THE CATHOLIC RECORD.

8

Now Knows That

## CONSTIPATION

## Can Be Cured

"Fruit-a-tives" also took away that severe pain in the kidneys.
No cathartic, purgative, pill, powder or salt will cure Constipa
tion. "Fruit-a-tives'" will. Cathartics and purgatives do not act on then.
the liver. They irritate the lining of the bowels, This irritation does
make the bowels move, but it so tires and inflames the muscles that make
they won't act again until irritated by another dose of purgative. Bile from the liver is the only thing that makes the bowels move
naturally. "Fruit-a-tives" don't act on the bowels at all. They tone up and invigorate the liver-enable the liver to send more bile into the bowels-and make the liver so strong that it will do this
regularly every day. And bile is nature's only purgative Testimonial of A. McBain, ottawa, Ontario.






## The Sovereign Bank <br> OF CANAD

394 Richmond Street, London, Canada
Drafts issued.
Letters of Credit issued.

Money orders issued payable any point.
Fxcharge xchange on foreigg countries Travellers' cheques padable any Collections carefully handle
all at closest rates
Interest compounded four times a year
Prompt attention and courtcous treatment to all.
Our methods please
F. E. KARN, Manager London Brancb

B00KS.







Waviveway
 $x^{2}$





景 cor pawaikew


$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

 avawivaz $\hat{y} 2+2=2$


等 Now wixinivem
 NG: Maymay anem

