# THE FARMER'S ADVOCATE.

a popular device is to place "three in a bunch," and the effect is particularly attractive, proving a sort of furnishing for the room, while giving an expansive view of the out-of-doors.

Last of all may be mentioned the light cellar, a development which everyone who has stumbled about in the old-fashioned. dungeon-like basements, will gladly welcome. It is now recognized that to be sanitary, a cellar must admit light, air. and sunshine; hence plenty of windows are placed in the walls, and cupboards, with close wooden doors, are provided for the storage of fruit, etc., which require to be kept in darkness.

We shall be pleased to hear from any of the Chatterers who may have any D. D. more wrinkles to tell about.

# A New Member.

Dear Dame Durden and Nookers,-Though not even a "shade," I have been enjoying your bright, helpful letters to I am like Jack's Wife, havthe Nook. ing a battle with nervous prostration, but the worst is over, or I would not be writing, and I am thankful. I was amused at Dear Dame and Trixie's "nerves," and beg of them to turn their heads the other way. Nervous trouble is a weakness of the body and mind, and our nerves "get ahead of us." My advice is, do not worry about anything; laugh all you can, take lots of nourishment and rest, and forget yourself.

Jack's Wife and Aunt Marjorie are not the only ones who may beast of a baby. I agree that it is possible for a baby to undo all our system, but what about twins, Helponabit ? My best wishes to them, anyway.

I am sure the mothers try to do too Talk with some of the earlier much. settlers. and they will tell you that those were the good old days when mother went visiting with her knitting, and the children were allowed to play in the sand heap or straw stack, when there was very little style or rush. No wonder today we have so much nervous breakdown. But where are we going to draw the line, and who is going to be the first to do it? God surely never intended us to be "too busy." We must take time to be quiet. No matter how handy our kitchens are, we could still be like Mary's brook, "go on for ever." Well, I must stop short, or I will be doing likewise. My best wishes to our Dear Dame and all, for the best of health in this New RUBY. Year.

Middlesex Co., Ont.

My dear, please don't imagine me a nervous break-down. Sometimes I fancy I haven't a nerve, and it is only once in a great while that a twinge comes, just often enough to let me imagine what the thing is like. However, your advice is wholesome.

By the way, I am glad you alluded to that sand heap as a playground for httle children. Several people in the city one in the back have a good big

spice, 2 teaspoonfuls soda.

Mix all dry ingredients together, wet with milk and molasses, and steam three hours, then bake half an hour. Do not cut for six weeks, and your friends will never know there is neither butter nor eggs in your cake.

Please publish a good recipe for choco-"BLUE NOSE." late frosting. Colchester Co., N. S.

Chocolate Frosting.-(1) Take white of 1 egg, 8 tablespoons powdered sugar, 1 inch-square of chocolate, 1 teaspoon va-Do not whip the white of egg, nilla. but stir the sugar into it, beating until smooth. Put the chocolate in a cup, and place in a pan of boiling water, cover, and when the chocolate melts stir it into past and gone. the frosting. Add the vanilla and spread on cake. (2) Chocolate Cream Frosting .- Beat white of one egg stiff and add half the quantity of cream (also whipped). Add confectioner's sugar till thick enough to spread. Finally melt half a cake of sweet chocolate by putting it in a bowl over boiling water, add a teaspoon of boiling water to the chocolate, beating well, and pour over the cream frosting

# A Miscellaneous Chat.

on the cake.

Dear Dame Durden,-I was greatly interested a short while ago in your account of an auspicious gathering which took place in the holy precincts of your wind in thin shoes, kid gloves, muslim "The Conference of the blouses, hats and ruffs office, viz.:

1 teaspoonful cloves, salt, cassia, all- tomed to being out every day in the enough and sensible enough to pure, fresh air. How I enjoy my walks keep in fashion for ever and know Nature by looking at her through long for wintry weather. the window. One must meet her face to face, and only then can you see beauty in her every appearance. How monotonous it would be were we to have summer all year round ! What pleasures and beauties we would be ignorant of ! I often think how lacking in appreciation of Nature's most healthful and majestic season are those fashionable rich, who seek to escape our invigorating winters by migrating to Southern climes every year, only returning when they are perfectly sure that the dreaded season is

And then who can deny the peculiar pleasures of winter sports-the skating, the tobogganing, the snowshoe tramps over the snow-laden fields, the swift, merry sleigh drives across the sparkling snow on a moonlight night-oh, how could anyone tire of our winters?

But the mention of such delights brings me back again to an old subject in behalf of which I made a former plea, viz.: that of Dress Reform. For, in order to enjoy our winters thoroughly and comfortably. one needs suitable outdoor clothing. Surely that is a fact admitted by all, and yet so many strive to endure our season of snow, ice, frost and



FOUNDED 1866

# **Current Events.**

Denmark has voted \$11,000,000 to be spent on coast defences and war vessels.

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There is dissension in the new Parliament of Turkey, and the Grand Vizier and four Ministers of the Cabinet have resigned.

The turbine steamship Mauretania made the voyage across the Atlantic last week in 4 days 17 hours and 50 minutes.

Between five and six thousand people were killed in an earthquake in Western Persia last week. Shocks were also reported from Hungary and the West Indies.

## \* \*

In the speech from the throne, at the opening of the British Parliament, on February 16th, amendments to the Old-age Pension Act were foreshadowed, also measures dealing with the unemployed.

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Bishop Latulipe, the Apostolic Bishop of Temiskaming, is promoting a movement to form settlements of French-Canadians in Northern Ontario and Quebec, along the Grand Trunk Pacific. The settlers will be mainly drawn from among French Canadians living in the New England

Recent statistics show that, during 1908, 1,957 persons were sentenced to death by court-martial and other tribunals in Russia. There is much general dissatisfaction with the Douma, which permitted this, and especially with the Octoberist division, which is suspected of being allied with the Government.

## \* \*

On February 9th, the Ennach barrage, the last of three placed on the Nile, was formally opened. The construction of these, in connection with that of the great dam at Assouan, puts the control of the river into the hands of man, and will enable irrigation to be carried out on a scale that will render the country along the Nile one of the most fer-



Living or Dining Room with Beamed Ceiling. Note sash-curtains and valance on the window; also the small wall-cupboard.

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yard, and find it more than valuable for amusing the little tots and keeping them off the streets. Besides, good sand is so clean, and shakes off so readily. Children can play in it all day without getting as grimy as if permitted to amuse themselves in other ways.

# A New Brunswick Chatterer.

Dear Dame Durden,-One thing only was lacking at the "Conference of the Shades," and that was a kodak. Wouldn't it have been fine to have had a snap-shot of you all. I am a stranger to the Nook, but I hope you will let me in. My husband's father took "The Farmer's Advocate." and my husband has taken it ever since his father died, and I think soon we shall have to build a room on, in which to store them.

I say "'Hear, Hear!" to Jack's Wife for 1, too, have a baby What I want to ask is this : How can a woman leave her work to play the piano, to play games with her children, etc., when it takes all her time simply to feed and clothe them "

I enclose a recipe for caramel pudding rela 1 cup sugar until pretty brown 2 caps milk heature. When sugar who can may full to dissolve it. the constarch. Cook half an

Shades," and, although my shade was not present, its absence was not due, as was supposed, to any timidity on its part to appear in reformed costume, but simply because its owner was too busy. I wonder how many of the Ingle Nook readers are public - school teachers, or even interested in that noble profession of training young hearts and intellects, for that has been my work for years, and I would not wish to earn my living by any other occupation.

It is nerve-racking-oh ! so patienceexhausting, and yet what a delight it is to watch their young minds expanding day by day, and to feel that you have the honor and privilege of helping to mould these impressionable little souls. What responsibilities we have ! I fear too many of us pay more attention to the teaching of facts and figures than we do to the demonstrations of brotherly love, kindness and unselfishness. Fitting them for life is of far greater importance than fitting them for examinations. I often wonder at the indifference of parents regarding the week-day training of their How seldom they visit the schools, or show any interest in the school life of other pupils or teacher?

not weared, you with my theories on school-teaching, for doubtless it is a dry subject to most of the Ingle Nookers This is Saturday and I must go for a walks will you come with me? It is so you think those little for bats that has

Those who truly appreciate the winter tile in the world. season are those who dress in accordance with its needs, and not for the sake of appearance only.

Now, do not put me down as an oldfashioned old maid, please, for I am still in my twenties, and cannot say that my appearance is at all antiquated, although I do wear things which Dame Fashion might deem "passe," for in the country comfort must be the chief consideration, if one wants to get all one can out of out-door life. So do not be ashamed to wear the old-fashioned ulsters and mitts, caps and fur capes, and everything else that is warm, and then perhaps you will in all probability, but the forerunner discover that Nature is your greatest friend.

I just came into the Ingle Nook for a little chat, but 1 find I have given you a sermon instead, so do please forgive me. won't you, dear friends?

winter. The happiest girl I know, girl who is a B. A. of Toronto Univer sity, and who rides skates, dances, shoots at targets, snowshoes, and plays golf. will not blow about in the wind-and

The case to compel the Grand Trunk Railway to grant a thirdclass two-cent-a-mile rate between Toronto and Montreal, for which the Toronto World has so long contended, and which was carried through the Toronto police court, submitted to the Railway Commission, and then carried through the Supreme Court at Ottawa, has at last been settled against the railway by the Privy Council of the Empire. The step is, of a similar rate on all the railways.

" Don't talk to me about Englishmen," said the pretty actress, who had just got home. "One evening in London, when l was out with a party of friends, I happened to say, 'Look at that rubber-neck over there,' referring to a chap who evidently was taking us in. An Englishman in the party laughed uproariously at the expression, much to my surprise, it s such a common one with us.

Last night I met him here in New erk I was at a cafe with some friends.

"'It always has amused me, don't you know, that expression of yours in London in regard to the chap with the clustic throat. I have never forgotten