intercourse varies under different conditions, but when an entirely new order of affairs presents itself, a new code of etiquette is necessary.

THE TORONTO SUNDAY WORLD, MAY 24 1936

question is naturally asked: Who is authority for the establishment of precedent? Why is it not one way just as good as another?

When riding in single file, a good distance should always be kept between riders in order that those riding behind will not be upset in case of an accident to one in front.

An imperative rule, the violation of which may cost a life or limb, is that when passing or going in the middle of a road, the rider should be followed to the right, except when passing a vehicle going in the same direction, in which case turn out to the left.

When coming up behind a rider, you should not ride in the middle of the road, but rather on the side of the road, so that you can see the rider's back and be ready to stop if necessary.

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STORY OF A GREAT CRIME

HITHERTO UNPUBLISHED DETAILS OF THE PHOENIX PARK MURDERS.

A Good Example of Detective Skill—Methods by Which the Guilty Were Convicted—Some of them Turned Inmates.

The murder had been carefully and most minutely planned and the Phoenix Park had been selected as the scene.

All the car party were armed with revolvers. Following the car was the cab driven by Fitzharris ("Skin-the-Goat").

Arrests significant enough were, nevertheless, not long delayed. Carey, who was the first to be arrested, was taken to the Phoenix Park.

It was six months since the murders had taken place and the police were still baffled and had abandoned the case.

It was a process reminiscent of the star chamber, conducted with great ability by the magistrate, Mr. Justice Curran, who had the invaluable assistance of Mr. John Mallon, chief of the Detective Department.

The conspirators were few in number. The grand coup was made on a Saturday night.

The bodies of the murdered men were first seen by a young telegraphist, McGuire by name, riding on his bicycle.

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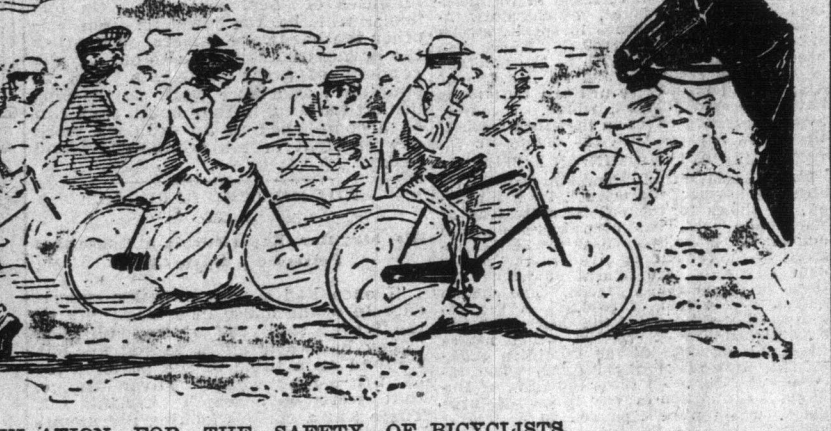
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NEW REGULATION FOR THE SAFETY OF BICYCLISTS. A Man with Red Flag must precede all Horsemen.

Always preserve your dignity and may no attention small boys or dogs, both of which are perfectly harmless to the average whesman.

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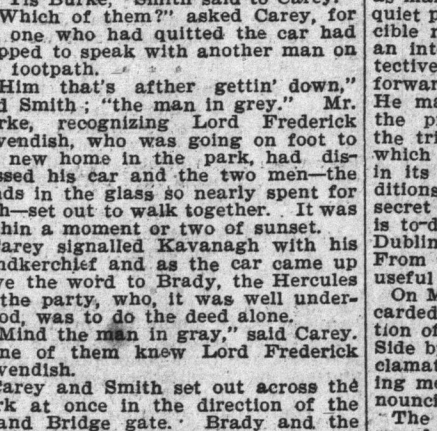
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SONGS OF SPORT. The burden of much lurching—yes, too, Salmon and chicken, shandy-gaff and beer.

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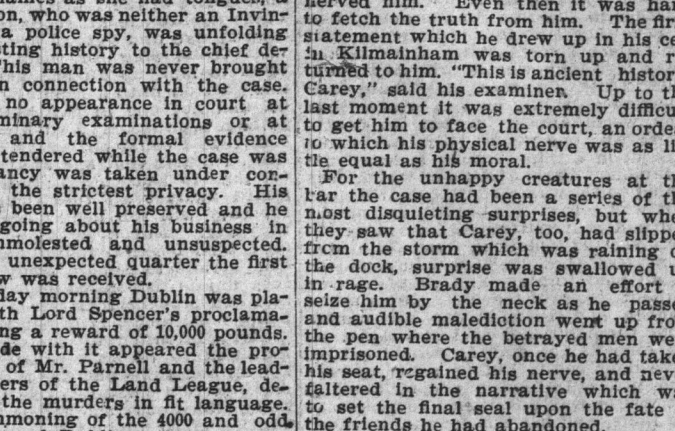
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DOG AS "TIGER." (The very latest innovation in smart cycling circles.)

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