

ly accurate adjustment of diet and elimination; and again the case of a young man who came to Manitoba from Ontario for a change of air but returned to Ontario completely cured by a change of diet.

(3) Lastly, a very few words on dietary management. Moderation not prohibition is the most successful line to inculcate. Write out a detailed dietary for every patient who needs exact dieting; the patient will believe that you believe in it. "Litera scripta manet." Drugs will undoubtedly have their place in treatment but impress upon the patient that correct dietary is paramount. If possible practice what you preach to your patients, not merely for the sake of example, but if only to protect your own organism. It is also worth remembering Oliver Wendell Holmes' Latter Day Warnings slightly altered to suit present day conditions.

"When lawyers take what they would give  
And doctors give what they would take;  
When city fathers eat to live  
Save when they fast for conscience sake.  
Till then let comets blaze away  
And Foster's storms blow up the globe;  
But when you see that blessed day  
Then order your ascension robe."