

**NENT NURSE
RAKS.**

Canada and Klee-
y the Same.

"Being a nurse I
to use Dr. Pierce's
Favorite Prescription
quite a lot. I
always recommend
it to my patients
and it has been a
wonderful help to
many of them. I
never knew of a
case where it failed.
I have a patient
who is using it
now and she is
doing fine since tak-
ing it. I have
got the very best re-
sults with the best medicine
women who are ailing."
DOORE, 30 Degge St.

EAK BACK

pain here and there—
sleeplessness—many
is or spasms—all may
a woman. She may
hood into womanhood
manhood to mother-
ing during middle
so many wrecks of
all of these periods
e should take a tonic
for just such cases
at experience in the
women suffer.

write Prescription has
more cases in the past
other known remedy.
in sugar-coated tablet
the liquid. Sold by
trial box by mail on
is in stamps. De-
tel, Buffalo, N. Y.
ant Pellets clear the

N ORNAMENT.

the French Beauty
t Wore It.

hat a lavalliere is?
ny neck ornaments
aborate design sus-
ere sold as lavall-
er who knows his
you that the large
ornament made of
and studded with
nded from a thick
on the bare skin
ut cut, because, is a
as the "lavalliere"
in construction, is
than three stones
chain.

ment was formerly
of the dress, the
a bodice, which ex-
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the stomacher. It
le, whereas the la-
istence in France
designed at the
XIV, as a gift to
de la Baume le
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ll the king's favor-
nt interesting. She
be petticoat court"
but twenty-eight
Colbert and Lou-
ne French treasury
y the greatest and
rvers in Europe. At
a convent, where
ning years writing
y, "Reflections on
Exchange.

RY ANCIENT.

n Existence In the
tolomy.

w old Dublin is?
r cities tell their
e is a rumor that
a picturesque city
Liffey, at the en-
y, is much older
p. In fact, it
y some ungallant
already a buxom
on the throne of
fair city on the
mentioned in the
In later times,
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Dances came, some
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ish channel with
red the city. But
f the island only
daughter of one

orns when they can
at by using Hollo-
m

No warping or cracking is possible with our secret process semi-steel fire-box linings. Being in five pieces, they are easily removed or replaced without belts or cement.

**McClary's
Pandora
Rango**

Before you invest in a new range let me show you the Pandora's sensible ideas for saving time and labor.

Sold by T. Dodds & Son, Watford, Ont

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

ROLL OF HONOR

Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION

Thos. L Swift, reported missing since June 15, 1915, Rich. H Stapleford, Bury C Binks, L Gunn Newell, killed in action, Arthur Owens, F C N Newell, T Ward, Sid Welsh Alf Woodward, killed in action M Cunningham, M Blondel, W Blun R W Bailey, A L Johnston, R A Johnston, G Mathews, C Manning, W G Nichol, F Phelps, H F Small, E W Smith, C Toop, C Ward, J Ward, killed in action, F Wakelin, D C M, killed in action, T Wakelin, wounded—missing, H Whitsitt, B Hardy.

PRINCESS PATRICIA'S C.L.I.

Gerald H Brown

18TH BATTALION

C W Barnes, Geo. Ferris, Edmund Watson, G Shanks, C Jamieson, J Burns, F Burns, C Blunt, Wm. Antterson, S P Shanks.

2ND DIVISIONAL CAVALRY

Lorne Lucas, Frank Yerks, Chas. Potter.

33RD BATTALION

Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H Patterson, died in Victoria Hospital, London, Charles Potter.

34TH BATTALION

E C Crohn, S Newell, Stanley Rogers, Macklin Hagle, Henry Holmes, Wm. Manning, Leonard Lees.

70TH BATTALION

Ernest Lawrence, — Emmerson, C H Loveday, A Banks, S R Whol-ton, Thos. Meyers, Jos M Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough.

28TH BATTALION

Thomas Lamb, killed in action.

MOUNTED RIFLES

Fred A Taylor

29TH BATTERY

Wm. Mitchell, John Howard.

ANTI-AIRCRAFT

Gunner Woolvet.

PIONEERS

Wm. McNally, W F Goodman.

ENGINEERS

J. Tomlin

ARMY MEDICAL CORPS

T A Brandon, M. D., Capt. W J McKenzie, M. D., Norman McKenzie

Jerrold W. Snell, Allen W Edwards.

135TH BATTALION

N. McLachlan.

3RD RESERVE BATTERY, C.F.A

Alfred Levi

116TH BATTALION

Clayton Fuller.

CONSTRUCTION UNIT

Arthur McKercher

196TH BATT.

R. R. Annett.

70TH BATTERY

R. H. Trenouth, Murray M. Forster.

147TH BATTALION

Austin Potter.

GUNNER

Russ. G. Clark.

153RD BATTALION

Dalton Potter.

RETIRED FARMERS.

Land Values, Not Agriculture, as a Rule, Make Them Rich.

The country is pretty liberally sprinkled with retired farmers, but a correspondent points out that in nearly every case they have probably retired not as farmers, but as landowners—that is, the capital which enabled them to retire accrued not from the profits of farming, but from the enhanced value of farm land. There are about 2,500,000 tenant farmers, but a retired tenant farmer, we believe, is a very rare bird. About as rare a bird, we imagine, is the farmer who has accumulated from the profits of his farming operations sufficient capital on which to retire.

The profits of farming, of course, constantly capitalize themselves in the market value of farm lands, and the rental value rises proportionately with the farm. A man may have taken a half section of Kansas land thirty years ago and actually spent since then every net dollar it produced, yet now be able to retire in very comfortable circumstances. Indeed, through poor management he may never have made a dollar net on the farm. That particular farm may even be producing no more than it produced thirty years ago, and still the owner may be able to retire.

It is true, therefore, that the number of retired farmers is no indication of the amount of net savings from farming operations.

PLEADS FOR BLIND

Calls Upon American Women to Help War Victims.

PLANS TO TEACH TRADES.

With Her Unceasing Zest For Good Deeds, Mrs. Whitney Makes a Special Plea to Help Alleviate Suffering in European Countries.

One of the latest steps taken by the sympathizers of the allies is an appeal issued by the B. F. B. (British, French, Belgian) Permanent Blind Relief fund, with headquarters in New York, over the names of Lady Arthur Paget of the fund's executive committee and Mrs. Harry Payne Whitney, one of the honorary secretaries, calling upon the women of America for aid. The appeal says in part:

"Unless you act these thousands of women will be condemned for the rest of their lives to an existence of hopeless drudgery and hardship.

"For humanity's sake help these European women. They are your sisters, even though you have never seen them. "Six months' training will educate the blind men dependent on them in trades not requiring sight. Even your



Photo by American Press Association.

MRS. HARRY PAYNE WHITNEY.

single donation alone will go far toward enabling one of these sightless men to support himself and partly support his family for the rest of his life.

"These women stretch appealing hands to you from across the ocean. Make at least one of them permanently happy and her husband, father or son particularly useful by sending us a contribution.

"The sooner you act the sooner one brave, good, faithful woman will be rescued from an existence of despair and crushing slavery and the sooner the man who is tragically anxious to support her will be saved from a life of uselessness and hopelessness."

Mrs. Whitney is also a sculptor of rare achievement, and frequently her beautiful studio becomes the setting of some charity benefit. She lately voiced one of her own art axioms in these words:

"Beauty without intelligence is the beauty of an unlighted lamp. There must be brain to direct the expression of beauty."

FOR THE SEWING ROOM.

Hints For Women Who Do Their Own Family Sewing.

A chiffonier or bureau in the sewing room will be found indispensable. One drawer is used for the stock room, and the small wares are kept therein; one is for patterns, one for pieces to use for patching and mending and one for clothing to be mended or fixed over.

An old iron increased in a two pound sugar bag is just the thing to hold your work while sewing. It takes the place of the old fashioned bird that is seen sometimes.

If the pins are kept in a deep saucer one can pick them up or throw them down easily when fitting a dress.

Take a board of the desired length and width and drive a number of nails through two inches apart. These will hold the spools of thread. The numbers can be quickly seen, and there will be no tangling with the scissors.

Cream jars are excellent for buttons, as they can be classified and easily distinguished therein.

An old sheet spread on the floor will catch all threads and can be easily shaken, leaving the room tidy with ex-

erction.

- Flowers For Birth Month.
- January—Snowdrop—Consolation.
- February—Primrose—Early youth.
- March—Violets—Modesty.
- April—Daisy—Innocence.
- May—Hawthorn—Hope.
- June—wild rose—Simplicity.
- July—Lily—Purity.
- August—Poppy—Consoling sleep.
- September—Morning glory—Contentment.
- October—Hops—Joy.
- November—Chrysanthemum—Cheerfulness.
- December—Holly—Foresight.

ADVISES FALL PLOWING.

Plowing in the fall for next spring's crops should be encouraged in most cases because it distributes labor more evenly throughout the year, favors earlier seeding, improves soil structure and kills many insects, says F. A. Wetton of the Ohio experiment station. Only on soils subject to washing, on fine clay soils and where catch crops are seeded in the fall is this practice not recommended.

Usually there is a rush at spring planting time. Farm labor can be used to advantage in the fall when work is slack.

Thus crops can be seeded earlier next spring. At the Ohio experiment station a difference of a month in time of planting corn made a difference of twenty-four bushels in yield as an average of seven years. Furthermore, the early planted corn had about 10 per cent less moisture in it.

Freezing and thawing during the winter make plowed soils finer. More moisture has been found in the spring in soils fall plowed than in unplowed land.

White grubs, wireworms, cutworms and corn ear worms live over winter in the ground. Plowing in the fall kills many of them.

Drives Asthma Before It. The smoke or vapor from Dr. J. D. Kellogg's Asthma Remedy gives asthma no chance to linger. It eradicates the cause. Our experience with the relief-giving Remedy shows how actual and positive is the success it gives. It is the result of long study and experiment and was not submitted to the public until its makers knew it would do its work well.

Romping on the Beach. Hanging on the ropes at the bathing beach, the girl in the picture is safe from a wetting because the tide is



Photo by American Press Association.

KICKING UP HER HEELS.

low. She is having a jolly time and kicking up her heels gayly. The little girl's name is Aubrey Davies, and she lives at Southampton, N. Y.

CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of *Chas. H. Fletcher*

Widows of Yuan Shi Kai, about twenty in number, recently removed their belongings from the president's palace in Peking to his home at Changchifu in Southern China, where they intend to live permanently. It is said that 35 trains were required to transport the property.

GinPills
FOR THE KIDNEYS
MARTYR TO PAINS IN
THE BACK

Halifax, N.S., Jan. 15, 1916.
About eight months ago I read your advertisement in one of the Halifax papers offering a free sample of Gin Pills for the Kidneys. I had been a martyr for years to intense pains across the back and decided to try Gin Pills. Before I had finished the third box I found myself for the first time in years perfectly free from pain.
Yours sincerely,
Mrs. (Jane) Percy.
All druggists sell Gin Pills at 50c. a box, or 6 boxes for \$2.50. Sample Free if you write to
NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED
Toronto, Ont. 66

MEDICAL.

JAMES NEWELL, PH. B., M.D.
L. R. C. P. & S., M. B. M. A., England.
Coroner County of Lambton,
Watford, Ont.
OFFICE—Main St., next door to Merchants Bank, Residence—Front street, one block east of Main street.

G. W. SAWERS, M. D.
WATFORD, ONT.
FORMERLY OF NAPIER) OFFICE—Main Street, formerly occupied by Dr. Kelly, Phone 13 A. Residence—Ontario Street, opposite Mr A. McDonnell's, Night calls Phone 13B.

W. G. SIDDALL, M.D.
WATFORD, ONTARIO
Formerly of Victoria Hospital, London.
OFFICE—Main street, in office formerly occupied by Dr. Brandon, Day and night calls phone 26.

DENTAL.

GEORGE HICKS,
D. D. S., TRINITY UNIVERSITY, L. D. S. Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth.
OFFICE—Opposite Taylor & Son's drug store MAIN ST., Watford.
At Queen's Hotel, Arkona, 1st and 3rd Thurs day, of each month

G. N. HOWDEN
D. D. S., L. D. S.
GRADUATE of the Royal College of Dental Surgeons, of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN ST.—WATFORD

Veterinary Surgeon.

J. MCGILLICUDDY
Veterinary Surgeon,
HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic animals treated on scientific principles.
Office—Two doors south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Brandon's office.

Auctioneer

J. F. ELLIOT.
Licensed Auctioneer
For the County of Lambton.
PROMPT attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

Fergus A. McNally
LICENSED AUCTIONEER
For the County of Lambton.
All sales will have my prompt attention on shortest notice. Terms reasonable. Phone 24, ring 6. INWOOD, ONT. m 37

SOCIETIES.

Court Lorne, No. 17 C.O.F.
Regular meetings the Second and Fourth Mondays of each month at 8 o'clock.
Court Room over Staleford's store, Main street, Watford.
B. Smith C. R., J. H. Hume R. Sec. J. E. Collier, F. Sec.

CHANTRY FARM
KERWOOD
SPECIAL OFFERING
4 good roan bulls, also a number of registered Lincoln ram lambs.
All correspondence promptly answered
ED. DeCÉX, Proprietor
Kerwood Ontario

Children Cry
FOR FLETCHER'S
CASTORIA.