

## STRICKEN IN THE NEWS OF NORFOLK STREET

Completely Restored To Health By "Fruit-a-lives"

882 St. Valer St., Montreal.  
"In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-lives". I began to improve almost with the first dose, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-lives" enough." H. WHITMAN.  
Box a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

## MASS MEETING Of The Electors of Brant

A meeting of the electors of Brant, (no delegates), both men and women, will be held in the Liberal Rooms, Paris, Thursday, 1st, Nov. '17, to select a candidate who will support Union Government.  
Chair to be taken at 2.30  
Wilson Hamilton, President  
D. Dunton, Sec'y  
God Save the King



**DON'T FROWN**  
A frown usually indicates weak eyes. It makes crows' feet, which make you look old. Properly fitted glasses will overcome this trouble and you have that bright, pleasant look.

**SEE ME MAKE YOU SEE**  
**Dr. S. J. Harvey**  
Manufacturing Optician. Phone 1476  
8 S. Market St. Open Tuesday and Saturday evenings.

**Jack's Cotton Root Compound**  
A safe, reliable, regulating medicine. Sold in three sizes: 1 lb. 1.00, 1/2 lb. .50, 1/4 lb. .25. Sold by all druggists, or sent postpaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., 1000 E. 1st St., Chicago, Ill.

**OVERCOATS DRY CLEANED \$1.50**  
**CAHILL'S MONTHLY CONTRACTS**

**USE Maloney's Taxi Cabs**  
730

**OUT OF TAVELLERS**  
By Courier Lensed Wire  
Calgary, Oct. 30.—An official report has been received from Winnipeg to the effect that the food controller will shortly have an order in Council passed prohibiting the sale of all goods by means of commercial travellers. The local wholesale men are favorable to such a change, providing it is uniform in all trades.

## Daughters of Empire in Business Session At Simcoe Yesterday

**SHIPMENTS OVERSEAS**  
**Medical Board Examined Nineteen Men At Waterford Yesterday**

Write Simcoe Agency, Box 811, or phone 336-3 all matters regarding delivery or subscriptions, news items or advertisements.

(From Our Own Correspondent).  
Simcoe, Oct. 29.—We have it on satisfactory authority that Mr. J. Godfrey paid a quiet visit to the president of the Reform Association a week or so ago, spending the night with him. The City Executive of the Reform Association met here on Saturday and decided not to call a party convention. Delegates were presumably chosen to attend the Reform convention in Hamilton later in the week. As the gathering is advertised as a convention of Win-the-war Liberals, it is quite possible that the president of the local association himself, who is consistently knocking members of the Union Ministry, may not receive a welcome there. If he does the public here will not be slow to take the cue as to the sincerity of the Hamilton move.

**The Hands Off Norfolk.**  
The outsider, whoever he may be, who should venture into Norfolk to present to attempt the direction of matters here would surely depart a "sadder and a wiser man."  
So far as we can learn, there is no cause for the alarm possessed by some Liberals that H. P. Innes, K.C., the Win-the-war standard-bearer of the Union Government, has any intention of making way for W. A. Charlton nor that there is any ambition on the part of Mr. Charlton to continue as representative of this county. Mr. Innes may presently call for the support of all constituents favorable to the fusion government and prepare for eventuality, trusting his case to the loyalty of the electorate and what appears to be widespread desire to avoid a contest. At present, however, he appears to be keeping his own counsel.

The political temperament throughout Norfolk is quickly resolving itself along permanent and well defined lines. The former Conservative element stands united in support of the Government, and under Sir Robert Borden, but is not in an attitude of passive compliance with outside "arrangements" as to a representative. In fact, there is a definite resentment against outside interference. There are many matters of vital interest to the county that demand a local representative who can give his time and thought thereto, one who is within reach for consultation and is himself vitally concerned. The securing of rural service over the L. E. and N. with a consequent rearrangement of rural routes will be one, and the development of the Dover dock and wharves, many questions that will require much attention. And there are constantly cropping up matters which demand that the representative should be a local man, otherwise he is apt to be representative in name only. Mr. Charlton, in his retirement, announcement frankly admits that he has during the past five years been of assistance in only such personal matters as have been forced upon his notice during the war, in fact, throughout all the more than three years of war, Norfolk's important representative never once appeared in the riding public to encourage, direct or assist in all the war effort. Nor did he concern himself in the riding even to recommend the Victory Loan for local support from his former constituents.

Simcoe, Oct. 30.—(From Our Own Correspondent).—The I. O. D. E. forces turned out yesterday despite the rain and muddy crossings and the monthly business meeting was conducted with businesslike precision and dispatch.

The monthly cheque from citizens of Simcoe was \$880.64 of which \$35.33 was earmarked for the Presbyterian church. The treasurer was authorized to issue the following cheques:  
To British Red Cross fund \$300.00  
To Canadian Red Cross fund \$200.00  
To Italian Red Cross fund \$100.00  
To Prisoners of War fund \$200.00  
To Canadian War Con. Assn. \$100.00  
To Sundry Supplies Accts. \$298.85

Total \$1298.85  
During the month 260 pairs of socks were forwarded to Norfolk boys overseas consigned as follows: 15 pairs each to Capt. Mason, Lt. Donovan, Lt. V. Curtis, Sub-Lt. J. M. Adams, Lt. Forte, Corp. G. Manning, Ptes Oliver DeCout, T. J. Richards, C. J. Judd, Wm. Morrison, Joseph Karns, G. Glover.  
3 pairs each to Privates Brady, Stumeyer, and Bruce Jackson.  
11 pairs each to Ptes. John Pratt, Wyatt Goodlet, W. Chisholm, Corp. H. D. Bolton, 3 pairs each to Ptes. Rankin, 2 pairs to Pte. Adolph Lohrer, 1 pair to Pte. Jack Huxley and 11 pairs from the 6. Mission Circle and 10 pairs from Walsh Woman's Institute not designated.

**Yesterday's Shipments.**  
2 dozen suits, 4 dozen personal property bags, 8 dozen towels, 15 dozen wash cloths, 1-2 dozen hospital shirts 20 dozen handkerchiefs.  
**Workers Wanted.**  
The chapter is asking for workers to make some of 20,000 stretchers caps required at headquarters as soon as possible. The material is on hand and to make some of the personal property bags of which there

## MR. JOHN SPENCE

Was an Alderman in Toronto to Fifty Years Ago  
AT AGE OF 87 YEARS

**Has Many Interesting Reminiscences—Resident of Brantford for Years**

The following taken from the Toronto Star refers to a gentleman who was for many years Collector of Inland Revenue in Brantford, and a highly respected resident of this city. Mr. John Spence, Collector of Customs, is a son.  
"He is one of the ex-members of council is (Mr. John Spence, of 366 Brunswick avenue. For it was fifty-four years ago that that gentleman, who was eighty-seven years of age on the 28th July last, entered the city council as councillor for St. Andrew's ward. At that time the council consisted of eight members and two councillors. Mr. Spence was returned as councillor by St. Andrew's ward. But in 1867 the mode of representation was altered, and instead of returning two aldermen and two councillors, St. Andrew's ward was entitled to return three aldermen only. Hence there were four candidates for three seats, and Mr. Spence, on being placed fourth, decided to "leave well alone," and retired from municipal life.

He was fifty years old. There is no man now alive who was a member of council at the time. Mr. Spence entered it. But there is one, happily still with us, who was on the council during part of Mr. Spence's four year term. That one was G. T. Denison, whom Mr. Spence admiringly speaks of as "the best Police Magistrate Toronto ever had," who was returned as councillor for St. Patrick's ward, that being the ward in which the Denison home was situated.

**No Bathrooms Then.**  
Mr. Spence spoke with affection of the far-off days of his municipal experiences. To The Star Weekly. "From our little bits among each other," he said, "I can well see that municipal human nature has not changed much in the half century—but we got through the city's best years well, on the whole. One thing that can be said for us is that we were a very economical council in those days. The Mayor of Toronto when Mr. Spence entered the council was J. G. Boyes, whom he speaks of as a very dignified man." No talk of our mayors during the justice he said that, He was Mayor during the first year of Mr. Spence's term.

The Mayor for the other three years of that term was Mr. F. H. Metcal. "In those days," continued Mr. Spence, "we had no street cleaning problem. The streets used to be just scraped once or twice a year. They were not paved with wooden sidewalks. On Queen street, where I was living and carrying on the business of a grocer, at the time I was on council, there were no bath rooms. The part of the city where I now live—the Bloor street district—consisted then of farms. The people's homes were where the public library now stands. One of the things I remember that I used to be afraid to go further north than that for fear of meeting a bear. The block between the Bloor and Queen streets and Queen St. was then the city reservoir."

Asked what features in connection with the growth of Toronto had most impressed him, Mr. Spence replied that the first thing he had been much struck with the extreme rapidity of that growth. "For some years just before the war," he said, "the city was growing rapidly, too widely." In the second place he expressed himself as much impressed with the tendency of business in the city to move northwards.

**Hails From Ulster.**  
Of his eighty-seven years, Mr. Spence spent the first twenty-four in Ulster of the "Red Hand." He was born at Mullabrack in County Antrim, Ireland, and he mentioned that the rector of his native parish was then the Rev. Lord John of Bessborough (father of Lord Bessborough, better known as "Candor Charlie," who afterwards succeeded to the Marquisate of Waterford). Mr. Spence who is one of the York Pioneers, was an Orangeman when he came to this country, having joined No. 1131 Markethill Lodge, in County Armagh over seventy years ago.

When Mr. Spence first came to Canada, he headed straight for Toronto, where he had a cousin in the post-office. However, he did not stay here long on that occasion, but went to Tullamore, where he was employed as a clerk in the post-office. He spent a couple of years in business, going from there to London and thence to Ottawa as book-keeper for W. F. Gibbs and Company. Then he went to the State of Wisconsin, and then came back to Toronto again. Then he taught school in Halton county for six months, and in 1848 he bought a grocery business in Toronto and, as we have seen, in 1863 entered on a four year municipal career in the city.

In 1868 he entered the Inland Revenue service remaining in Toronto until 1874, when he was given a special leave of absence and remained until 1874, when he again returned to Toronto and took charge for the government of the Canada Victoria Building. They remained in St. Louis in the spring of 1876 he went to London as collector, and was there five years. Then his health broke

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MONTH-END SPECIAL

J. M. YOUNG & CO.  
Quality First

MONTH-END SPECIAL

## Month-End Specials for Tomorrow's Selling

- UNTRIMMED MILLINERY**  
1 Lot Untrimmed Velvet shapes, all this season's styles, worth up to \$2.50, special ..... **\$2.50**  
Untrimmed Velvet Hats, some nobby styles amongst this lot and worth double, special ..... **75c**

**HERE'S A WAIST BARGAIN**  
Ladies Waists, made of good quality Silk crepe-de-chine, sizes 36 to 44, colors white, maize, flesh, etc., reg. \$4.50, special ..... **\$3.95**

**WARM WINTER COATS**  
**\$15.00**  
Ladies and Misses Warm Winter Coats, in Frieze, Tweed Chinchilla and Zebeline, made with large collar and belt, full length, body lined, all sizes, worth \$20.00, special ..... **\$15.00**

**FLANNELETTE GOWNS**  
**\$1.39**  
Ladies Flannelette Night Gowns, slip-over high neck styles, nicely trimmed, special ..... **\$1.39**

**FLANNELETTE BLANKETS**  
**\$1.69**  
30 pairs Flannelette Blankets, in white and grey, pink or blue borders, all sizes, reg. \$1.95, special ..... **\$1.69**

**PILLOW CASES 25c EACH**  
Pillow Cases, made of good quality cotton, all hemmed and ready for use, all sizes, special, each ..... **25c**

**OSTRICH BOAS MAKE NICE NECK PIECE**  
Ostrich Boas, in black, white, grey, also black and white, grey and white and natural and white, finished with large silk tassels, special at \$10.00, \$8.00, \$5.00 to ..... **\$2.50**
- CHILDREN'S WINTER COATS**  
Smart Little Coats for the children from 3 to 14 years, made of tweed, chinchilla, zebeline, velvet plush and curl cloth, designed with large collars, wide belts, pockets, etc., colors navy, brown, grey, scarlet and black. Prices range from \$16.50, \$14, \$12, \$10, \$7 ..... **\$5.50**

**SILKS AT LESS THAN WHOLESALE PRICES**  
Black Duchess Satin, 36 in wide, extra heavy quality, recommended for wear, and worth \$3.00, ..... **\$2.50**  
Black Duchess Satin, beautiful black, reg. \$2.00, special ..... **\$1.50**  
36 in. wide Black Paillette Silk, best of dye and always sold at \$2.00, special ..... **\$1.50**  
Habitu Silks, 36 in. wide, in white, at 59c, 69c, 75c to ..... **\$1.50**

**DRESS GOODS SPECIALLY PRICED**  
3 pieces two-tone check Dress Goods, 50 in. wide, separate skirts or one-piece dresses, colors brown and black, blue and black and green and black, worth \$2.00, special ..... **\$1.50**  
52 in. wide Gabardine, in navy, Russian, Burgundy, plain, and brown, special ..... **\$1.65**  
1 piece all Wool Navy Serge, old stock and dye, 54 in. wide, worth \$2.00, special ..... **\$1.50**

**LADIES' AND GENTS' PARASOLS AND UMBRELLAS**  
Ladies Parasols, steel rod patent barrel runner, good quality Taffeta Tops, natural wood handles, special ..... **\$1.50**  
Gent's Large Size Umbrella, strong frame, splendid tops ..... **\$1.25**

## J. M. YOUNG & CO.

down and he was off duty for a year, subsequently going to Brantford, where he remained for 3 years. Then he asked to be retired and came to Toronto to live for good.  
Hale, hearty and genial, Mr. Spence does not, either physically or mentally, seem his age by a good many years. He has had six children, of whom two sons and two daughters are living. His elder son is in the Inland Revenue in Brantford. The younger lives in Brantford, of which city he has been twice Mayor. Of his two daughters, one is a professional nurse in Winnipeg. The other lives at home with her father, and it is easy to see that his excellent health and spirits are due in no small measure to her unremitting care and attention.

**LAURIER DELAYS PARTY MANIFESTO**  
Will Not Issue It Until After Writ of Election Are Sent Out  
**STRAIGHT FIGHT IN B.C.**  
Task of Arranging Government Nominations in Ontario Difficult

Ottawa, Oct. 29.—Hon. A. A. C. Calder, Minister of Customs, who has been in the Prairie Provinces, has gone on to Vancouver to help to straighten out the political situation in British Columbia. The local Liberal machine has broken with Premier Brewster, a supporter of the Union Government, and has decided to endeavor to make a party fight in the province. The Minister of Customs will assist in rallying the Liberal Unionists and in organizing the Union Government supporters in British Columbia.

**TO AID WAR SUFFERERS.**  
The American Committee for Armenian and Syrian Relief announced that it has disbursed up to Sept. 1, 1917, a total of \$4,255,420.60. To prevent widespread death by starvation during the coming six months it is estimated that at least \$20,000,000 is needed. This estimate is made after close comparison of official cablegrams recently received by the Committee and the later information brought personally by American consuls, teachers and missionaries recently arrived from Turkey and Syria.

In an executive meeting of the Committee held recently approximately \$1,600,000.00 was appropriated for relief, and \$400,000.00 of this was sent on immediately.  
Winnipeg creameries report losing 335,000 bottles last year at an estimated cost of \$32,250.  
It is estimated that not one-third of exemptions desired in Moose Jaw, Sask., will be allowed.  
**Cataract Cannot be Cured**  
with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Cataract is a disease of the eye, and in order to cure it you must take internal medicine, and act directly upon the blood and mucous surface. Large Cures are not quick medicine. It was prescribed by one of the best physicians in the country for years and is a regular prescription. It is composed of the best medicines known, combined with the best blood purifiers, acting directly upon the mucous surface. It is a wonderful medicine, and has cured many cases of cataract. Send for testimonials. Free. Take Hall's Family Pills for constipation. Sold by Druggists price 75c.

Now is the time to get a lot of fuel. A little will save a lot of money. We have in various quantities. Our service, without not use it.  
**John McGrath**  
CONTRACTOR  
5 KING ST. E.  
Office Phone  
Residence Phone

**Fuel and By-Products**  
Meetings of electors of public discussion Fuel and Food By-Products. Wednesday, 31st Oct. Alexandra School. Thursday, 1st Nov. Ryerson School. Oak

**AUCTION**  
Estate of the late brook at his farm, Mt. Pleasant, and on Thursday, Nov. 1st, at one o'clock sharp. HORSES—One horse, 1 good work horse, 1 yearling and 4 calves, all good Shorthorn. IMPLEMENTS—With rack complete capacity 2,500 lbs. wagons, one with 34 tooth cultivator, two nearly new; mowers, one of single; 2 set of harrow, etc. etc. of good potatoes, etc. etc. TERMS—Cash on delivery. Arranged with the Executors. Ernest Westbrook, Auctioneer.

**AUCTION**  
at 37 Alfred Street, Wednesday, October 31st. List of articles for sale: Furniture—2 dress, 1 writing desk, 2 oak tables, 2 rosewood set and mattresses and coal stove, 1 walnut cut oak extension organ, leather chair, pictures in frames, set, miscellaneous and glassware; eight fancy prize silk chair, 25 yards rag, books, carpets, stretchers, and other numerous to mention. Terms—Cash. MR. W. L. LOFF, MR. S. P. PITCH.

**AUCTION**  
Giving up AUCTION SALE OF AND IMPROVEMENTS. W. Almas has been Manzan Chatterton's son at his farm and a lot of improvements. George, four miles better known as the Farm, on Friday, 1st Nov. 1917, commencing at 10 o'clock. HORSES—One horse, 1 good work horse, 1 yearling and 4 calves, all good Shorthorn. IMPLEMENTS—With rack complete capacity 2,500 lbs. wagons, one with 34 tooth cultivator, two nearly new; mowers, one of single; 2 set of harrow, etc. etc. of good potatoes, etc. etc. TERMS—Cash on delivery. Arranged with the Executors. Ernest Westbrook, Auctioneer.

**WAR MENUS**  
How to Save Wheat, Beef and Bacon for the men at the front. Issued from the Office of the Food Controller for Canada.  
**MENU FOR WEDNESDAY**  
Breakfast: Oatmeal Porridge, Milk, Sugar, Toast Marmalade or Jam, Tea or Coffee.  
Lunch: Corn Soup, Beet Salad, Bread and Butter, Jelly, Oatcakes with Date Filling.  
Dinner: Beef Stew with Dumplings, Baked Potatoes, Pumpkin Pie. The recipes for Oatcakes, Date Filling and Pumpkin Pie, mentioned above are as follows: Oatcakes with Date Filling. Make Oatmeal Cookies with the following: 3 cup flour, 2 cup sugar, 1 cup beef dripping, 1 cup sugar, 1 cup sweet milk, 1 teaspoon soda, 2 level teaspoons cream of tartar.  
Roll this and cook. Make the following date filling: 1 lb. dates, 1/2 cup sugar, Juice of 1 lemon. Boil until thick, and spread between oatmeal cookies.  
Pumpkin Pie—1-2 cups steamed and strained pumpkin, 2-3 cups brown sugar, 1 teaspoon cinnamon, 1 teaspoon ginger, 1-2 teaspoon salt, 1 cup milk.  
Make a crust, put in filling and cook in the oven until done (Recipes by Domestic Science Experts of the Food Controller's Office.)

**OPPOSES HANGING.**  
By Courier Lensed Wire. Montreal, Oct. 30.—"On this side of the Atlantic we never hang a man," said Robert Bickerdike, M. P., in an address before the Epworth League of Sherbrooke Street Methodist Church last night. "Only the poor are hanged, because the poor man has no friends no money and no pull."  
Bickerdike claims that as long as the state killed its enemies, individual would kill theirs, and he considered judicial "murders" worse than those committed in passion. He said Bickerdike of Montreal always carried his resignation in his pocket in case he should be called upon to execute a man if no hangman could be procured.  
Mr. Bickerdike presents his Abolition of Execution bill in the house of Commons every year.